



# Beyond the Capital

The official newspaper of  
National Capital Parks-East  
Washington, D.C. and Maryland

Fall-Winter 2010-2011

## A Visitor's Guide to National Capital Parks-East



Oxon Hill Farm in the autumn. NPS Photo.

Charting the Future while Preserving the Past.

[www.nps.gov/nace](http://www.nps.gov/nace)



National Park Service  
U.S. Department of the Interior

**National Capital Parks-East**

**Superintendent**

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The National Park Service cares for the special places saved by the American people so that all may experience our heritage.

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**Please tell us what you think.**

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# Mission

The National Park Service preserves unimpaired the natural and cultural resources and values of the National park System for the enjoyment, education, and inspiration of this and future generations. The National Park Service cooperates with partners to extend the benefits of natural and cultural resource conservation and outdoor recreation throughout this country.

*Did you know that National Capital Parks-East is one of almost 400 national parks found all across America?*

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# Congratulations, Superintendent Alex Romero!



As of July 18, 2010, Alex Romero assumed his new role as Superintendent of National Capital Parks-East! Superintendent Alex Romero is a 19-year veteran of the National Park Service, with 15 years of supervisory/management experience in both the Northeast and National Capital Regions. Superintendent Romero has served in positions of progressively increasing responsibility ranging Public Health Sanitarian to District Manager of Breezy Point

District at Gateway National Recreation Area, to Assistant Superintendent at Prince William Forest Park, to his current position, serving since late 2004 as the Deputy Superintendent of National Capital Parks-East. He also successfully completed a 120 day detail as Acting Superintendent at National Capital Parks-East, December 2009–March 2010.

Congratulations to Alex, the park employees, volunteers, and partners as National Capital Parks-East transitions to new leadership!

# For Your Information

## Park Regulations

To help protect park resources and ensure an enjoyable visit for everyone, please follow park rules and posted regulations.

- Pets are welcome in all areas of National Capital Parks-East (NACE), except at Oxon Cove Park. Pets must be on a leash no longer than 6 feet and under control at all times.
- Discharging firearms anywhere on NACE lands is unlawful.
- Please dispose of your garbage and other refuse in trash containers or take it with you when you leave.
- For your safety while hiking, stay on the established trails and watch your footing at all times.
- Prevent damage to resources by bicycling on paved roads and designated bike trails only.

## Camping

The 174-site campground at Greenbelt Park is open all year. Sites are available for tents, recreational vehicles, and trailers up to 30 feet long. Restrooms, showers, picnic tables, water, and fire grates are provided. There are no electric hookups and camping is limited to 14 days. Overnight fees are dependant on the number of campers. For campground reservations, call 1-800-365-CAMP or 301-344-2929.

## Special Services

NACE makes every effort to provide access to all of our facilities and programs for the broadest possible range of visitors. From children and the elderly to those who are physically challenged, NACE strives to create inclusive opportunities for all people. For detailed information on special services, visitors should contact the park's Accessibility Coordinator at 202-690-5188.

# Winter Safety Tips

## BE SAFE DURING RECREATION:

Notify friends and family where you will be before you go hiking, camping or skiing. Do not leave any of the skin exposed to the cold. Avoid perspiring or becoming overtired. Be prepared to take emergency shelter. Pack dry clothing, a two-way radio, waterproof matches, and paraffin fire starters with you. Do not use alcohol and other mood-altering substances and avoid caffeinated beverages. Avoid walking on ice or getting wet. Carefully watch for signs of cold-weather health problems.

## BE CAUTIOUS ABOUT TRAVEL

- Listen for radio or television reports of travel advisories issued by the National Weather Service (or go to [www.weather.gov](http://www.weather.gov) on the web).
- Do not travel in low visibility conditions.
- Avoid traveling on ice-covered roads, overpasses and bridges if at all possible.
- If you must travel by car, use tire chains and take a mobile phone with you.
- If you must travel, let someone know your destination and when you expect to arrive. Ask them to notify authorities if you are late.
- Check and restock the winter emergency supplies in your car before you leave.
- Never pour water on your windshield to remove ice or snow; shattering may occur.
- Do not rely on your car to provide sufficient heat; the car may break down.
- Always carry additional warm clothing appropriate for the winter conditions.

