



Beaver Log

The official newspaper of
Acadia National Park

September/October 2008

Photo by Betsy Banks

Change Is in the Air

As long August days transition into September, we enter a new time in Acadia. The sun sets earlier each day (and rises later, too—good news for sunrise seekers!). The temperatures are cooler, and the air is crisp. The summer crowds have thinned out. It's a time of change in the park for animals, plants, and people alike. Some changes are subtle, barely noticeable. Others are more evident; all are worth exploring.

Fall days in Maine can be perfect—sunny and warm—tempting us to believe that winter really isn't around the corner. As much as we may wish that were true, cooler weather inevitably sets in. Bring layered clothing, and you'll stay comfortable during your outdoor activities in the park.

In addition to cooler temperatures, fall brings noticeably "shorter" days. On September 1, the sun sets at 7:08 p.m. By October 31, sunset is 5:23 p.m. This means a lot less daylight for your park adventures. If you are out hiking or biking in the park, plan your day to return before sunset.

During explorations outside, you can't miss the fall colors painted across the mountains and valleys of Mount Desert Island. As the hours of daylight decrease and temperatures begin to fall, the chemical composition of leaves begins to change. Leaves stop their food-making process, and chlorophyll, which gives them their green color, breaks down. Other colors—rich reds, vibrant yellows, and deep oranges—are now on display. Fall colors are at their most brilliant after a succession of warm, sunny days and cool, crisp nights. Although timing varies each year, peak foliage can often be found in the park in early to mid-October.



Berries and leaves explode with color throughout Acadia National Park and in this scene near Jordan Pond. Photo by NPS/Todd M. Edgar.

The changes of fall affect wildlife too. Animals like deer and moose breed in the fall; you may find "buck rubs" on trees where male deer mark their territories with their antlers. Hibernators like black bears begin a period of intense feeding, helping put on a layer of fat that will keep them alive during the cold winter. Porcupines begin to search for more nutritional foods; in the fall you can find them grazing on new growth along roadsides. Beavers stockpile branches and small trees near their winter lodges. Look closely, and you may see new sticks and fresh mud on their lodges and dams.

Birds also begin to prepare for winter, but using a totally different method: migration. During late summer and fall, warblers and other summer residents head south for warmer climates. If you're near the ocean at night, listen for migrating birds traveling past rocky headlands. Each year, thousands of migrating hawks—including broad-winged hawks, sharp-shinned hawks, American kestrels, and others—soar high above Cadillac Mountain during their migration southward. Join park staff and volunteers atop Cadillac Mountain for HawkWatch from 9 a.m. to 2 p.m. daily until early October to test your hawk-identification skills and learn more about these birds of prey.

Fall is a time of change for all living things in Acadia National Park. As you explore the park, take some time to look around you. Enjoy the brilliant red hue of huckleberry bushes contrasting sharply with lichen-covered granite. Watch nature in action as raptors follow air currents high over your head. But don't forget: Fall changes are only the precursor to what comes next—winter!



Gorham Mountain colors can make for a beautiful hike. Be sure to account for early sunsets when planning fall hikes. Photo by NPS/Ginny Reams.

Road Trip



Saint Croix International Historic Site includes larger-than-life bronze statues to tell the tale of early European settlers. Photos by NPS/Meg Scheid (top) and NPS/Robert Thayer (bottom).

Explore history and culture in Maine's only other National Park Service site—Saint Croix Island International Historic Site (IHS).

Just three hours away from Acadia, Saint Croix Island IHS commemorates one of the earliest European settlements in North America. On the mainland, exhibits and bronze figures tell the story of the French colonists and Native Americans who once frequented this site. Walk in their footsteps along the interpretive trail overlooking the island. Visits to the island are not encouraged due to its fragile nature.

The site is located on U.S. Route 1, eight miles south of Calais, Maine. Restrooms and a picnic area are available. To learn more, visit the park website at www.nps.gov/sacr.

Pages 2-3 Happenings

Find out what's going on this fall. See pages 2-3 for details about park closures, fee information, and facilities and services that will help you plan your trip. Learn more about activities for kids and important tips to help you have a safe visit.

Pages 4-5 Programs

Whether you are feeling adventurous and want to explore the park on foot or would rather sit back and relax while you learn, you can find a ranger-led program to suit your interests. Park rangers offer walks, talks, hikes, boat tours, amphitheater programs, and more. Join us on a program today!

Page 8 Tips

Wondering what's the best time to explore the intertidal zone or watch sunset from Cadillac Mountain? Looking for ideas to help protect the park's plants and animals as you explore? Check out the tide chart, sunrise/sunset times, and tidepooling tips on page 8.

- **Important Information.** . . . 2-3
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Closures

Nightly Closures

To protect park resources, the following areas are closed at dark.

- Bass Harbor Head Lighthouse is closed to visitors and vehicles.
- Carroll Homestead, Lake Wood, and Thompson Island Picnic Area are closed to vehicles.

Construction

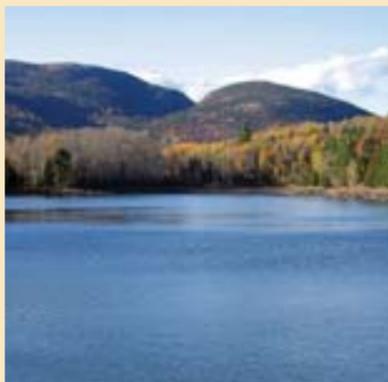
The Jordan Pond House area will be under construction starting October 1. After October 13, there will be no bus parking. The Jordan Pond House restaurant and gift shop will remain open until they close for the season (see page 7).

Other Closures

The East Face Trail on Champlain Mountain is closed due to extensive damage from an October 2006 earthquake.

Where Am I?

Hundreds of people pass over this stone bridge every day, but few stop to enjoy the views like the one below. Do you know where in the park this structure is located?



See page 6 for the answer. Photo by NPS/Todd M. Edgar.



National Park Service
U.S. Department of the Interior

Acadia National Park protects more than 47,000 acres of granite-domed mountains, woodlands, lakes and ponds, and ocean shoreline, creating striking scenery and diverse habitats. This varied environment combines with a rich cultural history to create unparalleled scientific, educational, and recreational opportunities in a spectacular setting.

Acadia National Park

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EXPERIENCE YOUR AMERICA™

Fall Explorations in Acadia

Activities

Hiking

More than 120 miles of hiking trails offer something for everyone. Pick up a guide to the most popular trails, rated by difficulty, at the visitor center or campgrounds. Always carry a detailed hiking map, available for purchase at the visitor center, for longer hikes.

Junior and Senior Ranger Programs

Learn about the park while you complete Junior Ranger program activities and earn a patch. Junior Ranger booklets are free this year and available at the visitor center or campgrounds. A Senior Ranger program is available for ages 18 and over.

Ranger-Led Programs

Join us for boat cruises, evening programs, mountain hikes, short talks, and nature walks. For a schedule, see pages 4–5.

Scenic Drives

Drive 27 miles on the Park Loop Road and Cadillac Mountain Road to view the spectacular scenery of Acadia. Stop to stroll down a path or read a wayside exhibit. A self-guided audio tour of Acadia and the surrounding area, covering 56 miles, is available for purchase at the visitor center.

