

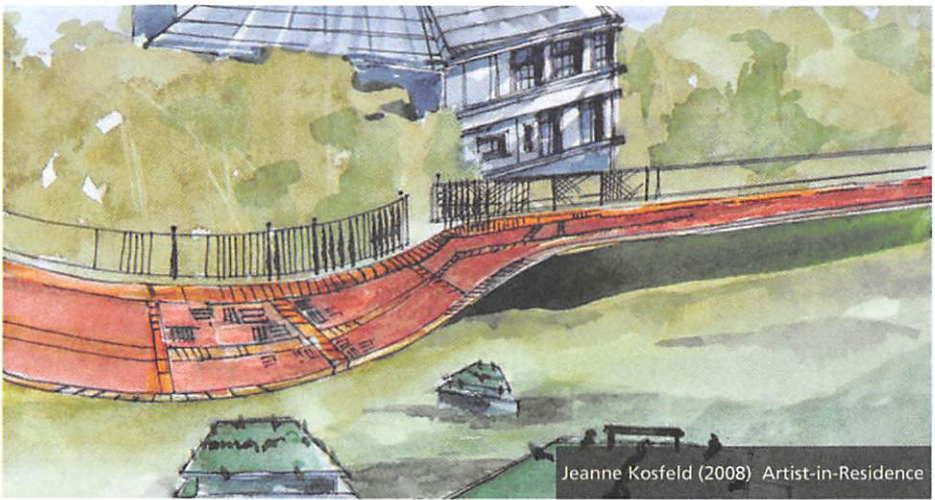
Hot Springs

National Park Service
U.S. Department of the Interior
Hot Springs National Park
Arkansas