## WHAT TO DO IF YOU GET STRANDED

- Staying in your vehicle when stranded is often the safest choice if a winter storm

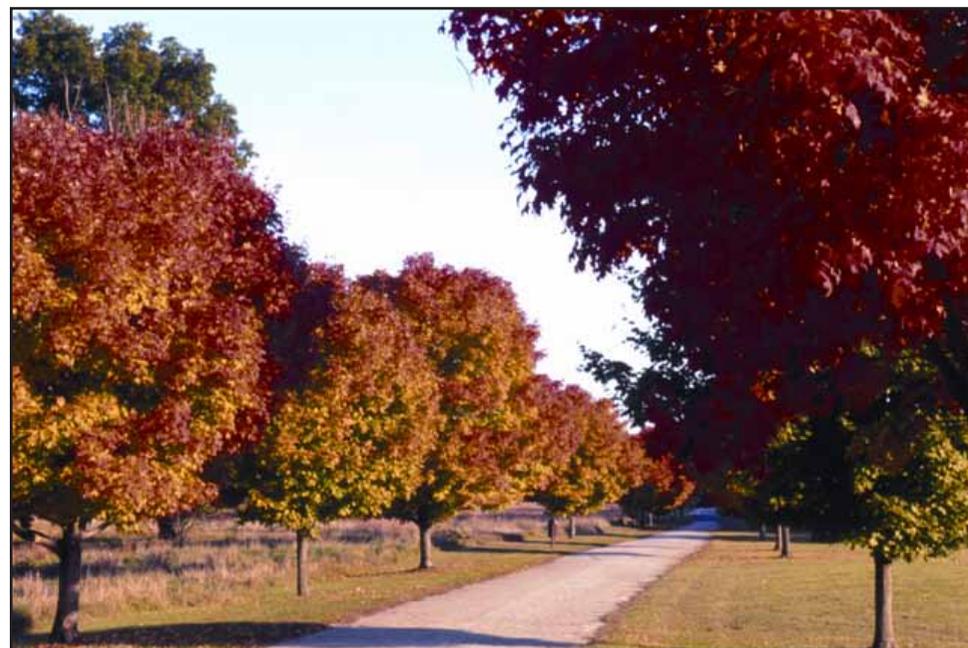
creates poor visibility or if roadways are covered with ice. These steps will increase your safety when stranded:

- Tie a brightly colored cloth to the antenna as a signal to rescuers and raise the hood of the car (if it is not snowing).
- Move anything you need from the trunk into the passenger area.
- Wrap your entire body, including your head, in extra clothing, blankets, or newspapers.
- Stay awake. You will be less vulnerable to cold-related health problems.
- Run the motor (and heater) for about 10 minutes per hour, opening the window slightly to let in air. Make sure that snow is not blocking the exhaust pipe—this will reduce the risk of carbon monoxide poisoning.
- As you sit, keep moving your arms and legs to improve your circulation and stay warmer.
- Do not eat unmelted snow because it will lower your body temperature.
- Huddle with other people for warmth.

## HYPOTHERMIA

When exposed to cold temperatures, your body begins to lose heat faster than it can be produced. Prolonged exposure to cold will eventually use up your body's stored energy. The result is hypothermia—abnormally low body temperature. Body temperature that is too low affects the brain, making the victim unable to think clearly or move well. This makes hypothermia particularly dangerous because a person may not know it is happening and won't be able to do anything about it.

Continued on Page 9



Fall Foliage in Piscataway Park. NPS Photo.

## Important Phone Numbers

Emergency	911
U.S. Park Police Dispatch	202-610-7500
Park Headquarters	202-690-5185
Frederick Douglass NHS Tours	877-444-6777 <a href="http://www.recreation.gov">www.recreation.gov</a>
Metro Rail/Bus	202-637-7000 <a href="http://www.wamata.com">www.wamata.com</a>
Local Weather	202-936-1212

## Become a Volunteer!

Please consider being a VIP and join in with the other National Park Service Volunteers-In-Parks that serve our community across the country.



