

# lake meredith

Lake Meredith lies on the dry, windswept High Plains of the Texas Panhandle, part of a larger geographic region covering 61,000 square kilometers (24,000 square miles) known as the Llano Estacado. This is the land of cowboys and natural gas refineries. But cowboys of yesterday never dreamed of anything like this sparkling oasis of recreation called Lake Meredith.

Across the Llano, a plain that has been called as flat as any surface in the world, the Canadian River developed its course, cutting and recutting the 60-meter (200-foot) deep canyons or "breaks" now being filled in by Lake Meredith. The canyon walls are crowned with white limestone caprock, and scenic buttes, pinnacles, and wind-eroded coves of red-brown surround the blue waters of the Panhandle's largest lake. Its sloping shoreline is littered with loose rocks in slide areas left by the wear of water, time, and the cutting action of wind-blown grains of rock that continually work away at the soft sides of the bluffs.

The region is a picture of unusual contrasts and abrupt changes. Brief but violent windstorms or thunderstorms can disrupt a balmy weekend. On the arid plains, mesquite, prickly pear, yucca, and grasses give little hint of the tall cottonwoods, soapberry, and sandbar willows that flourish in the sheltered creek beds below the caprock. Golden eagles, bald eagles, and a variety of hawks share the skies with ducks, geese and other water and shore birds.

Let us have  
the fun  
of booming  
winds  
on long  
waters.

—Carl Sandburg



Pronghorn antelope often browse the grasslands along with herds of cattle. In a land of deep water wells operated by windmills, the 32-kilometer (20-mile) strip of blue water that is Lake Meredith is perhaps the most spectacular contrast of all.

Man has lived on the Llano Estacado, attempting to come to terms with its harsh environment, for about 12,000 years. Archeological traces of prehistoric Indians—their homes, workshops, and campsites—dot the entire Canadian River system. Reflected in the name Llano Estacado (Staked Plains) is the Spanish heritage of the old Southwest. But there was no Anglo-American settlement until 1875. The McBride House at McBride Canyon on Lake Meredith is an example of that early period. By 1877 a railroad served the growing cattle ranches, and in the 20th century the Panhandle boomed with the discovery of oil and natural gas fields. Today's economy is tied directly to natural resources of water, grassland, oil, and gas.

With few exceptions most of the water resources in the Panhandle are underground. By constructing Sanford Dam, named after the nearby town of Sanford, the Bureau of Reclamation, U.S. Department of the Interior, was able to tap one of the few above-ground water supplies—the Canadian River. Impounded in Lake Meredith reservoir, the waters of the Canadian River are used by eleven member cities of the Canadian River Municipal Water Authority.

Lake Meredith is named for the chief proponent of the water project, A. A. Meredith. Construction of the dam began June 30, 1962. The reservoir has been administered since 1965 by the National Park Service. In 1972, Sanford Recreation Area, as it had been known, was renamed Lake Meredith National Recreation Area.

**Alibates Flint Quarries and Texas Panhandle Pueblo Culture National Monument**  
For thousands of years the bluffs and ridges of the Canadian River breaks were quarried for raw materials to make stone tools and weapons. Stone age craftsmen seemed to have pre-

ferred flint that was red, blue, white, or banded, but nearly every color of the rainbow is found in Alibates flint, and no two pieces are alike.

Alibates National Monument can be seen only on a guided tour limited to 20 persons. The tours are free and are conducted daily from Memorial Day through Labor Day. At other times, tours are provided upon request. Write to the Superintendent, Lake Meredith National Recreation Area, P.O. Box 1438, Fritch, TX 79036, at least five days in advance.

Please remember that rock collecting is strictly prohibited at Alibates. Elsewhere at Lake Meredith a handful of rocks is all you are allowed to take home. All other natural features and archeological and historical objects are protected by Federal law. We all must preserve the landscape for other visitors.

Quotation from GOOD MORNING, AMERICA by Carl Sandburg, reprinted by permission Harcourt Brace Jovanovich, Inc.

#### Administration

Lake Meredith National Recreation Area, under a National Park Service-Bureau of Reclamation Cooperative Agreement, is administered by the National Park Service, U.S. Department of the Interior, with headquarters in Fritch, Texas. A superintendent, whose address is P.O. Box 1438, Fritch, TX 79036, is in immediate charge.

As the Nation's principal conservation agency, the Department of the Interior has responsibility for most of our nationally owned public lands and natural resources. This includes fostering the wisest use of our land and water resources, protecting our fish and wildlife, preserving the environmental and cultural values of our national parks and historical places, and providing for the enjoyment of life through outdoor

recreation. The Department assesses our energy and mineral resources and works to assure that their development is in the best interests of all our people. The Department also has a major responsibility for American Indian reservation communities and for people who live in Island Territories under U.S. administration.

