



Beaver Log

The official newspaper
of Acadia National Park

July/August 2006

A Year to Remember

What's so special about 2006? For Acadia National Park, it's quite significant. It marks not only the centennial of the Antiquities Act, under which Acadia and many other units of the National Park System were created, but also the park's 90th birthday. Honoring these milestones isn't the only thing on the park's schedule in 2006—there's much more going on!

One hundred years ago this June, Congress passed the Antiquities Act of 1906, authorizing presidents to proclaim national monuments of historic features and other objects of historic or scientific interest. Probably originally intended to preserve historic and prehistoric structures in the Southwest, the act has been interpreted broadly by presidents who have created more than 120 national monuments of significant natural and historic features across the United States. More than half remain national monuments today, while a number of them—including Grand Canyon, Zion, Arches, and Denali—have become some of our nation's most popular and spectacular national parks. Although not without controversy (many have claimed the act has been used to circumvent Congress), the Antiquities Act has been a useful tool for protecting diverse public lands facing immediate threats.

Acadia is one of the many parks that has benefited from the Antiquities Act. In 1916, just ten years after its passage, President Woodrow Wilson used his authority to create Sieur de Monts National Monument, the first incarnation of today's Acadia National Park. At that time, the park consisted of more than 5,000 acres that had been donated by concerned citizens. The park was redesignated Lafayette National Park in 1919, making it the first national park east of the Mississippi River. Acadia received its current name in 1929.

Many changes have occurred since the park's early days, and this year is no different. Returning visitors will notice a number of improvements to park facilities. The Sieur de Monts Spring area, the heart of the park since its creation, has had a face-lift. New walkways, signs, and exhibits increase safety, orientation, and accessibility around the Nature Center. Accessibility has had a boost in other areas of the park as well: an accessible trail atop Cadillac Mountain and new audio equipment will help visitors of all abilities enjoy park programs and facilities (see article on page 3).

Fare-free Island Explorer bus service continues again this year, running until early October. Riding these propane-powered buses helps reduce traffic, parking, and air pollution problems on the island. New this year is a Bicycle Express to Eagle Lake, which runs directly from Bar Harbor to Eagle



George B. Dorr, the first superintendent of Acadia, built the spring house over Sieur de Monts Spring in 1909 before the park was established.



The year 2006 once again welcomed peregrine chicks born in the park.

Lake so you can avoid parking hassles. Buying your park pass helps keep this unique service running.

Sea-going visitors will notice changes as well. The Baker Island Cruise has returned after several years to join the Dive-In Theater Boat Cruise, Frenchman Bay Cruise, and Islesford Historical Cruise as ranger-narrated boat cruise offerings. More information about these ocean adventures is available on page 6.

As you explore the park on new adventures or tried-and-true favorites during this historic year, remember your visit can have an impact on Acadia. Why not make it a positive one?

Day Tripping

If you're looking for a short excursion to explore other areas of Maine, consider a scenic three-hour drive to Saint Croix Island International Historic Site (IHS). Located eight miles south of Calais, Maine, Saint Croix Island IHS commemorates one of the earliest European settlements in North America and the first attempt by the French at year-round colonization in the territory they called l'Acadie (Acadia).

Both the U.S. National Park Service and Parks Canada maintain park units called Saint Croix Island IHS. Visit the U.S. mainland site to walk in the footsteps of the early French explorers, who spent one tragic winter on the island. Interpretive panels and bronze figures convey messages about the French colonists and Native Americans who once frequented this site. Restrooms and a picnic area are also available. Visits to the island itself are not encouraged due to its fragile nature. For more information, ask a park ranger or visit www.nps.gov/sacr.



Bronze statues tell the story of Saint Croix Island International Historic Site.

Pages 2-3 Happenings

Find out what's going on this month. See pages 2-3 for details about park closures, fee information, and facilities and services that will help you plan your trip. Learn more about accessibility improvements in the park and important tips to help you have a safe visit.

Pages 4-6 Programs

Whether you are feeling adventurous and want to explore the park on foot, or you would rather sit back and relax while you learn, you can find a ranger-led program to suit your interests. Park rangers offer walks, talks, hikes, boat tours, amphitheater programs, and more. Join us on a program today!

Page 8 Tips

Wondering what's the best time to explore the intertidal zone or watch sunrise from Cadillac Mountain? Looking for ideas to help protect the park's plants and animals as you explore? Check out the tide chart, sunrise/sunset times, and tidepooling tips on page 8.

- **Important Information. . . 2-3**
- **Ranger-Led Programs . . . 4-6**
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Park Closures

Construction Projects

The park works hard to maintain and improve visitor facilities. During summer 2006, the restrooms at Fabbri Picnic Area are closed for renovation. Portable toilets are available.

Nightly Closures

To protect park resources, the following areas are closed at dark:

- Bass Harbor Head Lighthouse is closed to visitors and vehicles.
- Carroll Homestead, Lake Wood, and Thompson Island Picnic Area are closed to vehicles.

Wildlife Closures

The following closures are in place to protect nesting birds:

- The Precipice, East Face, and Jordan Cliffs Trails and the northern section of the Flying Mountain Trail are closed until the young peregrine falcons leave the nest (usually late summer).
- During eagle or seabird nesting season, Schoodic, Sheep Porcupine, Long Porcupine, Bald Porcupine, Rolling, Bar (Somes Sound), Heron, and Thrumcap Islands are closed. Please respect posted closures at these locations.



Acadia National Park protects more than 47,000 acres of granite-domed mountains, woodlands, lakes and ponds, and ocean shoreline, creating striking scenery and diverse habitats. This varied environment combines with a rich cultural history to create unparalleled scientific, educational, and recreational opportunities in a spectacular setting.

Acadia National Park
P.O. Box 177
Bar Harbor, ME 04609-0177

Phone
207-288-3338 - Voice
207-288-8800 - TTY

E-mail
acadia_information@nps.gov

Internet
www.nps.gov/acad

EXPERIENCE YOUR AMERICA™

Summer Explorations in Acadia

Facilities

Hulls Cove Visitor Center

Watch the 15-minute orientation film and plan your visit with a three-dimensional map of the island. Books, maps, and information are available. Open daily 8 a.m. to 6 p.m.

Campgrounds

Blackwoods and Seawall Campgrounds are located on Mount Desert Island. Reservations are required at Blackwoods from May 1 to October 31; visit <http://reservations.nps.gov> or call 800-365-2267. Blackwoods is open all year with primitive, walk-in camping only from December 1 to March 31. Seawall is first-come, first-served and open May 24 to September 30.

