National Park Service
U.S. Department of the Interior

Eleanor Roosevelt National Historic Site (Val-Kill)

JUNIOR RANGER ACTIVITY BOOK

"Explore, Learn, and Protect!"

Junior Ranger Name: _____

To receive a Junior Ranger badge, please complete at least five activities if you are eight or younger. If you are nine or older, please complete at least eight activities.

WHAT DO YOU EXPECT?

a) What do you think you will learn at Val-Kill today? _____

_____

_____

b) What, if anything, do you already know about Eleanor?

_____

_____

_____

c) What do you wish to learn about Eleanor? (If your question is not answered during your visit, be sure to ask!)

_____

_____

_____

FILL IN THE BLANK QUOTES

Use the word bank to fill in the blanks. These are some of Eleanor's most famous quotes.

1. You must do the _____ you think you cannot do.

2. _____ is more exhilarating than fear and in the long run it is easier.

3. The way to begin is to _____.

4. I have a firm belief in the ability and power of _____ to achieve.

5. A woman is like a tea bag; you never know how _____ she is until she gets in hot water.

6. No one can make you feel _____ without your consent.

7. In the end we all want the same thing. We all want _____.

WORD BANK

peace
women
begin
courage
thing
inferior
strong

MAKE YOUR WORLD A BETTER PLACE!

a) If you were president or the president's spouse, what would you do to make world peace a reality?

_____

_____

_____

_____

_____

_____

b) If you could do anything to create peace, stop wars, end world starvation or end global warming, what would you do?_____

_____

_____

_____

_____

_____

c) What would you do to help the world right now and here, even as a child or young adult?

_____

_____

_____

_____

Eleanor Roosevelt was a simple woman who believed in recycling. She lived through both world wars and she knew how to have a simple life. She considered this normal.

MATCHING TIMELINE

Place the letter of important dates in Eleanor Roosevelt's life next to the date on the chart below.

Oct. 11, 1884 _____
1899-1902 _____
March 17, 1905 _____
May 3, 1906 _____
1932-1945 _____
1936 _____
April 9, 1939 _____
1946 _____
Dec. 1948 _____
Nov. 10, 1962 _____

A.Uncle Teddy walks her down the aisle when she marries Franklin Roosevelt on St. Patrick's Day in New York City.

B. Longest serving first lady of the United States.

C. Universal Declaration of Human Rights adopted by the United Nations.

D. Marion Anderson sings at the Lincoln Memorial.

E. Went to school in England; called it the happiest time in her life.

F. Birth of first child, also named Anna Eleanor Roosevelt.

G. Chairs the UN Human Rights Commission.

H. Home of her own: Val-Kill Cottage!

I. Anna Eleanor Roosevelt was born in New York City.

J. Funeral services held at Springwood in Hyde Park.

HOUSE HUNT

Take a tour of the Eleanor Roosevelt National Historic Site (Val-Kill). While inside the house, find the answers to the following questions.

What did Eleanor call the door that you enter into the house through? _____

What is special about the name plate on Eleanor Roosevelt's desk in the first room (office)? _____

Where is the kitchen located in the house? _____

Where did Eleanor like to sleep? _____

What type of cards are framed on the wall in the living room all year round? _____