Swimming

Ocean temperatures at Sand Beach rarely rise above 55° F (13° C). For warmer water, try Echo Lake on Route 102. Many other ponds and lakes on the island are public water supplies where swimming, wading, and pets are prohibited. Please respect posted regulations.

Facilities

Hulls Cove Visitor Center

Watch the 15-minute orientation film and plan your visit with a three-dimensional map of the island. Books, maps, and information are available. Open daily 8 a.m. to 5 p.m. in September and 8 a.m. to 4:30 p.m. in October.

Campgrounds

Blackwoods and Seawall Campgrounds are located on Mount Desert Island. Reservations are recommended at Blackwoods from May 1 to October 31 (877-444-6777). Seawall is first-come, first-served. Neither campground has hook-ups. There is no backcountry camping in the park.

Museums and More

Islesford Historical Museum: Explore the Cranberry Isles and their people. Accessible by boat from Northeast Harbor or Southwest Harbor. Open daily 9 a.m. to noon and 12:30 to 3:30 p.m. through September. (Open at 10:45 a.m. on Sundays.)

Information

Call 911 for all emergencies.

Accessibility

The Access Guide, available at the visitor center, lists accessible facilities in the park. Accessible programs are listed on pages 4–5; assistive listening devices are available for park programs. See the accessibility article on page 6 for more information.

Island Explorer Shuttles

Fare-free Island Explorer buses operate throughout Mount Desert Island, linking the park to neighboring village centers. By parking your car and riding these propane-powered buses, you help reduce traffic congestion, parking, and air pollution problems on the island. Pick up a copy of the bus schedule at the visitor center. You can also flag down the bus anywhere it is safe to stop along its route. When planning your trip, remember that the Island Explorer does not service Cadillac Mountain. *Island Explorer service ends on October 13.*

Parking

During the fall, the park can be quite congested. Please drive carefully and observe posted signage. Better yet, ride the bus and relax! Parking is only permitted in designated (posted) areas, parking lots, and established roadside pullouts.



View of Mount Desert Island from a kayak. Photo by NPS/Todd M. Edgar.

Walking and Biking

More than 45 miles of historic carriage roads are available for exploration by foot, bike, or horseback. Maps and guidebooks are available. Motorized vehicles, except motorized wheelchairs, are prohibited on carriage roads. Horses are not permitted on some sections. Bicycles are not permitted on hiking trails or private carriage roads. Bicycle rentals are available in nearby communities.

Self-guided walks include Carroll Homestead (very easy ½-mile walk), Jordan Pond Nature Trail (easy 1-mile loop), and Sieur de Monts Spring (very easy ½-mile loop). An accessible trail atop Cadillac Mountain offers access to a portion of the park's highest summit.

Nature Center: Discover Acadia's natural resources and learn how they are protected. Located at Sieur de Monts Spring. Open daily 9 a.m. to 4 p.m. through October 13.

Abbe Museum: Explore the story of Maine's earliest people, from 12,000 years ago to today. The museum is privately operated and charges a nominal fee. Located at Sieur de Monts Spring. Open daily 9 a.m. to 4 p.m. through October 13.

Wild Gardens of Acadia: Investigate native flora in typical habitats. Located at Sieur de Monts Spring.

Picnic Areas

Picnic areas are located throughout the park. Charcoal fires are permitted in park-owned or private grills in these areas.

Parlez-Vous Français?

Une traduction française d'information de parc est disponible au centre d'accueil à Hulls Cove sur la route 3 ou au *park headquarters* sur la route 233. Merci de visiter le parc national d'Acadia.

Sprechen Sie Deutsch?

Parkinformation auf Deutsch finden Sie im Besuchercenter in Hulls Cove an der Strasse #3. Vielen Dank für Ihren Besuch.

Pets

Pets must be kept on a six-foot or shorter leash. Except service animals, pets are not permitted on Sand Beach or Echo Lake Beach from May 15 to September 15, in public buildings, or on ladder trails. Kennels are available in nearby towns.

Size Restrictions

Vehicles taller than 11'8" cannot drive the entire Park Loop Road system. See the park map for bridge heights. Vehicles longer than 20' and trailers are not permitted on Bass Harbor Head Road or the southern end of Schooner Head Road. There is a 35' limit for trailers and vehicles in campgrounds.



Where Do Your Fees Go?

The majority of fees paid in Acadia stay right here. The Recreational Fee Demonstration Program, first authorized by Congress in 1996, mandates that 80 percent of fees paid in Acadia stay in the park to be used for projects that *directly* benefit park visitors and resources. Your fees are used for a variety of projects that improve the condition of natural and cultural resources and make the park a safer place for you to visit. Some of these recent and upcoming projects include:

- Island Explorer seasonal public transportation system
- Rehabilitation of the Perpendicular Trail
- Fee interpretation programs

Please support these and other projects by buying a park pass at the following locations:

Open through October

- Sand Beach Entrance Station
- Hulls Cove Visitor Center
- Blackwoods Campground
- Park Headquarters

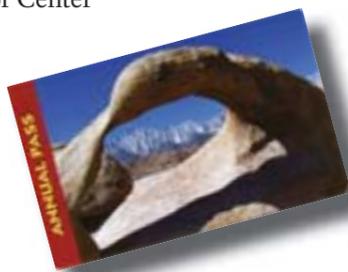
Open through mid-October

- Bar Harbor Village Green
- Thompson Island Visitor Center

Open through September

- Seawall Campground

All visitors who enter the park, regardless of how they enter, must pay an entrance fee. Thanks for your support!



2008 Fees

Entrance Fees/Passes

- \$10 (off season) / \$20 (in season) entry permit - good for a 7-day visit
- \$40 annual Acadia National Park Pass - unlimited visits to Acadia for one year from date of purchase

National Park Passes

- \$80 Interagency Annual Pass - access any federal fee area for one year from date of purchase
- \$10 Interagency Senior Pass - lifetime access for U.S. citizens who are 62 years or older
- Free Interagency Access Pass - lifetime access for U.S. citizens with a permanent disability

Camping Fees

- Blackwoods Campground: Reservations are recommended May 1 through October 31. The cost is \$20 per night per site (in season). Call 877-444-6777 or visit www.recreation.gov.
- Seawall Campground: First come, first served. Open May 21 to September 30. Drive-up sites \$20 per night. Walk-in sites \$14.

Be Careful Out There!

No one ever plans to get hurt on vacation, but it does happen. Most accidents at Acadia occur while visitors are hiking, biking, exploring the shoreline, and driving. Keep these tips in mind to help ensure a safe visit to the park.



Watch your step. Be prepared: wear sturdy shoes and carry water, a map, first aid kit, and flashlight while hiking. Tell someone your plans before you go.



Keep your speed down and be prepared to stop. Road gravel can be loose, especially on curves and hills. Bicycling on the carriage roads is a major cause of visitor injuries.



Be careful while walking near cliff edges and along the shore. Loose gravel and wet rocks create dangerous footing, which can result in serious falls. Stay away from the edge.



Drive safely and wear your seatbelt. The speed limit is 35mph in the park unless otherwise noted. It's easy to get distracted by scenery—pay attention. Do not drink and drive.

Remember that your actions can make the difference between a happy memory and an unpleasant experience!