Museums

Islesford Historical Museum: Explore the Cranberry Isles and their people. Accessible by boat from Northeast Harbor or Southwest Harbor. Free. Open daily 9 a.m. to noon and 12:30 to 3:30 p.m. (Open at 10:45 a.m. on Sundays.)

Nature Center: Discover Acadia's natural resources and learn how they are protected. Free. Located at Sieur de Monts Spring. Open daily 9 a.m. to 5 p.m.

Activities

Hiking

More than 120 miles of hiking trails offer something for everyone. Pick up a guide to the most popular trails, rated by difficulty, at the visitor center or campgrounds. More comprehensive hiking maps and trail guides are available for purchase.

Junior and Senior Ranger Programs

Learn about the park while you complete the Junior Ranger Program activities and earn a certificate and patch. A Senior Ranger Program is available for ages 18 and over. Booklets can be purchased at the visitor center, nature center, or campgrounds.

Ranger-Led Programs

Join us for boat cruises, evening slide programs, mountain hikes, short talks, and nature walks. For a schedule and descriptions, see pages 4–6.

Scenic Drives

Drive 27 miles on the Park Loop Road and Cadillac Mountain Road to view the spectacular scenery of Acadia. Enjoy occasional stops to stroll down a path or read a wayside exhibit. A self-guided audio tour of Acadia and the surrounding area is available for purchase at Hulls Cove Visitor Center.

Information

Call 911 for all emergencies.

Accessibility

The Access Guide, available at the visitor center, lists accessible facilities in the park, including museums, picnic areas, and trails. For more information about accessibility, see page 3.

Height and Length Restrictions

Vehicles taller than 11'8" cannot drive the entire Park Loop Road. See the park map for bridge heights. Vehicles longer than 20' and trailers are not permitted on Bass Harbor Head Road or the southern end of Schooner Head Road. There is a 35' maximum for trailers and vehicles in campgrounds.

Island Explorer Shuttles

Fare-free Island Explorer buses operate throughout Mount Desert Island, linking the park to neighboring village centers. By parking your car and riding these propane-powered buses, you help reduce traffic congestion, parking, and air pollution problems on the island. See bus insert for schedule. You can also flag down the bus anywhere it is safe to stop along its route.



The 3-D map and bookstore at Hulls Cove Visitor Center

Abbe Museum: Explore the story of Maine's earliest people, from 12,000 years ago to today. The museum is privately operated and charges a nominal fee. Located at Sieur de Monts Spring. Open daily 9 a.m. to 4 p.m.

Picnic Areas

Picnic areas are located throughout the park. Charcoal fires are permitted in park-owned or private grills in these areas.

Swimming

You can swim at Sand Beach, but ocean temperatures rarely rise above 55° F (13° C). For warmer water, try Echo Lake on Route 102. Many other ponds and lakes on the island are public water supplies where swimming, wading, and pets are prohibited. Please respect posted regulations.

Walking and Biking

More than 45 miles of historic carriage roads are available for exploration by foot, bike, or horseback. Guidebooks are available for purchase at the visitor center. Motorized vehicles, with the exception of motorized wheelchairs, are prohibited on carriage roads. Horses are not permitted on all sections. Bicycles are not permitted on hiking trails or private carriage roads. Bicycle rentals are available in nearby communities.

Self-guided walks, which offer trail guides at the starting point of each walk, include Carroll Homestead (very easy ½-mile loop), Jordan Pond Nature Trail (easy 1-mile loop), and Sieur de Monts Spring (very easy ½-mile loop).

Parlez-Vous Français?

Une traduction française d'information de parc est disponible au centre d'accueil à Hulls Cove sur la route 3. Il y a aussi des randonnées guidées en français trois fois par semaine. Voyez l'horaire. Merci de visiter le parc national d'Acadia.

Sprechen Sie Deutsch?

Parkinformation auf Deutsch finden Sie im Besuchercenter in Hulls Cove an der Strasse #3. Vielen Dank für Ihren Besuch.

Parking

During the summer, the park can be quite congested. Please drive carefully and observe posted signage. Better yet, ride the bus and relax! Parking is only permitted in designated (posted) areas, parking lots, and established roadside pullouts.

Pets

Pets must be attended and on a six-foot or shorter leash. Except service animals, pets are not permitted on Sand Beach or Echo Lake Beach from May 15 to October 15, in public buildings, or on ladder trails. Kennels are available in nearby towns.

Religious Services in the Park

On Sundays Christian Ministry in the National Parks holds services in the park. All are welcome. The schedule is:

8:00 a.m. - Blackwoods Campground
10:00 a.m. - Seawall Campground
7:30 p.m. (July) &
7:00 p.m. (August) - Blue Hill Overlook atop Cadillac Mountain (weather permitting)

Acadia's Advances in Accessibility

Acadia National Park is constantly striving to improve its accessible facilities and services. This year three new accessible options are now available: an audio walking tour of Islesford Historical Museum, assistive listening devices for park programs, and an accessible trail atop Cadillac Mountain.

The park's Islesford Historical Museum on Little Cranberry Island now features an audio tour available on CD. Visitors with low vision may borrow a portable CD player to listen to the tour, which provides detailed information about the museum's exhibits. The audio tour and CD player are available for loan free of charge at the museum.

Visitors with limited hearing can now use personal assistive listening devices (ALDs) to improve hearing and understanding during park programs. A transmitter broadcasts the ranger's voice directly into the ears of individuals equipped with any of the six receivers. The ALDs are available by reservation for any of our interpretive programs. For more information, call 207-288-3338 and press "0" Monday through Friday.

The newly renovated accessible trail atop Cadillac Mountain permits access to a portion of the park's highest summit. Follow this short trail for scenic views of Frenchman Bay, the Porcupine Islands, and the town of Bar Harbor.

These new features complement the park's existing facilities and services. Hulls Cove Visitor Center, the Nature Center, Jordan Pond House, and numerous picnic areas are accessible, and both campgrounds have accessible sites. The audiovisual program at the visitor center offers both audio description and captioning. Accessible interpretive programs are listed on pages 4–6. For more information about accessibility in Acadia, pick up a copy of the Access Guide at the visitor center or park headquarters.



Assistive listening devices are available by reservation for use at park programs.



Visitors who are blind or have low vision can explore the Islesford Historical Museum using a new audio tour.

Where Do Your Fees Go?