WORD SEARCH

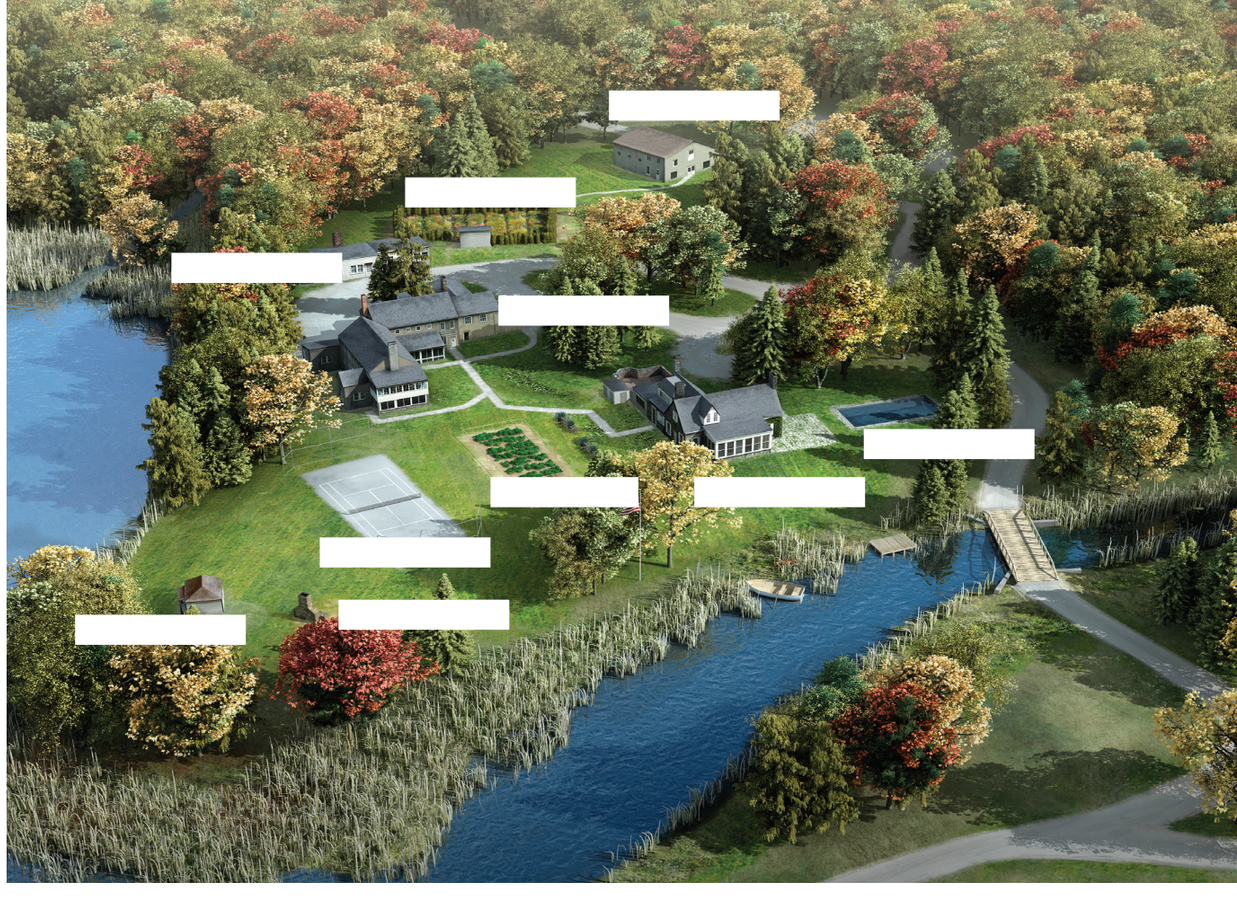
x	r	f	m	y	i	r	q	h	h	t	z	k	o	o	t	u	i	w	j
g	h	g	b	p	u	e	i	v	j	i	h	k	e	e	o	i	q	e	e
x	e	y	q	p	l	n	a	t	i	y	e	s	q	b	c	i	p	x	e
u	e	s	d	u	u	n	i	t	e	d	n	a	t	i	o	n	s	a	r
p	a	l	b	e	a	f	y	i	u	e	v	a	l	k	i	l	l	e	q
u	t	j	g	j	p	o	m	f	z	s	m	i	v	c	j	t	c	s	r
z	m	z	n	x	h	a	k	m	u	o	b	e	o	y	r	r	l	n	o
u	w	g	o	c	r	j	r	u	a	r	g	p	u	e	v	a	a	h	o
c	g	i	r	g	u	m	f	k	n	r	n	i	e	m	v	v	x	e	s
v	k	c	t	f	p	q	n	i	a	e	t	i	l	a	c	e	d	i	e
u	l	j	s	h	e	l	p	e	r	m	z	c	t	e	c	l	l	i	v
p	i	c	n	i	c	h	f	z	a	s	u	a	w	u	i	e	x	d	e
l	e	i	a	m	j	q	f	d	y	a	t	l	u	j	r	t	d	v	l
o	o	r	g	h	z	u	n	i	v	d	n	l	q	h	p	e	w	n	t
d	y	y	n	g	s	i	u	u	h	e	d	e	a	x	z	e	i	a	b
m	u	b	j	f	k	v	c	o	n	t	a	x	f	d	i	l	b	m	h
j	g	e	n	e	r	a	l	a	s	s	e	m	b	l	y	v	i	o	f
i	a	f	o	x	o	z	g	e	l	f	k	m	l	i	k	h	c	w	n
z	r	u	s	n	h	c	q	a	b	w	t	e	l	e	a	n	o	r	t
d	u	d	i	u	f	r	a	n	k	l	i	n	u	t	p	y	f	t	a