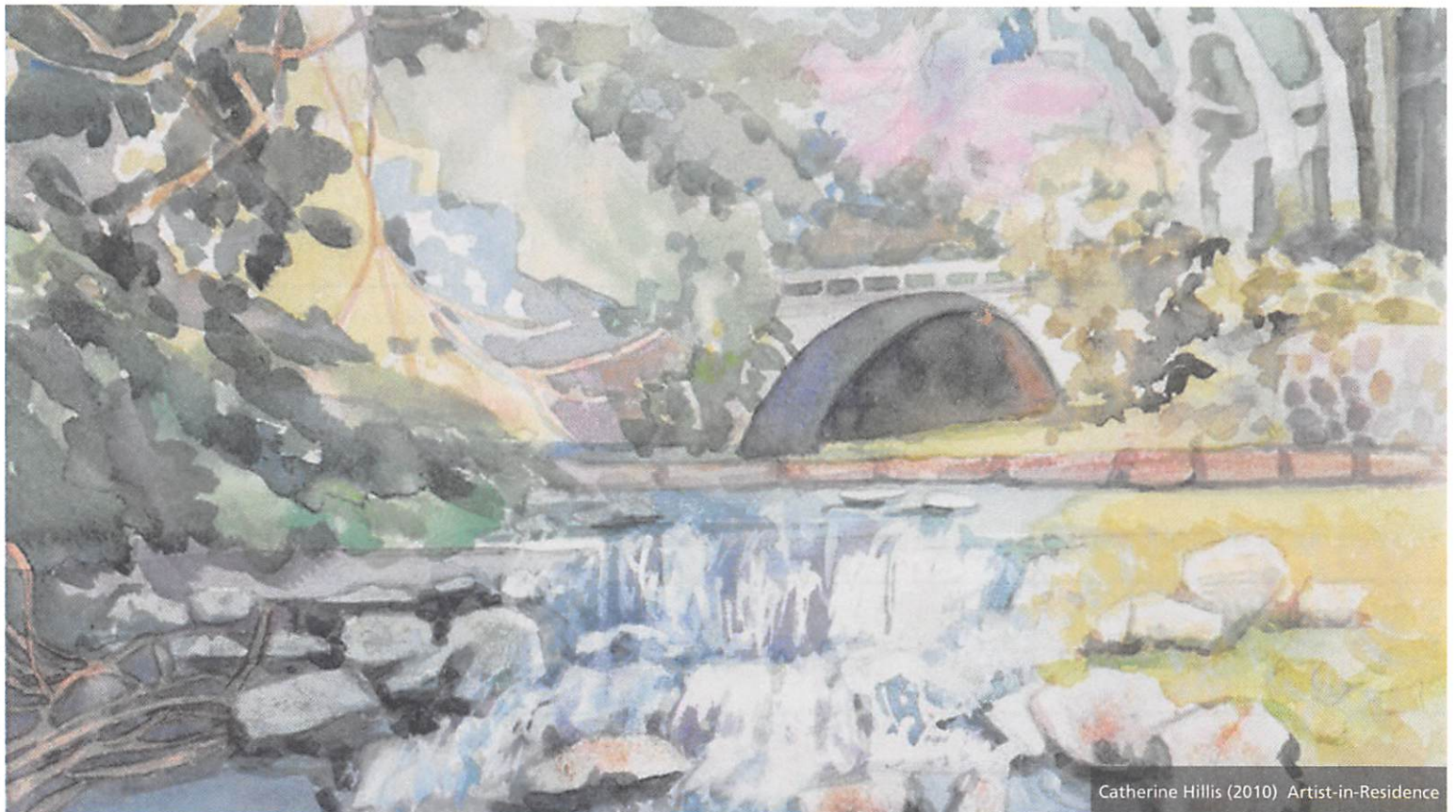


Hot Springs Mountain and North Mountain Trails

Helen Stannard (2005) Artist-in-Residence

Trail	Distance (one way)	Elevation	Typical Grade
<p>Grand Promenade</p> <p>This National Recreation Trail is the entry point for many of the Hot Springs and North Mountain trails from downtown. Use the Grand Promenade to get to Oertel, Peak, and Tufa Terrace trails, which lead to other trails. The Grand Promenade has four entry points: Reserve Street (stairs), Fountain Street (ramp), and Stephen's Balustrade (grand staircase) or access ramp behind the Fordyce Bathhouse.</p>	0.5mi (0.8km)	619-717ft (188-218m)	3.7%
 <p style="text-align: right; font-size: small;">Jeanne Kosfeld (2008) Artist-in-Residence</p>			
<p>Oertel Trail</p> <p>From downtown, ascend the Stephen's Balustrade (grand staircase) behind the Fordyce Visitor Center to the Grand Promenade and climb the next two sets of steps until you reach the gravel road. Take the road right until you reach an iron gate; the trailhead begins here. Oertel Trail ranges from moderate to very steep grade.</p>	1.4mi (2.3km)	670-863 ft (204-263m)	2.6%
<p>Tufa Terrace Trail</p> <p>This paved trail can be reached from the Grand Promenade or Arlington Lawn. The lower portion of Tufa Terrace Trail is near the Hot Water Cascade.</p>	0.3mi (0.5km)	650-745ft (198-227m)	6%
<p>Peak Trail</p> <p>The beginning of Peak Trail is paved then turns to gravel. Peak Trail leads to the Hot Springs Mountain Tower.</p>	0.6mi (1.0km)	644-1044ft (196-318m)	12.6%
<p>Short Cut Trail</p> <p>Short Cut Trail connects Oertel Trail with Hot Springs Mountain Trail near a picnic area.</p>	0.2mi (0.3km)	813-1036ft (247-316m)	21.1%
<p>Reserve Trail</p> <p>Reserve Trail connects Oertel Trail with Spring Street and Reserve Street at a "Y" intersection.</p>	0.3mi (0.5km)	622-713ft (190-217m)	5.7%

Trail	Distance (one way)	Elevation	Typical Grade
Hot Springs Mountain Trail	1.7mi (2.7km)	952-994ft (290-303m)	0.5%
Hot Springs Mountain Trail is an easy stroll around the top of the mountain with several scenic overlooks.			
Honeysuckle Trail	0.5mi (0.8km)	727-870ft (222-265m)	5.4%
Honeysuckle Trail connects Peak Trail with Hot Springs Mountain Trail.			
Fountain Trail	0.2mi (0.3km)	657-760ft (200-232m)	9.8%
This short trail begins on Fountain Street below the entrance to Hot Springs Mountain Drive. Use it to reach Honeysuckle Trail by crossing the road.			
Grand Avenue Trail	0.2mi (0.3km)	581-631ft (177-192m)	4.7%
Grand Avenue Trail connects Oertel Trail with Grand Avenue. A local motel lies just south of the trailhead.			
Goat Rock Trail	1.1mi (1.8km)	886-1067ft (270-325m)	3.2%
Limited parking is available at the overlook on North Mountain. The trailhead starts south of the parking area.			
Gulpha Gorge Trail	0.6mi (1.0km)	530-968ft (162-295m)	13.8%
Gulpha Gorge Trail connects the Gulpha Gorge Campground to many of the park's trails. The trail going west from the campground is steep.			



Catherine Hillis (2010) Artist-in-Residence

Trail	Distance (one way)	Elevation	Typical Grade
-------	--------------------	-----------	---------------

Floral Trail	0.7mi (1.1km)	690-840ft (210-256m)	4.1%
--------------	---------------	----------------------	------

Floral Trail connects Lower Dogwood Trail and Honeysuckle Trail. From either trailhead you will descend into a valley and climb the other side.

