



# Beaver Log

The official newspaper of  
Acadia National Park

September/October 2004

## Autumn Explorations in Acadia

### Hulls Cove Visitor Center

Open 8 a.m. to 5 p.m. in September, 8 a.m. to 4:30 p.m. in October. Pick up a park map and watch a 15-minute introductory audiovisual program. English, French, German, audio description, and captioning are available.

### Ride Island Explorer

Free Island Explorer buses operate throughout Mount Desert Island until October 11.

### Self-Guided Audio Tour

Cassettes and CDs of the 56-mile (90-km) audio tour of Acadia are available for sale at the visitor center.

### Explore the Park Loop Road

From the visitor center, drive 27 miles on the Park Loop Road and Cadillac Mountain Road to view the spectacular scenery of Sand Beach, Otter Cliffs, and Cadillac Mountain. Enjoy occasional stops to stroll down a path or read a wayside information sign.

### Ranger-Led Programs

Through mid-October, join us for boat cruises, evening slide programs, mountain hikes, short talks, and nature walks. For a schedule and descriptions, see pages 4-6.

### Hiking

Over 120 miles of hiking trails offer something for everyone. Pick up a guide to the most popular trails at the visitor center. Detailed trail maps and guides are available for purchase.

### Swimming

You can swim at Sand Beach, but beware ocean temperatures that rarely rise above 55°F (13°C). For warmer water, try Echo Lake on Route 102. Many other ponds and lakes on the island are public water supplies where swimming, wading, and pets are prohibited. Please respect posted regulations.

### Walking and Biking

Walkers, bikers, joggers, and horseback riders can enjoy 45 miles of historic carriage roads. Motorized vehicles (with the exception of motorized wheelchairs) are prohibited on carriage roads. Guidebooks to the carriage roads and other bike routes on Mount Desert Island are available for purchase at the visitor center. Bicycle rentals are available in nearby communities.

### Museums in the Park

**Nature Center:** Exhibits focus on Acadia's natural resources. Open 9 a.m. to 4 p.m. daily until mid-October. Free admission. Located at Sieur de Monts Spring.

**Islesford Historical Museum:** Exhibits tell the story of the Cranberry Isles and their people. New this year: Explore the age of sail in the Cranberry Isles. Accessible by boat from Northeast Harbor or Southwest Harbor. Open 9 a.m. (10:45 a.m. on Sundays) to noon and 12:30 p.m. to 3:30 p.m. daily until September 30. Free admission.

**Abbe Museum:** Explore the story of Maine's earliest people from 11,000 years ago to today. Open 9 a.m. to 4 p.m. daily until mid-October. The museum is privately operated and charges a small fee. Located at Sieur de Monts Spring.

### Self-Guided Walks

Pick up guidebooks for a small fee at the starting point of each walk to help you explore the area.

**Carroll Homestead** (½-mile loop, very easy): Catch a glimpse of the lifestyle of an early island family.

**Jordan Pond** (1-mile loop): Start at the boat launch parking area (not the restaurant parking area) and meander through the woods along the lakeshore.

**Sieur de Monts Spring** (½-mile loop): Explore the story behind the founding of the park.

### More of Acadia

**Schoodic Peninsula:** The park protects 2,000 acres on the tip of Schoodic Peninsula, located fifty miles from Bar Harbor by road and the only section of the park on the mainland. A one-way, six-mile loop road skirts the edge of the peninsula, offering sweeping views of Mount Desert Island.

**Isle au Haut:** Two thousand acres on Isle au Haut, a remote offshore island linked to the mainland by a small boat from Stonington, are also part of the park. Rocky shoreline, wooded uplands, marshes, bogs, and a one-mile-long freshwater lake offer opportunities for day hiking and solitude.

### Outside the Park

Mount Desert Island features scenic island harbors, an operational lighthouse, and quaint towns. On the west side of the island lie the traditional downeast towns of Bass Harbor and Bernard. Here you'll find docks covered with lobster traps and harbors filled with fishing boats. Nearby, the Bass Harbor Head Lighthouse has warned generations of mariners that land is near. On the east side of the island is Northeast Harbor, filled with pleasure craft.

Local communities offer boat trips, whale watching, canoe rentals, and ocean kayaking trips. For more information, contact local chambers of commerce.



Fall colors on the Dorr Trail. Photo by David Halpern.

### Pages 2-3 Happenings

Find out what's new this fall. See pages 2-3 for details about closures due to construction, 2004 fee information, and other things that will help you plan your visit. Discover new ranger-led programs and explore fall changes in the park.

### Pages 4-6 Programs

Whether you are feeling adventurous and want to join a ranger for a hike to the top of a mountain, or you would rather sit back and watch a presentation about wildlife, you can find something to your liking in our program schedule. Rangers offer walks, talks, hikes, boat tours, and amphitheater programs until mid-October. Join us on a program today!

### Page 7 Partners

Looking for things to do during your stay? Check out activities offered by our concessionaires, including horse-drawn carriage rides and tea and popovers on the lawn of the Jordan Pond House; visit Eastern National bookstores in the park; and learn more about Friends of Acadia.

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# Park Closures

## Construction Projects

The park has a number of construction projects underway as we continue to upgrade facilities to better serve your needs. Some of these projects may affect your use of the park. Please be patient, as the end results will be worth the wait! Fall 2004 projects include the rehabilitation of:

- Seawall Campground (Open June 26 to September 6, 2004)
- Grounds of Nature Center at Sieur de Monts Spring
- Carriage Road Bridges (To be determined. Closures will be posted.)

## Nightly Closures

For the protection of park resources, a number of areas in the park are closed from midnight until one hour before sunrise. These areas include:

- Cadillac Mountain Summit
- Bass Harbor Head Lighthouse parking area (The road is closed to motor homes.)



Bass Harbor Head Lighthouse. Photo by Ginny Reams.

# 2004 Fees

Acadia National Park has established new entrance fees for 2004. Eighty percent of all fees collected in the park stay in the park. Your support is an investment, helping preserve Acadia National Park for future generations. Thank you for your support—you are helping make the park a better place!