The majority of fees paid in Acadia stay right here. The Recreational Fee Demonstration Program, first authorized by Congress in 1996, mandates that 80 percent of fees paid in Acadia stay in the park to be used for projects that *directly* benefit park visitors and resources.

Your fees are used for a variety of projects that improve the condition of natural and cultural resources and make the park a safer place for you to visit. Some of the projects financed by fees include:

- Rehabilitation of the historic trails system
- Enhancement of the park's safety and environmental programs
- Rehabilitation of the grounds at Sieur de Monts Spring
- Improvement of Cadillac Mountain accessibility (partially funded by fees)
- Rehabilitation of restrooms at Blackwoods Campground

In addition to these projects, your fees help finance the Island Explorer, a seasonal public transit system that serves Acadia National Park and local communities. Increases in entrance fees begun in 2004 include a transportation fee that directly supports Island Explorer: \$10 from every weekly pass and Acadia National Park Pass sold during the season goes into a special transportation account. These transportation fees will help defray the cost of long-term expansion of the system, helping eliminate traffic, parking, and air pollution problems.

Established in the late 1990s, Island Explorer provides a fare-free, eco-friendly transportation alternative. The Island Explorer bus system was created through a partnership between the National Park Service, U.S. Department of Transportation, Maine Department of Transportation, Friends of Acadia, six municipalities, and private businesses. Downeast Transportation Inc., a nonprofit organization, operates the fleet of propane-powered buses.

Please support the Island Explorer and other projects by buying a park pass at the following locations:

- Sand Beach Entrance Station
- Park Headquarters
- Blackwoods Campground
- Hulls Cove Visitor Center
- Bar Harbor Village Green
- Seawall Campground
- Thompson Island Visitor Center

All visitors who enter the park, regardless of how they enter, must pay an entrance fee. We thank you for your support!

CAUTION!

Be careful while walking near cliff ledges. Loose gravel on rocks creates dangerous footing, which can result in serious falls.



BE CAREFUL NEAR CLIFF EDGES!

Be Careful Out There!

Acadia National Park offers many opportunities for discovery. To help ensure a safe, enjoyable visit, pay attention and follow a few important guidelines as you explore the park.

- Always carry water, a map, adequate clothing, a first aid kit, and a flashlight while hiking.
- Be sure to tell someone your plans—when you are leaving, where you are going, and when you will return.
- Remain in one place if you become separated from your group.
- Check for ticks, as Lyme disease can occur in this area. If you are walking through tall grass, consider wearing long pants and using insect repellent.
- Drive safely and wear your seatbelt at all times. The speed limit is 35 mph in the park unless otherwise noted. It is easy to get distracted by scenery—pay attention.
- Do not drink and drive.
- When in doubt, ask a ranger first!

Remember that your actions can make the difference between a happy memory and an unpleasant experience.

2006 Fees

Entrance Fees/Passes

- \$10 (off season) / \$20 (in season) entrance pass – 7-day visit
- \$40 annual Acadia National Park Pass – unlimited visits to Acadia for one year from date of purchase

Other Passes

- \$50 National Parks Pass – entry into any national park for one year from date of purchase
- \$10 Golden Age Passport – lifetime access for U.S. citizens who are 62 years or older
- Free Golden Access Passport – lifetime access for U.S. citizens with a permanent disability

Camping Fees (per site per night)

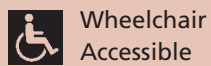
- Blackwoods Campground: \$20 (in season)
- Seawall Campground: \$20 drive-up sites, \$14 walk-in sites



Park fees makes possible a wide variety of projects, including an accessible trail atop Cadillac Mountain.

Ranger-Led Programs (July 1–August 29)

Sunday		Monday		Tuesday		Wednesday
Morning	Afternoon	Morning	Afternoon	Morning	Afternoon	Morning
8:45 Baker Island Cruise	2:00 Headland Hike	8:45 Baker Island Cruise	1:00 <i>Pond Ecology</i>	7:30 Beginning Birders' Workshop	1:30 Dive-In Theater Cruise	7:00 Acadia's Birds
9:00 <i>Mountain Mysteries</i>	2:30 At the Summit	9:00 <i>Tell Me a Story</i>	2:30 Forests of Lilliput	8:30 Mr. Rockefeller's Bridges	2:00 Headland Hike	8:45 Baker Island Cruise
10:00 Frenchman Bay Cruise	3:00 Animals of Acadia	9:30 <i>Life in a Pond</i>	3:00 Animals of Acadia	8:30 Written in the Rocks	2:00 <i>Tread Lightly</i>	9:00 Beech Mountain Hike
10:00 Islesford Historical Cruise	3:00 Trees along the Trail	10:00 At the Summit	4:00 Otter Point Walk	8:45 Baker Island Cruise	2:30 At the Summit	9:00 Beyond the Beach
11:00 At the Summit	varies Blackwoods Evening Program	10:00 Frenchman Bay Cruise	7:30 Blackwoods Evening Program	9:00 <i>Family Field Studies</i>	2:30 Gorham Mountain Hike	9:00 <i>Mountain Mysteries</i>
		10:00 Islesford Historical Cruise		9:00 <i>Nature's Way</i>	3:00 Green Kingdom	9:30 <i>Life in a Pond</i>
				10:00 Carroll Homestead Open House (Open until 1 p.m.)	varies Blackwoods Evening Program	10:00 Frenchman Bay Cruise
				10:00 Frenchman Bay Cruise	varies Seawall Evening Program	10:00 Islesford Historical Cruise
				10:00 Islesford Historical Cruise	varies Stars over Sand Beach	11:00 At the Summit



Wheelchair Accessible



Children's programs are in *italic type*



Fee Program



Suggested Island Explorer bus to take to program.

Be sure to check out the program listing for August 30 and 31, program location directions, and program reminders on page 6 of the *Beaver Log*. →

Walks, Talks, and Hikes

Acadia's Birds (3 hours, easy)

Find, identify, and discuss some of Acadia's most fascinating residents. Bring binoculars. Expect motor travel to various points in the park. Make reservations no more than three days in advance at Hulls Cove Visitor Center or by calling 207-288-8832. Accessible on Saturdays only.



Animals of Acadia (1-1½ hours, talk)

Deer? Moose? Snakes? Turtles? Discover the animals you might and might not see in the park. Sieur de Monts Nature Center.



At the Summit (1 hour, easy ½-mile walk)

Enjoy the views from atop Cadillac Mountain and gain a new perspective on Acadia's beauty. Cadillac Summit parking area.

