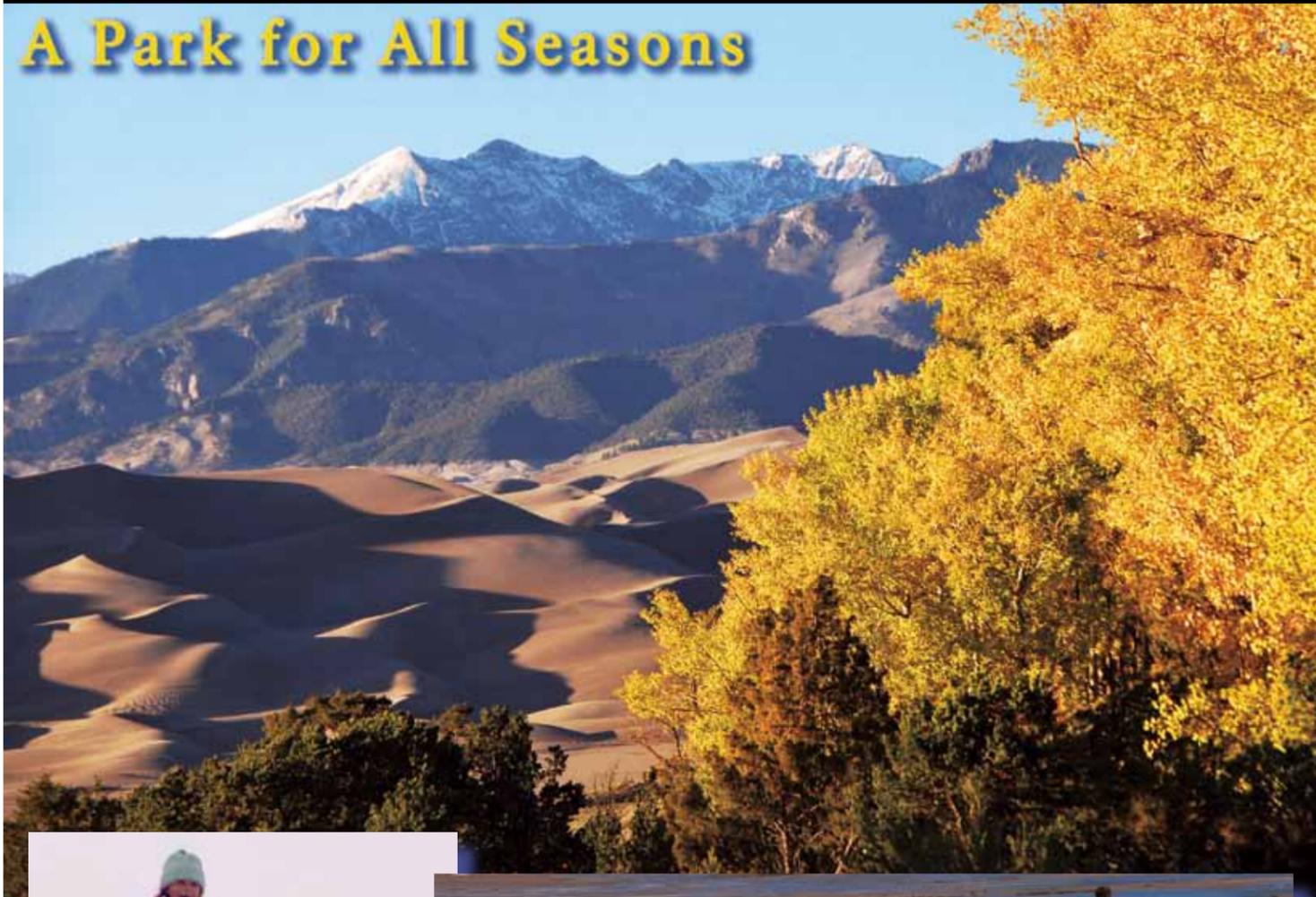


Visitor Guide

Great Sand Dunes
National Park
and Preserve



A Park for All Seasons



Welcome!