## New Hanging Tag

This year we will issue a new rearview mirror hanging tag for visitors holding a valid federal recreation entrance pass, including Golden Access, Golden Age, National Parks, and wallet card Acadia annual passes. This yellow hanging tag, while not an entrance pass in itself, serves as a placeholder in vehicles carrying a visitor with a valid entrance pass. Visitors issued the yellow hanging tag will be expected to show their valid entry pass each time they go through the entrance station. Vehicles that display an Acadia annual pass decal on the windshield do not require a yellow hanging tag.

Park entrance passes are available at the following locations:

- Sand Beach Entrance Station
- Hulls Cove Visitor Center
- Park Headquarters
- Blackwoods Campground
- Seawall Campground (until September 6)
- Bar Harbor Village Green (until mid-October)
- Thompson Island Information Center (until mid-September)

## Entrance Fees/Passes

- \$10 (off season) / \$20 (in season) entry permit allows for a 7-day visit.
- \$40 annual Acadia National Park Pass allows unlimited visits to Acadia for one year from date of purchase.

## Other Passes

- \$50 National Parks Pass gets you into any national park for one year from date of purchase.
- \$10 Golden Age Lifetime Passport allows lifetime access for U.S. citizens who are 62 years or older.
- Free Golden Access Lifetime Passport allows lifetime access for U.S. citizens with a permanent disability.

## Camping Fees

- Blackwoods Campground: Reservations are required May 1 through October 31. The cost is \$20 per night per site (in season). Open year-round. Call 800-365-2267 or visit <http://reservations.nps.gov>.
- Seawall Campground: First come, first served. **Open June 26 to September 6, 2004.** Drive-up sites \$20 per night. Walk-in sites \$14 per night.

# New Ranger Programs

This fall visitors will have the opportunity to participate in two new ranger-led programs. Get to know your park up close and personal: Join rangers for a night walk or a bike ride on the carriage roads.

**Knowing the Night** - Use your senses to explore the mystery and intrigue of the night world. For adults and children 8 and older. Wear closed-toed shoes and layered clothing. Fee: \$10 adults, \$5 children under 12.

**Riding the Roads** - Join a ranger for a bike ride along Acadia's historic and scenic carriage roads. For adults and youth 14 and older. Bring your own bike, water, and layered clothing. Helmets required. Fee: \$15 adults, \$10 youth 14-16.

Both programs require reservations, which can be made only at park headquarters (8 a.m. to 4:30 p.m. M-F) no more than three business days in advance. The fees enable the park to hire staff and purchase supplies to make the programs possible.

Each program is offered through September. See pages 4-6 for program schedule. Don't miss this chance to explore the park with a ranger!



"Riding the Roads" with a ranger near Eagle Lake.



National Park Service  
U.S. Department of the Interior

Acadia National Park encompasses over 47,000 acres of granite-domed mountains, woodlands, lakes and ponds, and ocean shoreline, creating striking scenery and diverse habitats. This diverse environment combines with a rich cultural history to create unparalleled scientific, educational, and recreational opportunities in a spectacular setting.

**Acadia National Park**  
P.O. Box 177  
Bar Harbor, ME 04609-0177

**Phone**  
207-288-3338 - Voice  
207-288-8800 - TTY

**E-mail**  
[acadia\\_information@nps.gov](mailto:acadia_information@nps.gov)

**Internet**  
[www.nps.gov/acad](http://www.nps.gov/acad)

EXPERIENCE YOUR AMERICA™

## Emergency? Call 911.

Call 911 for all emergencies.

## Ride the Bus!

Free Island Explorer propane-powered buses operate throughout Mount Desert Island until October 11, linking Acadia National Park to neighboring village centers. By parking your car and riding the bus instead, you can help reduce traffic congestion, parking, and air pollution problems on the island. Pick up a copy of the bus schedule at the Village Green bus stop in Bar Harbor.

## Parlez-Vous Français?

Une traduction française d'information de parc est disponible au centre d'accueil à Hulls Cove sur la route 3 ou au *park headquarters* sur la route 233. Merci de visiter le parc national d'Acadia.

## Sprechen Sie Deutsch?

Parkinformation auf Deutsch finden Sie im Besuchercenter in Hulls Cove an der Strasse #3. Vielen Dank für Ihren Besuch.

## Accessibility in the Park

Acadia National Park is constantly striving to improve its accessible facilities and services, which include, but are not limited to, Hulls Cove Visitor Center, the Nature Center at Sieur de Monts Spring, park headquarters, Jordan Pond House, and numerous picnic areas. The audiovisual program at the visitor center offers audio description and captioning. Both campgrounds have accessible campsites. Some interpretive programs are accessible: see pages 4-6 for program descriptions and times. For additional information, inquire at the visitor center or park headquarters or visit [www.nps.gov/acad/access.htm](http://www.nps.gov/acad/access.htm).

# Fees Help Support Free Transportation System

Acadia National Park has established new entrance fees for 2004. The Acadia annual pass has increased from \$20 to \$40. From mid-June through mid-October, a weekly entrance pass will cost \$20. These increases reflect a transportation fee that supports the Island Explorer bus system: \$10 from every weekly and Acadia annual pass sold during the season will go into a special transportation account to support the buses.

The Island Explorer is a voluntary, seasonal public transit system that serves Acadia National Park and its gateway communities. Established in the late 1990s to reduce traffic congestion, parking, and air pollution problems in the park and on Mount Desert Island, Island Explorer provides an eco-friendly transportation alternative. The Island Explorer bus system was created through a partnership between the National Park Service, U.S. Department of Transportation, Maine Department of Transportation, Friends of Acadia, six municipalities, and private businesses. Downeast Transportation Inc., a nonprofit organization, operates the system.

The current bus system consists of 17 propane-powered buses that operate on 8 different routes connecting the airport, ferry terminals, campgrounds, and motels in the region, as well as popular destinations within the park. Ridership has increased steadily since 1999 to more than 340,000 riders during the summer of 2003. Traffic congestion and overflow parking problems have declined in the park, and the release of locally generated vehicle emissions has been significantly reduced.

While the Island Explorer has been successful to date, the capacity of the system must expand significantly to eliminate traffic problems in the park. Acadia needs additional revenue to help cover the cost of operating a much larger bus system. Transportation fees associated with the new entrance fee rates will help defray these costs and enable the long-term expansion of the Island Explorer system.

Please buy your park pass: All visitors who enter the park, whether on foot, on bicycle, in private vehicles, or on the Island Explorer, must pay an entrance fee. We thank you for your support!

