alone tor small tish. yellow feet, white body, seen foraging roud plack bill, long neck, long legs,

L 24" WS 41"

2uomy Egret (Egretta thula)

dive, and swim for fish. plackish, seen spreading wings to dry, slender body, 4 webbed toes, mostly 2traight hook tipped bill, long neck, L 28-34" WS 39-52"



Cormorant (Phalacrocoracidae)

on shell fish and fish. pack, seen in open coastal habitat, feed large stocky body, round head, dark Heavy thick-tipped slightly drooping bill, 1 25" WS 58"



Western gull (Larus occidentalis)

on small invertebrates. running and bobbing on mud flats, forage medium-long leg, brownish-gray, seen Thin long bill, roundish stocky body, "21 SW "2.7 J



2auqbiber (2colobacidae)

Is it stalking, standing still, or tlitting about? the bird is acting. Is it alone or in a group? **Behavior:** lake a moment to notice how obvious when it is in flight?

call or make a particular sound? Does it

recognized by their actions alone. somewhere? Some birds are easily Is it on the ground or perched high up

Voice/Calls: Does the bird have a distinct

yave more than one call?

on its tail? Do certain marks only become there any wing bars or a different color the throat or the back of the head? Are eye-brow stripe? Does it have a spot on Does the face have an eye-ring or an markings that are different from all others. Field Marks: Most birds have distinct



narrow? Straight, rounded or notched? Tails: Is the tail short or long? Wide or

http://www.audubon.org/field-guide/bird/

Guided adapted from:

straight? the wings shaped? Are they curved or MINDS: How pig is the wingspan? How are

sbarrow. Is it chunky or thin? swaller than a crow, but larger than a comparing to a more common bird: goqy: Iry to narrow the size down by



POOKEG

Is it thin or thick? Long or short? Flat or Beaks/Bills: What is the shape of the bill?

Birding Basics

Great Blue Heron (Ardea herodia)



L 46" WS 72"

Long straight bill, long neck, large body, long legs, grey plumage, seen wading alone in shallow water, feed mostly on

Brown Pelican(Pelecanus accidentalis)



L 51" WS 79"

Large pouched bill, long neck, large body, webbed feet, grey-brown or silvery, seen flying silently in lines or plunge-diving for fish.

Anna's Hummingbird (Calypte anna)



L 4" WS 5.25"

Long thin bill, tiny body, small wings, broad tail, green-gray above, darker gray-green below, M: red throat and crown, F: red throat-patch, seen feeding on nectar, wings make whirring sound.

Bushtit (Psaltriparus minimus)



L 4.5" WS 6"

Stubby bill, rounded wing, tiny round body, long tail, gray-brown, seen in swarming flock on bushes and trees eating aphids and tiny insects.

Our Role

The core mission of the National Park Service is to protect and preserve natural resources, processes, systems, and values of the parks they manage. Our philosophy is protect, and restore when necessary, native ecosystems and let natural processes play out. Park Rangers and Volunteers document their observations of flora and fauna. Scientists conduct research to try to understand the status and trends of the species and systems they protect. This information is vital to advising park management and philosophy.

Each person can play a role in helping our feathered friends. As you learn more about birding you will find that your actions play a direct part in the welfare of the birds that you see. Remember that birds, while raising their young, want to be left alone. The more silent you are as you move about the more birds you will see. Sometimes the best way to spot birds is to just sit, wait, and listen. You just might be surprised by how many you see when you do this.



Cabrillo National Monument Birding Guide



For more information: www.nps.gov/cabr

defending trees eating insects and fruit. rounded wings, long tail, mostly gray with zport bill, small slightly stocky body, "10" WS 14"

Wocking Bird (Mimus polyglottos) and insects. oben and brush teeding on seeds, truit, ciunamon under tail, seen alone in the rounded wings, dark brown-gray color, zport conical bill, medium stocky body, "6" WS 11.5"



California Towhee (Pipilo crissalis)

undergrowth teeding on seeds. white spots on wing and tail, seen alone in white patches on wing and tail, seen alone round wings, black outer body, red eye, 2pot conical bill, medium stocky body, "6.01 SW "8.8 1



Spotted Towhee (Pipilo maculatus)

searching for seeds and insects. with orange breast, seen in small groups short rounded wings, short tail, mostly blue 2 your plunt tipped bill, small stocky body, .5.EL SW "7 I



Western Bluebird (Sialia mexicana)

perch catching flying insects. except for white belly, seen flying from low peaq' tonuqeq mings, long tail, blackish Short broad flattened bill, slight crest on "LL SM "Z T



Black Phoebe (Sayornis nigricans) aud eyebrows, winter group torager. prown crown stripes with white center mith light chest, orange-yellow bill, blackrounded wings, long fail, brownish-gray Short conical bill, small stocky body, "6 SW "27.3 J



White-crowned Sparrow (2 albicollis)



torehead and chest, seen in small flocks.

aιαλ with streaks, M: has orange-red

tipped wings, longish square tail, brownish-

Short stubby arched bill, round head, short

Honse Finch (Carpodacus mexicanus)

in small perched flocks, quick flight ou rump usually seen when tlying away, see sport fail, gray-brown with bright yellow-spot Stout dark bill, rounded wing, oval body, . 1 2.5" WS 9.25"



Kellow-rumped Warbler (D. coronate)

Western Scrub-Jay (Aphelocoma insularis)



L 11.5" WS 15.5"

Thick billed, crestless head, sturdy body, broad round wings, long tail, dark to light gray underside, seen flying tree to tree, feeds on seeds, nuts, fruits, and insects.

California Thrasher (Toxostoma redivivum)



L 12" WS 12.5"

Long curved bill, slightly rounded body, rounded winas, long tail, buff color belly and undertail, dark eye-line, seen foraging (thrashing) on ground for inverts. Mourning Dove (Senaida macroura)



L 12" WS 18"

Short bill, small head, slender body, narrow pointed wings, long pointed tail, brown-gray with spots on wings, seen resting on wires or foraging on ground for seeds. Call is a sad hoot boo-hoo-hoo.



L 17.5" WS 39"

Large straight bill, broad wings, short slightly rounded tail, black, seen flapping wings, extremely diverse diet, clear caw call

Common Raven (Corvus corax)



L 24" WS 53" Long slightly hooked bill, shaggy throat, long narrow wings, wedge-shaped tail, black, seen soaring, diverse diet, raspy voice.

Peregrine Falcon (Falco pergrinus)



Short hooked bill, stocky broad body, very pointed winas, shortish tail, sharp talons, dark "mustache", yellow eye and nose stripe, eats small and medium birds.

Red-tailed Hawk (Bateo jamaicensis)



L 19" WS 49"

Short hooked bill, stocky broad body, rounded wings, red on tail top, sharp talons, black edge on underside of wing, seen hunting small mammals from perch

Osprey (Pandion haliaetus)



L 23" WS 63"

Short hooked bill, stocky body, long crooked wings, striped tail, sharp talons, dark eye stripe and white hood, seen perched on poles, dives into water for fish