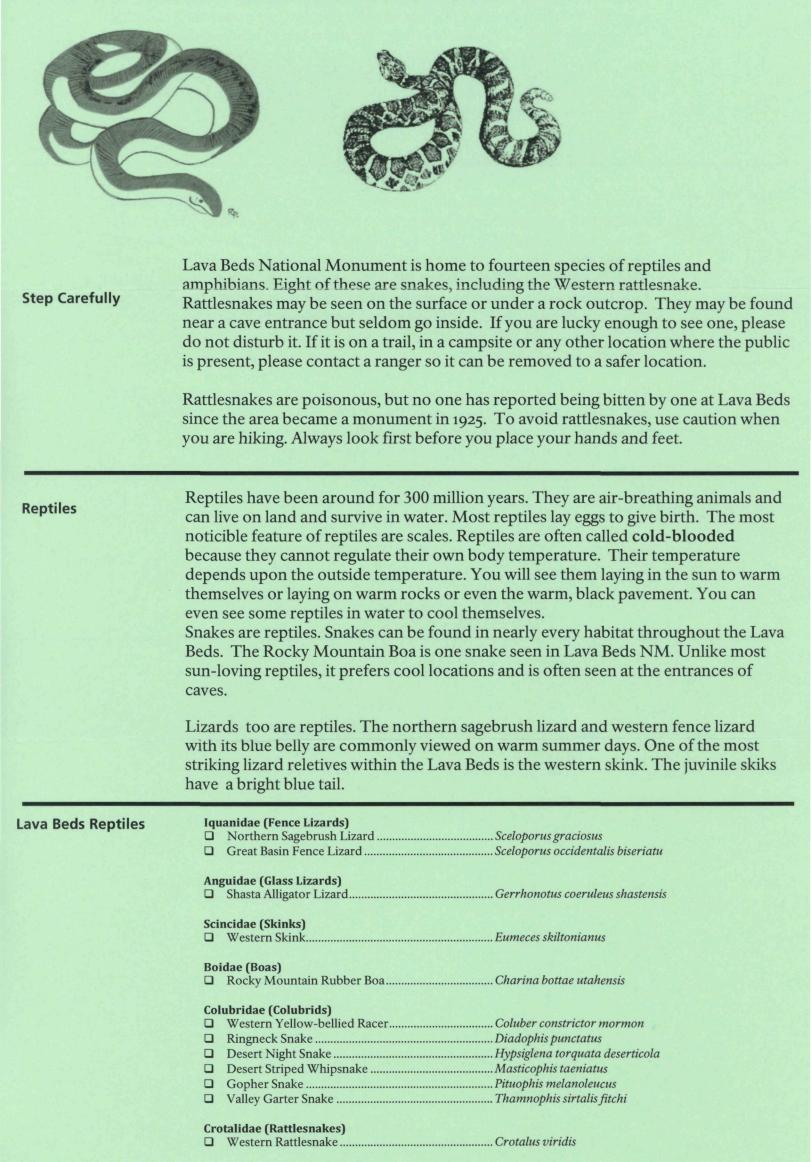
Lava Beds

National Park Service U.S. Department of the Interior

Lava Beds National Monument

Amphibians and Reptiles of Lava Beds



Amphibians	The word amphibian comes from the Greek word <i>amphibios</i> , meaning "a being with a double life." An amphibian's "double life" refers to two distinct life stages a larval stage and an adult stage. Most amphibians lay eggs, which hatch into larvae and undergo an amazing transformation, metamorphosis, as they move from larval to adult stages. Tadpoles, for example, have gills and a tail that enables them to live underwater. During metamorphosis, tadpoles lose their gills and develop lungs so they can breathe on land. At the same time, they begin to grow limbs and lose their tails. Adult frogs live mostly on land, breathing air and hoping their long legs. Almost all amphibians have thin, moist skin that helps them breathe. No other group of animals has this special skin.
Frogs and Toads	Here in the Lava Beds they include toads and frogs. Frogs and toads are very similar and very different. Frogs need to live near water. Toads do not. Frogs have smooth, moist skin. Toads have rough dry, bump skin. A frog's body is narrow while a toad is flat and wide. Frogs have high, round bulgy eyes and toads have foot-ball shaped eyes (often with horizontal pupils). Frogs have long hind legs (the better to jump with) but toads have shorter less powerful legs (runs or takes small hops rather than jumps). Frogs have many unlike toad's whose skin lets out a bitter taste and smell that burns the eyes and nostrils of its predators. True toads, such as the boreal toad looked very stocky with short legs. They lack a tail or teeth and have horizontal pupils. Their dry skin is think and bumpy and the color can vary from browns to grays. Neither frogs nor toads will give you warts! That is just a myth.
Amphibians at Lava Beds	

Boreal Toad.....Bufo boreas
 Pacific Treefrog.....Hyla regilla