Great Sand Dunes offers diverse experiences throughout the year. Whether you backcountry ski in winter, splash in Medano Creek during spring, explore mountain trails in summer, or photograph gold aspens in fall, you'll find Great Sand Dunes is a park for all seasons.



New research (page 8) confirms that Great Sand Dunes contains many of the tallest dunes in North America. While I encourage you to enjoy these massive dunes, I challenge you to also discover and learn about some of the less obvious features of this park. The park protects insect species found nowhere else in the world. The dunes have drawn people to the area for thousands of years and today the park preserves the archeological sites, historic homesteads, and trails made by earlier inhabitants. On a clear night, the skies are so dark that you can see the Milky Way.

Whatever your interests, I think you'll discover that Great Sand Dunes National Park and Preserve has much to offer in every season.

Lisa Carrico
Superintendent



There is something special about every season at Great Sand Dunes!



2-3 Getting Started

Information you'll need to prepare for your visit. Weather info, camping, programs, accessibility, and local services.



4-6 Exploring Your Park

Suggested trails, destinations, and activities. Color map, photos, distances, and average travel times are included.



7 Places Nearby

Nearby attractions including state and federal lands featuring wetlands, 14,000' peaks, and historic sites.

For Your Safety

Weather The weather can change rapidly at Great Sand Dunes! Storms and cold temperatures can occur any time of year. If you see a thunderstorm approaching, get off the dunes immediately. **Lightning** strikes can be fatal. Storms can produce flash floods in the mountains, especially in wildfire-burned areas in Medano Canyon. Dangerous debris flows can trap people or vehicles. Burned, standing trees may fall at any time, especially in wind.

Hot Sand In summer, the sand surface can reach 150°F (66° C) in mid-day. **Bring closed-toe shoes**, and protect your pets' feet. Hike the dunes early morning or evening. Although the sand surface can become hot, summer daytime highs are typically in the low 80s F (*upper 20s C*).

Wildlife Never feed wild animals. **Adhere to speed limit signs** on park and area roads to prevent accidents with crossing animals. Pay attention to wildlife alerts and information. **Bears and mountain lions** may be encountered; pick up the "Wild Ways" handout at the Visitor Center to learn more about these animals. In the campground, always store food, toiletries and trash in the bear-proof boxes provided at each site. Great Sand Dunes is home to a variety of wildlife. Visit the Visitor Center or attend a ranger program to learn more.

Altitude Park elevations range from 7,515 feet to 13,604 feet (2,291m to 4,146m) above sea level. The Visitor Center and campground are at approximately 8,200 feet (2,499m). Altitude sickness is a possibility. Symptoms include shortness of breath, headaches, and nausea. **Drink plenty of water (about one gallon or 2 liters per day)**, take it slow, and avoid alcoholic drinks. Seek medical attention if your symptoms are severe.

Emergency Call 911. Telephones are located at the Visitor Center, Dunes parking lot, and at the campground kiosk. You can contact a ranger at the Visitor Center during business hours.



**Keep wildlife wild.
Use campsite
bear-proof boxes.**

Getting Started

Please also visit our website
www.nps.gov/grsa



Weather Information

Temperatures are relatively cool all year, thanks to our high elevation (Visitor Center is at 8,200 feet/2,499m). Conditions are often calm, but winds can arise, especially in spring and during storm fronts. In summer, mid-day sand surface temperatures can soar to 150 F, but average daytime highs are only in the 80s F. Daytime temperatures feel warmer here year round due to intense high-altitude sunlight. Use sun protection. Nights are cool in summer, and frigid in winter.



Season	Highs (F)	Lows (F)
Winter	20s - 30s	-10 - 10
Spring	40s - 70s	20s - 40s
Summer	70s - 80s	40s
Fall	40s - 70s	20s - 40s

Entrance Fees

Entrance fees directly provide for improvements to park facilities and trails, and for the production of park brochures and visitor guides. Check www.nps.gov/grsa/feesandreservations.htm for a list of fee-free days during the year.

