

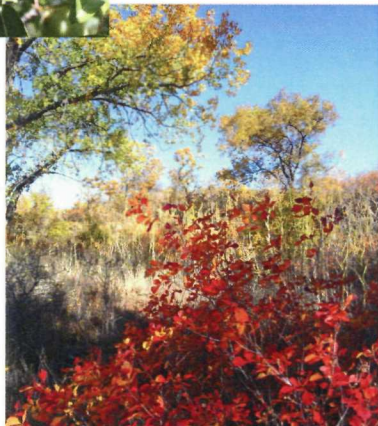


Trail Description

The Mullinaw trail system is relatively flat with little to no hills, making it an excellent place to take a casual stroll along the Canadian River. Walking all of these trails will give you a nice 6.4-mile round trip hike. The main section of the trail, marked in orange on the map, is 2.25 miles in length. The blue spur and the green spur arch off of the main orange trail and travel through the local foliage. The green spur is 1.47 miles long and the blue is 0.58 miles.



The Mullinaw trail system is an excellent choice for the autumn season, with bright yellow and red foliage coloring the hillsides and river banks (right). The bright red berries of the Fragrant Sumac (above, top) are a favorite of wildlife. Chickasaw Plums (above, middle), though not native to this area, provide hikers a tasty snack.



NPS Photos

Through The Seasons

Upstream from Lake Meredith, the Canadian River meanders through a lush valley dotted with cottonwoods. It is here that many hikers choose to spend a quiet afternoon.

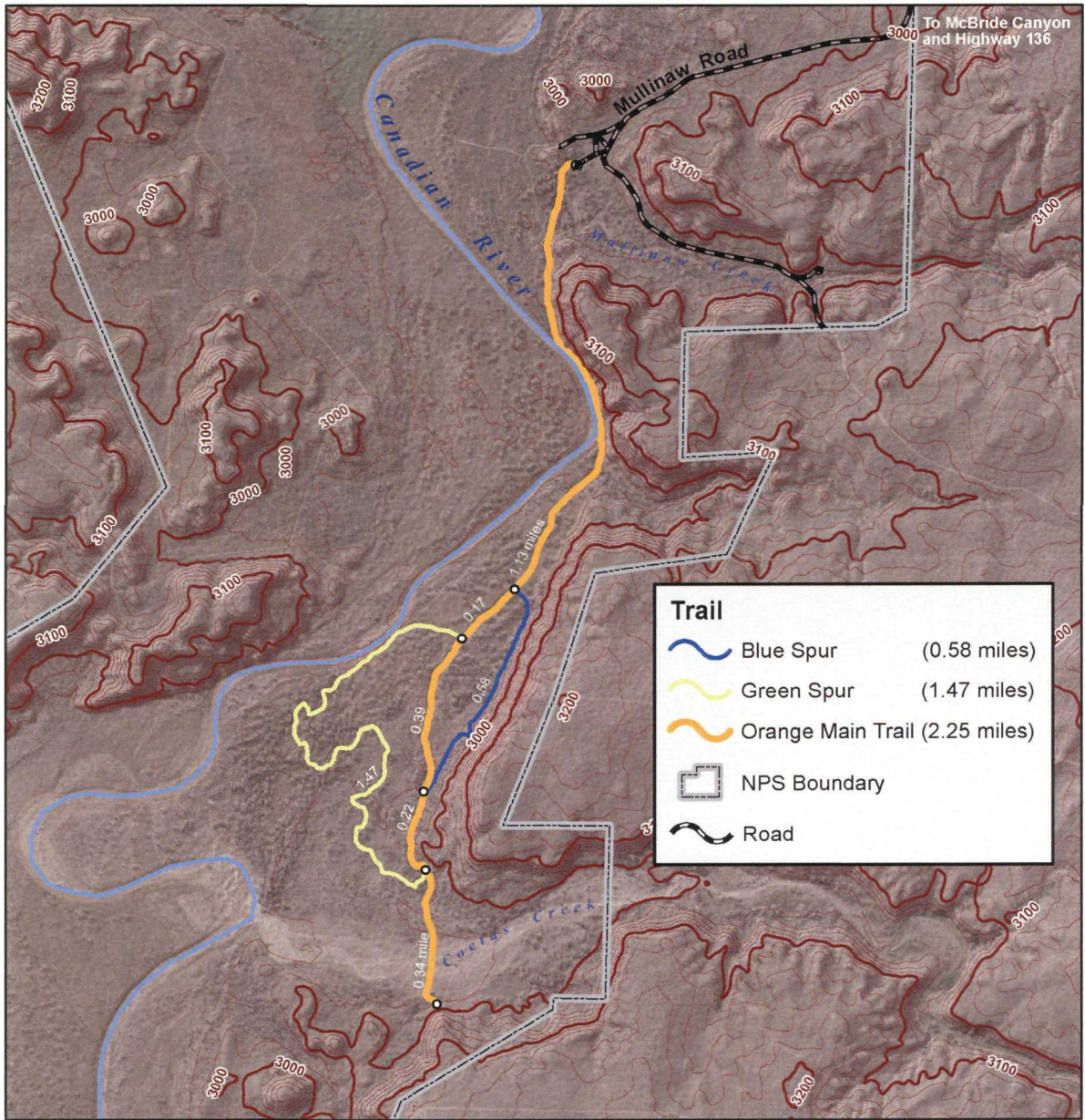
Springtime provides rain that perks up plant communities after a long winter's dormancy. Plants unfurl new leaves, begin to flower and ultimately produce the year's seeds. Because of the abundant vegetation, this area provides excellent cover and habitat for a wide variety of mammals and birds. Deer, fox and turkey frequent the area. On the hottest days of summer, however, you might only see a Collared Lizard sunning itself on a rock while other animals relax in the shade.

As summer wanes and day length decreases, many plants respond. Chlorophyll, the plant pigment that makes leaves look green, breaks down leaving other pigments to display as the yellows, oranges and reds we associate with fall foliage.

CAUTION:

To reach the Mullinaw Trail, you must travel down the McBride Canyon road. This dirt road is often impassable during rainy seasons. Please use caution if you are driving a low-clearance vehicle.

Mullinaw Trail Map



Cautions

Wildlife: Although the chance of an encounter is low, remember to give wild animals their space. Remember, this is their home and we are the visitors.

Weather: Be prepared for sudden changes in weather. Especially be cautious during storms that produce lightening. Avoid exposed places and isolated trees.

Heat: Texas summers can be hot, so make sure you drink plenty of water while you hike. Dehydration can occur quickly.



The 10 Essentials

Don't hit the trail without them!

1. Have a Plan - and tell someone where you will be
2. Water & Food
3. Flashlight
4. Sunglasses & sunscreen
5. Map
6. Rain gear
7. Waterproof matches or fire starter
8. Pocketknife
9. First Aid kit & insect repellent
10. Hat