Beech Cliffs Hike (2¼ hours, moderate 1½-mile hike)

Uncover the wilds of the island's west side as we ramble through lush forests to rocky outcrops and back again. Beech Mountain parking area.

Beech Mountain Hike (3 hours, moderate 2-mile hike)

Walk up through emerald forests and blueberry patches to Beech Mountain's granite summit for panoramic views. Beech Mountain parking area.

Beginning Birders' Workshop (2 hours, easy)

Join this beginning birders' caravan and learn how to use field guides and binoculars and where to look for Acadia's feathered friends. Transportation needed. Make reservations no more than three days in advance at Hulls Cove Visitor Center or by calling 207-288-8832.



Beyond the Beach (1½ hours, easy)

Join park rangers for an up-close and personal look at some of the ocean's amazing inhabitants. Each small group has its own ranger and plenty of sea creatures to examine. Children must be accompanied by an adult. Fee: \$10 adults, \$5 children 5–12, free under 5. Exact cash, check, or credit card (MasterCard and Visa only) accepted. Purchase tickets on the day of the program at Sand Beach. Meet on Sand Beach.



Birds of Prey (1-1½ hours, talk)

Explore Acadia's eagles, owls, and other raptors and learn where to look for them. Sieur de Monts Nature Center.



Blanket of Ice (2½ hours, strenuous 2-mile hike)

Ascend the side of an ice-carved valley to read the glacial record. Tarn parking area.



Forests of Lilliput (2 hours, easy 1-mile walk)

Discover the fascinating world of mosses, ferns, lichens, and fungi. Make reservations no more than three days in advance at Hulls Cove Visitor Center or by calling 207-288-8832.

Gorham Mountain Hike (2½ hours, moderate 2-mile hike)

Reward yourself with views of Acadia's coastline from the top of a granite mountain. Be prepared for rocky trail conditions. Gorham Mountain parking area.



Green Kingdom (2 hours, easy 1- to 2-mile walk)

Explore Acadia's diverse plant life along a historic carriage road. Eagle Lake parking area.



Headland Hike (2½ hours, moderate 1½-mile hike)

Hike to a spectacular headland while learning about Acadia's cultural and natural history. Great Head parking area.

Knowing the Night (2 hours, 1-mile walk)

Use your senses to explore the mystery and intrigue of the night world. For adults and children 8 and older. Wear closed-toe shoes and layered clothing. Fee: \$10 adults, \$5 children 8–12. Reservations required. Make reservations no more than three *business* days in advance by calling 207-288-3338 (dial "0") or stopping by park headquarters from 8 a.m. to 4:30 p.m. Monday through Friday.



Mr. Rockefeller's Bridges (2½ hours, moderate 1½-mile hike)

Follow tree-lined carriage roads to beautiful stone bridges. Parkman Mountain parking area.

Otter Point Walk (2 hours, easy to moderate 2-mile hike)

Discover stories of history and nature as you view some of the most striking scenery in the park. Gorham Mountain parking area.

Riding the Roads (3 hours, moderate)

Join a ranger for a one-of-a-kind bike tour along Acadia's historic and scenic carriage roads. For adults and youth 14 and older. Children must be accompanied by an adult. Bring your own bike (rentals available in local communities), water, and layered clothing. Helmets required. Fee: \$15 adults, \$10 youth 14–16. Reservations required. Make reservations no more than three *business* days in advance by calling 207-288-3338 (dial "0") or stopping by park headquarters from 8 a.m. to 4:30 p.m. Monday through Friday.



Stars over Sand Beach (1 to 1½ hours, talk)

Discover the wonders of Acadia's night sky. Dress warmly and bring a flashlight and binoculars. On cloudy nights, rangers present a short program on stargazing. Meet on Sand Beach at 9:30 p.m. during July and at 9:00 p.m. during August.

Through the Looking Glass (1½ hours, moderate 1½-mile hike)

Science helps us determine the quality of park environments. Look through the eyes of a scientist as we explore how tiny insects in a stream reveal volumes about water quality and far-away events. Make reservations no more than three days in advance at Hulls Cove Visitor Center or by calling 207-288-8832.

Trees along the Trail (2 hours, easy 2-mile walk)

Unearth the characteristics, ecology, and human uses of the sentinels of the forest. Eagle Lake parking area.



Written in the Rocks (3 hours, moderate 2-mile hike)

Hike to a dramatic headland for a look at the geologic processes that created Acadia's scenery. Sand Beach parking area.

Drop-In Programs

Carroll Homestead Open House

Examine the interior of an 1800s farm home on Tuesdays between 10 a.m. and 1 p.m. Walk the grounds and imagine what life was like for the families that lived on this subsistence farm. A ranger will be available to answer questions. Bring a leave-no-trace picnic if you want. No reservation necessary. Carroll Homestead.



Hawkwatch






From August 22 through mid-October, daily between 9 a.m. and 2 p.m., weather permitting. On-site observations and discussion of migrating birds of prey. Join us anytime for as long as you like. Binoculars helpful. From the east side of Cadillac Summit parking area, walk 200 yards along the North Ridge Trail to the Hawkwatch site.

Peregrine Watch

Most days from July 1 to mid-August, weather permitting, a ranger or volunteer will be available with viewing scopes for watching a family of peregrine falcons breeding for the 16th year on Champlain Mountain. Stop by anytime between 9 a.m. and noon. Precipice Trail parking area.



