

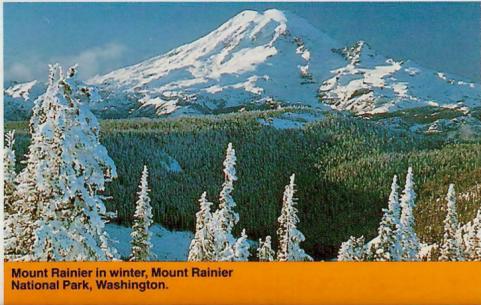
# NATIONAL PARKS AND

# NATIONAL FORESTS

# IN THE



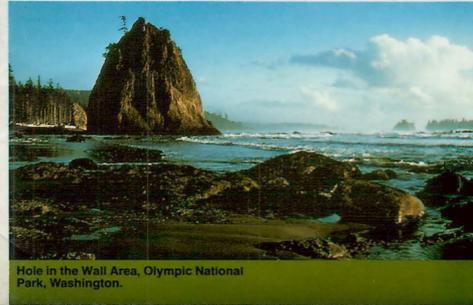
# PACIFIC NORTHWEST



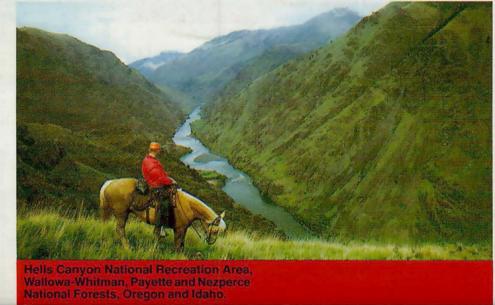
Mount Rainier in winter, Mount Rainier National Park, Washington.



Mount St. Helens and Spirit Lake, Mount St. Helens National Volcanic Monument, Gifford Pinchot National Forest, Washington.



Hole in the Wall Area, Olympic National Park, Washington.



Hells Canyon National Recreation Area, Wallowa-Whitman, Payette and Nezerperce National Forests, Oregon and Idaho.



Crater Lake National Park, Oregon.

The Pacific Northwest is a spectacular place to visit, from the alpine meadows and jagged snowcaps and glaciers of the Cascade Mountains, to the juniper-dotted high desert country. There are surf-splashed coastlines, deep blue lakes scattered among high mountain peaks, whitewater rivers, and innumerable waterfalls. The dark green of vast forests will call to you, to plant your boots on their many trails, along the coast and in the mountains.

Would you like to watch tons of water cascading over the edge of Multnomah Falls, dropping into the Columbia Gorge? Or snowshoe around Crater Lake, wondering about the old volcano that created it? How about heading north to Mount Rainier for a challenging climb? Along the drainage of the Columbia River, you'll find a necklace of prehistoric art and dwelling sites, and the more recent Fort Vancouver and Fort Clatsop, dating from the days of the covered wagon.

Whether you choose a National Park or a National Forest, you'll be glad you came. The National Park Service and the Forest Service welcome you and are eager to show you the natural and historical treasures under their care. This folder is designed as part of that welcome, to help you decide what to see and do in the Parks and Forests of the Pacific Northwest.

## The Forest Service

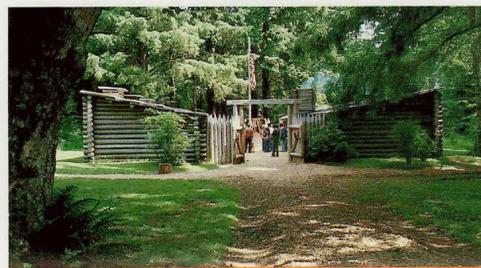
U.S. Department of Agriculture

Since its creation in 1905, the Forest Service has taken on many responsibilities for the renewable resources in the Nation's forests. It now manages 191 million acres on 155 National Forests in the United States and Puerto Rico, about a third of the Nation's total land. The guiding principle for National Forest management was phrased by Gifford Pinchot, the first Chief of the Forest Service. Pinchot's principle, which has continued to serve the Forest Service for over 80 years, is "the greatest good to the greatest number in the long run."

You may be familiar with the role the Forest Service plays in managing forest fires. But the Forest Service does much more than simply manage and protect timber, wildlife habitat and forage from fire, insects and disease. It also looks for the best ways to care for and use our natural resources through research at Forest and Range Experiment Stations, and assistance to state and private landowners. And, as you are learning in this folder, the National Forests offer unexcelled opportunities for outdoor recreation.

