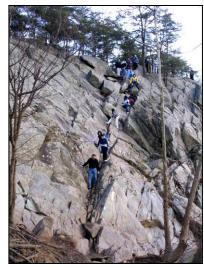
Chesapeake and Ohio Canal



ARE YOU PREPARED FOR BILLY GOAT TRAIL A?

- One of the most difficult and strenuous trails in the east.
- Allow up to 4 hours.
- Scrambling over steep cliffs, angled rocks and boulders, and climbing is required:
 - Pothole Alley is a section of trail where hikers must navigate over large boulders and jagged rocks.
 Good balance is required to hop over crevasses and climbing over rocks.
 - Hikers must find a way up/down a 40 ft. cliff. There is not an alternative trail around.
- Not recommended for people afraid of heights or with poor balance.
- Visitors in less than optimum health, carrying small children, or those hikers who are not experienced or properly outfitted, should consider other trail hiking options.
- Carry & drink lots of water.
- Wear sturdy hiking shoes with good soles.
- In order to protect rare plants & habitats do not walk off the blue blazed trail to avoid a puddle or difficult section. Stay on the trail.
- Absolutely NO bikes or dogs are allowed on this trail.



Hikers on 40 foot cliff