



Canyon Mouth Park



Canyon Mouth Park Water Safety Activity Book



Contact Us!

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Name: _____ Age: _____ Date: _____

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Test

Test your knowledge on water safety with this next activity. Help little Oscar make the right choices before he gets in the water by lining up the correct answers to the questions.

Questions

- ♥ Little Oscar wants to go in the lake, but doesn't know how to swim. What should he use before getting in the water?
- ♥ Little Oscar has his vest on and he wants to go swimming, but he is alone. What should he do first?
- ♥ Oscar throws a soda can on the ground. What should he do instead?
- ♥ Oscar hears thunder. How many minutes should he wait before going back in the water?
- ♥ Oscar sees his squirrel buddy in danger. What should he do to help?

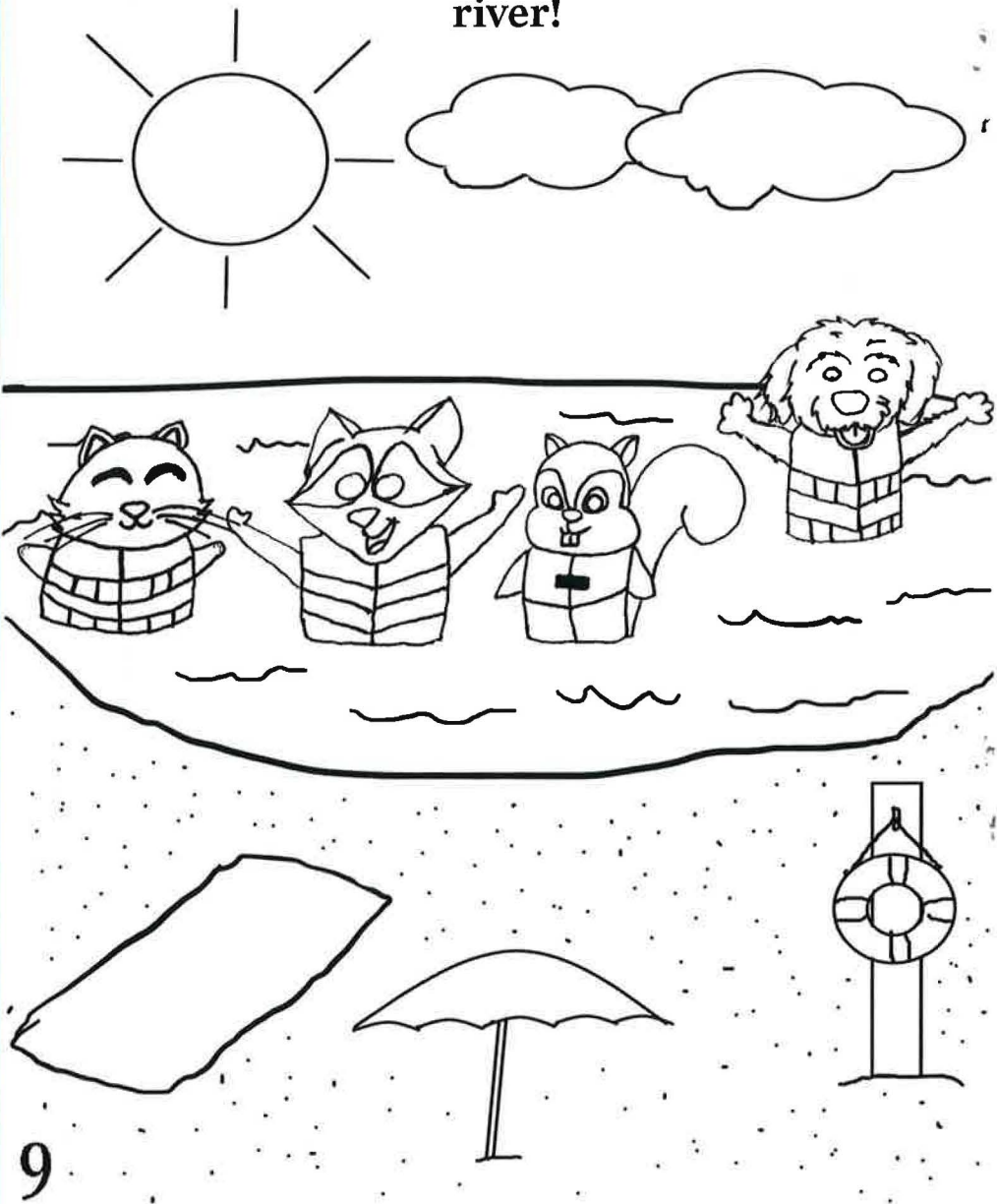
Answers

1. Throw it in a trash can to keep the park clean and animals safe.
2. 30 minutes if you hear thunder, 60 if you see lightning
3. Throw the flotation device and call 911
4. Life jacket
5. Wait to swim with a friend or family member. Remember to never swim alone.



