Mount Vernon Trail

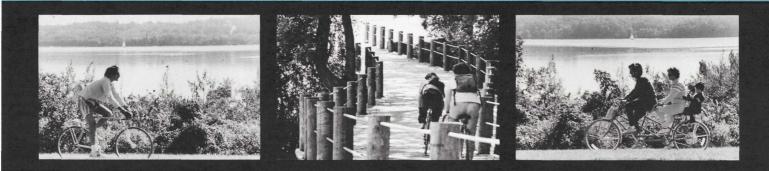
George Washington Memorial Parkway National Park Service U.S. Department of the Interior

Welcome to the Mount Vernon Trail

In 1973 the National Park Service constructed the Mount Vernon Trail in the Potomac River valley, paralleling the George Washington Memorial Parkway.

With the river as your companion, you can ride your bike, jog, or walk the 17 mile trail from Mount Vernon, the home of George Washington, to the Lincoln Memorial in Washington, D.C. Along the way enjoy a view of the Potomac at Riverside Park, visit the fortifications at Fort Hunt Park, and take a side trip to the Dyke Marsh wildlife habitat or to Jones Point Park which features a 19thcentury lighthouse. You can then lunch on the wharf in Alexandria amid the 18th-century homes and shops occupied ever since the city was a tobacco and shipping port.

Beyond Alexandria, you can see the sailboats off Daingerfield Island, and view the Washington skyline from Gravelly Point, where you can also watch jet planes land and take off from Washington National Airport. Once over the Columbia Island Bridge, you pass "Waves and Gulls," the Navy-Marine Memorial. Next, you can rest in the greenery of the Lyndon Baines Johnson Memorial Grove in Lady Bird Johnson Park where you can view the Washington monuments from a distance. The trail ends at the portal to the federal city—Memorial Bridge, symbolizing the union of the North and the South after the Civil War.



Mount Vernon Trail User Ethics

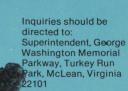
Travel in the right lane with traffic and only move left to pass; warn trail user in front of you before passing; move off the trail when you come to a stop; always give pedestrians the right of way; respect the rights of private property along the trail;

use bike racks where provided and always lock your bike;

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notify U.S. Park Police in case of accident or incident. Phone 426-6600

Remember: The trail is shared by bikers, joggers, and hikers.



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