Wednesday	Thursday	Friday	Saturday			
Afternoon 3:00 Découvrez Acadia! 4:00 Otter Point Walk 7:30 Blackwoods <i>Evening Program</i> varies Knowing the Night varies Seawall <i>Evening Program</i>	Morning 8:30 Mr. Rockefeller's Bridges 8:30 Written in the Rocks 8:45 Baker Island Cruise 8:45 Riding the Roads 9:00 <i>Exploring Acadia's Carriage Roads</i> 9:00 Forests of Lilliput 9:00 <i>Nature's Way</i> 9:00 Through the Looking Glass 9:30 Sur la côte rocheuse 10:00 Frenchman Bay Cruise 10:00 Islesford Historical Cruise 10:30 At the Summit	Afternoon 1:30 Dive-In Theater Cruise 1:30 <i>Tell Me a Story</i> 2:00 At the Summit 2:30 Blanket of Ice 2:30 Gorham Mountain Hike 3:00 Animals of Acadia 3:00 Green Kingdom varies Blackwoods <i>Evening Program</i> varies Seawall <i>Evening Program</i>	Morning 8:30 Otter Point Walk 8:45 Baker Island Cruise 9:00 Beyond the Beach 9:00 <i>Family Field Studies</i> 9:30 <i>Pond Ecology</i> 10:00 Frenchman Bay Cruise 10:00 Islesford Historical Cruise	Afternoon 1:30 At the Summit 2:00 Headland Hike 2:00 <i>Tread Lightly</i> 3:00 Birds of Prey 3:00 Trees along the Trail varies Blackwoods <i>Evening Program</i> varies Knowing the Night varies Seawall <i>Evening Program</i>	Morning 7:00 Acadia's Birds 8:30 Mr. Rockefeller's Bridges 8:30 Otter Point Walk 8:45 Baker Island Cruise 9:00 <i>Fire and Ice</i> 10:00 Frenchman Bay Cruise 10:00 Islesford Historical Cruise	Afternoon 2:00 <i>Acadia's Secret Life</i> 2:30 At the Summit 2:30 Gorham Mountain Hike 3:00 Animals of Acadia 3:00 Beech Cliffs Hike varies Blackwoods <i>Evening Program</i> varies Seawall <i>Evening Program</i>

 Wheelchair Accessible
  Children's programs are in *italic type*
 Fee Program
  Suggested Island Explorer bus to take to program.
 Be sure to check out the program listing for August 30 and 31, program location directions, and program reminders on page 6 of the *Beaver Log*. 

Children's Programs

Children must be accompanied by at least one adult. Reservations are required for children's programs and can be made no more than three days in advance. To make reservations, please call 207-288-8832 or stop by Hulls Cove Visitor Center.



Acadia's Secret Life (1 hour, easy to moderate, variable distances)

Join a ranger to explore a rarely visited park site. Discover why these special areas are unique and learn how they are protected. Recommended for children ages 7 and older. Reservations required.

Exploring Acadia's Carriage Roads (2 hours, easy 1½-mile walk)

Who built these beautiful roads and why? Take a wooded walk along a carriage road. Visit one of the famous stone bridges, use real tools, and practice stone-cutting skills. For children 8 and older. Reservations required.



Family Field Studies (2 hours, easy to moderate, variable distances)

Conduct your own research! Investigate and explore as a family by conducting field studies in the park. Work as a team of researchers identifying, inventorying, and characterizing the park's natural and cultural resources. Recommended for children 6 and older. Reservations required.

Fire and Ice (2 hours, easy to moderate hike)

Read the landscape and discover Acadia's geologic past as we look for clues of the rock cycle, glaciers, and volcanoes. For children 7 and older. Reservations required.

Life in a Pond (1½ hours, easy ½-mile walk)

Get a frog's-eye view of the pond habitat. Search the shore for interesting plants and animals especially adapted to an aquatic life. For children 4–8. Reservations required.

Mountain Mysteries (2 hours, moderate 1-mile hike)

Hike one of Acadia's mountains and unearth its geologic secrets! Wear closed-toe, non-skid shoes. For children 7–14. Reservations required.

Nature's Way (1½ hours, easy 1-mile walk)

Explore one of Acadia's trails and interact with nature. Use your senses. Ask questions. Have fun. For children ages 4–10. Reservations required.



Pond Ecology (2 hours, easy ½- to 1½-mile hike)

Get a close look at the plants and animals that live in the pond community. How are they connected? What are the water quality issues at Acadia and how does the park protect its aquatic habitats? For children 9 and older. Reservations required.

Tell Me a Story (1 hour, easy)

Join a ranger to discover one of Acadia's true stories. For children 7 and younger. Reservations required.



Tread Lightly (1½ hours, easy hike)

Leave No Trace! Join a ranger for hands-on interactive activities about minimizing your impact while discovering Acadia. Leave with ideas you can apply to your outdoor adventures. All ages welcome. Reservations required.

Outdoor Concert

The Acadia National Park Outdoor Concert will take place at Blackwoods Campground on Wednesday, July 26, at 8:00 p.m. (rain date—Thursday, July 27). Be sure to stop by Blackwoods for this musical event.

Boat Cruises

Park rangers interpret the park from four of the many commercial boats in the area. Make reservations with boat owners. Wear warm clothing. Arrive 15 minutes before departure. Some boat operators run several trips daily. Please ask boat operators about accessibility and trips not listed below.

Islesford Historical Cruise (2½ hours)

Discover the enduring connections between people and the sea. Search for wildlife as you cruise to Little Cranberry Island for a stop at the Islesford Historical Museum and explore the scenic fjord of Somes Sound. Municipal Pier, Northeast Harbor. Fee: \$24 adults, \$23 seniors 65 and older, \$15 children under 12, \$5 children under 5. Reservations: 207-276-5352.



Frenchman Bay Cruise (2 hours)

Climb aboard a majestic 151-foot, four-masted schooner in search of wildlife and history. Fee: \$32 adults, \$30 seniors 65 and older, \$22 children under 12. Group rates (15 or more) are \$28 per person. Bar Harbor Inn Pier. Reservations: 207-288-4585.



Dive-In Theater Boat Cruise (3 hours)

Cruise with a ranger through Frenchman Bay in search of seals, porpoises, and coastal bird life. Watch real-time video as a diver scours the ocean floor for marine life to bring aboard the boat for hands-on exploration. College of the Atlantic Dock. Fee: \$35 adults, \$30 seniors, \$25 children 5-11, \$10 children under 5. Reservations: 207-288-3483.



Baker Island Cruise (4½ hours)

Cruise with a park ranger for an intimate look at this uninhabited, ocean-sculpted island. Hop aboard a small motorized vessel for landing and explore the island's unique natural and cultural history on a moderate hike. 1 West Street, Bar Harbor. Fee: \$43 adults, \$26 children 6-15, \$8 children 5 and under. Reservations: 207-288-2386.



Programmes en français

Découvrez Acadia! (1½ heures, facile, 1 kilomètre)

Faisons une randonnée guidée au sommet du Mont Cadillac. Apprenez pourquoi les voyageurs du monde entier sont attirés depuis des siècles par cette région. Rendez-vous au stationnement du sommet du Mont Cadillac.

Sur la côte rocheuse (1½ heures, facile, 3 kilomètres)

Faisons une promenade sur la partie de la côte la plus pittoresque du parc. On suit le chemin jusqu'à la Pointe Otter, traversant la vieille forêt coniférienne. Rendez-vous au stationnement du Mont Gorham.