Wherever you go in the Pacific Northwest, you're within a few hours' drive of at least one of the National Forests. The 34 National Forests in Oregon, Washington, and Idaho include over 44 million acres. Within these National Forests, the Forest Service manages over 8 million acres of Congressionally designated Wilderness, preserving its natural and primitive conditions.

When you decide to visit one of the National Forests in the Northwest, you know you can go swimming, boating, camping, picnicking, fishing, hunting, hiking, mountain climbing, skiing, snowmobiling, or just plain loafing. You can even visit the only active volcano in the continental United States, Mount St. Helens in the Gifford Pinchot National Forest in Washington.



Fort Clatsop National Memorial, Oregon.

The founding of Yellowstone National Park by an Act of Congress in 1872 began a worldwide national park movement. By 1916 there were 16 national parks in the country. The National Park Service was established that year as an agency of the Department of the Interior. Its mission was "... to promote and regulate the use of the national parks, monuments, and reservations in accordance with their purpose, which is... to conserve the scenery and the natural and historic objects and the wildlife therein... by such means as will leave them unimpaired for the enjoyment of future generations." Today there are 337 National Park System areas—about 79 million acres of precious natural, historical, and cultural heritage—about three percent of the Nation's land.

Washington, Oregon and Idaho make up the Pacific Northwest Region of the National Park Service. In those three states, you can enjoy 16 of these Parks. You can see some of the world's most magnificent mountain scenery, and forests, lakes, rivers, and seashores. You'll also find historical areas where you learn how early pioneers survived the trip west to settle the land. You can inspect a giant hydroelectric dam up close and visit the homes of celebrated Americans. While you're here, you can stop in at museums and visitor centers, or go hiking, picnicking, camping, boating, swimming, fishing in fresh water or saltwater, hunting or skiing. This is only part of the long list of things to see and do in the Pacific Northwest.

Sometime on a clear day, stand in the middle of downtown Seattle and you'll see three national parks. It's the only metropolitan center in the world where you can do that.

It's no wonder our national parks have so many visitors. In 1984, we recorded nearly seven million visits in the Northwest.

Entrance fees are not charged to enter National Forests, but they are charged to enter some areas of the National Park System. The fee pays for the entry of a single non-commercial vehicle and its passengers, or a smaller fee pays for the entry of one person (16 years old or over) into the park by foot, bicycle, bus or other means.

The Golden Eagle Passport can save you money if you expect to visit several fee areas in a year. It admits the passport holder and a carload of people, or a family group (spouse, children and parents), if you are traveling by other means. The Golden Eagle Passport does not cover camping or other recreation fees.

The Golden Age Passport is free to citizens of the United States or people who live here permanently, who are 62 years old or older. It is a lifetime passport carrying the same entrance privileges as the Golden Eagle. However, it also permits a 50-percent discount on recreation fees in parks, Forests and other federal recreation areas. You must apply in person for this passport, at a park, Forest or other location where it is honored, and you must show reasonable proof of age (driver's license, birth certificate, etc.).

The Golden Access Passport is a free lifetime entrance passport to federal parks, Monuments, Forests and recreation areas where fees are charged. It is issued to citizens or permanent residents of the United States who are legally blind or permanently disabled, with eligibility to receive benefits under federal law. This passport gives you a 50-percent discount on federal use fees charged for facilities and services. It will admit the passport holder and a carload of people. Where entry is not by private car, it will admit the passport holder and spouse, children and parents. You must apply in person for the Golden Access Passport, and you must show proof of your medical status.

In Seattle, you can get all passports at the National Park Forest Service Information Office at 1018 First Avenue. The phone number is (206) 442-0170. In Portland, passports are available at the Forest Service Information Office, 319 S.W. Pine, (503) 221-2877.

Recreation use fees may be charged by federal land-managing agencies for specialized sites, facilities, equipment, or services furnished at federal expense and meeting certain criteria.

Other charges for goods, facilities, and services offered by private firms operating as concessionaires in national parks and National Forests are not federal fees and are charges in addition to those fees. Golden Eagle, Golden Age, and Golden Access passports do not apply to these concessionaire charges.

## The National Park Service

U.S. Department of the Interior

## Other Public Recreation Areas

Bureau of Land Management, U.S. Department of the Interior  
The Bureau of Land Management is another federal land manager. It is responsible for the conservation and development of water, wildlife, mineral, forest, range, and recreation resources on lands under its care. Here, too, you can hike, drive the back roads, see wildlife, and go hunting in the back country.

