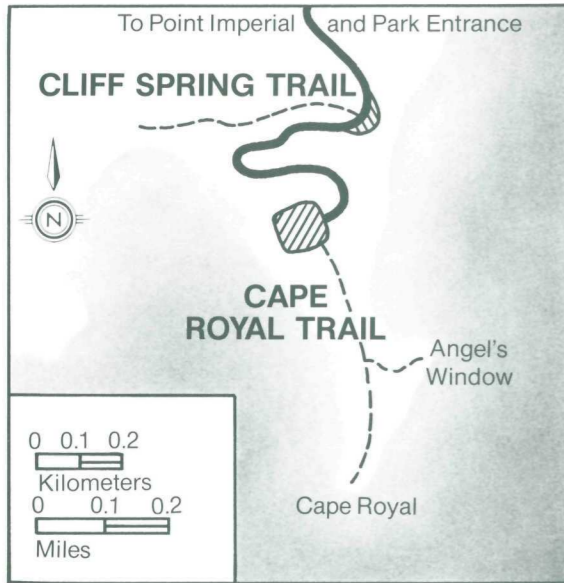


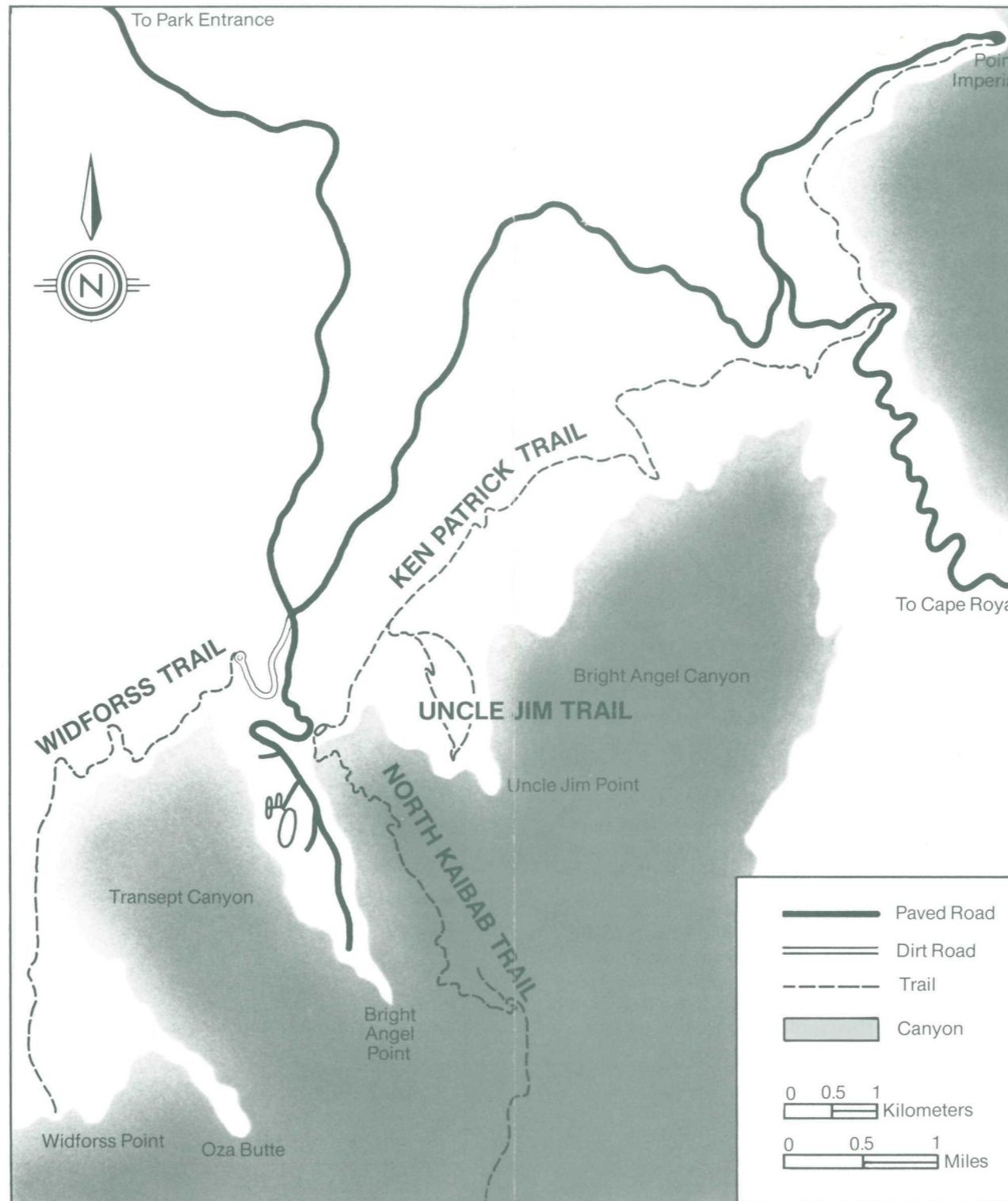
WIDFORSS TRAIL: 16 km (10 mi), 5 hours round trip. Blends forest and canyon scenery. Even a short walk can be very satisfying. Take the dirt road .4 km (¼ mi) south of Cape Royal Road 1.6 km (1 mi) to the Widforsss Trail parking area.