Evening Amphitheater Programs

These 1-hour programs take place most evenings at Blackwoods and Seawall Campground amphitheaters. Parking areas near amphitheaters accommodate non-campers. Check bulletin boards for a complete listing of topics.



Times for evening amphitheater programs are shown in the chart above. Programs listed as "varies" will occur at 9 p.m. in July, 8:30 p.m. from August 1 to 15, and 8:00 p.m. from August 16 to 31.

Program Locations

Beech Mountain parking area – Southern tip of Beech Hill Road

Blackwoods Campground – Route 3 south of Otter Creek

Cadillac Summit parking area – Top of Cadillac Mountain

Carroll Homestead – Route 102 north of Southwest Harbor

Eagle Lake parking area – Route 233 west of Bar Harbor (north lot—not boat ramp)

Gorham Mountain parking area – Park Loop Road south of Sand Beach

Great Head parking area – Southern end of Schooner Head Road

Hulls Cove Visitor Center – Route 3 north of Bar Harbor

Parkman Mountain parking area – Route 3/198 north of Northeast Harbor

Precipice Trail parking area – Park Loop Road south of Sieur de Monts Spring

Sand Beach parking area – Park Loop Road south of Entrance Station

Seawall Campground – Route 102A south of Southwest Harbor

Sieur de Monts Nature Center – Route 3 at Sieur de Monts entrance to Park Loop Road

Tarn parking area – Route 3 just south of the entrance to Sieur de Monts

Program Reminders

- Contact park staff regarding accessible facilities, services, and programs.



- Allow ample time to arrive safely at ranger-led programs.
- Please escort your children on organized walks and hikes. Parents are responsible for the safety and behavior of their children. If you have young children, consider participating in the children's programs listed on pages 4-6.
- Reservations are required for children's programs. Make reservations no more than three days in advance at Hulls Cove Visitor Center or by calling 207-288-8832.
- Do not bring pets on ranger-led programs or to evening amphitheater programs.
- Carry water and wear appropriate clothing on hikes.

Peregrine Watch



Adult peregrine falcon. Photo by USFWS/Craig Koppie.

Since 1991, Acadia has been the home of several pairs of nesting peregrine falcons. These majestic birds are a symbol of survival and triumph, and an Endangered Species Act success story.

The cliffs of Champlain Mountain are home to one of Acadia's nesting pairs. Join a ranger or volunteer for Peregrine Watch, offered most days until mid-August, weather permitting, from 9 a.m. to noon at the Precipice Trail parking area. Use viewing scopes to check out activity on the cliff, learn about field-identifying marks and behavior, and hear how you can promote the conservation of peregrine falcons.

The Precipice Wall, Jordan Cliffs, Valley Cove Wall, and Beech Cliffs areas are closed until the peregrine chicks mature and leave the nest (usually in late summer). See *Park Closures* (page 2) for specific trail closures.

Ranger-Led Programs—August 30-31

Wednesday, August 30	Thursday, August 31
7:00 a.m. Acadia's Birds	8:30 a.m. Mr. Rockefeller's Bridges
8:30 a.m. Otter Point Walk	8:30 a.m. Written in the Rocks
8:45 a.m. Baker Island Cruise	8:45 a.m. Baker Island Cruise
9:00 a.m. <i>Mountain Mysteries</i>	8:45 a.m. Riding the Roads
9:30 a.m. <i>Life in a Pond</i>	9:00 a.m. <i>Exploring Acadia's Carriage Roads</i>
10:00 a.m. Frenchman Bay Cruise	9:00 a.m. Gorham Mountain Hike
10:00 a.m. Islesford Historical Cruise	9:00 a.m. <i>Nature's Way*</i>
2:00 p.m. At the Summit	10:00 a.m. Frenchman Bay Cruise
2:30 p.m. Beech Mountain Hike	10:00 a.m. Islesford Historical Cruise
3:00 p.m. Animals of Acadia*	10:30 a.m. At the Summit
7:30 p.m. Blackwoods Evening Program*	1:30 p.m. Dive-In Theater Cruise
8:00 p.m. Seawall Evening Program*	3:00 p.m. Animals of Acadia*
TBD	8:00 p.m. Blackwoods Evening Program*
	8:00 p.m. Seawall Evening Program*

See pages 4–5 for program descriptions | Children's programs in italics | TBD - To be determined | *Wheelchair accessible

Ocean Discovery with a Ranger

Are you captivated by the sea, by its mysteries, life, and legends? Do you wonder about the life of hardy Maine islanders? Are you curious about the lobster you had for dinner last night? If you answered yes to any of these questions, a park ranger-narrated boat tour is for you! Four boat cruises offered in conjunction with the park feature a park ranger onboard to tell the stories of the Maine coast.

The **Islesford Historical Cruise** travels through the Cranberry Isles to Little Cranberry Island. After stopping at the Islesford Historical Museum, where you can explore an exhibit featuring the age of sail and catch a glimpse of island life, the cruise takes you into Somes Sound, a fjord that cleaves Mount Desert Island nearly in two. Throughout the cruise, park rangers discuss the relationship between people and the sea and search for wildlife.

On the **Frenchman Bay Cruise**, imagine you are back in the 19th century as you cruise on a 151-foot, four-masted schooner replica. Learn about wildlife and history and, if you're feeling strong, maybe even lend a hand when the sails are unfurled.

On the **Dive-In Theater Boat Cruise**, you can watch real-time video of a diver searching the ocean floor for sea life to bring aboard your boat for hands-on exploration. While cruising through Frenchman Bay, you may spot seals, porpoises, and coastal bird life.

The **Baker Island Cruise** has returned after many years. Join a park ranger for an intimate look at Baker Island and its unique natural and human history. After hopping aboard a small boat for landing, explore this windswept island and view the lighthouse up close on a moderate hike.

Each of these ranger-led boat cruises are offered several times per week. Reservations are recommended. Please see pages 4–6 for schedule, fee, and reservation information. Get your sea legs ready and head out on a boat cruise with a park ranger!



Island Lighthouse

Resource Acadia Program Series: Citizen Science in Action!

If you're looking for a way to get up close and personal with park resources, Resource Acadia workshops may be the answer. Participate in current research efforts in the field as you learn about park resources. Workshops are scheduled throughout the year. This summer's workshop—Biodiversity and BioBlitzes for Beginners: Inventorying Acadia's Insect Population—will take place Saturday, July 15, from 9 a.m. to noon. Learn about general biological classification, the significance of biodiversity, and the important ecological role of flies (Diptera) as part of the fourth annual BioBlitz. Receive training in insect collecting techniques and take part in specimen collecting in the field.