Per person (16 years and older) - valid for 7 days	\$3
Great Sand Dunes Annual Family Pass	\$15
Interagency Annual Pass (for all federal fee areas)	\$80
Senior Lifetime Pass (62 and older)	\$10
Interagency Lifetime Access Pass (permanent disability)	Free
Active Duty Military Annual Pass	Free

Visitor Center

The Visitor Center is open daily year round, except for federal winter holidays. You'll find ranger assistance, a 20-minute movie, exhibits, restrooms, vending machines, and park store. Phone: 719-378-6395.

Memorial Day weekend through July: 8:30-6:00
 August through September: 9:00-5:00
 October until Memorial Day weekend: 9:00-4:30

Free Ranger Programs



Most ranger-led programs are fun and interactive for all ages. In different programs you might touch real artifacts and fossils, safely hold a live amphibian, sing a funny song, view the stars through a telescope, or taste an edible plant. Programs are offered late May-September. Weekly schedules are posted at the Visitor Center, campground, and park website. Free programs for groups may be reserved in advance by calling 719-378-6395.

Piñon Flats Campground

Piñon Flats Campground contains 88 individual sites, of which 44 sites (Loop 2) can be reserved through www.reservation.gov or by calling 1-877-444-6777. The other 44 sites (Loop 1) are based on a first-come/first-serve basis. All 88 campsites are equipped for tent and RV sites, however RV sites can accommodate RVs no larger than 35 feet in length. There are no RV hook-ups but flush toilets and sinks are available in Loop 1 and Loop 2. All sites cost \$20.00 per night for a maximum of 6 people, 2 tents and 2 vehicles.



Three sites for groups of 15 or more are also available for reservation through www.reservation.gov or by calling 1-877-444-6777. Group sites cost \$65-\$80 depending on size. Trailers and RVs are not allowed in the group site campground.

Check-out is 1:00 p.m. for all campers. Quiet hours are from 10 p.m. to 6 a.m. Generators may run between 7 a.m. and 8 p.m. Loop 1, Loop 2 and group sites have picnic tables and fire pits. Purchase firewood at the Visitor Center, Campground Store, or the Oasis Store; wood gathering is not permitted.

Backcountry Campsites in the Park and Preserve

Backpack into the Dunes Wilderness, one of 7 designated sites along the Sand Ramp Trail, or into the National Preserve. A free backcountry permit from the Visitor Center is required. Fires and pets are not permitted in the national park backcountry, but are permitted in some areas of the preserve. Please "Leave No Trace".

Drive-In Camping Along Medano Primitive Road

Drive-in camping is permitted in 18 forested sites along the Medano Pass Primitive Road in Great Sand Dunes National Preserve. No permit is required. Access to these sites requires a high-clearance 4WD vehicle for soft sand, rocky terrain, and creek crossings. Camp along the road in designated first-come/first-served sites equipped with bear boxes and fire grates.

Pets

Leashed pets are permitted in day use areas and in the national preserve, but not in national park backcountry; ask for a map of permitted pet areas at the Visitor Center. Please clean up after your pet. During summer months, avoid hiking on the dunes with your pet during the mid-day. Sand temperatures during this time of day can harm your pet. Take proper amounts of water for your pet in addition to yourself. Medano Creek only flows seasonally.



Accessibility



An adult and child sand wheelchair are available upon reservation at the Visitor Center. The Dunes parking lot has an accessible mat to the creek as well a viewing platform. Accessible restrooms are available at the Visitor Center, Amphitheater, and Dunes parking lot. Three accessible campsites are located in the Campground (Site # 10, 14 in Loop 1, site # 63 In Loop 2).



Recycling and Green Initiatives

In recent years, Great Sand Dunes has made management decisions that are more efficient and environmentally friendly.

We have replaced windows in park facilities including park housing to improve energy efficiencies. The Visitor Center is now double insulated to be more energy-efficient as well. The park has increased its capacity to recycle a variety of materials keeping approximately 20,000 pounds of waste out of landfills this year. Take advantage of the recycling program at the following locations. Check the bottom of plastic containers for the recycling material number.