Activity

Color in the friends swimming in the river!



Welcome to Canyon Mouth Park!

On behalf of the National Park Service we welcome you to Canyon Mouth Park! Canyon Mouth Park has many activities for you to enjoy; such as picnic tables, soccer fields, grills and swimming! It's important to stay safe in the park by following the rules. This book will teach you ways stay safe at the park and prevent accidents in the water! Remember, there is no lifeguard on duty so swim at your own risk!



Rules at the Park

Here are some tips to keep the park clean!

Don't litter: There are bins in the park to throw all trash away. Leaving trash on the ground is bad for the environment and animals.



Don't drink out of glass bottles: If a glass bottle breaks it can hurt someone who steps on the glass. Did you know that it takes 1 million years for glass to decompose!



Don't throw trash in the river: It can hurt and even kill the fishes in the river. Dirty water can be harmful to the people who swim in the river.



Don't feed wildlife: Animals have their own food that they eat in the wild. If they eat human food, it is bad for their digestion. They can also get used to human food and be dependent on it.



Wordsearch



Word Bank

water

safety

river

otter

swimming

fun

beach

lifejacket

park

fish

canyon

mouth

What to do in case of an emergency

- In case of an emergency use the flotation device hanging on the pole. The flotation device is not a toy and is only to be used during emergencies.
- If the current catches you, swim diagonally towards the shore.
- If headed towards rapids, float with your feet pointed downstream.

• Call 911

How to Stay Safe in the Park

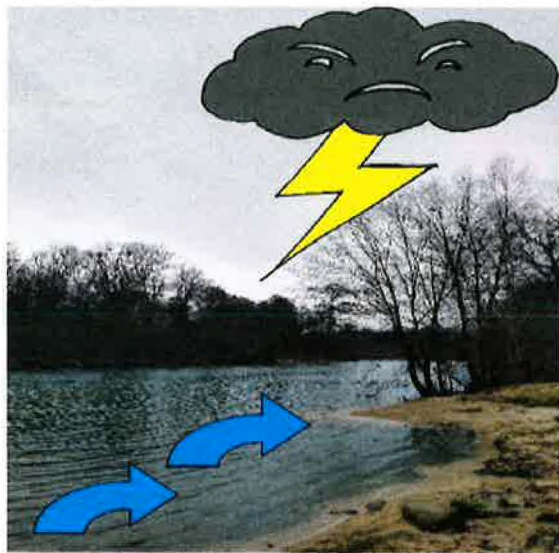


Parents and guardians: Always keep an eye on your children.
Kids: Make sure you can always see your parents or guardians.

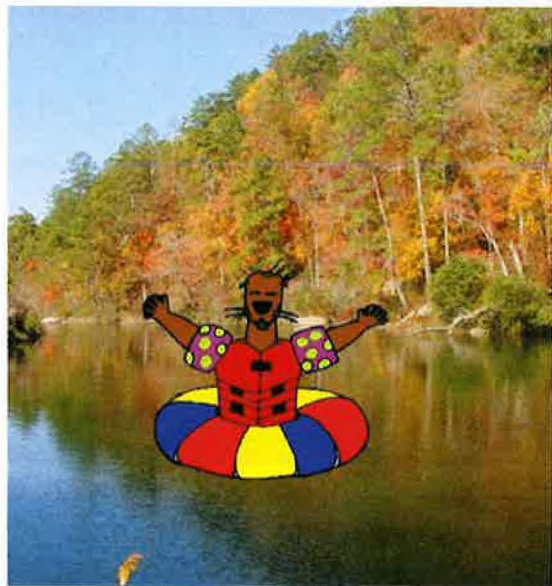


Never swim alone. Always swim with an adult. Not only is it more fun to swim with other people, but it is also safer.

How to Stay Safe in the Park (continued)



Wait at least 30 minutes from the last thunder you hear and 60 minutes from the last lightning you see before getting in the water.



When worn correctly, the lifejacket will fit snugly, and won't rise above the wearer's chin or ears when in the water.

Activity

It is very important that you use a life jacket if you don't know how to swim. Help little Oscar find his life jacket so he can go swimming with his friends and family.

