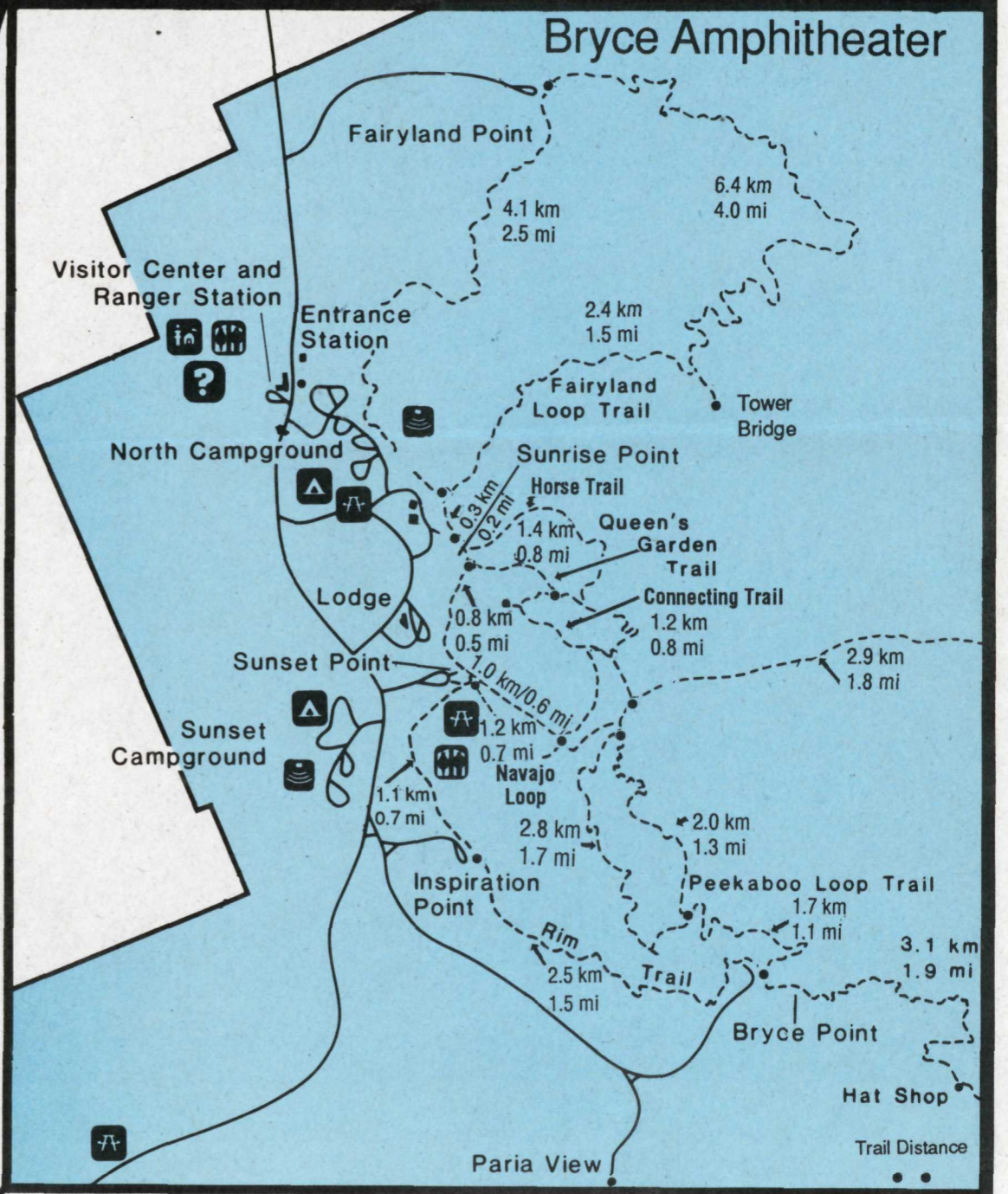
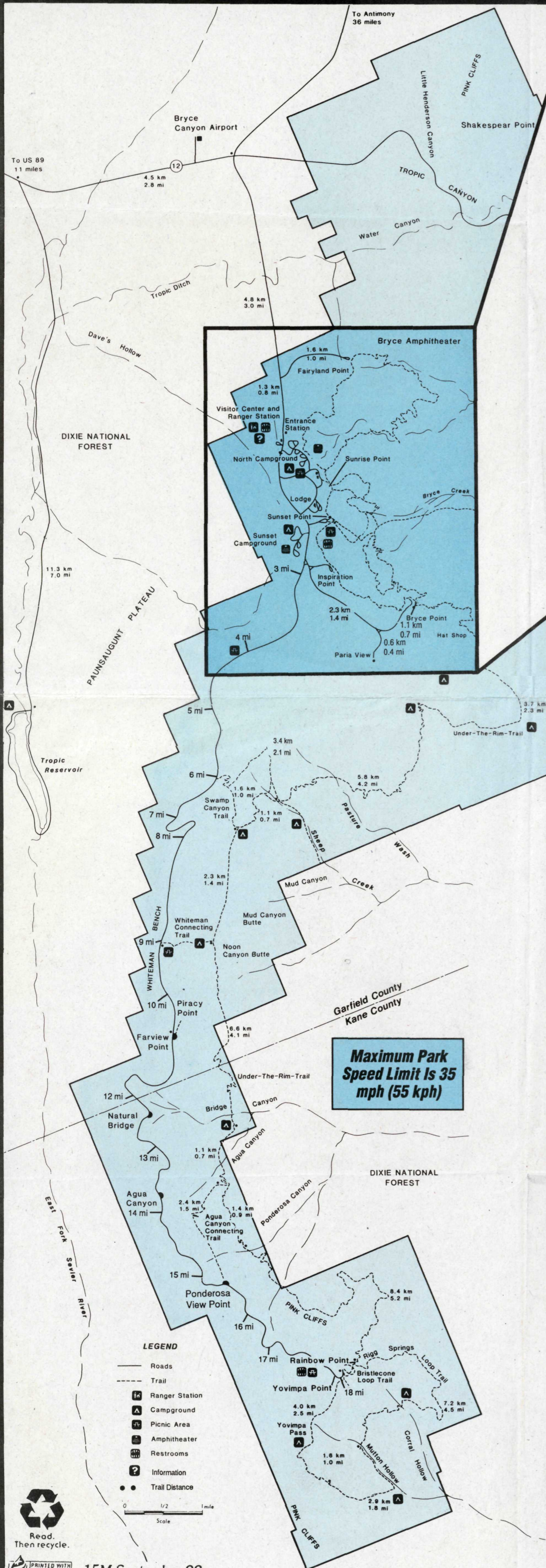


