



## Birdwatching at Limantour

A short walk from the parking lot will find you surrounded by Limintour's ponds and marshes, creating a virtual paradise for those seeking waterfowl. The wetlands, which are surrounded by coastal strand, coastal scrub and woodlands, also provide a fairly protective area for several songbirds.

Trails lead down to Muddy Hollow Pond or out to the end of Limantour Spit. Pick up the Muddy Hollow trail to the right of the outhouses and follow it through saltmarsh and coastal scrub. Late fall and early winter offer the best opportunities for viewing a variety of ducks including the Ring-necked duck and the American Wigeon. Continue your exploration on the Limantour Spit trail which begins to the right (west,) just before the main trail to the beach cuts through the dunes. Explore the dunes, Drake's Bay, and Limantour Estero for shorebirds, loons, snowy plovers, Brown and White Pelicans, and harbor seals hauled out on sandbars.

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### Resident Birds (Present all year - numbers vary)

Black Phoebe  
Marsh Wren  
Bewick's Wren  
Wrentit  
Common Yellowthroat  
White-Crowned Sparrow  
Song Sparrow  
Double-crested Cormorant  
Pied-billed Grebe  
Black-Crowned Night-Heron  
Great-blue Heron  
Snowy Egret  
Wood Duck  
Long-billed Curlew  
Belted Kingfisher  
Snowy Plover

### Summer Birds

Pied-billed Grebe  
American Coot  
Osprey  
Cinnamon Teal  
American Bittern  
Virginia Rail  
Sora  
Brown Pelican  
Green-backed Heron

### Winter Birds

Red-throated Loon  
Pacific Loon  
Common Loon  
Horned Grebe  
Red-necked Grebe  
Western Grebe  
Clark's Grebe  
Canada Goose  
Green-winged Teal  
Mallard  
Northern Pintail  
Gadwall  
American Wigeon  
Canvasback  
Ring-necked Duck

### Winter Birds cont.

Greater Scaup  
Lesser Scaup  
Common Goldeneye  
White-winged Scoter  
Bufflehead  
Red-breasted Merganser  
Ruddy Duck  
Black-bellied Plover  
Sanderling  
Western Sandpiper  
Common Snipe  
Pine Siskin  
Ruby-crowned Kinglet  
Yellow-rumped Warbler

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### Migrants

White Pelican  
Brant Goose  
Short-billed Dowitcher  
Red-necked Phalarope