

Horse Trailheads and Trails in Tennessee

National Park Service
U.S. Department of the Interior

Big South Fork National River and
Recreation Area
Oneida, TN



Horseback riding is one of the most popular activities in Big South Fork. More than 180 miles of horse trails provide access to many of the area's scenic features. They range from short, easy day rides to long and strenuous loops. Please be aware that proof of a negative Coggins Test for Swamp Fever (EIA) is required to bring horses into Big South Fork. A health certificate is required if you are travelling across state lines. Because of the extensive network of trails, horseback riders are encouraged to purchase a National Geographic Trails Illustrated Map. This map is color-coded to indicate the various types of trails in the park.



Horse Trail – Red Blaze (on Trails Illustrated Map, orange dashes)
Multi-Use Trail – Orange Blaze (on Trails Illustrated Map, purple dashes)
Dogs must be kept on a leash when accompanying a horseback rider. Stay on the designated trails. Pack it in – Pack it out.



Bandy Creek Equestrian Trailhead

From TN 297 take either the Bandy Creek Road (paved) or the West Bandy Creek Road (gravel). The day use equestrian trailhead is west of the Bandy Creek Visitor Center. The entrance is located between the Bandy Creek Trailhead comfort station and the picnic shelter. A corral is provided and water is available.

North White Oak Loop Trail

18.5 miles

Bandy Creek Trailhead to beginning of North White Oak Loop

1.2 miles x 2

North White Oak Loop

16.1 miles

Optional Overlook Trails:

Leatherwood Overlook Trail

2.3 miles one way

North White Oak Overlook Trail

1.25 miles one way

Additional access to loop at parking area on TN 297

Mileage will vary depending on optional overlook spurs.

Jacks Ridge Loop Trail

8.2 miles

Bandy Creek Trailhead to Katie Trail Connector

0.6 miles x 2

Katie Trail to Jack's Ridge Loop

1.4 miles x 2

Jacks Ridge Loop

4.2 miles

Charit Creek Lodge from Bandy Creek Trailhead

Via Jack's Ridge Loop

7.1 miles one way

Via Duncan Hollow

9.1 miles one way

Duncan Hollow Trail – one way to Laurel Fork and Station Camp Creeks

5.8 miles

Access to Fork Ridge Trail, Station Camp Trail and Station Camp Crossing

Cumberland Valley Equestrian Trailhead

From TN 297 (west of the park boundary), there is a sign for the Cumberland Valley Trailhead. It is located next to a country store. Drive down the gravel road and go right to enter the parking area.

Cumberland Valley Loop Trail

15.9 miles

Gernt Trail to O&W Railbed	3.3 miles
East Laurel Overlook Trail	0.1 mile option
O&W Trail (Gernt to Coyle Branch)	2.8 miles
Coyle Branch Trail	1.2 miles
Section of North White Oak	5.3 miles
Connector	0.3 miles
Grooms Branch Trail	3.0 miles
For access to O&W Bridge travel east along O&W trail. For access to Zenith travel west along O&W trail.	

Middle Creek Equestrian Trailhead

From TN 297, turn right on TN 154 and drive approximately 2 miles. Turn right onto Divide Road. In one mile, turn right onto Fork Ridge Road. The trailhead is on the left.

Long Trail – one way to Gobblers Knob Trailhead

6.5 miles

Charit Creek Lodge via Fork Ridge Multi-use Trail

5.6 miles one way

Charit Creek Equestrian Trailhead

From TN 297 turn right on TN 154 and drive approximately 2 miles. Turn right onto Divide Road. In one mile turn right onto Fork Ridge Road. Past Middle Creek Equestrian Trailhead the road becomes a narrow, one-lane, multi-use trail. Trailers are not recommended. If you choose to continue, the trailhead is located on the left at the power-line cut.

Charit Creek Lodge Trail – one way

1.3 miles

Station Camp Crossing – one way from lodge to river

4.0 miles

Hatfield Ridge Loop Trail – from Charit Creek Lodge

11.0 miles

Charit Creek Overlook Trail – from loop, one way

1.0 mile

Black House Branch Trail – one way to Jacks Ridge Loop

2.3 miles

Gobblers Knob Trailhead

From TN 297, turn right onto TN 154 and drive approximately 2 miles. Turn right onto Divide Road. Remain on Divide Road for approximately 4.8 miles. Turn right onto Terry Cemetery Road. The trailhead is approximately 1.3 miles on the left. From this point, Terry Cemetery Road becomes a multi-use trail.

To Hatfield Ridge Loop – one way

1.8 miles

Hatfield Ridge Loop

11.0 miles

Terry Cemetery Trailhead

Travel past Gobblers Knob Trailhead. Follow the multi-use Terry Cemetery Trail for approximately 3.8 miles.

Longfield Branch Trail – to No Business Creek

1.0 miles

No Business Trail – ends at the Big South Fork River

3.5 miles

Peters Mountain Trailhead (KY)

From TN 154, turn right onto Divide Road. Continue on Divide Road approximately 5.6 miles. Peters Mountain Trailhead is on the right. It is north of the TN/KY state line.

To Bell Farm Horse Camp – one way

5.0 miles

To Blue Heron, river ford – one way

11.4 miles

To Big South Fork River via No Business Creek Trail – one way

6.1 miles

Combines: Laurel Ridge Road – Laurel Hill Trail – Millers Branch Trail – No Business Trail

Station Camp Equestrian Trailhead

Traveling from the east side of the park follow TN 297 to the intersection of Station Camp Road. Continue straight (TN 297 turns left at the intersection). Travelling from the west side of the park follow TN 297 through the park. At the stop sign turn left onto Station Camp Road. After entering the park, the Station Camp Equestrian Trailhead is on the right.

Pilot Wines Loop Trail

15.0 miles

Dome Rockhouse Trail – one way

2.5 miles

Big Island Loop Trail

14.0 miles

River Trail East – one way from Station Camp Crossing

6.0 miles

This is a partial list of the most popular horse trails.

For information on additional trails contact the Bandy Creek Visitor Center at 423-286-7275.