This Resource Acadia workshop is free, but requires advanced registration by June 12. For more information, visit www.nps.gov/acad/serc/education.htm. To register, contact Jim McKenna at jim_mckenna@nps.gov or 207-288-8733.



A researcher collects insect specimens during the 2005 BioBlitz.

Park Concessions

Park concessions offer services to visitors within Acadia National Park. **Acadia Corporation** operates shops at Cadillac Mountain, Thunder Hole, and Jordan Pond. Visit the Jordan Pond House for traditional tea and popovers, or a full lunch or dinner. For reservations, contact the Jordan Pond House at 207-276-3316.

Wildwood Stables, located one mile southeast of Jordan Pond, features horse-drawn carriage tours along Acadia's historic carriage roads. Enjoy scenic vistas and cool forests on your narrated tour. Private tours and stabling for your personal horse are also available. For information, contact Wildwood Stables at 207-276-3622.

If you'd like to sit back and relax as you learn about Acadia National Park and Mount Desert Island, a narrated bus tour might be just the activity for you. Beginning and ending in Bar Harbor, these tours explore the natural and cultural history of the park and surrounding area. Stops include many popular park sights, including Cadillac Mountain. **National Park Tours** (207-288-0300) offers 2½-hour tours. **Oli's Trolley** (207-288-9899) offers both 1-hour and 2½-hour tours. Advance reservations recommended.



The Jordan Pond House offers tea and popovers, as well as a full lunch and dinner, in a spectacular setting.



Explore the scenic carriage roads of Acadia National Park on a horse-drawn carriage tour with Wildwood Stables.

Eastern National

Looking for a guide to plants in the northeastern United States? Trying to find something to keep your kids occupied on a rainy day? Why not check out the Eastern National bookstores in the park? They carry a wide variety of educational items, including books about the park's natural and cultural history, children's stories, and travel; maps; videos; notecards; and more. Eastern National bookstores are located at Hulls Cove Visitor Center, which offers the largest selection of items; Sieur de Monts Nature Center; Park Headquarters; Blackwoods and Seawall Campgrounds; and Islesford Historical Museum.



Eastern National is a nonprofit agency that provides quality educational products and services to America's national parks and other public trusts. Eastern National's contributions have benefited parks and visitors by supporting research, educational, and interpretive projects and by funding publications, including this edition of the park newspaper, the *Beaver Log*. Joining Eastern National supports your parks and gives you 15% off merchandise in any Eastern National store. Pick up an application at the visitor center or for more information, visit www.easternnational.org.

Junior and Senior Ranger Programs

Eastern National helps you learn more about Acadia National Park through the Junior and Senior Ranger Programs. Designed for all ages, these programs include fun activities that earn a junior or senior ranger certificate and patch. Purchase your junior or senior ranger booklet at Eastern National outlets throughout the park.



Friends of Acadia

Friends of Acadia is a private, nonprofit organization dedicated to ensuring the long-term protection of the natural and cultural resources of Acadia National Park and its region. To meet this mission, Friends of Acadia channels private donations to conservation and historic preservation projects in the park, monitors planning and legislative activities affecting Acadia, and publishes the *Friends of Acadia Journal*.

For more information about Friends of Acadia, please contact:

Friends of Acadia
P.O. Box 45
Bar Harbor, ME 04609
800-625-0321 - Phone
www.friendsofacadia.org



WANTED by Acadia National Park



Volunteers

Aliases: Friend, Helper, Protector of the Environment, Preserver of Acadia.

Description: Anyone willing and able to perform much-needed tasks that help Acadia maintain its trails and carriage roads.

Characteristics: Generous, kind, giving, selfless, motivated, and dedicated.

Work includes:

- Cutting back vegetation
- Clearing drainages
- Meeting new friends
- Getting outdoor exercise
- Feeling a sense of accomplishment
- Giving community service

Commitment: About 4 hours from 8:30 a.m. - 12:30 p.m.

If you are this person, bring:

- Water
- Snacks
- Lunch
- Work gloves and tools are provided.

When: Tuesdays, Thursdays, and Saturdays through mid-October, weather permitting.

Where: Locations vary, so please call for more information: 207-288-3934 or 207-288-3340.

Annual volunteer events include:

- Take Pride in Acadia Day on the first Saturday in November (11/4/06)
- Earth Day Roadside Cleanup on the last Saturday in April (4/28/07)
- National Trails Day on the first Saturday in June (6/2/07)

Volunteers make valuable contributions to communities, organizations, and individuals throughout the country. National Park Service (NPS) volunteers come from all over to help preserve and protect America's natural and cultural heritage for the enjoyment of this and future generations. They contribute the time and expertise that help us achieve the NPS mission.

For volunteer opportunities at other National Park Service sites, visit www.nps.gov/volunteer.

Help Us Revegetate!

In response to extensive rehabilitation at Blackwoods Campground, the park has undertaken a revegetation project to replace much of the vegetation that was lost during construction. We can use your help to make this project a success and restore these areas to their natural condition.

- Areas where native plants are planted will be roped off and signed to indicate what's happening there. Small trees and shrubs will be mulched with wood chips. Please don't walk through these areas or damage new or existing plants or trees.
- Stay on designated paths at Blackwoods Campground. Taking shortcuts kills plants.

Remember: It only takes one footstep to kill a plant!



Protect Your Park and its Wildlife

You play an important role in protecting Acadia's vulnerable natural and cultural resources and keeping wild animals wild. While you're out in the park, do your part by taking a few simple actions:

- Stay on trails to protect fragile plant life.
- Leave what you find. Removing natural and historic objects such as beach cobbles, flowers, marine life, and antlers degrades the park and is illegal.
- At all times, keep your pet on a leash no longer than six feet for the protection of your pet, visitors, and wildlife. Ladder trails, public buildings, and beaches are closed to pets.
- Pack it in. Pack it out. Carry out anything you brought into the park. Better yet, carry out any other litter you find, too.
- Do not remove or add to trail markers (cairns), which are carefully maintained by the park.
- Camp in designated areas only.
- Protect water sources. Do not swim in bodies of water marked as water supplies.
- Clean your boat before you float. Watch out for hitchhiking plants on boats and equipment. A single invasive plant or plant fragment can infest an entire lake or stream.



Ride the fare-free Island Explorer for relaxing, low-emission transportation to many points in Acadia National Park.