KEN PATRICK TRAIL: 19.3 km (12 mi). 6 hours one way. Winds through the forest and along the rim from Point Imperial to the North Kaibab Trail parking area.



CAPE ROYAL TRAIL: 1 km (0.6 mi). One-half hour round trip. An easy walk on a flat, paved trail providing views of the canyon, Angel's Window, and the Colorado River. Metal photo markers along the trail interpret the area's natural history. Trail begins at the southeast side of the Cape Royal parking area.

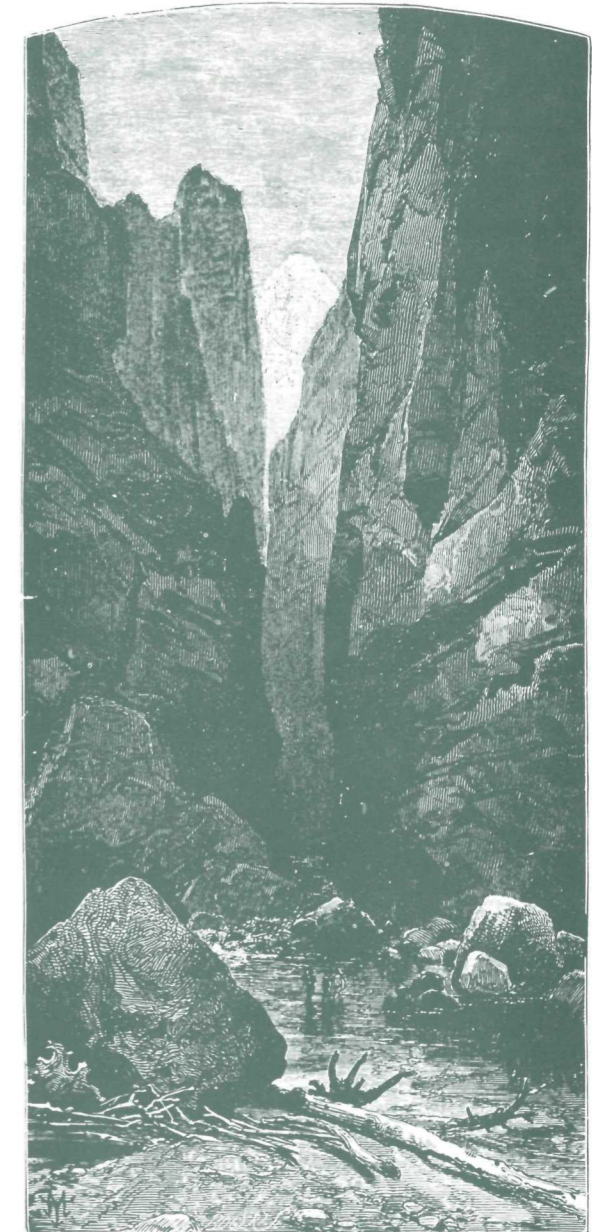
CLIFF SPRINGS TRAIL: 1.6 km (1 mi), one hour round trip. Meanders down a forested ravine and past a small Indian ruin. The trail ends where a chest-high boulder rests under a large overhang. The spring is on the cliff-side of the boulder. Starts directly across the road from the Angel's Window Overlook (a small pullout on a curve 0.5 km [0.3 mi] down the road from Cape Royal).