#1, #2 plastic	Campground, Dunes Lot, Visitor Center
Aluminum cans	Campground, Dunes Lot, Visitor Center
Dark glass	Campground, Dunes Lot, Visitor Center
Light colored glass	Campground, Dunes Lot, Visitor Center
#3 - #7 plastics	Campground
Steel Cans, Propane Cans	Campground

Junior Ranger Program



Get a free booklet at the Visitor Center for fun learning! Kids 3-12 complete required sections to become Junior Rangers; visitors 13 and older complete required sections to become Park Explorers. All ages earn a badge or patch! Completion of required sections and activities usually takes one to three hours, depending on your age group. Visit the park store in the Visitor Center to purchase Junior Ranger vests, hats, and passport stamp books.

Nearby Camping, Lodging, Dining, and Services

Great Sand Dunes Oasis (near park entrance)

- RV/Tent Campground, store, gas station, and duplex motel open April - October. Restaurant open May - September.
719-378-2222
www.greatdunes.com

Great Sand Dunes Lodge (near park entrance)

- Modern motel, open mid-March through October
719-378-2900
www.gsdlodge.com

Zapata Falls Campground (11 miles south of park entrance)

- Primitive BLM RV/tent campground; no water, compost toilets. \$11 per night.
719-852-5941 (BLM office in Monte Vista; no phone at campground)

San Luis State Park (15 miles west of park entrance)

- RV or tents. Water availability unreliable. Lakebed may be dry.
1-800-678-2267
www.coloradostateparks.reserveamerica.com

US Forest Service Campgrounds (in various mountain locations surrounding the San Luis Valley; closest campgrounds one hour from park entrance)

- Generally open May-September, depending on elevation
1-877-444-6777
www.fs.fed.us/r2/recreation/camping

The closest gas stations and convenience stores available year-round are in Mosca and Fort Garland. Lodging and groceries are available year-round in Alamosa and Monte Vista.

Great Sand Dunes is located in Alamosa County and Saguache County. For more camping, lodging, and local services, visit:
www.alamosa.org www.saguache.org

Medical Facilities

San Luis Valley Regional Medical Center 719-589-2511
 (24-hour Emergency Room, Family Physicians, and Specialists)

Convenient Care Clinic (until 8pm, 7 days/wk) 719-589-2562

Park Partners

Western National Parks Association

In partnership with the National Park Service since 1938, Western National Parks Association advances education, interpretation, research, and community engagement to ensure national parks are increasingly valued by all. Your purchases at the WNPA park store in the Visitor Center help make the national park experience possible for everyone. Become a WNPA member today! www.wnpa.org