Acadia's small size and proximity to towns and residential areas mean that wild animals often come in close contact with people. To help ensure the safety and health of these animals, follow these steps when you encounter wildlife:

- Never feed wild animals, including gulls. Human food can make them ill and create beggar animals.
- Keep your distance. Do not approach wild animals. If you suddenly find yourself too close, back away and give them room to escape. Use binoculars to get a close-up view.
- When camping, all food, garbage, and cooking equipment must be stored in an enclosed vehicle or hard-sided locker to help prevent animals from being attracted to your site.
- Respect closures established to protect plants and animals, especially nesting peregrines, seabirds, and eagles. Intrusion by humans can cause nesting attempts to fail.
- Be aware of wildlife along roads, especially at dawn and dusk. Pay close attention and lower your speed, allowing them and you a better chance to avoid an accident.
- Remember that protecting wildlife in our national parks not only makes good sense, but also it is the law. All national parks have strict regulations to protect wildlife.



Loons may stop feeding chicks or leave their nest if disturbed. Enjoy loons from a distance with binoculars or a spotting scope.

July/August 2006 Tide Chart

July	High Tide		Low Tide		Sunrise	Sunset	August	High Tide		Low Tide		Sunrise	Sunset
	AM	PM	AM	PM				AM	PM	AM	PM		
1	3:13	3:47	9:35	9:54	4:52	8:21	1	4:02	4:24	10:10	10:44	5:20	7:58
2	3:58	4:30	10:17	10:42	4:53	8:21	2	4:49	5:10	10:54	11:36	5:21	7:57
3	4:46	5:15	11:00	11:33	4:54	8:20	3	5:41	6:00	11:43	-	5:22	7:55
4	5:36	6:02	11:46	-	4:54	8:20	4	6:39	6:56	12:32	12:38	5:23	7:54
5	6:29	6:51	12:26	12:34	4:55	8:20	5	7:39	7:53	1:31	1:37	5:24	7:53
6	7:24	7:41	1:19	1:25	4:55	8:19	6	8:38	8:51	2:29	2:35	5:25	7:51
7	8:19	8:31	2:13	2:16	4:56	8:19	7	9:34	9:46	3:25	3:31	5:27	7:50
8	9:12	9:21	3:04	3:07	4:57	8:19	8	10:26	10:38	4:17	4:25	5:28	7:49
9	10:03	10:10	3:54	3:57	4:58	8:18	9	11:16	11:30	5:06	5:17	5:29	7:47
10	10:52	10:59	4:42	4:47	4:58	8:18	10	-	12:04	5:54	6:09	5:30	7:46
11	11:39	11:48	5:30	5:36	4:59	8:17	11	12:20	12:53	6:42	7:01	5:31	7:44
12	-	12:27	6:17	6:26	5:00	8:17	12	1:12	1:42	7:31	7:54	5:32	7:43
13	12:38	1:16	7:05	7:18	5:01	8:16	13	2:04	2:33	8:20	8:49	5:33	7:41
14	1:29	2:06	7:54	8:12	5:02	8:15	14	2:59	3:26	9:12	9:47	5:35	7:40
15	2:22	2:58	8:44	9:08	5:03	8:15	15	3:57	4:22	10:07	10:48	5:36	7:38
16	3:18	3:52	9:37	10:07	5:03	8:14	16	4:59	5:22	11:05	11:53	5:37	7:36
17	4:16	4:48	10:31	11:08	5:04	8:13	17	6:04	6:26	-	12:08	5:38	7:35
18	5:17	5:46	11:28	-	5:05	8:12	18	7:11	7:30	12:59	1:13	5:39	7:33
19	6:21	6:46	12:12	12:28	5:06	8:11	19	8:16	8:31	2:03	2:17	5:40	7:32
20	7:26	7:47	1:16	1:30	5:07	8:11	20	9:15	9:27	3:02	3:15	5:42	7:30
21	8:30	8:46	2:19	2:30	5:08	8:10	21	10:06	10:17	3:55	4:06	5:43	7:28
22	9:29	9:41	3:18	3:28	5:09	8:09	22	10:51	11:01	4:41	4:51	5:44	7:27
23	10:23	10:32	4:12	4:21	5:10	8:08	23	11:31	11:41	5:22	5:33	5:45	7:25
24	11:11	11:19	5:01	5:09	5:11	8:07	24	-	12:07	6:00	6:10	5:46	7:23
25	5:45	5:53	11:55	-	5:12	8:06	25	12:18	12:41	6:34	6:47	5:47	7:22
26	12:01	12:35	6:26	6:34	5:13	8:05	26	12:53	1:14	7:07	7:22	5:49	7:20
27	12:42	1:13	7:04	7:14	5:14	8:04	27	1:28	1:46	7:39	7:58	5:50	7:18
28	1:20	1:49	7:41	7:53	5:15	8:03	28	2:04	2:21	8:12	8:36	5:51	7:16
29	1:59	2:26	8:17	8:32	5:17	8:01	29	2:42	2:57	8:48	9:17	5:52	7:15
30	2:38	3:03	8:53	9:14	5:18	8:00	30	3:23	3:38	9:26	10:02	5:53	7:13
31	3:18	3:42	9:30	9:57	5:19	7:59	31	4:10	4:25	10:11	10:54	5:54	7:11

Sources: National Oceanic and Atmospheric Administration (tides) and U.S. Naval Observatory (sunrise/sunset). Both tide and sunrise/sunset times are for Bar Harbor. Adjustments for other locations or elevations may be necessary.

Tidepool Tips

The zone where ocean meets land—the intertidal zone—is one of the most fascinating areas in Acadia. Here you can see creatures with amazing survival skills that allow them to stay alive when, twice each day, the tide leaves them exposed. These marine organisms are not indestructible, however. Our careless handling and footsteps can do damage that the changing tides cannot. As you explore the intertidal zone, keep in mind these tips for your safety and for the protection of marine life:

- Do not wade or sit in tidepools.
- Rocks and algae are slippery. Watch your step.
- Never turn your back on the ocean: rogue waves can occur at any time.
- Wear suitable clothing and closed-toe shoes.
- Be patient. Take time to be still; you'll be surprised at the activity you see.
- Sea creatures live everywhere. Be careful where you place your feet.
- If you move animals or rocks, return them to the same spot.
- Do not pry animals from rocks; you may injure them in the process.
- Re-cover animals you find under rocks or seaweed so they won't dry out.
- All living creatures are protected in the park. Take only pictures.



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