For information in Oregon and Washington, contact the public affairs officer, Bureau of Land Management, 825 NE Multnomah Street, PO Box 2965, Portland, Oregon 97208, or call (503) 231-6251. In Idaho, contact the public affairs officer, Bureau of Land Management, 3380 Americana Terrace, Boise, Idaho 83206, or call (208) 334-1406.

## U.S. Army Corps of Engineers

The U.S. Army Corps of Engineers also manages recreation areas in connection with the more than 30 dam and lake projects in the Pacific Northwest. Two of the best-known of these are the Bonneville and Grand Coulee dams on the Columbia River.

For more information, contact the public affairs officer, U.S. Army Corps of Engineers, PO Box 2964, Portland, Oregon 97208, or call (503) 221-6005.

## State and Other Recreation Areas

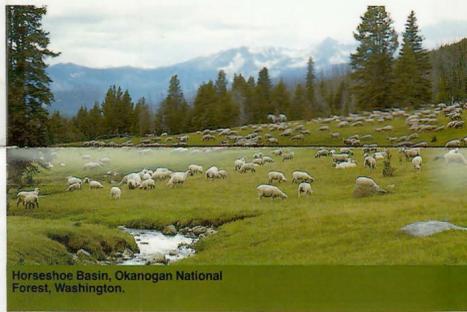
There are many more natural and historical places to see in the Pacific Northwest, maintained by state and local agencies. You'll find camping, picnicking, water sports, and other recreation. The state highway departments can tell you about their scenic and historic wayside stops for visitors driving through the region. For more information on any of these, contact the following:

Oregon State Parks, 3554 SE 32nd, Portland, Oregon 97266, or call (503) 238-7488.

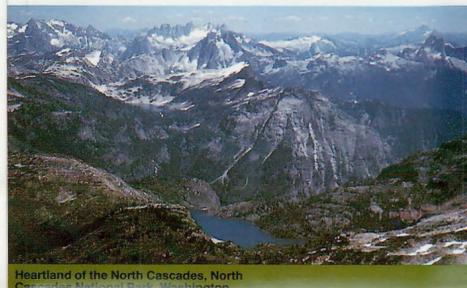
Washington State Parks and Recreation, 7150 Clearwater Lane, Olympia, Washington 98504, or call (206) 753-5755.

Idaho State Parks, Statehouse Mall, Boise, Idaho 83720, or call (208) 334-2154.

You can get more information at state visitor information centers in the state capitals of Olympia, Washington; Salem, Oregon; and Boise, Idaho.



Horseshoe Basin, Okanogan National Forest, Washington.



Heartland of the North Cascades, North Cascades National Park, Washington.

For more detailed information about the area you plan to visit, write or phone park or Forest headquarters near your destination. Phone numbers and addresses are included under **Features and Attractions**. The more you know about the place you are going, the more fun you'll have.

While visiting a Forest or park, stop at the visitor center or headquarters for advice about trails and weather, and for free literature. Often you can see exhibits, movies and slide shows that will help you understand the area and use it safely.

The high country camping season in the Pacific Northwest usually lasts from mid-June through August, but many lower-elevation campgrounds are open all year. In the Forests and larger parks, campgrounds are available on a first-come, first-served basis.

In the national parks, you must obtain a free use permit to use certain backcountry trails, and mountain climbers must meet specific conditions, depending on the terrain. If you're interested in winter sports, you'll find a wide variety in all the Forests and in the larger parks.

Even in summer, you'll want to come prepared for your high country hike. Be sure to have warm clothing, rainproof outer garments, and a waterproof shelter and matches. In high elevations, snow and cold rain often fall in mid-summer. Of course, always carry a map, compass and flashlight.

If at all possible, try to arrange an off-season vacation. Then you'll have a more leisurely, uncrowded visit when parks, Forests and historical areas are especially attractive and you can enjoy them at your own pace.

It's the job of both the Forest Service and the National Park Service to preserve all these treasures for our children and grandchildren. They depend on you and millions of people who visit each year to help them do just that. Be especially careful when visiting a Wilderness. You can be a no-trace visitor—leave nothing but footprints—and take nothing but photographs and memories.