Keep Wildlife Wild

Acadia offers many opportunities for observing wildlife. During your visit you may find deer feeding in meadows, songbirds darting through forests of peeling birch trees, and raptors circling high overhead. Because of Acadia's small size and proximity to towns and residential areas, these animals often come in close contact with people. Each of us must do our part to make this contact easier, helping ensure the safety and health of wild animals. When you encounter wildlife, remember these steps:

- **Never feed wild animals:** This means gulls, too, no matter how persistent they are. Human food can make wildlife ill and create beggar animals that no longer retain a healthy respect of humans.
- **Keep your distance:** Do not approach wild animals. If you suddenly find yourself too close, back away and give them room to escape. Use binoculars to get a better view.
- **Be careful along roads:** Animals often gather near roadsides, especially at dusk and dawn. Pay close attention and lower your speed, allowing them and you a better chance to see each other and avoid an accident.
- **Leash your pet:** Keep your pet on a six-foot or shorter leash at all times and stay on designated trails or roads. This is for your pet's safety too!
- **Store food securely:** When camping, store all food, garbage, and cooking equipment in an enclosed vehicle or hard-sided locker whenever you are not present. This precaution helps prevent wild animals from being attracted to your campsite or tent.
- **Respect wildlife closures:** These closures protect wildlife like nesting peregrines, loons, seabirds, and eagles, which are especially sensitive to disturbance. Intrusion by humans can cause nesting attempts to fail.
- **Follow the law:** Remember that protecting wildlife in our national parks not only makes good sense, but also it is the law. All national parks have strict regulations concerning the protection of wildlife. When in doubt, ask a park ranger first.



Protect wildlife: don't feed wild animals like gulls, watch animals with binoculars to keep from getting too close, and keep your dog on leash. Photos by NPS/Todd M. Edgar.

Wild animals live in Acadia National Park. This is their home. Help us do what we can to make it a safer place for them to live.

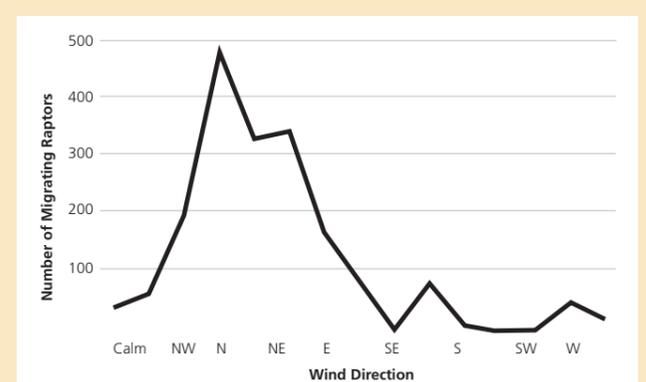
HawkWatch

Acadia National Park has begun its fourteenth season of HawkWatch atop Cadillac Mountain. At 1,530 feet, Cadillac Mountain offers a fantastic view of migrating birds of prey soaring on strong updrafts. Each year, thousands of raptors from Maine and Canada travel south along the eastern coastline on their migration to warmer areas, such as South America, for the winter.



The information collected at HawkWatch programs across the country helps researchers determine the status of the raptor population. Last year, volunteers and rangers were stationed on Cadillac Mountain for almost 245 viewing hours and spotted more than 3,600 migrating birds of prey. The species identified included the commonly seen sharp-shinned hawk and American kestrel, the more rarely sighted red-shouldered hawk and bald eagle, and more!

Join park rangers and volunteers for HawkWatch every day (weather permitting) from 9 a.m. to 2 p.m. through October 15. Learn about raptor migration and identification. Bring binoculars and a field guide if you have them, and wear warm clothes. The HawkWatch site is located along the Cadillac North Ridge Trail, 200 easy yards from the summit parking lot. Discover the thrill of spotting these birds of prey from the highest point on the eastern seaboard!



The number of birds spotted substantially increases on days with northerly winds as is shown in this data from 2007.

September/October Ranger-Led Programs

Walks, Talks, and Hikes

Acadia's Birds (3 hours, easy walk)

Find, identify, and discuss some of Acadia's most fascinating residents. Bring binoculars. Expect motor travel to various points in the park. Make reservations no more than three days in advance at Hulls Cove Visitor Center or by calling 207-288-8832. Ask about accessibility.



Animals of Acadia (45 minutes to 1 hour, talk)

Deer? Moose? Snakes? Turtles? Discover the animals you might and might not see in the park. Sieur de Monts Nature Center.



At the Summit (1 hour, easy 1/2-mile walk)

Enjoy the views from atop Cadillac Mountain and gain a new perspective on Acadia's beauty. Cadillac Summit parking area.

Autumn Ramble (1 1/2 hours, easy 1-mile walk)

Fall is a time of change and preparation. Discover what is happening to the forest and its inhabitants during the changing season. Sieur de Monts Nature Center.



Beavers' World (2 hours, easy walk)

Join us at dusk to learn about and look for these amazing animal architects. Reservations required. Ask about accessibility. Make reservations no more than three days in advance at Hulls Cove Visitor Center or by calling 207-288-8832.



Cliff Walk (1 1/4 hours, moderate 1-mile walk)

Uncover the wilds of the island's west side as we ramble through lush forests to rocky outcrops and back again. Beech Mountain parking area.

Forests of Lilliput (2 hours, easy 1-mile walk)

Discover the fascinating world of mosses, ferns, lichens, and fungi. Make reservations no more than three days in advance at Hulls Cove Visitor Center or by calling 207-288-8832.

Geology at the Summit (1 hour, easy 1/2-mile walk)

Experience the views from atop Cadillac Mountain through the eyes of a geologist. Cadillac Summit parking area.

Gorham Mountain Hike (2 1/2 hours, moderate 2-mile hike)

Reward yourself with views of Acadia's coastline from the top of a granite mountain. Be prepared for rocky trail conditions. Gorham Mountain parking area.



Headland Hike (2 1/2 hours, moderate 1 1/2-mile hike)

Hike to a spectacular headland while learning about Acadia's cultural and natural history. Great Head parking area (not Sand Beach parking area).

Life Between the Tides (3 hours, moderate 1 1/2-mile walk)

Roll up your sleeves and investigate the fascinating world where ocean meets land. Ship Harbor parking area.

Mr. Rockefeller's Bridges (2 1/2 hours, moderate 1 1/2-mile hike)

Follow tree-lined carriage roads to beautiful stone bridges as you explore the rich history of the bridges and carriage roads. Parkman Mountain parking area.

Otter Point Walk (2 hours, easy to moderate 2-mile hike)

Discover stories of history and nature as you view some of the most striking scenery in the park. Gorham Mountain parking area.



Riding the Roads (3 hours, moderate)

Join a ranger for a one-of-a-kind bike tour along Acadia's historic and scenic carriage roads. For adults and youth 14 and older. Youth must be accompanied by an adult. Bring your own bike (rentals available in local communities), water, and layered clothing. Helmets required. Fee: \$15 adults, \$10 youth 14-16. Reservations required. Make reservations no more than three business days in advance by calling 207-288-3338 (dial "0") or stopping by park headquarters from 8 a.m. to 4:30 p.m. Monday through Friday.