## The Arrival of Fall

As you hike up a rocky mountain trail or bike along tree-lined carriage roads, you will notice it. It's almost palpable, that crispness in the air. Combined with days that just don't seem long enough, it's enough to convince you that fall has arrived. The fall season brings changes to the park—some subtle, some not so, but all worth exploring.

Fall days in Maine can be perfect, sunny and warm enough to go without a jacket, tempting you to believe that winter really isn't around the corner. As much as we may wish that were true, cooler weather inevitably sets in. From October to November, the average high temperature drops from 58°F to 48°F, the low from 41°F to 33°F. Layered clothing is the key to staying comfortable during outdoor activities.

In addition to cooler temperatures, fall brings noticeably "shorter" days. On October 1, sunset is at 6:13 p.m. By November 1, with the end of daylight savings, it falls back to 4:22 p.m. If you are out hiking or biking in the park, plan your day to return before sunset.

During explorations outside, you can't miss the explosion of fall colors across the mountains and valleys of Mount Desert Island. As hours of daylight decrease and temperatures begin to fall, the chemical composition of leaves begins to change. Leaves stop their food-making process and chlorophyll, which gives them their

green color, breaks down. Other colors—luxurious reds, vibrant yellows, and rich oranges—can now come to the forefront. Fall color displays are at their most brilliant after a succession of warm, sunny days and cool, crisp nights. Though timing varies from year to year, peak foliage in Maine can often be found during the first three weeks in October.

The changes of fall affect not only plant life, but also wildlife. Animals like deer and moose breed during the fall. Black bears, common throughout much of Maine but uncommon on Mount Desert Island, and other hibernators begin a period of concentrated feeding, allowing them to put on a layer of fat that will keep them alive during the cold

### Where Else Do Your Fees Go?

The majority of fees paid in Acadia stay right here. The Recreational Fee Demonstration Program, authorized by Congress in 1996, mandates that 80 percent of fees paid in Acadia stay in the park to be used for projects that directly benefit park visitors and resources.

In addition to supporting the Island Explorer bus system, your fees are used for a variety of projects that improve the condition of natural and cultural resources and make the park a safer place for you to visit.

Some of the projects financed by fees include:

- Rehabilitation of 24 historic carriage road bridges
- Rehabilitation of the historic trails system
- Rehabilitation of the Wildwood Stables barn
- Construction of curatorial office/work space and fire protection for the park's collection of historic objects
- Construction of the Isle au Haut ranger station
- Rehabilitation of the grounds at the Nature Center at Sieur de Monts Spring

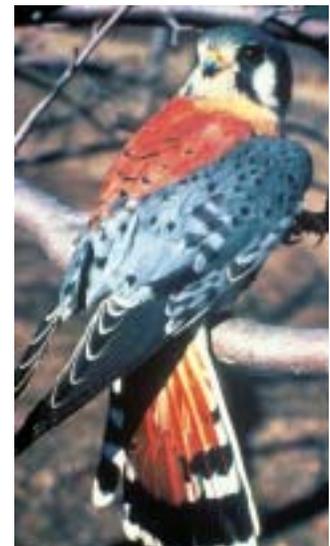
Thank you for your support of Acadia National Park. We couldn't do it without you.



winter months. Depending on food availability, black bears enter their dens from mid-October to late November.

Birds also begin to prepare for winter, but using a totally different method: migration. During late summer and fall, warblers and other summer residents head south for warmer climates. Each year, thousands of migrating birds of prey—including osprey, sharp-shinned hawks, bald eagles, American kestrels, and others—soar high above Cadillac Mountain during their migration southward. You can join park staff atop Cadillac Mountain for Hawkwatch from 9 a.m. to 2 p.m. daily until October 13, 2004. Don't miss this chance to experience one of nature's fall spectacles.

Fall is a time of change for all living things in Acadia National Park. As you explore the park, take some time to observe what's happening around you. Enjoy the brilliant red hue of huckleberry bushes contrasting with granite mountains. Watch nature in action as raptors follow air currents high over your head. Go for a hike in the crisp air. Remember, though, that fall changes are only the precursor to what comes next—winter!



An American Kestrel (*Falco sparverius*) is one of the many migrating raptors that can be seen during Hawkwatch. Photo by USFWS/Dave Menke.

### Hawkwatch Records

Twelve species of birds of prey have been recorded migrating through Acadia National Park. The most common are listed here in order of their abundance.

Species	Average per Year
Sharp-shinned Hawk	999
American Kestrel	722
Broad-winged Hawk	204
Osprey	140
Bald Eagle	82
Northern Harrier	74
Merlin	55
Red Tailed Hawk	53

Note: Hawkwatch data have been collected at Acadia National Park since 1995.