## Tips for Visitors

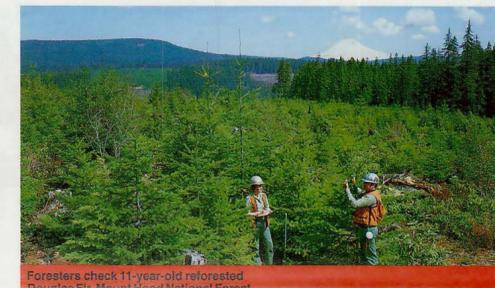
You can find out more about the Forest Service and the National Park Service by writing or calling the Outdoor Recreation Information office in Seattle, or the regional headquarters offices listed here. For specific information about a Forest or a park, you can contact that office at the address listed under **Features and Attractions**.

**Forest Service/ National Park Service**  
Pacific Northwest Regional Information Office  
1018 First Avenue  
Seattle, WA 98104  
(206) 442-0170

**National Park Service**  
Regional Headquarters Office  
Pacific Northwest Regional Office  
(Oregon, Washington, and Idaho)  
83 South King St.  
Seattle, WA 98104  
(206) 442-4830

**Forest Service Regional Headquarters Offices**  
Pacific Northwest Region  
(Oregon and Washington)  
319 SW Pine Street, P.O. 3623  
Portland, OR 97208  
(503) 221-2877  
Intermountain Region  
(Southern Idaho—also Nevada, Utah and Western Wyoming)  
Federal Building, 324 25th Street  
Ogden, UT 84401  
(801) 625-5352

**Northern Region**  
(Northern Idaho—also Montana, North Dakota and Northwestern South Dakota)  
Federal Building, P.O. Box 7669  
Missoula, MT 59807  
(406) 329-3011



Foresters check 11-year-old reforested Douglas fir, Mount Hood National Forest, Oregon.

## Features and Attractions



## of National Forests,

MAP KEY	OREGON	Address	Features and Attractions
21	<b>Deschutes National Forest</b> (503) 385-2715	1645 Highway 20 East Bend, OR 97701	Five Wildernesses. Pine forests turning to mixed conifers as elevation increases. Mountain lakes, rivers, and peaks. Nature and history programs. River running, volcano study, spelunking (exploring caves), and downhill skiing.
	<b>Lava Lands Visitor Center</b> (503) 385-5668 (summer) Open May-Oct., closed Nov.-Apr.	Mail - 1645 Highway 20 East Bend, OR 97701	Visitor Center featuring Central Oregon vulcanism, much of which occurred within the last 6,000 years. Visitors welcome at fire lookout. Nature and history programs. Spelunking.
25	<b>Fremont National Forest</b> (503) 947-2151	524 North G Street PO Box 551 Lakeview, OR 97630	One Wilderness. Mule deer hunting, wildlife viewing, downhill skiing, rock hounding.
17	<b>Malheur National Forest</b> (503) 575-1731	239 NE Dayton Street John Day, OR 97845	Two Wildernesses. The Blue Mountains. Deer and elk hunting.
13	<b>Mt. Hood National Forest</b> (503) 667-0611	2955 NW Division Street Gresham, OR 97030	Five Wildernesses. Mount Hood, Timberline Lodge (a National Historic Landmark), the Columbia Gorge, Multnomah Falls Lodge (a National Historic Building). Nature and history programs. River running, downhill skiing.
18	<b>Ochoco National Forest</b> (503) 447-6247	155 N Court PO Box 490 Prineville, OR 97754	Three Wildernesses. Rock hounding for agates and thunder eggs. Wild flowers in spring at Big Summit Prairie. Beautiful pine forests surrounded by high desert.
27	<b>Rogue River National Forest</b> (503) 776-3600	Federal Building 333 West 8th Street PO Box 520 Medford, OR 97501	Three Wildernesses. Headwaters of the Rogue River, a great variety of trees and plants. Downhill skiing. Union Creek Historic District, actively managed for recreation values since the 1920's.
26	<b>Siskiyou National Forest</b> (503) 479-5301	200 NE Greenfield Road PO Box 440 Grants Pass, OR 97526	Five Wildernesses. Two Wild and Scenic Rivers. Unusual plant communities. Rock hounding, river running.
19	<b>Siuslaw National Forest</b> (503) 757-4480	4077 SW Research Way PO Box 1148 Corvallis, OR 97333	Three Wildernesses. Over 53 miles of Pacific Ocean frontage. Heceta House Historic Site and Science Research Natural Area. Nature and history programs. Downhill skiing, river running.
	<b>Cape Perpetua Visitor Center</b> (503) 547-3289 Open daily June-Sept., Fri.-Sun. Oct.-May	PO Box 274 Yachats, OR 97498	Forces of nature along the coastline. Observation point, tidal pools, trails. Nature and history programs. Heceta House, constructed at the turn of the century to serve as a residence for the keeper of the Heceta Head Light House.
	<b>Oregon Dunes National Recreation Area</b> (503) 271-3611	855 Highway Avenue Reedsport, OR 97467	More than 30 miles of Oregon coastline, with spectacular sand dunes, estuaries, and 32 lakes.