Drop-In Programs

By the Cove (talk)

Pause and join a ranger at the beautiful Otter Cove causeway, weather permitting, to look at life in the cove and the story of the mountains around it. Stop by anytime between the times listed in the schedule. Stay for a minute or stay for an hour!



HawkWatch (talk)

Through October 15, weather permitting, join a ranger or volunteer for on-site observation and discussion of migrating birds of prey. Stop by anytime between 9 a.m. and 2 p.m. Binoculars are helpful. From the east side of Cadillac Summit parking area, walk 200 yards along the North Ridge Trail to the Hawkwatch site.

Campground Programs

Amphitheater programs (45 minutes to an hour) take place at Blackwoods

Campground many evenings this fall. Parking is available for non-campers. Calendars at each campground and information centers list the specific program offered each night.



Boat Cruises

Park rangers interpret the park from four of the many commercial boats in the area. Make reservations with boat owners. Wear warm clothing. Arrive 15 minutes before departure. Some boat operators run several trips daily. Please ask boat operators about accessibility and their trips not listed below.

Baker Island Cruise (4 1/2 hours)

Explore a remote, ocean-sculpted island seen by few visitors. Hop aboard a motorized launch for landing and discover the island's unique natural and cultural history on a moderate hike with a park ranger. Harbor Place, 1 West Street, Bar Harbor. Fee: \$36 adults, \$18 junior 6-14, \$5 children 5 and under. Reservations: 207-288-2386.



Dive-In Theater Boat Cruise (3 hours)

Cruise with a ranger through Frenchman Bay in search of seals, porpoises, and coastal bird life. Watch real-time video as a diver scours the ocean floor for marine life to bring aboard the boat for hands-on exploration. College of the Atlantic Dock. Fee: \$40 adults, \$35 seniors, \$30 children 5-11, \$15 children under 5. Advance ticket sales (through ticketing agent): 800-979-3370 (U.S.); 212-209-3370 (international).



Frenchman Bay Cruise (2 hours)

Climb aboard a majestic 151-foot, four-masted schooner in search of wildlife and history. Fee: \$32 adults, \$30 seniors 65 and older, \$22 children under 12. Group rates (15 or more) are \$28 per person. Bar Harbor Inn Pier. Reservations: 207-288-4585.



Islesford Historical Cruise (2 1/2 hours)

Discover the enduring connections between people and the sea. Search for wildlife as you cruise to Little Cranberry Island for a stop at the Islesford Historical Museum and explore the scenic fjord of Somes Sound. Municipal Pier, Northeast Harbor. Fee: \$25 adults, \$23 seniors 65 and older, \$15 children under 12, \$5 children under 5. Reservations: 207-276-5352.



Program Locations & Reminders

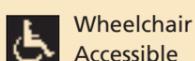
Beech Mountain parking area – Southern tip of Beech Hill Road
Blackwoods Campground – Route 3 south of Otter Creek
Cadillac Summit parking area – Top of Cadillac Mountain
Gorham Mountain parking area – Park Loop Road south of Sand Beach
Great Head parking area – Southern end of Schooner Head Road
Hulls Cove Visitor Center – Route 3 north of Bar Harbor
Otter Cove causeway – Park Loop Road past Otter Point
Parkman Mountain parking area – Route 3/198 north of Northeast Harbor
Ship Harbor parking area – Route 102A east of Bass Harbor
Sieur de Monts Nature Center – Route 3 at Sieur de Monts entrance to Park Loop Road

Please remember...

- Contact park staff regarding accessible facilities, services, and programs. Assistive listening devices for park programs are available by reservation (dial 207-288-3338 and press "0").
- Allow ample time to arrive safely at ranger-led programs.
- Do not bring pets on ranger-led programs or to amphitheaters. However, service animals are always welcome.
- Be sure to carry water and insect repellent and wear appropriate clothing on hikes.
- Please escort your children on organized walks and hikes. Parents are responsible for the safety and behavior of their children.



Schedule Legend



Wheelchair Accessible



Fee Program



Suggested Island Explorer bus to take to program. Buses run through Oct. 13.



Assistive listening devices for park programs are available by reservation (207-288-3338, press "0").

Ranger-Led Program Schedule

Monday, September 1

8:45 a.m. Baker Island Cruise
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:00 a.m. Islesford Historical Cruise
 10:30 - noon By the Cove
 1:00 p.m. At the Summit
 2:00 p.m. Gorham Mountain Hike

Tuesday, September 2

7:00 a.m. Acadia's Birds
 8:45 a.m. Baker Island Cruise
 9 a.m. - 2 p.m. HawkWatch
 9:00 a.m. Forests of Lilliput
 10:00 a.m. Frenchman Bay Cruise
 10:00 a.m. Islesford Historical Cruise
 10:30 a.m. Headland Hike
 1:30 p.m. Dive-In Theater Cruise
 7:30 p.m. Campground Program

Wednesday, September 3

8:45 a.m. Baker Island Cruise
 9:00 a.m. Gorham Mountain Hike
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:00 a.m. Islesford Historical Cruise
 1:00 p.m. Otter Point Walk
 3:00 p.m. Cliff Walk

Thursday, September 4

8:45 a.m. Baker Island Cruise
 8:45 a.m. Mr. Rockefeller's Bridges
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:00 p.m. Islesford Historical Cruise
 1:30 p.m. Dive-In Theater Cruise
 2:00 p.m. Otter Point Walk
 7:30 p.m. Campground Program

Friday, September 5

7:00 a.m. Acadia's Birds
 8:45 a.m. Baker Island Cruise
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:00 a.m. Islesford Historical Cruise
 10:30 - noon By the Cove
 2:00 p.m. Autumn Ramble
 5:45 p.m. Beavers' World
 7:30 p.m. Campground Program

Saturday, September 6

8:45 a.m. Baker Island Cruise
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:00 a.m. Islesford Historical Cruise
 3:00 p.m. Cliff Walk
 7:30 p.m. Campground Program

Sunday, September 7

8:45 a.m. Mr. Rockefeller's Bridges
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:00 a.m. Islesford Historical Cruise
 2:00 p.m. Gorham Mountain Hike

Monday, September 8

8:45 a.m. Baker Island Cruise
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:00 a.m. Islesford Historical Cruise
 1:00 p.m. At the Summit

Tuesday, September 9

8:45 a.m. Baker Island Cruise
 8:45 a.m. Riding the Roads
 9:00 a.m. Forests of Lilliput
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:00 a.m. Islesford Historical Cruise
 10:30 a.m. Headland Hike
 1:00 p.m. Otter Point Walk
 1:30 p.m. Dive-In Theater Cruise

Wednesday, September 10

8:45 a.m. Baker Island Cruise
 9:00 a.m. Gorham Mountain Hike
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:00 a.m. Islesford Historical Cruise
 12 noon Life Between the Tides
 3:00 p.m. Cliff Walk
 5:45 p.m. Beavers' World
 7:30 p.m. Campground Program

Thursday, September 11

8:45 a.m. Baker Island Cruise
 8:45 a.m. Mr. Rockefeller's Bridges
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:00 a.m. Islesford Historical Cruise
 1:30 p.m. Dive-In Theater Cruise
 2:00 p.m. Otter Point Walk
 7:30 p.m. Campground Program