# Ranger-Led Program Descriptions

## Walks, Talks, and Hikes

<p><b>Acadia's Birds</b></p>	<p>Find, identify, and discuss some of Acadia's fascinating residents. Bring binoculars. Expect motor travel to various points in the park. Sieur de Monts Nature Center. (3 hours, easy)</p>	<p><b>Secrets of the Summit</b></p>	<p>Unlock secrets that reveal the many changes people have made on the summit of Cadillac Mountain. South Ridge Trail. (45 minutes, easy ½-mile walk)</p>
<p><b>Animals of Acadia</b></p>	<p>Deer? Moose? Snakes? Discover the animals you might and might not see in the park. Sieur de Monts Nature Center. (1 hour, talk)</p>	<p><b>World of the Beavers</b></p>	<p>Join us at dusk to learn about and look for these amazing animal architects. *Make reservations at Hulls Cove Visitor Center or by calling 207-288-8832. (2 hours, easy walk)</p>
<p><b>At the Summit</b></p>	<p>Enjoy the views from atop Cadillac Mountain and gain a new perspective on Acadia's beauty. Cadillac Summit parking area. (1 hour, easy ½-mile walk)</p>	<p><b>Written in the Rocks</b></p>	<p>Hike to a dramatic headland for a look at the geologic processes that created Acadia's scenery. Sand Beach parking area. (3 hours, moderate 2-mile hike)</p>
<p><b>Autumn Leaves</b></p>	<p>As the season turns, walk with a ranger along a historic carriage road to learn about Acadia's trees and plants. Eagle Lake parking area. (2 hours, easy 1- to 2-mile walk)</p>	<hr/> <p><b>Boat Cruises</b></p> <p><i>Park rangers interpret the park from three commercial boats. Please make reservations with boat owners and wear warm clothing. Boat owners can tell you more about accessibility on their boats, as well as other trips not listed below.</i></p>	
<p><b>Beech Mountain Hike</b></p>	<p>Walk through emerald forests and blueberry patches to Beech Mountain's granite summit for panoramic views of Acadia's island-studded coast. Beech Mountain parking area. (3 hours, moderate 2-mile hike)</p>	<p><b>Dive-In Theater Boat Cruise</b></p>	<p>Cruise with a ranger through the beautiful islands of Frenchman Bay, looking for seals, porpoises, and coastal bird life. Watch real-time video as a diver searches the bottom for marine life to bring aboard the boat for an up-close and personal look. Harborside Inn Pier, Bar Harbor. Fee: \$33.50 adults, \$28.50 seniors, \$23.50 children 6-12, \$8.50 children under 5. Reservations: 207-288-3483. (2 hours)</p>
<p><b>Blanket of Ice</b></p>	<p>Ascend the steep side of an ice-carved valley to read the glacial record. Tarn parking area. (2½ hours, strenuous 2-mile hike)</p>	<p><b>Frenchman Bay Cruise</b></p>	<p>Cruise Frenchman Bay on a 151-foot, four-masted schooner in search of wildlife and history. Fee: \$29.50 adults, \$27.50 seniors, \$19.50 children under 12. Group rates (15 or more) are \$22.50 per person. Bar Harbor Inn Pier. Reservations: 207-288-4585. (2 hours)</p>
<p><b>Forests of Lilliput</b></p>	<p>Explore the fascinating world of mosses, ferns, lichens, and fungi. Beech Mountain parking area. (2 hours, easy 1- to 2-mile walk)</p>	<p><b>Islesford Historical Cruise</b></p>	<p>Discover the intimate relationship between people and the land and sea. Search for wildlife while cruising to the Cranberry Isles, then land on Little Cranberry Island to sample island life and visit the Islesford Historical Museum. Municipal Pier, Northeast Harbor. Fee: \$18 adults, \$12 children under 12, free children under 4. Reservations: 207-276-5352. (2¼ hours)</p>
<p><b>Gorham Mountain Hike</b></p>	<p>Be rewarded with views of Acadia's coastline from a granite mountaintop. Be prepared for rocky trail conditions. Gorham Mountain parking area. (2½ hours, moderate 2-mile hike)</p>	<hr/> <p><b>Amphitheater Programs</b></p> <p><i>One-hour amphitheater programs take place at Blackwoods Campground many nights this fall. Parking is available for non-campers. Calendars at the campground and information centers list the specific program offered that night. Below are descriptions of some of the programs offered.</i></p>	
<p><b>Hawkwatch</b></p>	<p>Join rangers and volunteers for on-site observation and discussion of migrating birds of prey. Stop by anytime between 9 a.m. and 2 p.m., weather permitting. Binoculars helpful. From the east side of Cadillac Summit parking area, walk 200 yards along the North Ridge Trail to the Hawkwatch site. (easy)</p>	<p><b>Encounters at Sea</b></p>	<p>Voyage through time and discover what life was like for sailors of old, fathoming the creatures (real and imagined) that they encountered.</p>
<p><b>Knowing the Night</b></p>	<p>Use your senses to explore the mystery of the night world. For adults and children 8 and older. Wear closed-toed shoes and layered clothing. Fee: \$10 adults, \$5 children under 12. Make reservations at park headquarters (8 a.m. to 4:30 p.m. M-F) no more than 3 business days in advance. (2 hours, easy walk)</p>	<p><b>Forces of Nature</b></p>	<p>Discover Acadia National Park's agents of chaos: storms, fire, and ice. Are they natural disasters, or are they makers of majesty?</p>
<p><b>Life Between the Tides</b></p>	<p>Roll up your sleeves and investigate the fascinating world where ocean meets land. Ship Harbor parking area. (2½ hours, moderate 1.3-mile walk)</p>	<p><b>Music and Time</b></p>	<p>Explore Acadia's past and present through music and song.</p>
<p><b>Mr. Rockefeller's Bridges</b></p>	<p>Follow tree-lined carriage roads to beautiful stone bridges. *Make reservations at Hulls Cove Visitor Center or by calling 207-288-8832. (2½ hours, moderate, 1½-mile hike)</p>	<p><b>West Side Story</b></p>	<p>Discover Acadia's wild side! Travel along the trails and waterways of the park's western half, following in the footsteps of those who left their mark on this area.</p>
<p><b>Otter Point Walk</b></p>	<p>Explore where the land meets the sea. Gorham Mountain parking area. (2 hours, easy to moderate 2-mile hike)</p>	<hr/> <p><b>Encounters at Sea</b></p> <p>Voyage through time and discover what life was like for sailors of old, fathoming the creatures (real and imagined) that they encountered.</p>	
<p><b>Riding the Roads</b></p>	<p>Join a ranger for a bike ride along Acadia's historic and scenic carriage roads. For adults and youth 14 and older. Children must be accompanied by an adult. Bring your own bike, water, and layered clothing. Helmets required. Fee: \$15 adults, \$10 youth 14-16. Make reservations at park headquarters (8 a.m. to 4:30 p.m. M-F) no more than 3 business days in advance. (3 hours, moderate)</p>	<hr/> <p><b>Forces of Nature</b></p> <p>Discover Acadia National Park's agents of chaos: storms, fire, and ice. Are they natural disasters, or are they makers of majesty?</p>	

 Wheelchair Accessible

 Fee Program

 Suggested Island Explorer bus to take to program. Buses run until October 11, 2004.

\* Reservations can be made only 3 days in advance.

Program schedule on pages 5 and 6.

