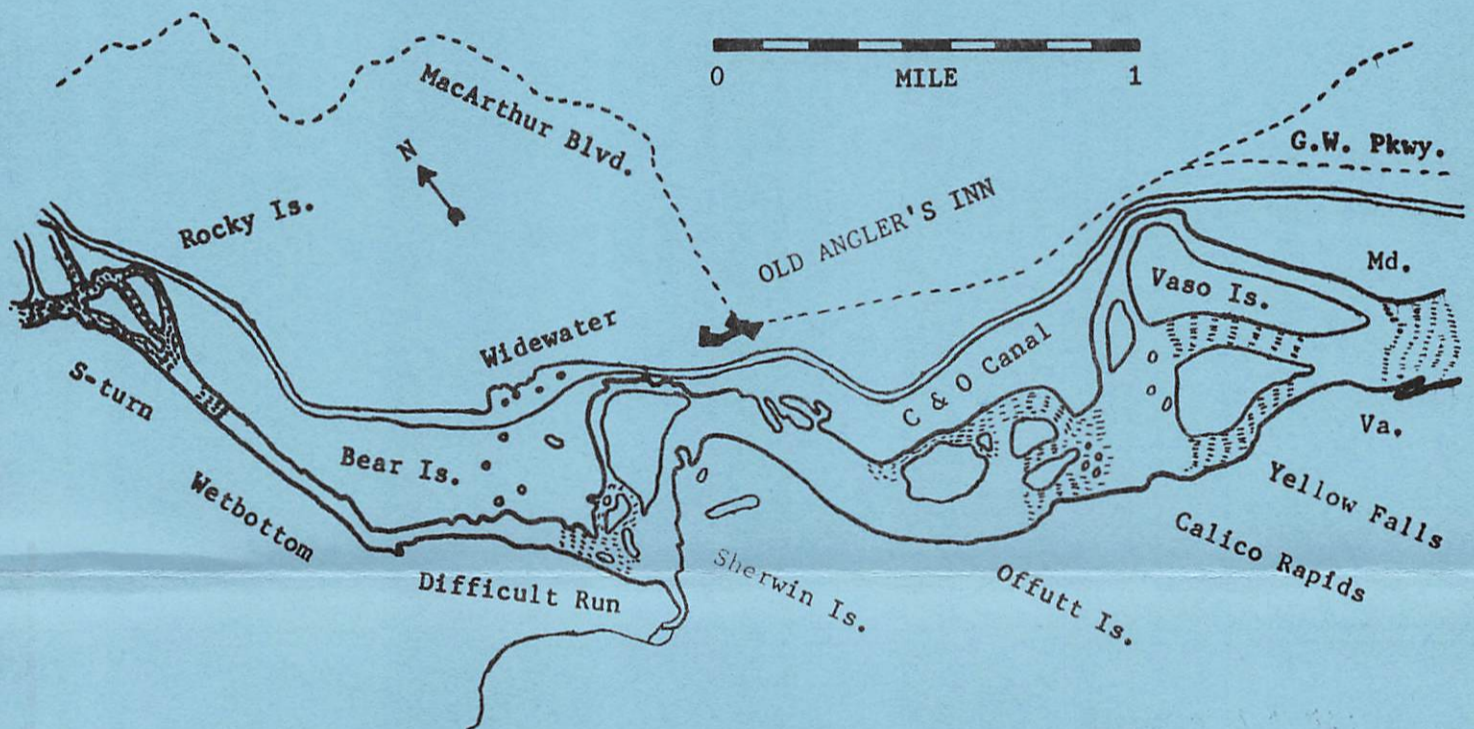


OLD ANGLER'S INN

Virtually a mecca for local whitewater boating, this area is unique in that within a short paddling distance are rapids ranging from the novice level to those requiring a high standard of expertise. Paddling upstream, you will enter the lower end of Mather Gorge. As you travel upriver the rapids increase in difficulty. Downstream the rapids calm, permitting a more relaxed pace amid less awesome surroundings.

Water levels: One of the most hazardous canoeable sections at any level is the "S"-turn. From 3.9 feet to 4.8 feet, the waves of the Rocky Island rapids reach heights of three to seven feet, often causing open boats to swamp. At levels of 5.0 feet to 6.0 feet, the Difficult Run rapids have obvious danger points. The Potomac River should be judged dangerous and approached with extreme caution at levels in excess of 6.0 feet. River level recordings are available in feet, tenths and hundredths by dialing 899-3210.



Most incidents of drowning or what will at best be a harrowing experience are caused by ignoring a few basic tenets of safe boating. An awareness of these concepts will enable you to enjoy and appreciate one of the last bastions of personal adventure, the solitude of tranquil waters or the power of a raging wilderness river.

WEAR A LIFE JACKET !

BE A COMPETENT SWIMMER !

BE AWARE OF RIVER HAZARDS !

REMEMBER: COLD WATER KILLS !

For additional information, contact the National Park Service, Chesapeake and Ohio Canal National Historical Park, 11710 MacArthur Boulevard, Potomac, Maryland 20854 (301) 299-3613, -2945 or -4159.

EMERGENCIES
D.C. TO SENECA
CALL U.S. PARK POLICE
902-426-6680

MATTER



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