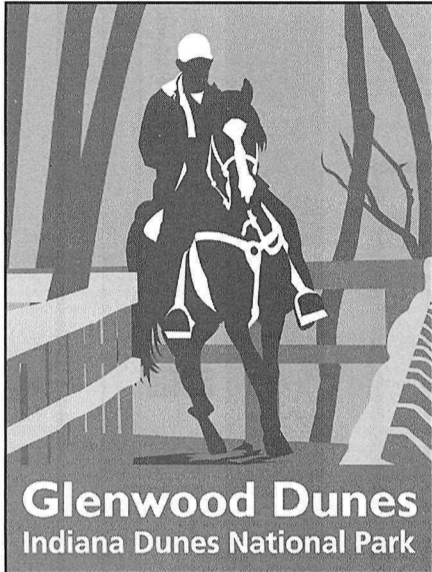


National Park Service
U.S. Department of the Interior
Indiana Dunes National Park



Trail Map

Experience your
America™



Hike over fifty miles
of trails at
Indiana Dunes
National Park



You Can Help!

Visit: www.nps.gov/indu
or Call: (219) 221-7098

Glenwood Dunes Trail System

The National Park was established in 1966 to preserve for the educational, inspirational, and recreational use of the public, certain portions of the Indiana Dunes and other areas of scenic, scientific, and historic interest and recreational value in the state of Indiana. About two million annual visitors enjoy the park's 15,000 acres of wetlands, prairies, sand dunes, oak savannas, forests, and historic sites. The park's beach hugs the southern shore of Lake Michigan from Gary, Indiana, to Michigan City, Indiana. For more information, visit www.nps.gov/indu.

The Glenwood Dunes Trail traverses the oldest sand dunes in the national park. Now covered in oak forest, these dunes formed 12,000 years ago when Lake Michigan's shoreline was about 60 feet higher than today. Wetlands, ranging from swamps to vernal ponds, fill the low spots between dunes and help contribute to the rich diversity of plant life found in the Indiana dunes.

This extensive trail system features interconnected loops ranging from less than a mile to 6.8 miles that are popular with hikers, horse riders, and cross-country skiers. In addition, the 2.2 mile Dunewood Trace trail connects the Glenwood system to the Dunewood Campground to the east. A 1.3 mile extension to the west connects these trails to the Dune Park South Shore Railroad station. This allows for hikes in excess of 15 miles to be possible.

Horseback riding is permitted on portions of this trail from March 16 – December 14, unless there is sufficient snow for skiing. Over the winter, horses are prohibited to prevent accidents with skiers on the trail. Visitors must provide their own horse or ski equipment.