Friday, September 12

7:00 a.m. Acadia's Birds
 8:45 a.m. Baker Island Cruise
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:00 a.m. Islesford Historical Cruise
 10:30 - noon By the Cove
 2:00 p.m. Autumn Ramble
 5:30 p.m. Beavers' World
 7:30 p.m. Campground Program

Saturday, September 13

8:45 a.m. Baker Island Cruise
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Islesford Historical Cruise
 3:00 p.m. Cliff Walk
 7:30 p.m. Campground Program

Sunday, September 14

8:45 a.m. Mr. Rockefeller's Bridges
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:00 a.m. Islesford Historical Cruise
 2:00 p.m. Gorham Mountain Hike

Monday, September 15

9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:00 a.m. Islesford Historical Cruise
 2 - 3:30 p.m. By the Cove
 5:30 p.m. Beavers' World

Tuesday, September 16

8:45 a.m. Riding the Roads
 9:00 a.m. Forests of Lilliput
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:30 a.m. Headland Hike
 1:00 p.m. Otter Point Walk
 1:30 p.m. Dive-In Theater Cruise

Wednesday, September 17

9:00 a.m. Gorham Mountain Hike
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Islesford Historical Cruise
 11:00 a.m. At the Summit
 3:00 p.m. Cliff Walk
 5:30 p.m. Beavers' World
 7:30 p.m. Campground Program

Thursday, September 18

8:45 a.m. Mr. Rockefeller's Bridges
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 11:00 a.m. At the Summit
 1:30 p.m. Dive-In Theater Cruise
 2:00 p.m. Otter Point Walk
 7:30 p.m. Campground Program

Friday, September 19

7:00 a.m. Acadia's Birds
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:00 a.m. Islesford Historical Cruise
 10:30 - noon By the Cove
 2:00 p.m. Autumn Ramble
 5:30 p.m. Beavers' World
 7:30 p.m. Campground Program

Saturday, September 20

9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Islesford Historical Cruise
 11:00 a.m. Geology at the Summit
 2:00 p.m. Animals of Acadia
 3:00 p.m. Cliff Walk
 7:30 p.m. Campground Program

Sunday, September 21

9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:00 a.m. Islesford Historical Cruise
 2:00 p.m. Gorham Mountain Hike

Monday, September 22

9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 2 - 3:30 p.m. By the Cove
 5:20 p.m. Beavers' World

Tuesday, September 23

8:45 a.m. Riding the Roads
 9:00 a.m. Forests of Lilliput
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:00 a.m. Life Between the Tides
 10:30 a.m. Headland Hike
 1:30 p.m. Dive-In Theater Cruise
 3:00 p.m. Otter Point Walk

Wednesday, September 24

9:00 a.m. Gorham Mountain Hike
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. At the Summit
 10:00 a.m. Islesford Historical Cruise
 11:30 a.m. Life Between the Tides
 3:00 p.m. Cliff Walk
 5:20 p.m. Beavers' World
 7:30 p.m. Campground Program

Thursday, September 25

8:45 a.m. Mr. Rockefeller's Bridges
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 12:30 p.m. Life Between the Tides
 1:30 p.m. Dive-In Theater Cruise
 2:00 p.m. Otter Point Walk
 7:30 p.m. Campground Program

Friday, September 26

9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Islesford Historical Cruise
 10:30 - noon By the Cove
 2:00 p.m. Autumn Ramble
 5:15 p.m. Beavers' World
 7:30 p.m. Campground Program

Saturday, September 27

9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Islesford Historical Cruise
 11:00 a.m. Geology at the Summit
 2:00 p.m. Animals of Acadia
 3:00 p.m. Cliff Walk
 7:30 p.m. Campground Program

Sunday, September 28

9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:00 a.m. Islesford Historical Cruise
 2:00 p.m. Gorham Mountain Hike

Monday, September 29

9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 1 - 2:30 p.m. By the Cove
 5:10 p.m. Beavers' World

Tuesday, September 30

8:45 a.m. Riding the Roads
 9:00 a.m. Forests of Lilliput
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:30 a.m. Headland Hike
 11:00 a.m. At the Summit
 1:30 p.m. Dive-In Theater Cruise
 3:00 p.m. Otter Point Walk

Wednesday, October 1

7:00 a.m. Acadia's Birds
 9:00 a.m. Gorham Mountain Hike
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Islesford Historical Cruise
 1:00 p.m. Animals of Acadia
 3:00 p.m. Cliff Walk

Thursday, October 2

9:00 a.m. Otter Point Walk
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 1:30 p.m. Dive-In Theater Cruise
 3:00 p.m. At the Summit

Friday, October 3

9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:00 a.m. Islesford Historical Cruise
 1:00 p.m. Autumn Ramble
 5:00 p.m. Beavers' World

Saturday, October 4

9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Islesford Historical Cruise
 11:00 a.m. Geology at the Summit
 2:00 p.m. Animals of Acadia
 3:00 p.m. Cliff Walk

Sunday, October 5

8:45 a.m. Mr. Rockefeller's Bridges
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 2:00 p.m. Gorham Mountain Hike

Monday, October 6

9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Islesford Historical Cruise
 1 - 2:30 p.m. By the Cove
 5:00 p.m. Beavers' World

Tuesday, October 7

9:00 a.m. Forests of Lilliput
 9 a.m. - 2 p.m. HawkWatch
 9:00 a.m. Life Between the Tides
 10:00 a.m. Frenchman Bay Cruise
 10:30 a.m. Headland Hike
 1:30 p.m. Dive-In Theater Cruise
 2:00 p.m. Otter Point Walk

Wednesday, October 8

7:00 a.m. Acadia's Birds
 9 a.m. - 2 p.m. HawkWatch
 9:00 a.m. Gorham Mountain Hike
 10:00 a.m. Cliff Walk
 1:00 p.m. Animals of Acadia

Thursday, October 9

8:45 a.m. Mr. Rockefeller's Bridges
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 1:30 p.m. Dive-In Theater Cruise
 2:00 p.m. Otter Point Walk
 3:00 p.m. At the Summit

Friday, October 10

9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Islesford Historical Cruise
 1:00 p.m. Autumn Ramble
 5:00 p.m. Beavers' World

Saturday, October 11

9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Islesford Historical Cruise
 11:00 a.m. Geology at the Summit
 3:00 p.m. Cliff Walk

Sunday, October 12

8:45 a.m. Mr. Rockefeller's Bridges
 9 a.m. - 2 p.m. HawkWatch
 10:00 a.m. Frenchman Bay Cruise
 10:00 a.m. Islesford Historical Cruise
 2:00 p.m. Gorham Mountain Hike

Monday, October 13

9 a.m. - 2 p.m. HawkWatch
 12:30 - 2 p.m. By the Cove
 4:45 p.m. Beavers' World

Tuesday, October 14

9 a.m. - 2 p.m. HawkWatch
 9:00 a.m. Forests of Lilliput
 1:30 p.m. Dive-In Theater Cruise
 2:00 p.m. Otter Point Walk

Wednesday, October 15

9 a.m. - 2 p.m. HawkWatch
 9:00 a.m. Gorham Mountain Hike
 10:00 a.m. At the Summit
 2:00 p.m. Cliff Walk