Arlington Trail	0.1mi (0.2km)	718-731ft (219-223m)	2.5%
-----------------	---------------	----------------------	------

Ask for directions to the trailhead from staff at the Arlington Hotel lobby. Arlington Trail will connect with Lower Dogwood Trail.

Lower Dogwood Trail	0.7mi (1.1km)	784-953ft (239-290m)	4.6%
---------------------	---------------	----------------------	------

Lower Dogwood Trail climbs North Mountain. Near the top, boulders mark the westernmost tip of the trail. From there, the trail drops downhill.

Upper Dogwood Trail	1.0mi (1.6km)	880-1131ft (268-345m)	4.8%
---------------------	---------------	-----------------------	------

Upper Dogwood trail has short rises and long stretches of flat trail.

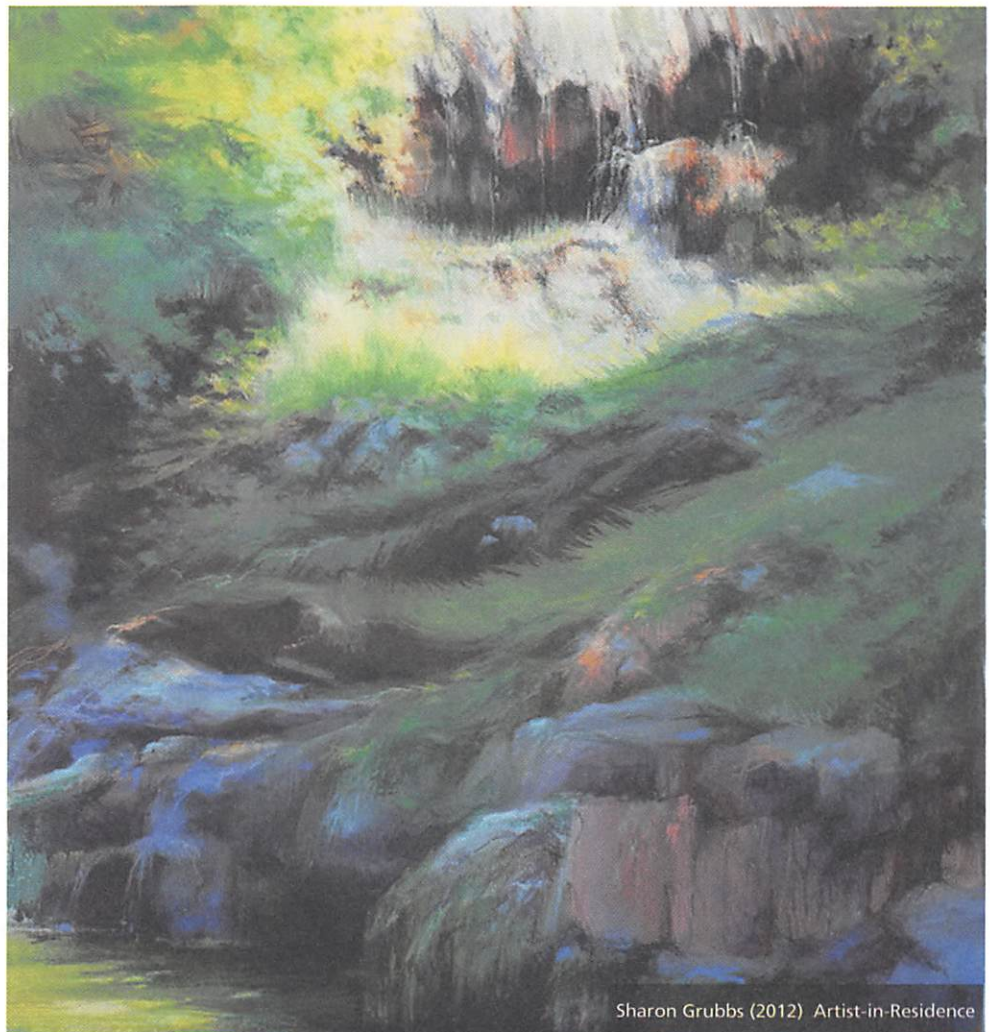
Hiking Etiquette and Safety

Take drinking water and wear appropriate clothing and shoes. Stay on established trails. Leaving the trail can be hazardous.