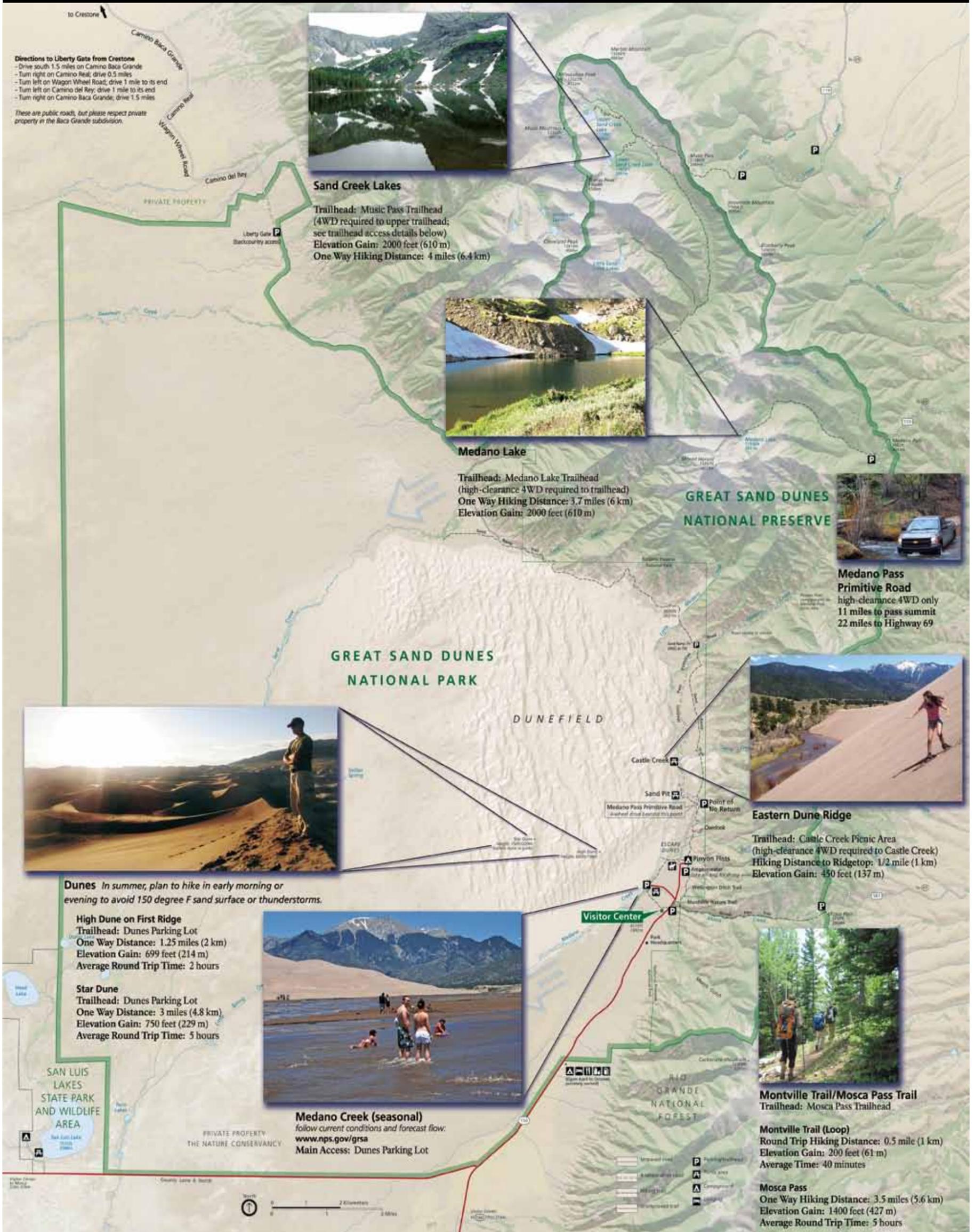
Friends of the Dunes

Friends of the Dunes is a non-profit citizen's support group for Great Sand Dunes National Park and Preserve. In cooperation with the National Park Service, the Friends provide a forum for citizen involvement in planning decisions, focus public interest on issues and need, and provide volunteer and financial aid for projects beyond the scope of the park's budget. Learn more and support the Friends by becoming a member. For more information visit www.friendsofgreatsanddunes.org

Friends of the Dunes board member Loree' Harvey helps at Junior Ranger Day.



Exploring

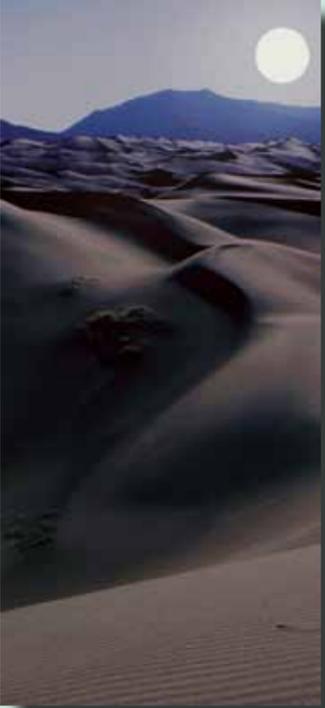


The park map is also available separately, distributed at the Entrance Station or Visitor Center. Download it at www.nps.gov/grsa/planyourvisit/maps.htm Area topographic maps are available for purchase at the Visitor Center.