Thursday, October 16

9:00 a.m. Headland Hike
 11:00 a.m. At the Summit
 1:30 p.m. Dive-In Theater Cruise

Friday, October 17

7:00 a.m. Acadia's Birds
 1 - 2:30 p.m. By the Cove
 4:30 p.m. Beavers' World

Saturday, October 18

10:00 a.m. Otter Point Walk
 2:00 p.m. Geology at the Summit

Park Accessibility

Acadia National Park is constantly striving to improve its accessible facilities and services so that all visitors have access to park resources. A complete list of accessible options is featured in the Access Guide, available online at www.nps.gov/acad/planyourvisit/accessibility.htm or at the visitor center and other park contact stations. Highlights include:

- Accessible interpretive programs, marked by the universal access symbol, are listed on pages 4–5.
- Assistive listening devices (ALDs) are available for use at park programs by visitors with limited hearing. A transmitter broadcasts the ranger's voice directly into the ears of individuals equipped with any of the six receivers, which improves hearing and understanding. The ALDs are available by reservation for any of our interpretive programs. For more information, call 207-288-3338 and press "0" Monday through Friday, 8 a.m. to 4:30 p.m.
- The accessible trail atop Cadillac Mountain permits access to a portion of the park's highest summit. Follow this short trail for scenic views of Frenchman Bay, the Porcupine Islands, and the town of Bar Harbor.
- The introductory video at Hulls Cove Visitor Center features audio description and captioning.



These are only a few of the accessible options available in the park. Contact a park ranger if you have any questions.

Making Connections with Kids

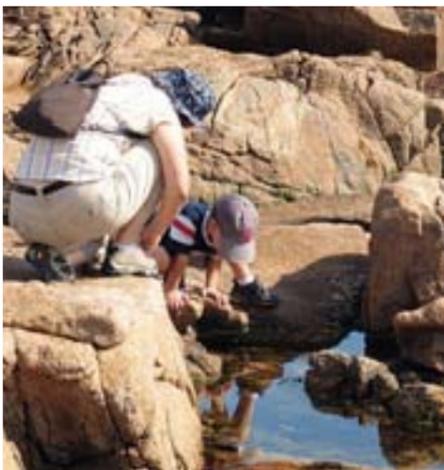
The 100th anniversary of the National Park Service—and Acadia National Park—in 2016 is eight years away, but we're starting now to work on projects that are worthy of the centennial celebration. One of these is the Engage Youth project, part of the National Park Service Centennial Challenge. This project comes at a good time. If you've heard all the talk about kids spending too much time indoors and not enough exploring outside, then probably you've also heard the predicted outcome: unhealthy kids growing into adults who can't relate to nature. The staff at Acadia is working to make sure the predictions don't come true.

This summer the park offered expanded programs for young people, families, and teachers—all with the goal of helping kids have hands-on outdoor experiences. Children's programs provided hands-on explorations of nature and history for ages 14 and younger. The Acadia Quest linked these programs to special events and volunteer activities. Older kids took their involvement one step further and worked in the park as student rangers and volunteers with the Acadia Youth Conservation Corps and Student Conservation Association. Read about their experiences in blogs on the park website at www.nps.gov/acad. Four teacher-rangers (three at Acadia, one at Saint Croix Island International Historic Site) gained park knowledge to take back to their students in the classroom.

This fall the Engage Youth project will enhance existing programs for students. Centennial Challenge funding will supplement the L.L.Bean Kids in Acadia grant to provide additional funding for bus transportation and scholarships to the Schoodic Education Adventure (SEA), the park's residential education program for grades 4–8, and to upgrade the SEA computer lab. Schools bringing students to the Carriage Road Explorers and Island Life curriculum-based programs will receive free carriage and boat rides.

These are only a few of the programs we're working on to connect kids to the outdoors. We couldn't do any of it without our partners. Friends of Acadia, Acadia Partners for Science and Learning, and Eastern National provided matching funds for the Engage Youth project. Their efforts help the park offer teacher workshops and stipends, school outreach, program materials, and much more. You can help, too. Tell the teachers and children you know about these opportunities.

We're not finished yet with the effort to forge connections between children and nature. We'll keep working through 2016 and beyond!



Naturally inquisitive children can find fascinating creatures through the careful exploration of tidepools. Photos by NPS/Ginny Reams (left) and Betsy Banks (right).

Answer to *Where Am I?* (page 3)

The Otter Cove Causeway spans Otter Creek Cove, past Otter Point on the Park Loop Road. The triple-arch bridge was built in 1935 by the Bureau of Public Roads. It is the only solid masonry bridge on the park's motor road system.

From the bridge you can see Cadillac Mountain, the park's highest summit, on one side and the Atlantic Ocean on the other. You can explore this area with a park ranger during the By the Cove drop-in program. Check out the schedule on page 5 for times.



Otter Cove Causeway

Learning Adventures for Teachers and Students

Acadia's education staff is excited to offer learning opportunities for teachers and students through teacher workshops and a residential education program. Enjoy the beautiful, diverse coastal setting of the park's Schoodic Education and Research Center campus while enhancing your professional development and expanding your students' opportunities for learning. Stipends and scholarships are available for these park-sponsored offerings.

Teacher Workshops



- Topics include field research, natural resources, social studies, and more.
- Comfortable accommodations, meals, and materials are included.
- CEUs are available through the University of Maine.
- Stipends of up to \$200 make the workshops an affordable opportunity!

Schoodic Education Adventure



- Curriculum-based classroom activities and hands-on field experience for students in fourth through eighth grades
- Over three or four days, students inventory forest plants, complete an intertidal population study, map bedrock geology, and much more.
- Scholarships and transportation assistance make the SEA program a bargain!

Booking now for 2009!

For more information, visit the teachers' pages on the park website at www.nps.gov/acad/forteachers or contact the Education Office at 207-288-8822 or acad_education_office@nps.gov.

Space is limited, so sign up today!

Eastern National



The visitor center bookstore offers the largest collection of sales items in the park. Photo by NPS/Todd M. Edgar.

Looking for a guide to plants in the northeastern United States? Trying to find something to keep your kids occupied on a rainy day? Eastern National bookstores in the park carry a wide variety of educational items, including books, maps, videos, notecards, and more. Eastern National bookstores are located at Hulls Cove Visitor Center, Sieur de Monts Nature Center, Park Headquarters Information Center, Blackwoods and Seawall Campgrounds, and the Islesford Historical Museum.

Eastern National is a nonprofit agency that provides quality educational products and services to America's national parks and other public trusts. Eastern National's contributions have benefited Acadia National Park and its visitors by supporting research, educational, and interpretive projects. Joining Eastern National supports your parks and gives you 15% off merchandise in any Eastern National store. Pick up an application at the visitor center or for more information, visit www.easternnational.org. Teachers also receive a 15% discount with proof of occupation.

Friends of Acadia



Friends of Acadia provides support for programs like Peregrine Watch. Photo by NPS/Todd M. Edgar.

Friends of Acadia is a private, nonprofit organization dedicated to ensuring the long-term protection of the natural and cultural resources of Acadia National Park and its region. To meet this mission, Friends of Acadia channels private donations to conservation and historic preservation projects in the park, monitors planning and legislative activities affecting Acadia, and sponsors volunteer groups in Acadia.

