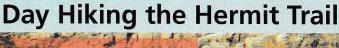
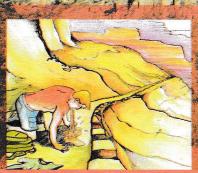
Grand Canyon National Park









Warning

Do not use this trail to access the Colorado River for a day hike.

Know how to rescue yourself. YOU are responsible for your safety and the safety of your family and friends. Rescue is not guaranteed, and assistance may take hours or days due to weather or other emergencies.

Check the Backcountry
Information Center for
the latest trail conditions
before starting your hike.
Detailed trail information
can be found at go.nps.
gov/grcatrails.

Built in 1911, this rocky, strenuous trail drops steeply the first 2.5 miles (4.0 km)—use caution. In winter, its southern exposure features less snow and ice than other trails, but you should still bring over-the-shoe traction devices.

Hike Smart

Before You Go

- Choose the appropriate trail for your abilities or consider walking the Bright Angel Trail for an easier hike.
- Check the weather and adjust plans; avoid summer heat. Remember, the weather can change suddenly.
- Leave your itinerary with someone who will notice if you are overdue and report it to 911.
- Hydrate, but don't force fluids. Eat a good meal, and get a good night's sleep.
 If you do not feel well, do not hike.
- Prepare yourself for a steep descent by using hiking poles and for the slow long hike out bring extra food and water.

10 Essentials for Your Day Pack

- Water: bring a sufficient amount and extra in case of emergency; always bring a water treatment method
- 2. Salty snacks and high-calorie meals
- 3. First aid kit, prescriptions, blister care, duct tape, and pocket knife
- 4. Map or trail guide
- 5. Flashlight or headlamp with spare batteries
- 6. Sunscreen, wide-brimmed hat, and sunglasses
- 7. Whistle, signal mirror; no cell service
- 8. Lightweight tarp or emergency shelter
- Broken-in hiking boots with good soles and hiking poles
- 10. Layers of clothing



For more information about Leave No Trace strategies, hiking tips, closures, roads, trails, and permits, visit go.nps.gov/grca-backcountry.

Accessing the Trailhead

Hermit Road may close with little notice due to inclement weather. Trail begins 500 feet (152 m) west of Hermits Rest.

Shuttle Bus

March 1 to November 30, Hermits Rest Route shuttle bus provides transportation between the Village Route Transfer and Hermits Rest. For schedules and stops visit: go.nps.gov/gc_shuttle.

Private Vehicles

December 1 to February 28, Hermit Road is open to private vehicles.

Additional Information

For experienced desert hikers only. Drinking water and restrooms available at Hermits rest. No drinking water or restrooms on the trail. Bring enough water for the entire hike. Water at springs must be treated.

Allow extra hiking time; conditions are more difficult than the Bright Angel and South Kaibab trails. Please leave rocks, plants, wood, and artifacts where you find them.