- **Dunes Parking Lot:** 1 mile (1.6 km) from Pinyon Flats Campground or Visitor Center
- **Montville/Mosca Pass Trailhead:** 1/8 mile (100 m) north of Visitor Center, on east side of park road
- **Medano Lake Trailhead:** 1/2 mile (0.8 km) west of Medano Pass (high-clearance 4WD access only)
- **Music Pass Trailhead:** 4.5 miles (7.2 km) south of Westcliffe, turn off Highway 69 at Music Pass sign. At the "T" junction, turn left. 2WD drivers park at Grape Creek Campground (USFS). 4WD drivers may drive another 2.5 miles (4 km) to Music Pass Trailhead. From there, hike 1 mile (1.6 km) to Music Pass, or 4 miles (6.4 km) to Upper or Lower Sand Creek Lake. Allow 2 1/2 to 3 hours drive from Visitor Center to upper Music Pass trailhead, via Pass Creek Pass; ask a ranger or visit www.nps.gov/grsa/planyourvisit/directions.htm for directions from Visitor Center.

Exploring the Park (continued)

See pages 4-5 for map locations, and page 7 for nearby attractions

	Destination	Trailhead	Suggestions	Round Trip Distance	Average Time
 <p>Beach</p>	Medano Creek (seasonal)	Dunes Parking Lot (2WD) Sand Pit Picnic Area (4WD) Castle Creek Picnic Area (4WD)	In an average year, the creek flows at the Dunes Parking Area from April through June, with peak flow in late May. Current creek conditions and flow forecast are on the park's website: www.nps.gov/grsa	0 miles/km	0-4 hours
 <p>Dunes</p>	Dunefield	Dunes Parking Lot (2WD) Sand Pit Picnic Area (4WD) Castle Creek Picnic Area (4WD)	No trails - explore anywhere! Plan to hike on the dunes in early morning or evening during summer to avoid 150 degree F sand and thunderstorms. Get a free backpacking permit at the Visitor Center to spend a night on the dunes! Rent a specially designed sandboard or sand sled to slide on the dry sand surface: Oasis Store (park entrance) 719-378-2222, or Kristi Mountain Sports (Alamosa) 719-589-9759. <i>Flat snow sleds only slide on wet sand after rain. Cardboard, round saucers, and soft plastic items don't slide on sand.</i> Great Sand Dunes has excellent conditions for star and moon viewing. Star viewing is best on moonless nights. Star charts are available at the Visitor Center. Wear layers for warmth.	variable	0-5 hours
	High Dune on first ridge of dunefield	Dunes Parking Lot	Choose your own route to reach highest point on the first ridge of dunes	2.5 miles (4km)	2 hours
	Star Dune (tallest dune at 755 feet/230m)	Dunes Parking Lot	Hike down Medano Creek bed until Star Dune comes into view, then ascend ridge	6 miles (4.8 km)	5 hours
 <p>Forest</p>	Montville Loop	Mosca Pass Trailhead	Hike a short loop along foothills with shade and small creek; purchase interpretive trail guide at Visitor Center	0.5 miles (1km)	40 minutes
	Mosca Pass	Mosca Pass Trailhead	Hike up forested canyon to a low pass in the Sangre de Cristo Mountains. 1400 feet (427m) elevation gain.	7 miles (5.6km)	5 hours
	Medano Pass Primitive Road	Medano Road Entrance near Pinyon Flats Campground	High-clearance 4WD required. Soft sand on perimeter of dunes, creek crossings, and rocky roadbed. Primitive campsites.	7 miles (5.6 km)	3 hours
 <p>Alpine</p>	Medano Lake	Medano Lake Trailhead (1/2 mile west of Medano Pass along primitive road; high-clearance 4WD required to trailhead)	Hike through aspen and conifer forests to a small alpine lake below the summit of Mt. Herard. 2000 feet (610m) elevation gain. For advanced hikers, continue on the tundra 2 additional steep miles to the summit of Mt. Herard for a spectacular view of the dunes.	7.4 miles (12km)	7 hours
	Sand Creek Lakes	Music Pass Trailhead (3 hour drive from Visitor Center; 4WD required to upper trailhead) 4.5 miles south of Westcliffe, turn off Highway 69 at Music Pass sign. At the "T" junction, turn left. 2WD drivers park at USFS Grape Creek Campground. 4WD drivers drive another 2.5 miles to Music Pass Trailhead.	The alpine scenery in this basin is stunning, especially in mid-summer when flowers are blooming and patches of snow still lace the mountains. Generally accessible late June through October; check with a ranger for snow conditions before travel. Storms are frequent at this elevation. From Music Pass Trailhead, it is a 1 mile (1.6 km) hike to Music Pass for a view of the basin. Hike 3 more miles (5 km) to either Lower or Upper Sand Creek Lake. 2000 feet (610m) elevation gain. "The Essential Guide to Great Sand Dunes National Park and Preserve", available for purchase at the Visitor Center, has climbing information for the peaks above the lakes.	8 miles (13 km)	8 hours