# Autumn Program Schedule (continued on page 6)

## Wednesday, September 1

7 a.m. Acadia's Birds  
 9 a.m. - 2 p.m. Hawkwatch  
 9 a.m. Mr. Rockefeller's Bridges  
 9 a.m. Written in the Rocks  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Secrets of the Summit  
 2:30 p.m. Autumn Leaves  
 3 p.m. At the Summit  
 3:30 p.m. Life Between the Tides  
 variable World of the Beavers

## Thursday, September 2

9 a.m. - 2 p.m. Hawkwatch  
 9 a.m. Riding the Roads  
 9:30 a.m. Blanket of Ice  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Dive-In Theater  
 2 p.m. Beech Mountain Hike  
 3 p.m. At the Summit  
 7:30 p.m. Amphitheater Program

## Friday, September 3

8 a.m. Life Between the Tides  
 9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Secrets of the Summit  
 2 p.m. Animals of Acadia  
 2:30 p.m. Otter Point Walk  
 3 p.m. At the Summit  
 7:30 p.m. Amphitheater Program

## Saturday, September 4

9 a.m. - 2 p.m. Hawkwatch  
 9 a.m. Life Between the Tides  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Secrets of the Summit  
 2 p.m. Forests of Lilliput  
 2 p.m. Gorham Mountain Hike  
 2:30 p.m. Autumn Leaves  
 3 p.m. At the Summit  
 7:30 p.m. Amphitheater Program

## Sunday, September 5

9 a.m. - 2 p.m. Hawkwatch  
 9 a.m. Life Between the Tides  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1 p.m. Written in the Rocks  
 2 p.m. Autumn Leaves  
 3 p.m. At the Summit  
 variable World of the Beavers

## Monday, September 6

7 a.m. Acadia's Birds  
 9 a.m. - 2 p.m. Hawkwatch  
 9 a.m. Life Between the Tides  
 9:30 a.m. Beech Mountain Hike  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Secrets of the Summit  
 2 p.m. Autumn Leaves  
 2 p.m. Gorham Mountain Hike  
 3 p.m. At the Summit



## Tuesday, September 7

9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Otter Point Walk  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Dive-In Theater  
 1:30 p.m. Secrets of the Summit  
 2 p.m. Blanket of Ice  
 2 p.m. Forests of Lilliput  
 3 p.m. At the Summit  
 7:30 p.m. Amphitheater Program  
 variable World of the Beavers

## Wednesday, September 8

9 a.m. - 2 p.m. Hawkwatch  
 9 a.m. Mr. Rockefeller's Bridges  
 9 a.m. Written in the Rocks  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1 p.m. Life Between the Tides  
 1:30 p.m. Secrets of the Summit  
 2 p.m. Autumn Leaves  
 3 p.m. At the Summit  
 variable World of the Beavers

## Thursday, September 9

9 a.m. - 2 p.m. Hawkwatch  
 9 a.m. Riding the Roads  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Dive-In Theater  
 2 p.m. Animals of Acadia  
 3 p.m. At the Summit  
 7:30 p.m. Amphitheater Program

## Friday, September 10

9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Secrets of the Summit  
 2 p.m. Life Between the Tides  
 2:30 p.m. Otter Point Walk  
 3 p.m. At the Summit  
 7:30 p.m. Amphitheater Program  
 variable Knowing the Night

## Saturday, September 11

7 a.m. Acadia's Birds  
 9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Secrets of the Summit  
 2 p.m. Autumn Leaves  
 2 p.m. Gorham Mountain Hike  
 3 p.m. At the Summit  
 7:30 p.m. Amphitheater Program

## Sunday, September 12

9 a.m. - 2 a.m. Hawkwatch  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1 p.m. Written in the Rocks  
 1:30 p.m. Secrets of the Summit  
 2 p.m. Forests of Lilliput  
 2:30 p.m. Otter Point Walk  
 variable World of the Beavers

## Monday, September 13

7 a.m. Acadia's Birds  
 9 a.m. - 2 p.m. Hawkwatch  
 9 a.m. Beech Mountain Hike  
 10 a.m. Autumn Leaves  
 1:30 p.m. Secrets of the Summit  
 2 p.m. Gorham Mountain Hike  
 3 p.m. At the Summit  
 3 p.m. Life Between the Tides  
 7:30 p.m. Amphitheater Program

## Tuesday, September 14

9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Dive-In Theater  
 2 p.m. Otter Point Walk  
 3 p.m. At the Summit

## Wednesday, September 15

9 a.m. - 2 p.m. Hawkwatch  
 9 a.m. Mr. Rockefeller's Bridges  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 10 a.m. Autumn Leaves  
 1:30 p.m. Secrets of the Summit  
 2 p.m. Written in the Rocks  
 3 p.m. Life Between the Tides  
 3 p.m. At the Summit  
 variable World of the Beavers

## Thursday, September 16

9 a.m. - 2 p.m. Hawkwatch  
 9 a.m. Otter Point Walk  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Dive-In Theater  
 2 p.m. Animals of Acadia  
 2 p.m. Blanket of Ice  
 3 p.m. At the Summit  
 7:30 a.m. Amphitheater Program  
 variable World of the Beavers

## Friday, September 17

9 a.m. - 2 p.m. Hawkwatch  
 9 a.m. Riding the Roads  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Secrets of the Summit  
 2 p.m. Beech Mountain Hike  
 3 p.m. At the Summit  
 7:30 p.m. Amphitheater Program  
 variable Knowing the Night

## Saturday, September 18

7 a.m. Acadia's Birds  
 8 a.m. Life Between the Tides  
 9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Frenchman Bay Cruise  
 1:30 p.m. Secrets of the Summit  
 2 p.m. Autumn Leaves  
 2 p.m. Gorham Mountain Hike  
 7:30 p.m. Amphitheater Program

## Sunday, September 19

9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Otter Point Walk  
 1 p.m. Written in the Rocks  
 1:30 p.m. Secrets of the Summit  
 2 p.m. Forests of Lilliput  
 variable World of the Beavers

## Monday, September 20

7 a.m. Acadia's Birds  
 9 a.m. Beech Mountain Hike  
 9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Autumn Leaves  
 2 p.m. Gorham Mountain Hike  
 3 p.m. At the Summit

## Tuesday, September 21

9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Dive-In Theater  
 1:30 p.m. Secrets of the Summit  
 2 p.m. Blanket of Ice  
 2 p.m. Otter Point  
 3 p.m. At the Summit  
 7:30 p.m. Amphitheater Program



# Autumn Program Schedule (continued from page 5)

## Wednesday, September 22

9 a.m. - 2 p.m. Hawkwatch  
 9 a.m. Mr. Rockefeller's Bridges  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Secrets of the Summit  
 2 p.m. Autumn Leaves  
 2 p.m. Written in the Rocks  
 variable World of the Beavers

