

DESCRIPTION OF ACTIVITIES

NATURE WALK — Leisurely 1½-hour, 1-2 miles in length, beginning at Manzanita Lake, Summit Lake, or Dersch Meadows. Routes are chosen to contact a variety of habitats: Streamside, pond, woodland, meadow.

NIGHT HIKE — A nature hike after dark. The senses other than sight are called upon to acquaint you with a different world. Flashlights are optional but wear sturdy shoes.

HALF-DAY HIKES — Daily, except Saturday. Morning and afternoon discovery trips are about 3 hours duration, 3-4 miles total distance. Sturdy footwear, preferably boots, are suggested. Children must be accompanied by parents. Snow conditions may require alternate trips, so check bulletin boards to see if hike is being conducted as scheduled.

1. **Avalanche Overlook** — A fairly steep hike to view Chaos Crags and Jumbles from a different perspective. Explores a hazard to Manzanita Lake due to rock avalanche potential or visits a vernal pond.
2. **Forest Lake** — Travel through willow thickets, fir forests, open meadows, and cascading creeks to a small, fragile lake nestled under towering Brokeoff Mountain.
3. **Devastation** — Walk through the area whose life was obliterated 64 years ago by a mudflow and explosion; compare the old forest with the new.
4. **Shadow, Terrace and Cliff Lakes** — These jewels in glacial cirques at the north base of Reading Peak are reached by a rapid descent of 650 feet. Marmots and pikas inhabit nearby slopes.
5. **Paradise** — A 1.5-mile trail climbs up through forests and beside a stream to a mountain meadow featuring a fine mid-summer flower display and good views of Lassen and Reading Peaks.
6. **Crumbaugh** — An easy walk through meadows and forests to Cold Boiling Lake, and on to Crumbaugh Lake surrounded by a meadow with a variety of wildflowers.
7. **Kings Creek Falls** — A 30-foot-high waterfall reached by a 3-mile round-trip trail descending 700 feet through meadow and forest and alongside a cascading mountain stream.

8. **Mill Creek Falls** — Acid waters from two thermal areas are joined in a 75-foot waterfall, reached by a 4-mile round-trip hike.
9. **Hat Creek Headwaters** — A vigorous hike along earthquake fissures to a precipice overlooking Hat Creek Valley, then down to where the creek springs from the earth, and return by glacial lakes.
10. **Ridge Lakes** — Only two miles round trip, but a climb of over 1000 feet to shallow glacial lakes on the rim of old Mount Tehama. A shutterbug's delight.
11. **Sifford Lakes** — A charming cross-country hike through a meadow and open forests to a series of deep fissures and a cluster of shallow glacial lakes.

ALL-DAY HIKES — Each Saturday a special hike is planned. Check the Manzanita Lake Visitor Center for meeting point, time and destination. Recommended only for hikers in good condition. Bring lunch, water, suntan lotion and windbreaker, and wear sturdy boots.

SELF-GUIDING TRAILS:

Bumpass Hell — Road Guide Stake No. 17. A 3-mile, 2-hour round-trip trail leads to the park's most spectacular thermal area. Leaflets are provided.

Lassen Peak — Road Guide Stake No. 22. A 5-mile, 4-hour round-trip hike. Magnificent views of the entire park. Leaflets are provided.

Cinder Cone — Butte Lake Ranger Station. A 5-mile, 2- or 3-hour round-trip alongside a huge black lava flow and to the top of a 700-foot-high cinder cone. Leaflets are provided.

Boiling Springs Lake — Warner Valley Picnic Area. A 2½-mile, 2-hour round-trip to a lake with a temperature of 125° F. Leaflets are provided.

Sulphur Works Trail — Road Guide Stake No. 5. Signs along the trail interpret fascinating features of this small thermal area. Walking time is about 15 minutes.

JUNIOR RANGER PROGRAM — If you are aged 5 to 12 years, spend a fun hour exploring the Sun's energy and the special secrets of Lassen Park. Become a Lassen Junior Ranger.

INDIAN LIFE — An Atsugewi Indian relates joyful summer life of hunting and gathering before white settlement of Lassen Park.

HISTORY WALK — A short walk into past centuries of Lassen's legacy to an encounter with a pioneer emigrant family headed for California in the 1850's.

STAR TALK — Constellations, the moon, planets, nebulae, galaxies, ancient myths and contemporary theories under an expansive view of the heavens at Road Marker No. 44. Bring binoculars.

MANZANITA LAKE VISITOR CENTER

Open daily 8:00 A.M. to 7:30 P.M. Information service, exhibits, publications, maps and slide program — near North Entrance.

SOUTHWEST VISITOR CENTER

Information booth open daily 8:00 A.M. to 5:00 P.M. Exhibits, information, maps and publications.

COLOR ROAD GUIDE

This booklet is available throughout the Park, including both entrance stations. Keyed to numbered stakes along the Park road, it explains features that you can see from your car. Other books are available to help you explore the Park.

OTHER SERVICES

Information and assistance can be obtained at any Ranger Station, Park Entrance Station or from any Park Service employee.

Non-sectarian church services are available each Sunday at Manzanita Lake and Summit Lake amphitheaters. Check bulletin boards for time.