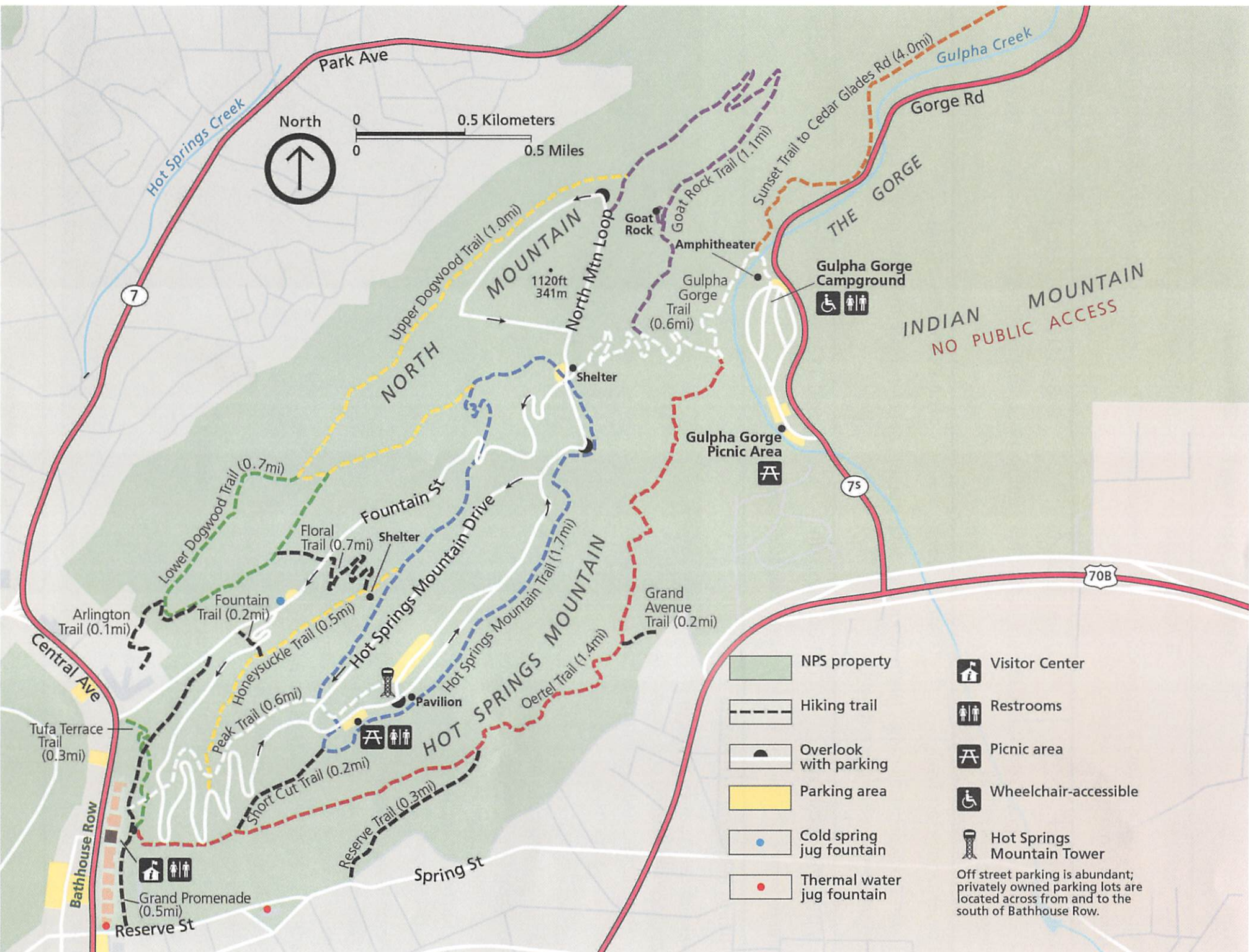
Respect wildlife; observe only from a distance. Horses are allowed only on non-paved trails. Keep pets on a leash at all times. Dispose of waste, including pet waste, properly. Pack it in, pack it out.

Please leave objects as you find them. Leave rocks, plants, and flowers for others to enjoy. Historic structures and artifacts help tell the story of the past.

Please report vandalism or graffiti to a law enforcement ranger. For National Park Service law enforcement dispatch call 888-692-1162. **For emergency assistance, call 911.**



Sharon Grubbs (2012) Artist-in-Residence



- NPS property
 - Hiking trail
 - Overlook with parking
 - Parking area
 - Cold spring jug fountain
 - Thermal water jug fountain
 - Visitor Center
 - Restrooms
 - Picnic area
 - Wheelchair-accessible
 - Hot Springs Mountain Tower
- Off street parking is abundant; privately owned parking lots are located across from and to the south of Bathhouse Row.