

Grand Teton

John D. Rockefeller, Jr., Memorial Parkway

National Park
P.O. Drawer 170
Moose, Wyoming 83012
307 739-3300

Bicycling



Most of Jackson Hole, a 40-mile long, 15-mile wide valley surrounded by mountains, lies within Grand Teton National Park and the John D. Rockefeller, Jr., Memorial Parkway. Within the park and parkway, approximately 100 miles of paved roads await the bicyclist. Numerous scenic turnouts provide spectacular views of the impressive Teton Range. To enter or leave the valley, bicyclists may need to cross one or more mountain passes.

Some roads in the park predate today's bicycling popularity. Most roads have a paved marked shoulder, providing limited space for safe bicycling. Some roads have only a very narrow shoulder, or lack one altogether. Use extreme caution.

Weather and Climate

Jackson Hole has one of the coldest climates in the continental United States. Snow generally covers roads from early November through mid-April, limiting bicycling to late spring, summer and early fall.

Spring April-June

Days are cool and cloudy with abundant rainshowers and occasional snow.

Summer July-August

Weather is excellent for bicycling: warm and occasionally hot days with temperatures near 80 degrees. Afternoon thundershowers form quickly and frequently.

Fall September-early October

Days are often clear and cool, good for bicycling. Rain and early snowstorms frequently occur.

Regulations

- Bicycle riders in the park and parkway must obey the same rules and regulations that apply to motorized vehicles.
- Bicycles are allowed only on paved and unpaved roads, unless otherwise posted.
- Bicycles are not allowed on any park or parkway trails or in any backcountry areas.
- Operating a bicycle abreast of another bicycle on paved roads within the park and parkway is prohibited.
- During low visibility and between sunset and sunrise, bicyclists must display a white light or reflector from the front and a red light or reflector from the rear.

Safety

- Helmets and brightly colored clothing are advised because of heavy motorized traffic in the park and parkway.
- Motor vehicle traffic is heaviest during July and August, with daily peaks from mid-morning to late afternoon. Riders should use extreme caution during these times.
- Major road construction and repair projects occur on park and parkway roads every summer and fall. Be prepared for delays, rough roads and possible rerouting.
- The Moose-Wilson Road is narrow, winding and has no shoulders; use caution.

Mountain Biking

Suggested Routes

Two-Ocean Lake Road Three miles of dirt road lead from the Pacific Creek Road to Two-Ocean Lake for a short but scenic ride over rolling terrain.

River Road A gravel road parallels the west side of the Snake River for approximately 15 miles between Signal Mountain and Cottonwood Creek. Watch for wildlife. Maintain a safe distance (300 feet minimum) from large animals, such as bison, that frequent this area.

Grassy Lake Road Travel an old American Indian route through the transition between Grand Teton and Yellowstone National

Parks. Ride all or part of the 52-mile road that starts west of Flagg Ranch and continues to Ashton, Idaho.

REMEMBER: Bicycles are not allowed on any trails in Grand Teton National Park or the John D. Rockefeller, Jr., Memorial Parkway, but you can ride your fat-tired bicycle on any unpaved roads where cars can legally go.

CAUTION: Unpaved roads are narrow. Ride on the right side of the road and be alert for vehicular traffic. Dry weather causes unpaved roads to become extremely dusty.

Road Biking

Suggested Routes

Teton Park Road Recent road construction from Moose to North Jenny Lake Junction included widening the road shoulders. The adjacent 3-mile Jenny Lake Scenic Drive provides spectacular views of the tallest Teton peaks.

Antelope Flats – Kelly Area Bicycle secondary roads through sagebrush flats with spectacular views of the Teton Range.

For More Information

Obtain information concerning bicycling, bicycle routes, facilities, and services from the park visitor centers at Moose, Jenny Lake and Colter Bay. A recorded message provides information about the park's weather, activities and park facilities 24-hours a day all year long. Call (307) 739-3611.

Bicycles may be rented in the park at Dornans' in Moose. Bicycle rentals, parts and service are also available from several shops nearby in the town of Jackson.

Bicycle Routes