We hope you enjoy your visit to LASSEN VOLCANIC NATIONAL PARK and that you participate in the Park's activities to the fullest extent. We also hope that you'll do your part to preserve and protect this natural area. We need your cooperation to insure that future visitors can also enjoy this Park's distinctive features in the same unspoiled condition in which you have found them.



SUMMER NATURALIST PROGRAM

1979



LASSEN VOLCANIC NATIONAL PARK

Summer Activities Schedule

June 16 — September 3

(SEE DESCRIPTIONS SECTION FOR MORE INFORMATION ABOUT EACH ACTIVITY)

EVERY DAY:

NATURE WALK — Manzanita Lake Amphitheater	9:00 A.M.
*INDIAN LIFE — Behind Manzanita Camper Store	11:00 A.M./1:30 P.M.
*HISTORY WALK — Manzanita Lake Amphitheater	2:30 P.M.
*EVENING PROGRAM — Manzanita Lake Amphitheater	June-July — 9:00 P.M.
	August-September — 8:30 P.M.
EVENING PROGRAM — Summit Lake Amphitheater	June-July — 7:30 P.M.
	August-September — 7:00 P.M.

SUNDAY:

MORNING HIKE TO AVALANCHE OVERLOOK — Stake #61	8:30 A.M.
*JUNIOR RANGER PROGRAM #2 — Manzanita Lake Amphitheater	10:30 A.M.
AFTERNOON HIKE TO SHADOW, TERRACE AND CLIFF LAKES — Stake #27	1:30 P.M.
CAMPFIRE TALK — Butte Lake Amphitheater	June-July — 9:00 P.M.
	August-September — 8:30 P.M.
*STAR TALK — Devastated Area — Stake #44	Dusk til 10:30 P.M.

MONDAY:

MORNING HIKE INTO DEVASTATION — Stake #42	8:30 A.M.
AFTERNOON HIKE TO MILL CREEK FALLS — Stake #4	1:30 P.M.
NIGHT HIKE AT HAT LAKE — Stake #42	June-July — 9:30 P.M.
	August-September — 9:00 P.M.

TUESDAY:

MORNING HIKE TO KINGS CREEK FALLS — Stake #32	8:30 A.M.
NATURE WALK — Summit Lake Amphitheater	9:00 A.M.
AFTERNOON HIKE TO FOREST LAKE — Stake #2	1:30 P.M.

WEDNESDAY:

MORNING HIKE TO PARADISE — Stake #42	8:30 A.M.
*JUNIOR RANGER PROGRAM #1 — Manzanita Lake Amphitheater	10:30 A.M.
AFTERNOON HIKE TO SIFFORD LAKES — Stake #32	1:30 P.M.
CAMPFIRE TALK — Butte Lake Amphitheater	June-July — 9:00 P.M.
	August-September — 8:30 P.M.
*STAR TALK — Devastated Area — Stake #44	Dusk til 10:30 P.M.

THURSDAY:

MORNING HIKE TO HAT CREEK HEADWATERS — Stake #27	8:30 A.M.
*JUNIOR RANGER PROGRAM #2 — Manzanita Lake Amphitheater	10:30 A.M.
AFTERNOON HIKE TO CRUMBAUGH LAKE — Kings Creek Picnic Area, Stake #30	1:30 P.M.
EVENING NATURE WALK — Manzanita Lake Amphitheater	June-July — 7:00 P.M.
	August-September — 6:30 P.M.

FRIDAY:

MORNING HIKE TO KINGS CREEK FALLS — Stake #32	8:30 A.M.
AFTERNOON HIKE TO RIDGE LAKES — Stake #5 (Sulphur Works)	1:30 P.M.
*STAR TALK — Devastated Area — Stake #44	Dusk til 10:30 P.M.

SATURDAY:

NATURE WALK IN DERSCH MEADOWS — Stake #39	9:00 A.M.
SPECIAL ALL DAY HIKE — Check North Entrance Visitor Center for Place	9:00 A.M.
*JUNIOR RANGER PROGRAM #1 — Manzanita Lake Amphitheater	10:30 A.M.
AFTERNOON HIKE TO SIFFORD LAKES — Stake #32	1:30 P.M.
EVENING NATURE WALK — Summit Lake Amphitheater	June-July — 6:00 P.M.
	August-September — 5:30 P.M.
CAMPFIRE TALK — Butte Lake Amphitheater	June-July — 9:00 P.M.
	August-September — 8:30 P.M.

NOTE: Activities marked (*) are accessible for physically handicapped visitors.

Activities may change during the season. Check Bulletin Boards for most current schedules.
Stake numbers refer to Road Guide numbers along the Park road.

EVENING TALK TOPICS

Campfire Programs will cover one of these programs each night.

- WILDLIFE HABITS AND HABITATS — Glimpses of Lassen's Wildlife
- WEB OF LIFE — The Energy pathways in our natural environment
- YOUR NATIONAL PARKS — The story of the National Park idea
- QUEST FOR AN EMPIRE — Indian and Pioneer History of the Lassen Region
- BYWAYS TO ADVENTURE — Exploring Lassen's backcountry by trail
- MOUNTAINS IN BLOOM — Lassen's plantlife and habitats
- LASSEN'S LANDSCAPE — The geologic story of Lassen



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