**National Park Service  
U.S. DEPARTMENT  
of the INTERIOR**

#### Federal and State Boating Regulations

- Boats must be numbered according to State requirements.
- Lights are required from sunset to sunrise.
- Life preservers, one for each person on board, must conform to U.S. Coast Guard requirements. Children under 13 years of age must always wear a life preserver when the vessel is under way.
- Reckless and negligent boat operation is prohibited, as is operation of a vessel while under the influence of intoxicants or narcotics.
- Water skiing is permitted from sunrise to sunset; there must be both an operator and competent observer in the towing vessel. Water skiers must wear a lifesaving device. Skiing is not permitted: in channels, within 150 meters (500 feet) of harbors, near swimming beaches or mooring areas, or within 30 meters (100 feet) of any person in the water.
- Vessels in designated harbors must be operated without causing a wake or 8 kilometers per hour (5 mph). They must proceed slowly and cautiously in the vicinity of dive flags or persons in the water.
- In case of accidents, operators shall render assistance to the injured. Accidents must be reported to a park ranger as soon as possible, or at least within 24 hours. Park rangers or Texas game wardens may board vessels at any time to examine documents and inspect vessels for compliance with regulations.

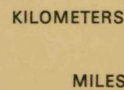
*A complete list of regulations can be obtained from park rangers or from Lake Meredith Headquarters*

### A Sparkling Oasis

In any season, Lake Meredith can fill a weekend visit or longer with a tempting mixture of healthy exercise, fun, and relaxation at the water's edge. Water activities include boating, water skiing, sailing, swimming, and scuba diving. Or you can camp, picnic, study nature, ride motorcycles, or sightsee. Throughout the year special events, such as motorcycle or dune buggy races, fishing tournaments, and sailing regattas, are held by local groups.

- Information Station
- Marina
- Parking Area
- Restrooms
- Recreation Area
- Mid Channel Lighted Buoy
- Drinking Water
- Swimming
- Bank Fishing
- Chemical Toilets
- High Water Level
- Launching Ramp
- Off-Road Vehicle Use
- Picnic/Camping Area
- Picnic/Camping Area (Shelters, Tables, Fireplaces)
- Boaters Shore Location Signs

Paved Road      Unpaved Road



Note: This map is not recommended for navigation. Detail maps for navigational purposes are sold at the marinas.

Hunting and fishing are regulated by the Texas Parks and Wildlife Department in cooperation with the National Park Service. Texas licenses are required. Anglers can fish for largemouth and smallmouth bass, four species of catfish, crappie, sunfish, carp, and the only naturally reproducing walleye in Texas. The portions of the recreation area open to hunting offer the only public hunting land in the vicinity. Game includes geese, ducks, quail, dove, turkey, whitetail and mule deer, but the percentages for large game are low.

Listen for storm warnings. A sudden storm wind can reach 130 kilometers per hour (80 mph) so fast that boats may have trouble getting off the lake. The storm warning signal is a prolonged warbling siren from any National Park Service patrol vessel. Get your boat to shore in a sheltered area and wait out the storm if ramps cannot be reached safely. Sometimes the warning cannot be sounded before sudden storms.



**Plum Creek**  
From shoreline camping spots to shady groves of cottonwoods, this area has a little something for everyone. Shallow-water launching ramp.

**DEVILS CANYON**

**McBride Canyon Mullinaw Creek**  
At the upper end of these canyons are picnic areas among tall cottonwoods. At the canyon's mouth are the river flats where hunters gain access on foot to the upper reservoir. McBride House, on the site of an early Panhandle ranch, is adjacent to an Environmental Study Area.

**Bates Canyon**  
This large, open area presents a wide choice of spots for shoreline camping and bank fishing. Shallow-water launching ramp.

**Blue West**  
This area combines access to Blue Creek with a fine panorama of Lake Meredith. And it's a wonderful place from which to watch activities on the lake. Deep-water launching ramp and courtesy dock.

**Blue Creek Bridge**  
The picnic area is tree-shaded, and the creekbed can be explored on foot, on horseback, or with off-road vehicles. All motorcycle riders must wear helmets.

Campers may stay up to 14 days. No camping is allowed in the launching areas or the parking lots. Private campgrounds with hookups are located in nearby towns.

**Blue East**  
Come by boat; there is no road access. You will find several sandy areas popular with water skiers and campers.

**Bugbee**  
Submerged trees provide a concealed habitat for fish, and Bugbee has a local reputation for good fishing. The relatively small area is nestled within a narrow canyon, and road access is difficult.

**Sanford Dam**  
The fishing is good from the trail across the face of Sanford Dam. In summer, Spring Canyon, below the dam, is the only supervised swimming area at Lake Meredith.

**Sanford-Yake**  
A marina, snack bar, and abundant parking make this area a favorite with boaters and spectators at water sporting events. There are more facilities here than at any other area on the lake. Deep-water launching ramp and courtesy dock, dryland boat storage, and sanitary dumping station.

All boaters should read the prescribed safety regulations on the other side of this folder.

**Fritch Fortress**  
After launching, it's fast getting into the main body of the lake from here, but this area offers the least protection from high winds. Deep-water launching ramp and courtesy dock.

**Cedar Canyon**  
This sheltered cove attracts water skiers. Deep-water launching ramp, courtesy dock.

Motels, hotels and restaurants are located in nearby towns and along some approach roads. Groceries can be purchased in nearby towns. The marina at Sanford-Yake has a snack bar and restaurant.