Grand Canyon Natural History Association 1982

NORTH RIM

DAY HIKES AND WALKS



Grand Canyon National Park

There is only one Grand Canyon. It belongs to everyone. During your visit we ask you to respect the rights of others.

Please . . . carry out your *trash*.

Pets may frighten wildlife. They are not allowed on any of the trails.

Leave all *fossils, rocks, plants* and *animals* as you find them so those who come after you may also enjoy them.

Throwing or rolling rocks is prohibited. There may be hiking trails below you.

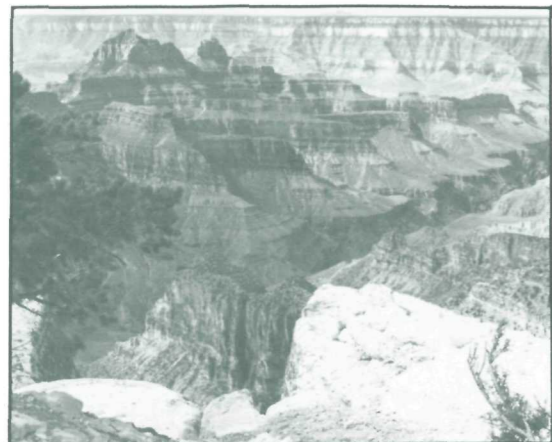
Vehicles, including bicycles, are allowed only on paved or designated roads.

Please stay on trails. Cutting across switchbacks can be dangerous and increases trail erosion.

Permits are not required for day hikes, but are required for camping in the canyon. For further information or hiking permits, talk to a ranger at the National Park Service Information Desk in the lobby of Grand Canyon Lodge.

Litter has become a problem on many trails. Please use trash receptacles and remember, cigarette butts are litter, too.

Hiking times given in this pamphlet are averages for a person in good physical condition. A good rule is to decide in advance how many hours you wish to hike. When one-third of that time has passed, turn around and start hiking back.



View from Transept Trail

NORTH KAIBAB TRAIL—This is the only maintained trail into the canyon from the North Rim. Even a short hike on this trail can give you an appreciation for the canyon's rich natural beauty and immense size.

A full day (6 to 8 hours) should be allowed for a trip to Roaring Springs and back. Roaring Springs lies 930 m (3041 ft) below the rim and is a 15 km (9.4 mi) round trip.

Summer temperatures at Roaring Springs can exceed 32° C (90° F). You should know the prevention, symptoms and treatment of heat stroke and heat exhaustion.

There is **NO WATER** between Roaring Springs and the rim. Carry at least 2 liters (2 quarts) of water per person.

Mules have the right-of-way on the trails. If you meet a mule string, stand quietly by the side of the trail and obey any instructions given by the wrangler.

FOREST AND RIM TRAILS

BRIGHT ANGEL POINT TRAIL: 0.8 km (0.5 mi), one-half hour round trip. A short walk on a paved trail to a spectacular view of the canyon. Begins at the log shelter in the parking area by Grand Canyon Lodge or at the corner of the east patio behind the Lodge. Self-guiding nature trail pamphlets are available from a box along the trail.

TRANSEPT TRAIL: 2.4 km (1.5 mi), 45 minutes one way. Follows the canyon rim from Grand Canyon Lodge to the campground. Return along the same trail or take the Bridle Path which parallels the main road.

UNCLE JIM TRAIL: 8 km (5 mi), 3 hours round trip. Winds through the forest to a point overlooking the canyon and the North Kaibab Trail switchbacks. Begins at the North Kaibab Trail parking lot. This trail is also used by mule strings.