For more information about Friends of Acadia, please contact:



Friends of Acadia
P.O. Box 45
Bar Harbor, ME 04609
800-625-0321 / 207-288-3340
www.friendsofacadia.org

Park Concessions



Enjoy two Acadia traditions: popovers at the Jordan Pond House and horse-drawn carriage rides. Photos by NPS/Todd M. Edgar and NPS/Lauren Labrie.

Park concessions offer services to visitors within Acadia National Park. **Acadia Corporation** operates shops at Cadillac Mountain, Thunder Hole, and Jordan Pond. Visit the Jordan Pond House for traditional tea and popovers, or a full lunch or dinner. For reservations, contact the Jordan Pond House at 207-276-3316. Closes for the season on October 26 (open 11:30 a.m. to 4 p.m. only October 19–26).

Wildwood Stables, located one mile southeast of Jordan Pond, features horse-drawn carriage tours along Acadia's historic carriage roads. Enjoy scenic vistas and cool forests on your narrated tour. Private tours and stabling for your personal horse or carriage are also available. For information, contact Wildwood Stables at 207-276-3622. Closes for the season on October 13.

If you'd like to sit back and relax as you learn about Acadia National Park and Mount Desert Island, a narrated bus tour might be just the activity for you. Beginning and ending in Bar Harbor, these tours explore the natural and cultural history of the park and surrounding area. Stops include many popular park sights, including Cadillac Mountain. Reservations recommended.

- **National Park Tours** (207-288-0300) offers 2½-hour tours.
- **Oli's Trolley** (207-288-9899) offers both 1-hour and 2½-hour tours.

Volunteers



A volunteer works on the Ocean Path. Photo by NPS/Jonathan Gormley.

Volunteers make valuable contributions to communities, organizations, and individuals throughout the country. National Park Service (NPS) volunteers come from all over to help preserve and protect America's natural and cultural heritage for the enjoyment of this and future generations. They contribute the time and expertise that help Acadia achieve the NPS mission.

Volunteers at Acadia meet each Tuesday, Thursday, and Saturday through mid-October, weather permitting, from 8:30 a.m. until 12:30 p.m. During that time, they perform much-needed tasks that help park staff maintain trails and carriage roads. If you are willing to cut back some vegetation or help clear a drain, call 207-288-3934 or 207-288-3340 for more information.

Annual volunteer events at Acadia include:

- Take Pride in Acadia Day on the first Saturday in November (11/01/08)
- Earth Day Roadside Cleanup on the last Saturday in April (04/26/09)
- National Trails Day on the first Saturday in June (06/06/09)

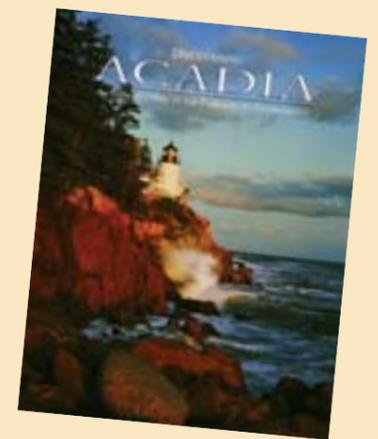
For more information about these events, visit www.friendsofacadia.org. For volunteer opportunities at other NPS sites, visit www.nps.gov/volunteer.

The Local's Perspective

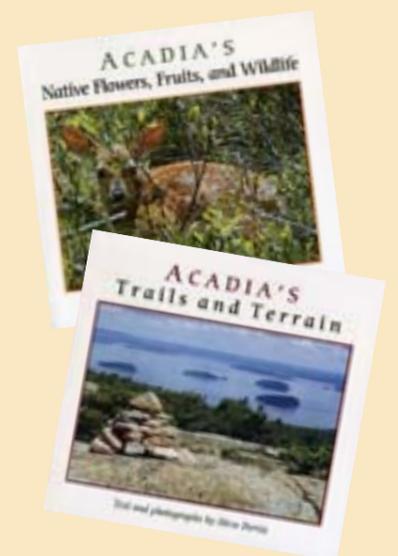
Get an insider's view of the park through the works of writers, photographers, and artists who call Mount Desert Island home. You can pick up a copy of these books at the visitor center and park headquarters.



Explore images of Acadia through the eyes of painter Phyllis Rees in her book, *Intimate Views*. The book includes more than twenty of her extraordinary paintings designed to be, in her words, "not literal representations of the locations, but visual poems about them."



Discovering Acadia by Laurie Hobbs-Olson takes the reader on a journey through the park. Explore the area's geology, wildlife, history, and more through stories and beautiful photographs.



These pocket-sized books by Steve Perrin offer a glimpse into the natural history of the park. Explore popular and hidden park trails, and learn about the native species that make their homes in Acadia.

Help Us Revegetate!

In response to extensive rehabilitation at Blackwoods Campground, the park has undertaken a revegetation project to replace much of the vegetation that was lost during construction. Here's how you can help make this project a success and help restore these areas to their natural condition.

- Areas where native plants are planted will be roped off and signed to indicate what's happening there. Small trees and shrubs will be mulched with wood chips. Please don't walk through these areas or damage new or existing plants or trees.
- Stay on designated paths at Blackwoods Campground. Taking shortcuts kills plants.

Remember: Plants grow by the inch and die by the foot!



Protect Your Park: Leave No Trace

You are the park's biggest ally in protecting Acadia's vulnerable natural and cultural resources. Leave No Trace (LNT) principles can guide you down the path to protection. Leave No Trace is about attitude and ethics. It's about taking personal responsibility to respect and care for our limited wildland resources and the experiences of other outdoor enthusiasts. Once you commit to following these LNT principles, you will know you are doing your best to become a good steward of our park lands.

Plan Ahead and Prepare: Once you make a plan, learn the local regulations and be prepared for your adventure. Bring a map, food and water, and anything else you'll need. Ride the propane-powered Island Explorer shuttle bus to your destination (service ends October 13).

Travel and Camp on Durable Surfaces: Stay on trails and durable surfaces like bare granite to protect fragile plant life. Camp in designated campgrounds only. Do not swim in bodies of water marked as water supplies.

Dispose of Waste Properly: Pack it in; pack it out. Carry out anything you brought into the park. Better yet, carry out any litter you find, too!