## National Parks



## and Monuments

MAP KEY	OREGON	Address	Features and Attractions
11	<b>Umatilla National Forest</b> (503) 276-3811	2517 SW Halley Avenue Pendleton, OR 97801	Three Wildernesses in the Blue Mountains. Geologic study, deer and elk hunting, downhill skiing. Fremont Power House, built in 1908 to provide inexpensive electricity for mining and nearby towns.
25	<b>Umpqua National Forest</b> (503) 672-6601	2900 NW Stewart Parkway PO Box 1008 Roseburg, OR 97470	Three Wildernesses. Diamond Lake. North Umpqua River, the Oregon Cascades Recreation Area. Nature and history programs. River running.
16	<b>Wallowa-Whitman National Forest</b> (503) 623-6391	Federal Building 1550 Dewey Avenue PO Box 907 Baker, OR 97814	Four Wildernesses. Deepest canyon in the U.S., many lakes, alpine scenery. River running.
	<b>Hells Canyon National Recreation Area</b> (503) 426-3151 (Headquarters)	PO Box 490 Enterprise, OR 97828	Wild and Scenic Snake River. Hells Canyon. Archaeological and early homestead and ranching sites.
20	<b>Willamette National Forest</b> (503) 687-6522	Federal Building 211 East 7th Avenue PO Box 1067 Eugene, OR 97440	Eight Wildernesses. Many mountain peaks, lakes, and streams. River running, volcano study, spelunking (exploring caves), downhill skiing.
28	<b>Winema National Forest</b> (503) 882-7761	Post Office Building 7th & Walnut Streets PO Box 1390 Klamath Falls, OR 97601	Three Wildernesses. Lake of the Woods. Rock hounding, volcano study, downhill skiing.
15	<b>Crater Lake National Park</b> (503) 594-2211 (503) 594-2511 Crater Lake Lodge	PO Box 7 Crater Lake, OR 97604	Deep blue Crater Lake, deepest lake in the U.S., fills the crater of a volcano that collapsed 6,800 years ago. Nature and history programs, swimming, concession bus and boat tours. Food, limited supplies, and lodging available in the summer. Handicap access campsites, restrooms, visitor center. Backcountry use permits required. Entrance fee.
8	<b>Fort Clatsop National Memorial</b> (503) 861-2471	Route 3, Box 604-FC Astoria, OR 97103	The Lewis and Clark Expedition camped here in winter, 1805-06. Interpretive exhibits, slide program, guided tours, living history demonstrations. Food, supplies, and lodging available in Astoria and Seaside. Handicap access restrooms and visitor center.
13	<b>John Day Fossil Beds National Monument</b> (503) 575-0721	420 W Main Street John Day, OR 97845	Picturesque formations of the John Day River Valley contain 40-million-year record of the Golden Age of Mammals. Exhibits, interpretive talks, self-guiding trails. Food, supplies, and lodging available in John Day, Fossil, and Mitchell. Handicap access restrooms and visitor center.
16	<b>Oregon Caves National Monument</b> (503) 592-2100 (503) 592-3400 lodging and cave tour information	19000 Caves Highway Cave Junction, OR 97523	Groundwater dissolving marble bedrock formed cave passages and intricate flowstone formations. Guided cave tours all year. Lodging and meals available. Child care provided for children under six, who are not permitted in cave. Dress warmly; cave temperature is around 41°F. Handicap access restrooms.
12	<b>Oregon National Historical Trail</b> (206) 442-4590 (An affiliated area)	83 South King St. Seattle, WA 98104	The 2,170-mile long Oregon Trail was the westward migration route for over 300,000 settlers, gold seekers, fur traders, and missionaries. Contact local chambers of commerce for visitor information.