Bryce Canyon

Bryce Canyon National Park
Utah

National Park Service
U.S. Department of the Interior



THE TRAILS

The best way to see the natural beauty of Bryce is to hike along the trails that run through the principal parts of the park. But if you have only a limited amount of time you can see spectacular views of the diverse colors and formations by driving to the overlooks. Those in the Bryce Amphitheater take about one hour.

Along the trails, you will see a great variety of unusual eroded rock formations. Most of the colors come from the oxidation of minerals, especially iron.

Backcountry trails wind through scenery that is different, but no less spectacular than the main Bryce Amphitheater.

DAY HIKES

TRAIL	STARTING POINT	ROUND TRIP DISTANCE	ASCENT	ROUND TRIP TIME	DEGREE OF DIFFICULTY
RIM TRAIL	Anywhere Along Rim (not a loop)	Up to 17.7 km Up to 11.0 mi	168 m 550 ft	4-5 hrs.	Easy to moderate
BRISTLECONE LOOP*	Rainbow Point	1.6 km 1.0 mi	31 m 100 ft	1 hr.	Easy to moderate
QUEEN'S GARDEN	Sunrise Point (not a loop)	2.9 km 1.8 mi	98 m 320 ft	1-2 hrs.	Moderate.
NAVAJO LOOP	Sunset Point	2.2 km 1.3 mi	159 m 521 ft	1-2 hrs.	Moderate to strenuous
QUEEN'S GARDEN/NAVAJO LOOP COMBINATION	Sunset Point OR Sunrise Point	4.6 km 2.9 mi	*159 m 521 ft	2-3 hrs.	Moderate to strenuous
PEEKABOO LOOP*	Bryce Point OR Sunset Point OR Sunrise Point	7.8-10.9 km 4.8-6.8 mi	153-244 m 500-800 ft	3-4 hrs.	Strenuous
TOWER BRIDGE*	North of Sunrise Point (Not a loop)	4.8 km 3.0 mi	244 m 800 ft	2 1/2 hrs.	Strenuous
FAIRYLAND LOOP*	Sunrise Point	12.9 km 8.0 mi	275 m 900 ft	5 hrs.	Strenuous
TRAIL TO THE HAT SHOP*	Bryce Point (not a loop)	6.0 km 3.8 mi	275 m 900 ft	4 hrs.	Strenuous

BACKCOUNTRY HIKES

UNDER THE RIM TRAIL*	Various Points Along the Rim	Up to 35 km Up to 22 mi	275 m 900 ft	2-3 days (Varies)	Strenuous
RIGGS SPRING LOOP*	Rainbow Point	12.4 km 7.7 mi	529 m 1657 ft	1-2 Days	Strenuous

*Trails are extremely difficult to locate in winter.

FOR YOUR SAFETY AND THE SAFETY OF OTHERS

When you hike, remember that the hardest part of your trip will be the return. In most cases, it is all uphill. Wear sturdy walking shoes and carry water with you.

Guard your health while you are hiking, and remember that your heart and lungs may not be used to vigorous exercise at such high altitudes.

Do not take shortcuts, as this would only endanger you and others.

Lightning kills! Stay in your car during thunderstorms. If you are caught outside during a storm, avoid isolated or open areas and stay clear of the canyon rim and tall trees.

Keep a close watch on children at all times. There are many steep drop-offs and a fall could be fatal. Inquire about the required backcountry permit, topographical maps and current trails information at the Visitor Center.



PRINTED WITH SOY INK

15M-September 92