Nearby Attractions

These nearby natural features reveal more of the San Luis Valley's beauty. The map below also indicates area historical museums.



Zapata Falls Recreation Area This 20 foot (7m) high waterfall cascades within a narrow crevasse about 10 miles south of the dunes. From the park entrance, drive south on Highway 150 to the Zapata Falls Recreation Area sign. Turn left and drive 3 miles (4.8km) up the gravel road, then hike 1/2 mile (800m) to the creek. Wade upstream into the cave to view the falls. Watch for falling rocks. Water may be swift and deep in early summer. Primitive campground, pit toilets, picnic tables, and mountain biking trails are available in the recreation area. Bureau of Land Management, 719-852-5941.

South Zapata Lake This is a good option for those who want to hike to an alpine lake, but don't have high clearance 4WD to access alpine trailheads in Great Sand Dunes National Preserve. For day hikes to the lake, use the Zapata Falls trailhead listed above; overnight backpackers are required to use the trailhead 1 mile (1.6km) below the day use trailhead. From Zapata Falls, hike 4 miles (6.5km) farther along a maintained trail to the lake (2,300 ft. or 701m elevation gain). Marmots and pikas chirp and whistle from the tundra slopes above. Twin Peaks, 13,580 ft. (4,139 m) may be climbed by ascending the steep tundra west of the lake. US Forest Service, Rio Grande National Forest, 719-852-5941.



Blanca Peak The fourth highest peak in Colorado is part of a massif containing four fourteeners and four thirteeners. From the national park, drive south on Hwy 150 to the dirt road between mile markers 3 and 4. This road is considered one of the roughest in the state; 2WD vehicles can travel less than one mile up the road, and 4WD vehicles average about two miles before the road becomes extremely rough. From the highway turnoff, the summit of Blanca Peak is about eight miles away with an elevation gain of 6,000 ft. (1829m). Minimum-impact camping is permitted on Forest Service land at least 200 feet from water. Please follow "Leave No Trace" guidelines. US Forest Service, Rio Grande National Forest, 719-852-5941.



San Luis State Park and Wildlife Area Recreational lake and wetlands with diverse shore birds. (Water may be absent in dry years). The state park is open year round; the wildlife area is closed February 15 - July 15 for nesting. <http://parks.state.co.us/Parks/SanLuis> 719-378-2020.



Blanca Wetlands Trails weaving between numerous shallow ponds provide opportunities to observe diverse bird species. From Highway 17, take County Road 2S east about 7 miles. The wetlands are closed for nesting February 15 to July 15.



Alamosa National Wildlife Refuge Alamosa NWR contains thousands of acres of wetlands within the floodplain of the Rio Grande. Meadows, river oxbows, and riparian corridors support high species diversity and create ideal conditions for viewing waterfowl, songbirds, and other wildlife. The Visitor Center is open March-November. 719-589-4021 www.fws.gov/alamosa



Monte Vista National Wildlife Refuge This refuge is a hotspot for sandhill cranes at sunrise and sunset during spring and fall. 719-589-4021.



Fort Garland Established as a US Army post in 1858, Fort Garland protected pioneer families and traveling wagon trains, and served as a western base of operations for the Union during the Civil War. Managed by the Colorado Historical Society; 719-379-3512.



Sangre de Cristo National Heritage Area was established to commemorate the diverse cultural heritage of the San Luis Valley. Hispano, Anglo and American Indian cultures have interacted in this area for two centuries. Los Caminos Antiguos Historic Byway (shown in red above) highlights sites in the Heritage Area. Visit www.sdcnha.org.