General Assembly
Furniture
United Nations
Roosevelt
First Lady
Franklin
Hyde Park
Eleanor
ValKill
Picnic
Strong
Woman
Kind
Travel
Peace
Help

RELATIONSHIPS MATCHING

Draw a line matching each person's name to their relationship with Eleanor.

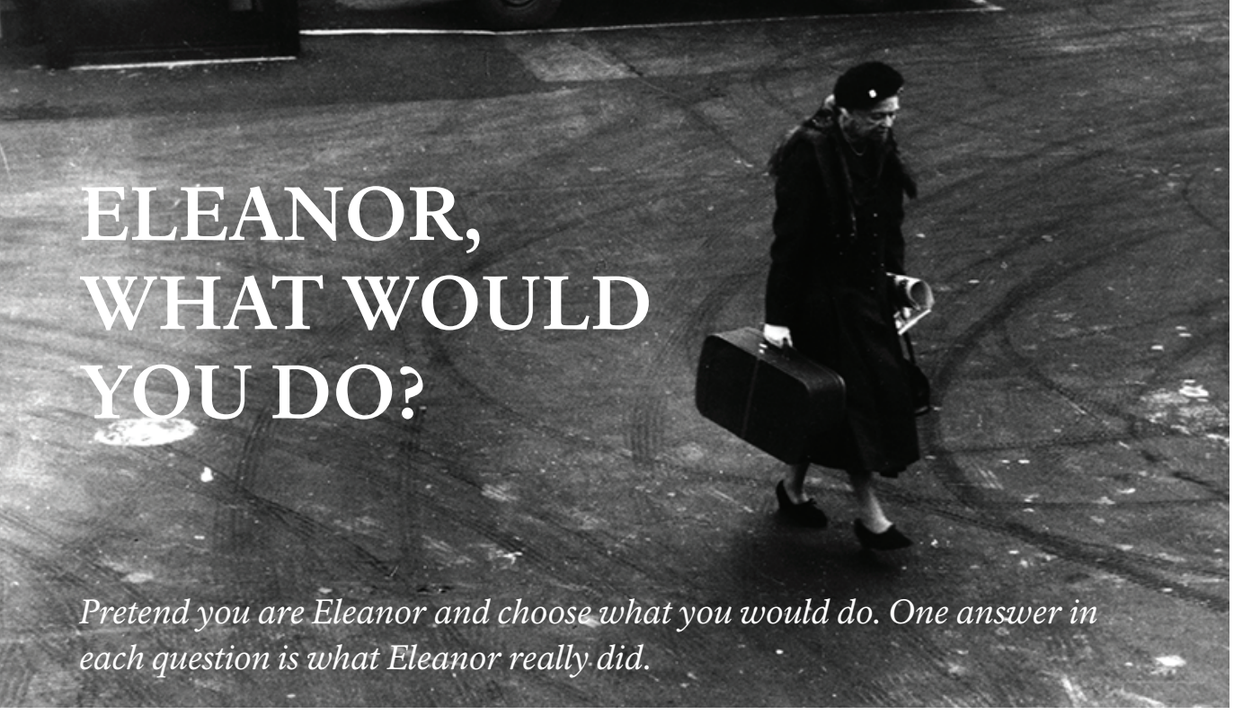
Anna	son
Anna	son
Elliot	son
Theodore	son
Franklin	daughter
James	brother
Elliot	mom
John	dad
Franklin Junior	husband
Hall	uncle



MAP MATCHING

Fill in the blanks on the map with the correct description from the list below.

Tennis courts	Fireplace
Rose garden	Swimming pool
Val-Kill cottage	Stone Cottage
Playhouse	Cutting garden
Doll house	Stables/garage



ELEANOR, WHAT WOULD YOU DO?