## Thursday, September 23

9 a.m. - 2 p.m. Hawkwatch  
 9 a.m. Otter Point Walk  
 9 a.m. Riding the Roads  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Dive-In Theater  
 3 p.m. At the Summit  
 7:30 p.m. Amphitheater Program

## Friday, September 24

9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Secrets of the Summit  
 2 p.m. Beech Mountain Hike  
 3 p.m. At the Summit  
 7:30 p.m. Amphitheater Program  
 variable Knowing the Night

## Saturday, September 25

7 a.m. Acadia's Birds  
 9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Frenchman Bay Cruise  
 1:30 p.m. Secrets of the Summit  
 2 p.m. Autumn Leaves  
 2 p.m. Gorham Mountain Hike  
 7:30 p.m. Amphitheater Program

## Sunday, September 26

9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Otter Point Walk  
 1 p.m. Written in the Rocks  
 1:30 p.m. Secrets of the Summit  
 2 p.m. Forests of Lilliput  
 variable World of the Beavers

## Monday, September 27

7 a.m. Acadia's Birds  
 9 a.m. - 2 p.m. Hawkwatch  
 9 a.m. Blanket of Ice  
 10 a.m. Autumn Leaves  
 2 p.m. Gorham Mountain Hike  
 3 p.m. At the Summit  
 7:30 p.m. Amphitheater Program

## Tuesday, September 28

9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Dive-In Theater  
 1:30 p.m. Secrets of the Summit  
 2 p.m. Otter Point Walk  
 3 p.m. At the Summit  
 7:30 p.m. Amphitheater Program

## Wednesday, September 29

9 a.m. - 2 p.m. Hawkwatch  
 9 a.m. Mr. Rockefeller's Bridges  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Secrets of the Summit  
 2 p.m. Autumn Leaves  
 2 p.m. Written in the Rocks  
 7:30 p.m. Amphitheater Program

## Thursday, September 30

9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Dive-In Theater  
 3 p.m. At the Summit  
 variable World of the Beavers

## Friday, October 1

9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Islesford Historical Cruise  
 2 p.m. At the Summit  
 2 p.m. Written in the Rocks  
 7:30 p.m. Amphitheater Program

## Saturday, October 2

7 a.m. Acadia's Birds  
 9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Frenchman Bay Cruise  
 11 a.m. At the Summit  
 2 p.m. Otter Point Walk  
 2:30 p.m. Autumn Leaves

## Sunday, October 3

9 a.m. - 2 p.m. Hawkwatch  
 9 a.m. Written in the Rocks  
 1 p.m. Blanket of Ice  
 2 p.m. Autumn Leaves  
 2 p.m. Secrets of the Summit  
 variable World of the Beavers

## Monday, October 4

9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Otter Point Walk  
 11 a.m. At the Summit  
 2:30 p.m. Mr. Rockefeller's Bridges

## Tuesday, October 5

9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Dive-In Theater  
 2 p.m. At the Summit  
 2:30 p.m. Forests of Lilliput

## Wednesday, October 6

7 a.m. Acadia's Birds  
 9 a.m. Autumn Leaves  
 9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Islesford Historical Cruise  
 2 p.m. Secrets of the Summit

## Thursday, October 7

9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 1:30 p.m. Dive-In Theater  
 2 p.m. Otter Point Walk  
 3 p.m. At the Summit

## Friday, October 8

9 a.m. - 2 p.m. Hawkwatch  
 2 p.m. At the Summit  
 2 p.m. Written in the Rocks  
 7:30 p.m. Amphitheater Program

## Saturday, October 9

7 a.m. Acadia's Birds  
 9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Frenchman Bay Cruise  
 10 a.m. Islesford Historical Cruise  
 2 p.m. Secrets of the Summit  
 2:30 p.m. Autumn Leaves

## Sunday, October 10

9 a.m. - 2 p.m. Hawkwatch  
 9 a.m. Written in the Rocks  
 10 a.m. Islesford Historical Cruise  
 2 p.m. Autumn Leaves  
 2 p.m. Secrets of the Summit  
 2:30 p.m. Otter Point Walk

## Monday, October 11

9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Islesford Historical Cruise  
 11 a.m. At the Summit  
 2 p.m. Blanket of Ice

## Tuesday, October 12

7 a.m. Acadia's Birds  
 9 a.m. - 2 p.m. Hawkwatch  
 10 a.m. Frenchman Bay Cruise  
 2 p.m. At the Summit  
 2:30 p.m. Forests of Lilliput

## Wednesday, October 13

9 a.m. Autumn Leaves  
 9 a.m. - 2 p.m. Hawkwatch  
 11 a.m. At the Summit  
 2 p.m. Secrets of the Summit  
 2:30 p.m. Mr. Rockefeller's Bridges

## Thursday, October 14

7 a.m. Acadia's Birds  
 10 a.m. Frenchman Bay Cruise  
 2 p.m. Otter Point Walk  
 variable World of the Beavers

## Friday, October 15

9 a.m. Written in the Rocks  
 2 p.m. At the Summit

## Saturday, October 16

7 a.m. Acadia's Birds  
 10 a.m. Frenchman Bay Cruise  
 2 p.m. Autumn Leaves  
 2 p.m. Secrets of the Summit

## Program Locations

**Beech Mountain parking area** – Southern tip of Beech Hill Road  
**Blackwoods Campground** – Route 3 south of Otter Creek  
**Cadillac Summit parking area** – Top of Cadillac Mountain  
**Eagle Lake parking area** – Route 233 west of Bar Harbor  
**Gorham Mountain parking area** – Park Loop Road south of Sand Beach  
**Hulls Cove Visitor Center** – Route 3 north of Bar Harbor  
**North Ridge Trail** – Cadillac Mountain Summit  
**Sand Beach parking area** – Park Loop Road  
**Ship Harbor parking area** – Route 102A east of Bass Harbor  
**Sieur de Monts Nature Center** – Route 3 at Sieur de Monts entrance of Park Loop Road  
**South Ridge Trail** – Cadillac Mountain Summit  
**Tarn parking area** – Route 3 just south of entrance to Sieur de Monts

## Program Reminders

- Contact park staff regarding accessible facilities, services, and programs.



- Please escort your children on organized walks and hikes. Parents are responsible for the safety and behavior of their children.
- Be sure to carry water and wear appropriate shoes and clothing on hikes.
- Please do not bring pets on ranger-led programs or to amphitheatres.