**Features and Attractions**

- ☐ Sightseeing & Picnicking
- ☐ Camping
- ☐ Fishing
- ☐ Boating
- ☐ Hiking
- ☐ Mountain Climbing
- ☐ Horseback Riding
- ☐ Hunting
- ☐ Off-road Vehicles
- ☐ Ski/Snowshoe Touring
- ☐ Snowmobiling

**of National Forests,**

**National Parks**

- ☐ Sightseeing & Picnicking
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**and Monuments**

MAP KEY	IDAHO	Features and Attractions	Description
9	<b>Bitterroot National Forest</b> (406) 363-3131	316 N. 3rd St. Hamilton, MT 59840	Contains rugged, deeply glaciated Bitterroot Flange and the rolling, timbered Sapphire Range. Over a million acres of designated Wilderness. Outstanding trout fishing. Good hunting. Forest is in Idaho and Montana.
24	<b>Boise National Forest</b> (208) 334-1516	1750 Front Street Boise, ID 83702	Great diversity of summer and winter outdoor recreation. River running, downhill skiing, rock hounding.
31	<b>Caribou National Forest</b> (208) 236-6700	Federal Building Suite 294 250 South 4th Avenue Pocatello, ID 83201	Minnetonka Caves, with guided tours. Rock hounding, spelunking.
22	<b>Challis National Forest</b> (208) 875-2285	Forest Service Building Challis, ID 83226	Frank Church River of No Return Wilderness. Middle Fork of the Salmon Wild and Scenic River. Nature and history programs. Rock hounding, river running. Yankee Fork Ghost Town and history.
8	<b>Clearwater National Forest</b> (208) 476-4541	12730 Highway 12 Oronogo, ID 83544	Selway-Bitterroot Wilderness. The Lewis and Clark National Historical Trail crosses the Forest close to the Lolo Motorway and other Forest roads. The Malheur-Larkins Pioneer Area is 53,000 acres of roadless and rugged mountainous country. The Lochsa Historical Ranger Station, built in the 1920's, is open to visitors in the summer.
	<b>Lolo Pass Visitor Center</b> (208) 942-3113	Powell Ranger Station Lolo, MT 59847	This refurbished log cabin at the Idaho-Montana state line serves as a visitor center during the summer months and as a warming hut for the busy Lolo Pass Winter Sports Area in the winter months.
6	<b>Idaho Panhandle National Forests</b> (Kankas, Coeur d'Alene and St. Joe) (208) 765-7223	1201 Ironwood Drive Coeur d'Alene, ID 83814	One Wilderness. A great variety of wildlife. Over 2.5 million acres of National Forest scattered over five counties in northern Idaho. The Pend Oreille, Coeur d'Alene, and Priest lakes are popular for fishing and boating. Nature and history programs. Elk hunting, river running, rock hounding for gemsets, downhill skiing.
10	<b>Nezperce National Forest</b> (208) 983-1950	Route 2, Box 475 Grangeville, ID 83530	Four Wildernesses and four Wild and Scenic Rivers together account for nearly half of the Forest. Mountains, white water, alpine lakes, and prairies. Deer, elk, wild sheep, moose, and other wildlife.
2	<b>Kootenai National Forest</b> (406) 293-6211	RR 3 Box 700 Libby, MT 59923	Named after a local Indian tribe, the Forest is not highly developed and offers many backcountry recreational experiences. Many species of big game and smaller wildlife inhabit the Forest. Kokanee salmon, rainbow and cutthroat trout are found in Lake Kootenai created by Libby Dam. The Forest also features one Wilderness, Cabinet Mountains, and three Scenic Areas, Ross Creek Cedars, Ten Lakes and Northwest Peaks. Forest is in Idaho and Montana.
15	<b>Payette National Forest</b> (208) 634-2255	PO Box 1026 McCall, ID 83638	Frank Church River of No Return Wilderness. The Main Salmon River. River running, downhill skiing, rock hounding.
14	<b>Salmon National Forest</b> (208) 756-2215	Forest Service Building PO Box 729 Salmon, ID 83467	Frank Church River of No Return Wilderness. Middle Fork of the Salmon Wild and Scenic River, and the Main Salmon River. River running, rock hounding.
30	<b>Sawtooth National Forest</b> (208) 737-3200	1525 Addison Avenue E Twin Falls, ID 83301	One Wilderness. Headwaters of the Main Salmon River. Many scenic vistas. Nature and history programs. River running, downhill skiing, rock hounding.
	<b>Sawtooth National Recreation Area</b> (208) 726-8291	Star Route Ketchum, ID 83340	Rugged, glaciated Sawtooth Mountain Range and parts of three other ranges, with numerous lakes and streams. Designated to protect its scenic, historic, pastoral, fisheries, wildlife, and recreation values.
	<b>Red Fish Visitor Center</b> (208) 774-3681	Stanley Zone Stanley, ID 83278	Spectacular vistas and lake views. Trails and boat facilities. Ghost towns and early mining sites in the area.
23	<b>Targhee National Forest</b> (208) 624-3131	420 N. Bridge Street PO Box 208 St. Anthony, ID 83445	Fire opal mine at Spencer, Idaho. Historic charcoal kilns at Bridge Creek. Big Springs National Recreation Waterway Trail. Geology study, scenic and historic sites. Forest is in Idaho and Wyoming.
14	<b>Craters of the Moon National Monument</b> (208) 527-3257	PO Box 29 Arco, ID 83213	Volcanic cones, craters, lava flows, caves and wilderness area. Interpretive exhibits, audiovisual programs, naturalist trips. Food, supplies, and lodging available in Arco. Handicap access restrooms and visitor center. Group campsites. Backcountry use permits required. Entrance fee.
9	<b>Nez Perce National Historical Park</b> (208) 843-2261	Box 93 Spalding, ID 83551	The history and culture of the Nez Perce Indians are preserved, commemorated, and interpreted here. Exhibits, films, cultural demonstrations. Self-guided walk. 23 outlying sites with interpretive exhibits and auto tour. Food, supplies, and lodging available in Lewiston, Lapwai, Orofino, Grangeville, and Kamiah. Handicap access restrooms and visitor center.
12	<b>Oregon National Historical Trail</b> (206) 442-4590 (An affiliated area)	83 South King St. Seattle, WA 98104	The 2,170-mile long Oregon Trail was the westward migration route for over 300,000 settlers, gold seekers, fur traders, and missionaries. Contact local chambers of commerce for visitor information.