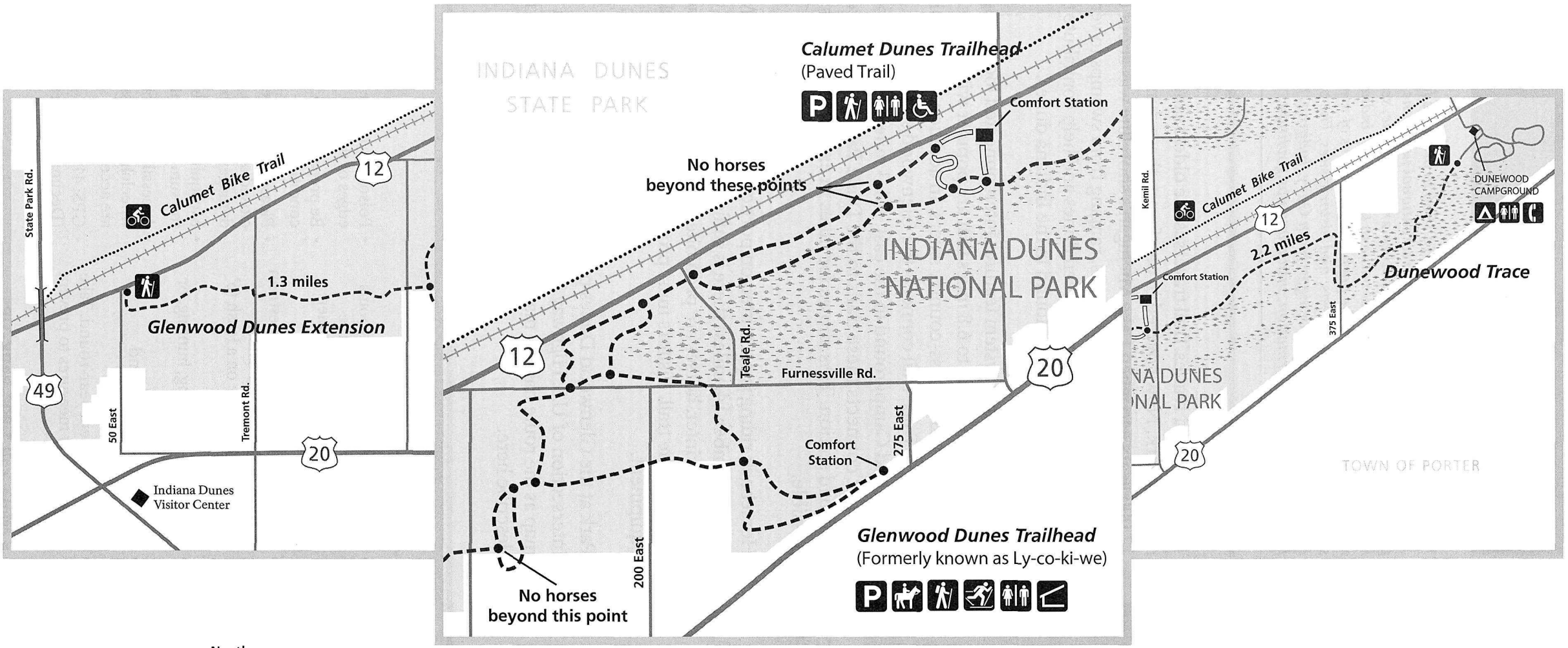
Park at the Glenwood Dunes parking lot located at the intersection of U.S. Highway 20 and Brummitt Road. Bring a trail map as the route has too many trail junctions and cut-offs to fully describe here.

Tips for the Trail

- Hike Length – Less than 1 mile to 6.8 miles, with extensions to over 15 miles. There are 13 trail junctions; pay attention to where you are and bring a trail map.
- Hike Time – Less than 1 hour to 4 hours.
- Difficulty – Easy to moderate with some change in elevation.
- Trail Surface – Packed dirt with some sections of sand or boardwalk.
- Hours – Open daily 6 am to 11 pm.
- Free – No entrance or parking fee.
- Facilities – Year-round restrooms and potable water at both the Glenwood Dunes and Calumet Dunes trailheads.
- Pets – Prohibited on the equestrian portion of the trail for safety. Permitted elsewhere on a leash (6' or shorter).
- Prohibited – Littering, hunting, or removing plants.
- Prohibited – Bicycles and motorized vehicles.
- Ticks are present year-round. Take precautionary measures to prevent bites.
- Poison ivy can be present on the edges of the trail.
- Be prepared for changing weather conditions.
- Please stay on the trail and respect closed area signs. Going off trail damages fragile habitat.
- Mosquitos and flies can be bad in the summer months.
- Accessibility – Trails are not wheelchair accessible. Restrooms are accessible.
- GPS: 41.648245, -87.015382 (Decimal Degrees).

In case of an emergency or to report a crime, call 1-800-PARK-TIP.

Glenwood Dunes Trail System



North ↑

Glenwood Dunes Total Trail Distance = 6.8 miles		Calumet Dunes Total Trail Distance = 0.5 miles	
Glenwood Dunes Extension Total Trail Distance = 1.3 miles		Dunewood Trace Total Trail Distance = 2.2 miles	

Parking	Trailhead	Biking	Wheelchair-accessible	Shelter	Restrooms	Horse Trail	Campground	Wetlands
Trail	Mileage	Bike Trail	Paved Trail	Bridge	Train Tracks	Cross-Country Skiing	Telephone	

In case of emergency or to report a crime, call 1-800-PARK-TIP. Secure valuables out of sight.