# Park Concessions

Two park concessions offer services to visitors within Acadia National Park. **Acadia Corporation** operates gift shops at Cadillac Mountain, Thunder Hole, and Jordan Pond. Visit the Jordan Pond House for traditional tea and popovers, or a full lunch or dinner. The shops and restaurant are open until October 24, 2004. For reservations, contact the Jordan Pond House at 207-276-3316.



Enjoy tea and popovers on the lawn at the Jordan Pond House with its spectacular views of Jordan Pond and the Bubbles.

**Wildwood Stables**, located one mile southeast of Jordan Pond, features horse-drawn carriage tours along Acadia's historic carriage roads. Enjoy scenic vistas and cool forests on your narrated tour. Private tours and stabling for your personal horse are also available. Tours available until October 11. For information, contact Wildwood Stables at 207-276-3622.



Explore the scenic carriage roads of Acadia National Park on a horse-drawn carriage tour.

# Eastern National

Looking for a guide to plants in the northeastern United States? Trying to find something to keep your kids occupied on a rainy day? Why not check out the Eastern National bookstores in the park? They carry a wide variety of educational items, including books about the park's natural and cultural history, children's stories, and travel; maps; videos; notecards; and more. Eastern National bookstores are located at Hulls Cove Visitor Center, which offers the largest selection of items, Sieur de Monts Nature Center, park headquarters, Blackwoods Campground, and Islesford Historical Museum.

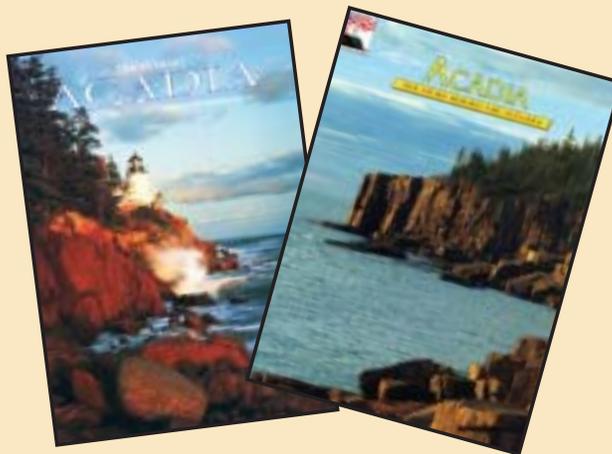
Eastern National is a nonprofit agency that provides quality educational products and services to America's national parks and other public trusts. Eastern National's contributions have benefited parks and visitors by supporting research, educational, and interpretive projects and by funding publications. Joining Eastern National supports your parks and gives you 15% off merchandise in any Eastern National store. For more information, visit [www.easternnational.org](http://www.easternnational.org).



## Discover the Story of Acadia National Park

Want to learn more about Acadia National Park and its cultural and natural resources? Visit Eastern National outlets in the park to purchase a copy of *Discovering Acadia: An Introduction to the Park and Its Environment* or *Acadia: The Story Behind the Scenery*.

Both books offer spectacular images of Acadia's rugged coastline, wooded mountains, and scenic lakes and streams. Discover the plants and animals that call Acadia home. Learn about the geology of Mount Desert Island and the history of Acadia National Park. Pick up your copy today!



# Friends of Acadia

Friends of Acadia is a private, nonprofit organization dedicated to ensuring the long-term protection of the natural and cultural resources of Acadia National Park and its region. To meet this aim, Friends of Acadia channels private donations to conservation and historic preservation projects in the park, monitors planning and legislative activities affecting Acadia, and publishes the *Friends of Acadia Journal*.

For more information about Friends of Acadia, please contact:

Friends of Acadia  
P.O. Box 45  
Bar Harbor, ME 04609  
800-625-0321 - Phone  
<http://www.foacadia.org>



# WANTED by Acadia National Park



## Volunteers

**Aliases:** Friend, Helper, Protector of the Environment, Preserver of Acadia.

**Description:** Anyone willing and able to perform much-needed tasks that help Acadia maintain its trails and carriage roads.

**Characteristics:** Generous, kind, giving, selfless, committed, motivated, dedicated.

**Work includes:**

- Cutting back vegetation.
- Clearing drainages.
- Meeting new friends.
- Getting outdoor exercise.
- Feeling a sense of accomplishment.
- Giving community service.

**Commitment:** About 4 hours from 8:30 a.m. - 12:30 p.m.

**If you are this person, bring:**

- Water
- Snacks
- Lunch
- Work gloves and tools are provided.

**When:** Tuesday, Thursday, and Saturday through mid-October, weather permitting.

**Where:** Locations vary, so please call for more information: 207-288-3934 or 207-288-3340.

**Annual volunteer events include:**

- Take Pride in Acadia Day on the first Saturday in November (11/6/04)
- Earth Day Roadside Cleanup on the last Saturday in April (4/30/05)
- National Trails Day on the first Saturday in June (6/4/05)

Volunteers make valuable contributions to communities, organizations, and individuals throughout the country. National Park Service (NPS) volunteers come from all over to help preserve and protect America's natural and cultural heritage for the enjoyment of this and future generations. They contribute time and expertise that help us achieve the NPS mission.

For volunteer opportunities at other National Park Service sites, visit [www.nps.gov/volunteer](http://www.nps.gov/volunteer).

# Watching for Wildlife

Like national parks throughout the country, Acadia offers many opportunities for observing wildlife. Deer browse alongside the Park Loop Road, songbirds dart through forests of peeling birch trees, raptors circle high overhead. Because of Acadia's small size and proximity to towns and residential areas, these animals often come in close contact with people. Each of us must do our part to ease this contact, helping ensure the safety and health of wild animals. When you encounter wildlife in the park, remember these things:

- Never feed wild animals. Human food can make them ill and create beggar animals that no longer retain a healthy fear of humans.
- Keep your distance. Do not approach wild animals. If you suddenly find yourself too close, back away and give them room to escape. Use binoculars to get a close-up view.
- Watch for wildlife along roads, especially at dusk and dawn. Pay close attention, as they may not see you.
- Keep your dog on a leash at all times for the protection of the wildlife and your pet.

Don't forget: Acadia National Park is their home. Let's do what we can to make it a safe place for them to live.