MAP KEY	WASHINGTON	Features and Attractions	Description
1	<b>Colville National Forest</b> (509) 684-3711	Federal Building Colville, WA 99114	One Wilderness. Great diversity of wildlife. A small herd of mountain caribou seasonally. Downhill skiing.
12	<b>Gifford Pinchot National Forest</b> (206) 696-7500	500 West 12th Street Vancouver, WA 98660	Seven Wildernesses. Mountain scenery, huckleberry picking. Nature and history programs. River running, spelunking (exploring caves), volcano study.
	<b>Mount St. Helens National Volcanic Monument</b> (206) 247-5473	Route 1, Box 369 Amboy, WA 98601	Visitor center, information about only active volcano in continental U.S., its eruptions and the recovery of the devastated landscape. Spelunking.
4	<b>Mt. Baker-Snoqualmie National Forest</b> (206) 442-5400	Holyoke Building 1022 First Avenue Seattle, WA 98104	Eight Wildernesses. Beautiful mountain scenery, alpine lakes. Major mountains are Mt. Baker and Glacier Peak. River running, downhill skiing.
3	<b>Okanogan National Forest</b> (509) 422-2704	1240 Second Avenue S PO Box 950 Okanogan, WA 98840	Two Wildernesses. North Cascades Scenic Highway, view of North Cascades from State Peak. Nature and history programs. River running, rock hounding, volcano study, downhill skiing. Salmon Meadows Ski Lodge, a small Depression Era log lodge from the early development of downhill skiing in the area.
7	<b>Olympic National Forest</b> (206) 753-9535	Federal Building 801 Capitol Way PO Box 2288 Olympia, WA 98507	Five Wildernesses. Rain forest with huge trees. Oysters on the coast. Nature and history programs.
5	<b>Wenatchee National Forest</b> (509) 662-4335	301 Yakima Street PO Box 811 Wenatchee, WA 98801	Seven Wildernesses. Extends 135 miles along the crest of Cascade Mountains. River running, rock hounding, volcano study, spelunking, downhill skiing. Mining and Depression Era administrative sites.
5	<b>Coulee Dam National Recreation Area</b> (509) 633-0881	PO Box 37 Coulee Dam, WA 99116	Franklin D. Roosevelt Lake, 130 miles long, formed by Grand Coulee Dam. Water skiing, swimming, interpretive talks and exhibits. Bathhouse, boat rental and ramp. Food, supplies, and lodging available in Grand Coulee, Coulee Dam, Colville, Kettle Falls, and Northport. Handicap access campsites, restrooms, visitor center. Group campsites.
4	<b>Ebby's Landing National Historical Reserve</b> (206) 678-6084	PO Box 774 23 Front Street Coupeville, WA 98239	The Nation's first historical reserve preserves the record of a rural community on Whidbey Island, from 19th century exploration to the present. Bicycle touring. Food, supplies, and lodging available in Coupeville.
11	<b>Fort Vancouver National Historic Site</b> (206) 696-7655	1501 E Evergreen Boulevard Evergreen, WA 98641	Western headquarters of Hudson's Bay Company fur trading, 1825-49. Early center of politics, culture, commerce, and manufacturing in Pacific Northwest. Museum, reconstructed and restored buildings, living history demonstrations, tours. Food and lodging available in Vancouver. Handicap access restrooms and visitor center.
6	<b>Klondike Gold Rush National Historical Park</b> (206) 442-7223	117 S Main Street (Pioneer Square) Seattle, WA 98104	A memorial to the miners of the 1898 gold rush. Interpretive displays, films, tours. Gold panning. Handicap access restrooms and visitor center.