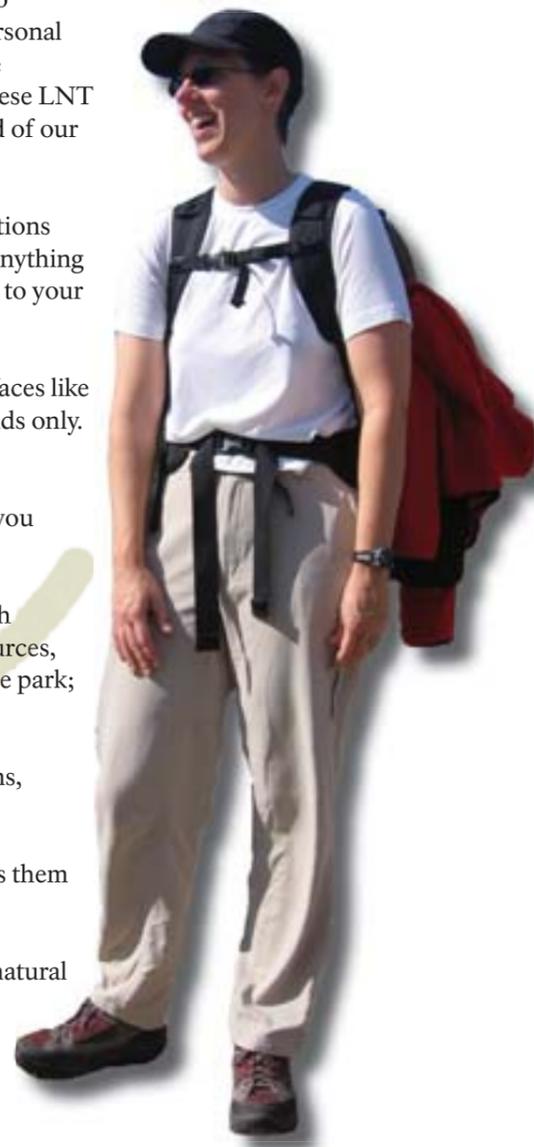
Leave What You Find: Removing natural and historic objects like beach cobbles, flowers, marine life, and antlers not only destroys natural resources, but also is illegal. Cairns, or trail markers, are carefully maintained by the park; please do not add to or remove them.

Minimize Fire Impacts: Fires are permitted only in designated locations, such as campgrounds and picnic areas.

Respect Wildlife: Don't approach or feed wild animals; our food makes them sick. Learn more on page 3.

Be Considerate: Pay attention to others. Keep your dog on a leash, let natural sounds prevail, and limit your group size.

You can learn more about these Leave No Trace principles on the park website at www.nps.gov/acad/supportyourpark/leavenotrace.htm. Remember, we can't do it without you!



September/October 2008 Tide Chart

Sept.	High Tide		Low Tide		Sunrise	Sunset	Oct.	High Tide		Low Tide		Sunrise	Sunset
	AM	PM	AM	PM				AM	PM	AM	PM		
1	12:07	12:32	6:23	6:43	5:56	7:08	1	12:30	12:42	6:35	7:02	6:31	6:13
2	12:52	1:14	7:05	7:28	5:57	7:07	2	1:10	1:20	7:13	7:42	6:32	6:11
3	1:36	1:55	7:46	8:12	5:58	7:05	3	1:51	1:59	7:52	8:24	6:34	6:09
4	2:21	2:37	8:28	8:58	6:00	7:03	4	2:34	2:41	8:33	9:09	6:35	6:07
5	3:06	3:21	9:11	9:46	6:01	7:01	5	3:19	3:27	9:18	9:58	6:36	6:05
6	3:55	4:09	9:57	10:38	6:02	6:59	6	4:09	4:19	10:09	10:51	6:37	6:04
7	4:48	5:02	10:49	11:34	6:03	6:57	7	5:03	5:15	11:04	11:48	6:38	6:02
8	5:45	5:59	11:46	-	6:04	6:56	8	6:01	6:14	-	12:04	6:40	6:00
9	6:45	6:59	12:34	12:46	6:05	6:54	9	6:57	7:11	12:44	1:02	6:41	5:58
10	7:42	7:55	1:31	1:43	6:06	6:52	10	7:48	8:04	1:37	1:55	6:42	5:57
11	8:34	8:46	2:24	2:36	6:08	6:50	11	8:35	8:53	2:25	2:45	6:43	5:55
12	9:20	9:32	3:11	3:23	6:09	6:48	12	9:18	9:38	3:09	3:30	6:45	5:53
13	10:01	10:15	3:53	4:06	6:10	6:46	13	9:59	10:23	3:50	4:14	6:46	5:51
14	10:39	10:55	4:32	4:47	6:11	6:44	14	10:40	11:07	4:31	4:58	6:47	5:50
15	11:17	11:35	5:09	5:27	6:12	6:43	15	11:22	11:52	5:13	5:43	6:48	5:48
16	11:54	-	5:46	6:08	6:13	6:41	16	-	12:06	5:56	6:29	6:50	5:46
17	12:16	12:34	6:25	6:51	6:15	6:39	17	12:40	12:53	6:42	7:19	6:51	5:45
18	1:00	1:17	7:06	7:37	6:16	6:37	18	1:30	1:44	7:31	8:13	6:52	5:43
19	1:47	2:04	7:51	8:28	6:17	6:35	19	2:25	2:40	8:26	9:12	6:54	5:41
20	2:38	2:56	8:41	9:24	6:18	6:33	20	3:25	3:42	9:28	10:16	6:55	5:40
21	3:35	3:54	9:38	10:26	6:19	6:31	21	4:31	4:50	10:36	11:23	6:56	5:38
22	4:39	5:00	10:42	11:35	6:20	6:29	22	5:40	6:01	11:47	-	6:57	5:36
23	5:49	6:11	11:53	-	6:22	6:28	23	6:47	7:10	12:30	12:57	6:59	5:35
24	6:59	7:21	12:45	1:06	6:23	6:26	24	7:49	8:13	1:33	2:02	7:00	5:33
25	8:05	8:26	1:51	2:13	6:24	6:24	25	8:45	9:09	2:31	2:59	7:01	5:32
26	9:04	9:25	2:51	3:13	6:25	6:22	26	9:34	10:00	3:22	3:51	7:03	5:30
27	9:56	10:17	3:44	4:06	6:26	6:20	27	10:19	10:46	4:08	4:37	7:04	5:29
28	10:42	11:04	4:32	4:54	6:28	6:18	28	10:59	11:28	4:51	5:19	7:05	5:27
29	11:25	11:48	5:15	5:39	6:29	6:16	29	11:38	-	5:30	5:59	7:07	5:26
30	-	12:04	5:56	6:21	6:30	6:15	30	12:08	12:14	6:08	6:38	7:08	5:24
							31	12:47	12:51	6:45	7:16	7:09	5:23

Sources: National Oceanic and Atmospheric Administration (tides) and U.S. Naval Observatory (sunrise/sunset). Both tide and sunrise/sunset times are for Bar Harbor. Adjustments for other locations or elevations may be necessary.

Tidepool Tips

The zone where ocean meets land—the intertidal zone—is one of the most fascinating areas in Acadia. Here you can see creatures with amazing survival skills that allow them to stay alive when, twice each day, the tide leaves them exposed. These marine organisms are not indestructible, however. Our careless handling and footsteps can do damage that the changing tides cannot. As you explore the intertidal zone, keep in mind these tips for your safety and for the protection of marine life:

- Do not wade or sit in tidepools.
- Rocks and algae are slippery. Watch your step.
- Never turn your back on the ocean; rogue waves can occur at any time.
- Wear suitable clothing and closed-toe shoes.
- Be patient. Take time to be still; you'll be surprised at the activity you see.
- Sea creatures live everywhere. Be careful where you place your feet.
- If you move animals or rocks, return them to the same spot.
- Do not pry animals from rocks; you may injure them in the process.
- Re-cover animals you find under rocks or seaweed so they won't dry out.
- All living creatures are protected in the park. Take only pictures.