Feeding raccoons and other wildlife can create beggar animals that lose their fear of humans, endangering their lives and ours. Please secure your food, dispose of trash properly, and do not feed wild animals. Photo by USFWS/Dave Menke.

## Protect Your Park

- Protect fragile plant life by staying on trails.
- Leave what you find. Removing natural and historic objects such as beach cobbles, flowers, starfish, and antlers degrades the park and is illegal!
- All pets must be on a leash no longer than 6 feet for the protection of your pet, other visitors, and wildlife. Remember that some trails and all beaches are closed to pets.
- Pack it in. Pack it out. Carry out anything you have brought into the park. Better yet, carry out any other litter you find, too!
- Keep wildlife wild. Wild animals fed by people often starve in winter, are hit by cars, or become dangerous pests.
- Trail markers (cairns) are carefully maintained by the park. Please do not remove or add to these as altering cairns can cause hikers to become lost.
- Protect water sources. Do not swim in bodies of water marked as water supplies.
- Camping and fires are only allowed in designated areas.
- Skateboards, rollerblades, and similar devices are prohibited in the park.



## The National Park Service cares for special places saved by the American people so that all may Experience Our Heritage

September/October 2004 Tide Chart

Sept.	High Tide		Low Tide		Sunrise	Sunset	Oct.	High Tide		Low Tide		Sunrise	Sunset
	AM	PM	AM	PM				AM	PM	AM	PM		
1	12:44	1:10	7:00	7:22	5:56	7:08	1	1:07	1:21	7:13	7:41	6:31	6:13
2	1:31	1:54	7:44	8:09	5:57	7:07	2	1:50	2:02	7:54	8:25	6:32	6:11
3	2:18	2:39	8:29	8:57	5:58	7:05	3	2:34	2:44	8:36	9:11	6:34	6:09
4	3:06	3:25	9:14	9:48	5:59	7:03	4	3:21	3:31	9:22	10:00	6:35	6:07
5	3:57	4:13	10:02	10:41	6:01	7:01	5	4:12	4:22	10:12	10:55	6:36	6:06
6	4:51	5:06	10:54	11:37	6:02	6:59	6	5:08	5:19	11:09	11:53	6:37	6:04
7	5:49	6:03	11:50	-	6:03	6:58	7	6:07	6:19	-	12:09	6:38	6:02
8	6:49	7:02	12:37	12:50	6:04	6:56	8	7:05	7:17	12:51	1:08	6:40	6:00
9	7:47	7:59	1:35	1:48	6:05	6:54	9	7:58	8:11	1:46	2:03	6:41	5:58
10	8:41	8:51	2:30	2:41	6:06	6:52	10	8:45	8:59	2:34	2:51	6:42	5:57
11	9:28	9:38	3:18	3:29	6:08	6:50	11	9:27	9:43	3:18	3:36	6:43	5:55
12	10:09	10:20	4:01	4:12	6:09	6:48	12	10:06	10:25	3:58	4:17	6:45	5:53
13	10:47	10:59	4:40	4:51	6:10	6:46	13	10:44	11:05	4:36	4:58	6:46	5:51
14	11:23	11:36	5:16	5:29	6:11	6:45	14	11:22	11:47	5:14	5:38	6:47	5:50
15	11:58	-	5:51	6:07	6:12	6:43	15	-	12:01	5:52	6:21	6:48	5:48
16	12:14	12:34	6:26	6:46	6:13	6:41	16	12:30	12:44	6:34	7:06	6:50	5:46
17	12:54	1:12	7:03	7:28	6:15	6:39	17	1:17	1:30	7:19	7:56	6:51	5:45
18	1:37	1:54	7:44	8:14	6:16	6:37	18	2:07	2:21	8:08	8:51	6:52	5:43
19	2:24	2:41	8:29	9:05	6:17	6:35	19	3:03	3:19	9:04	9:51	6:54	5:41
20	3:16	3:34	9:19	10:03	6:18	6:33	20	4:06	4:23	10:08	10:58	6:55	5:40
21	4:15	4:34	10:18	11:07	6:19	6:31	21	5:14	5:34	11:19	-	6:56	5:38
22	5:21	5:41	11:24	-	6:20	6:30	22	6:24	6:45	12:07	12:31	6:57	5:36
23	6:32	6:52	12:17	12:36	6:22	6:28	23	7:30	7:52	1:14	1:40	6:59	5:35
24	7:41	8:01	1:27	1:46	6:23	6:26	24	8:30	8:53	2:15	2:42	7:00	5:33
25	8:44	9:04	2:31	2:51	6:24	6:24	25	9:23	9:47	3:10	3:37	7:01	5:32
26	9:41	10:00	3:29	3:49	6:25	6:22	26	10:11	10:36	4:00	4:26	7:03	5:30
27	10:31	10:51	4:20	4:41	6:26	6:20	27	10:54	11:21	4:44	5:12	7:04	5:29
28	11:17	11:39	5:07	5:29	6:28	6:18	28	11:35	-	5:26	5:54	7:05	5:27
29	-	12:00	5:51	6:14	6:29	6:16	29	12:03	12:13	6:06	6:35	7:07	5:26
30	12:23	12:41	6:32	6:58	6:30	6:15	30	12:44	12:51	6:44	7:15	7:08	5:24
							31	1:24	12:29	6:23	6:55	6:09	4:23

Sources: U.S. Naval Observatory (tides) and National Oceanic and Atmospheric Administration (sunrise/sunset). Both tide and sunrise/sunset times are for Bar Harbor. Adjustments for other locations or elevations may be necessary.

## Protect Yourself

- Always carry water, a map, adequate clothing, a first aid kit, and a flashlight while hiking.
- Darkness comes early in the fall; be prepared.
- Be careful near cliff edges, especially if rock surfaces are wet.
- Remain in one place if you become lost or separated from your group.
- Always wear a helmet when riding a bike. Obey all traffic laws, including one-way signs.
- Check for ticks, as Lyme disease can occur in this area. If walking through tall grass, consider wearing long pants and using insect repellent.
- Drive safely. The speed limit is 35 mph in the park unless otherwise noted. It is easy to get distracted by the scenery—pay attention.
- Do not leave valuables in your vehicle.
- Yield to wildlife on roads. Give them plenty of room and remain at a safe distance.
- Remember: When in doubt, ask a ranger first!