National Park Service
U.S. Department of the Interior

Delaware Water Gap National Recreation Area





From spring's wildflowers, summer's cool forest retreats, autumn's crisp air and fall colors to winter's open vistas along trails, hiking provides special rewards year-round.

Waterfall Ravines

Cliff Park: Hackers Trailhead (Yellow blazes) GPS 41.290300, -74.840100

This moderate trail leads to a waterfall and pool in a shady forest, about 2 miles round-trip. A loop of 3.1 miles will also take in an overlook along Cliff Trail (white blazes).

Directions

From downtown Milford, PA

- 1. Travel south on US-209 about 3.2 miles.
- 2. Turn right onto Raymondskill Road at mile marker 18.
- 3. Park in the first parking lot on the left.

From I-80 in East Stroudburg, PA

- 1. Take exit 309 to US-209 N for 27 miles.
- 2. Turn left onto Raymondskill Road at mile marker 18.
- 3. Park in the first parking lot on the left.

George W. Childs Park GPS 41.23733, -74.91916

This park offers an easy to moderate 1.4 mile loop that passes three waterfalls, accessible observation decks, and a picnic area. This is a trash-free site; carry out what you carry in.

Directions

From downtown Milford, PA

- 1. Travel south on US-209 about 7.7 miles.
- 2. Turn right onto PA 739 N between mile markers 14 and 13.
- 3. Turn left onto Silver Lake Road.
- 4. Turn left onto Park Road and left again into the parking area.

From I-80 in East Stroudburg, PA

- 1. Take exit 309 to US-209 N for about 22.7 miles.
- 2. Turn left onto PA 739 N between mile markers 13 and 14.
- 3. Turn left onto Silver Lake Road.
- 4. Turn left onto Park Road and left again into the parking area.

Dingmans Falls GPS 41.22948, -74.88790

A flat boardwalk trail about 0.5-mile round trip passes Silverthread and Dingmans Falls. The visitor center at Dingmans Falls is open during the summer.

Directions

From downtown Milford, PA

- 1. Travel south on US-209 about 8 miles.
- 2. Turn right onto Johnny Bee Road between mile markers 13 and 12.

From I-80 in East Stroudburg, PA

- 1. Take exit 309 to US-209 N for 22 miles.
- 2. Turn left onto Johnny Bee Road between mile markers 12 and 13.

Raymondskill Falls GPS 41.290229, -74.841310

This easy-to-moderate, 0.3-mile round-trip includes the upper falls and middle falls with a 178 foot descent. Raymondskill Creek at the base of the ravine is a 1-mile round-trip. The falls are not viewable from the Raymondskill Creek Trail.

Directions

From downtown Milford, PA

- 1. Travel south on US-209 about 3.2 miles.
- 2. Turn right onto Raymondskill Road at mile marker 18.
- 3. Parking lot is on the left.

From I-80 in East Stroudburg, PA

- 1. Take exit 309 to US-209 N for 27 miles.
- 2. Turn left onto Raymondskill Road at mile marker 18.
- 3. Parking lot is on the left.

Streams and Ponds

Pocono Environmental Education Center (PEEC) (41.170826, -74.913303)

PEEC has 10 miles of varied trails open to the public. Maps and details are available at PEEC's visitor center and at www.peec.org.

Sensory Awareness Trail (0.25 mile)

A rope guide leads blindfolded hikers through a listening and sensing experience.

Fossil Trail (1.3 miles, Blue blaze)

Look for (but don't take!) fossils along an ancient marine escarpment on this moderately difficult trail.

Two Ponds Trail (1.5 miles, White blaze) See wildlife, pine stands, and Pickerel Pond on this flattest and easiest trail.

Scenic Gorge Trail (2 miles, Red blaze)

Fairly easy trail which follows a stream. This easy-to-moderate trail can be muddy in rainy weather.

Tumbling Waters Trail (3 miles, Orange blaze)

Enjoy scenic vistas, two waterfalls, and a meadow on this moderately difficult trail.

Ridgeline Trail (4 miles, Yellow blaze)

This moderately difficult trail ascends and descends through forests, shady ravines, and vernal wetlands.

Directions

From downtown Milford, PA

- 1. Travel south on US-209 about 13 miles.
- 2. Turn right onto Brisco Mountain Road. between mile markers 9 and 8.
- 3. Take a slight right onto Emery Road.

From I-80 in East Stroudburg, PA

- 1. Take exit 309 to US-209 N for 17 miles.
- 2. Turn left onto Brisco Mountain Road. between mile markers 8 and 9.
- 3. Take a slight right onto Emery Road.

Toms Creek Picnic Area Trails GPS 41.126817, -74.955121

An 0.8-mile flat stroll along the creek is ideal for children.

Directions

From downtown Milford, PA

- 1. Travel south on US-209 about 16 miles.
- 2. Turn right onto Egypt Mills Road between mile markers 5 and 4.

From I-80 in East Stroudburg, PA

- 1. Take exit 309 to US-209 N for 17 miles.
- 2. Turn left onto Egypt Mills Road between mile markers 4 and 5.

Woods

Cliff Park: Milford Knob (Green blazes) GPS 41.309467, -74.807317

This moderate to difficult 400-foot climb leads to an overlook of the town of Milford, PA and is 2.6 miles round-trip.

Directions

From downtown Milford, PA

- 1. Travel south on US-209 about 1.2 miles.
- 2. Turn right into the parking lot at the park's north entrance station between mile markers 21 and 20.

From I-80 in East Stroudburg, PA

- 1. Take exit 309 to US-209 N for 32.2 miles.
- 2. Turn left into the parking lot at the park's north entrance station between mile markers 21 and 20.

Hidden Lake Picnic Area GPS 41.050587, -75.053237

This easy, 1.9-mile trail loops through the forest around the lake.

Directions

From Downtown Milford, PA

- 1. Travel south on US-209 about 22.3 miles.
- 2. Turn left onto Keystone Road.
- 3. Turn left onto Hidden Lake Drive.
- 4. Turn right into Hidden Lake.

From I-80 in East Stroudburg, PA

- 1. Take exit 309 to US-209 N for about 8.1 miles.
- 2. Turn right onto Keystone Road.
- 3. Turn left onto Hidden Lake Drive.
- 4. Turn right into Hidden Lake.

McDade Recreational Trail

This trail extends for 31 miles on the PA side of the park. It is open to hiking, biking, and cross country skiing. It offers a varying range of challenges from easy to difficult.

Directions

Trailheads are located along the entire length of the park on US-209 every 0.5 to 5.3 miles from Milford Beach to the Hialeah Recreation Site.

Trailheads	Trail Mileage
Milford Beach	31.0
Pittman Orchard	28.5
Conashaugh	26.0
White Pines	24.5
Schneider Farm	21.4
Jerry Lees	16.1
Eshback Access	14.3
Egypt Mills	12.5
Bushkill Access	10.1
Bushkill Village	8.4
Park Headquarters	6.6
Owens	5.9
Turn Farm (spur)	5.2
Riverview	4.6
Smithfield Beach	2.0
Hialeah River*	0.0

^{*} Trail Mileage begins at Hialeah Recreation Site

To learn more about these and other trails visit: www.nps.gov/dewa/planyourvisit/trails.htm