2	<b>Lake Chelan National Recreation Area</b> (206) 855-1331	Forest Service - North Cascades National Park Outdoor Rec. Info. Office 2105 Highway 20 Sedro Woolley, WA 98284	A natural lake, threshold to backcountry. No road in, so you hike in from here, or boat or fly, to remote Stehekin. Guides available. Exhibits and tours. Boat and cabin rental. Food, supplies, and lodging available. Handicap access restrooms and visitor center. Group campsites. Backcountry use permits required.
7	<b>Mount Rainier National Park</b> (206) 855-1331 (206) 859-2700 for concessionaire	Star Route, Tahoma Woods Ashford, WA 98304	The greatest single-peak glacial system in the U.S., an ancient volcano with dense forests and subalpine meadows. Museums, exhibits, interpretive programs. Food, supplies, and lodging available. Equipment rental for climbing, snowshoeing, and cross-country skiing. Guides available. Handicap access campsites, restrooms, and visitor center. Group campsites. Backcountry use permits required. Entrance fee. Concessionaire's accommodations, facilities, services.
2	<b>North Cascades National Park</b> (206) 855-1331 (206) 873-4500 for backcountry permits	Forest Service - North Cascades National Park Outdoor Rec. Info. Office 2105 Highway 20 Sedro Woolley, WA 98284	A wild alpine region with high, jagged peaks, glaciers, and waterfalls. Forests, meadows, and wild animals in the valleys. Interpretive exhibits. Food, supplies, and lodging available. Horse and mule rental, professional guide and pack train service. Backcountry use permits required.
3	<b>Olympic National Park</b> (206) 452-4501	600 East Park Avenue Port Angeles, WA 98362	Glacier-clad peaks, 57 miles of ocean shore, temperate rain forest, Roosevelt elk. Exhibits and museum. River trips, swimming, downhill skiing. Boat rental and ramp. Handicap access campsites, restrooms, and visitor center. Group campsites. Backcountry use permits required.
12	<b>Oregon National Historical Trail</b> (206) 442-4590 (An affiliated area)	83 South King St. Seattle, WA 98104	The 2,170-mile long Oregon Trail was the westward migration route for over 300,000 settlers, gold seekers, fur traders, and missionaries. Contact local chambers of commerce for visitor information.
2	<b>Ross Lake National Recreation Area</b> (206) 855-1331	Forest Service - North Cascades National Park Outdoor Rec. Info. Office 2105 Highway 20 Sedro Woolley, WA 98284	A 24-mile-long water gateway to remote areas of the North Cascades. Launch facilities at Hoquemone only.
1	<b>San Juan Island National Historical Park</b> (206) 378-2240	PO Box 429 125 Spring Street Friday Harbor, WA 98250	Commemorates the peaceful relations between the U.S., Great Britain, and Canada since the boundary dispute in 1872. Interpretive exhibits. Backcountrying. Food, supplies, and lodging available in Friday Harbor. Handicap access restrooms and visitor center.
10	<b>Whitman Mission National Historic Site</b> (509) 522-6360	Route 2, Box 247 Walla Walla, WA 99362	Dr. and Mrs. Marcus Whitman established a mission here; were massacred by Cayuse Indians in 1847. Museum, audiovisual program, exhibits, self-guiding trails. Food, supplies, and lodging available in College Place and Walla Walla. Handicap access restrooms and visitor center.