Pretend you are Eleanor and choose what you would do. One answer in each question is what Eleanor really did.

1. President and Mrs. Roosevelt hosted the King and Queen of England in Hyde Park in the year 1939. The King and Queen said that they wanted a real American dinner. What did the Roosevelts serve?

a) Hot dogs
b) Pizza
c) A full Thanksgiving dinner with all the trimmings

2. Eleanor was a member of the Daughters of the American Revolution (DAR), an organization that refused to allow singer Marian Anderson to hold a concert in their Washington, D.C., hall because Ms. Anderson was African-American. How did Eleanor react?

a) Agreed with the decision of the DAR
b) Quit the organization
c) Quit the organization and organized for Ms. Anderson to give a free public performance at the Lincoln Memorial

3. In the 1920s, Mrs. Roosevelt and her friends were worried about local farmers in the Hyde Park area who lacked other job skills. What did she and her friends do about it?

a) Nothing
b) Created their own furniture factory and taught the farmers how to make furniture
c) Helped the farmers apply for college or other trade schools

4. In the 1950s, the Ku Klux Klan (a group that did not believe in equality of the races) put a bounty on Mrs. Roosevelt's head, promising money if someone was able to kill her. How did Eleanor react?

a) Hired bodyguards to travel with her
b) Stayed home at Val-Kill
c) Traveled by herself despite the threat

HYDE PARK TRAIL MAZE

Follow the Hyde Park Trail from Top Cottage, past Eleanor Roosevelt National Historic Site (Val-Kill) to the FDR Home and Presidential Library and Museum, and along the Hudson River to Vanderbilt Mansion National Historic Site.

On the way, stop at each visitors' center to collect the National Park Service Passport Stamp. Enjoy your hike!

WALK BINGO

Create a bingo on the board below as you explore Eleanor's Walk, a short hiking trail that leaves from the accessible parking lot.
Put a check in the box of each item you find.

Stone Wall	Beaver Dam	Running Water	Park Ranger Hat
Maple Leaf	Bird	Tree Nut/ Walnut	Salamander
Frog	Tulip Leaf	Flower	Squirrel
Fish	Pond	Trail Marker	Hyde Park Phone Marker

BONUS: pick up a piece of trash and put it in the garbage!

Eleanor Roosevelt National Historic Site (Val-Kill)

THIS CERTIFIES THAT

HAS EARNED THE TITLE OF

JUNIOR RANGER

JUNIOR RANGER PLEDGE

As a Junior Ranger, I promise to protect the history, plants, water, animals, and geological features of our National Parks. I will continue to explore, protect, and learn about our National Parks and Historic Places and I will share what I have learned with others.

Park Ranger

Date

National Park Service
U.S. Department of the Interior

Roosevelt-Vanderbilt National Historic Sites
4097 Albany Post Road, Hyde Park, NY 12538
845-229-9115

For visiting hours, fees, and tour times, call or visit our websites.

ACCESSIBILITY
We strive to make facilities and services accessible to all.
For information ask a ranger, see our websites, or call.

MORE INFORMATION
nps.gov/elro (Val-Kill)
nps.gov/hofr (Home of FDR)
nps.gov/hofr/planyourvisit/top-cottage.htm (Top Cottage)
nps.gov/vama (Vanderbilt)

The Roosevelt-Vanderbilt National Historic Sites are among 400 parks in the National Park System. Learn more about national parks and National Park Service programs in America's communities at www.nps.gov.

OUR PARTNERS
Eleanor Roosevelt Leadership Center / ervk.org
Eleanor Roosevelt Val-Kill Partnership / valkill.org
Roosevelt-Vanderbilt Historical Association / rooseveltvanderbilt.org

CAUTION
Stay on trails in woods to avoid poison ivy and ticks.

ABOUT THE AUTHOR
Mariama Dabo made this booklet as a fourth grader in Dutchess County, NY. She loves all of the National Parks and their Junior Ranger programs.

PHOTO CREDITS
Photos on pages 1,5, 11 and 12: William Urbin, Roosevelt-Vanderbilt National Historic Sites, National Park Service. All photographs of Eleanor are from the collections of the FDR Presidential Library & Museum, National Archives and Records Administration.