National Capital Parks-East is one of the largest multi-recreation parks in Washington, D.C. It is rich in history, communities, and culture. It has many crown jewels of the NPS and has more than 1,200 acres to share. It includes Frederick Douglass National Historic Site, the Mary McLeod Bethune Council House National Historic Site, Oxon Cove Park, Greenbelt Park, Fort Washington Park, Kenilworth Aquatic Gardens, and many more.

Anyone can sign up to be a volunteer and help care for these special places. As a volunteer, you preserve the special legacy that surrounds our special places. By volunteering with us you help to keep our resources safe and help us connect with diverse audiences for future generations.

As a VIP you will work side by side with other National Park Service staff and volunteers.

Contact us today and have a great park experience!

# Parks of National Capital Parks-East

## Anacostia Park

Anacostia Park presently spans over 1,200 acres stretching the length of the Anacostia River from the Frederick Douglass Memorial Bridge north approximately five miles to the District/Maryland line. It includes Langston Golf Course and River Terrace and it is one of the largest and most important parks in Washington, D.C., with diverse recreational opportunities, natural areas, and historic sites.

This multi-use recreation park, with shoreline access, skating pavilion, ball fields, basketball and tennis courts, and picnic areas attracts people from throughout the city and across the nation. The shorelines also provide opportunities for river access, fishing, birding, and just relaxing!

The park is open daily from 9 am to 5 pm except January 1, Thanksgiving Day, and December 25.

### Contact Information

1900 Anacostia Drive, SE  
Washington, DC 20020  
202-472-3884  
[www.nps.gov/anac](http://www.nps.gov/anac)

## Capitol Hill Parks

When Pierre Charles L'Enfant submitted his design for the national capital of Washington in 1790, a system of grand avenues, public buildings, and grounds dominated the overall plan. Many of the parks, medians, circles, and squares of Capitol Hill evolved from this plan and its subsequent modification in 1901 by the McMillan Commission.

The Capitol Hill Parks, located between 2nd Streets NE and SE and the Anacostia River, provide elegant and open green space within the city of Washington for relaxation, aesthetic enjoyment, and historic commemoration.

Included in this group are: Lincoln, Folger, Stanton, and Marion Parks; Maryland Avenue Triangles; Pennsylvania Avenue Medians, Squares and Triangles, including Seward Square; Potomac Avenue Metro Station; Twining Square, and other inner city green spaces.

### Contact Information

1318 Vermont Avenue, NW  
Washington, DC 20005  
202-673-2402  
[www.nps.gov/cahi](http://www.nps.gov/cahi)

## Fort Circle Parks: Fort Dupont Park

Fort Dupont Park is the largest of the Fort Circle Parks. Here you will find earthwork fortifications used in the Civil War in defense of Washington, D.C.

Today, Fort Dupont Park is a heavily wooded, 400-acre site that protects an important sub-watershed of the Anacostia River and contains tennis and basketball courts, softball fields, and a community ice-rink. Its rolling wooded hills are an important visual element of the nation's capital and provides an attractive setting for community garden plots, frolicking children, and an annual summer concert series. There you will also find picnicking areas and hiking and biking trails. The park is open to the public daily, from dawn to dusk.

### Contact Information

1411 W Street, SE  
Washington, DC 20020  
202-426-5961  
[www.nps.gov/fodu](http://www.nps.gov/fodu)

## Fort Washington Park

Fort Washington Park is a 19th century fortification that was built to defend the nation's capital from naval attacks. It remained active through 1946.

Tours of the fort are available daily. Picnicking areas, river views and access, extensive woodlands, and hiking trails are also available.

Fort Washington Park hosts a number of special events annually including Civil War artillery firing demonstrations and living history programs.

The fort is closed on Thanksgiving Day, December 25, and January 1. The grounds are open from sunrise to sunset and the fort and visitor center are open from 9 am to 5 pm Memorial Day through Labor Day and from 9 am to 4:30 pm Labor Day through Memorial Day. An entrance fee is charged from April through October.

### Contact Information

1355 Fort Washington Road  
Fort Washington, MD 20744  
301-763-4600  
[www.nps.gov/fowa](http://www.nps.gov/fowa)

## Mary McLeod Bethune Council House NHS

Nestled in the heart of the Logan Circle Historic District in Washington, D.C., is the Mary McLeod Bethune Council House National Historic Site. Bethune founded the National Council of Negro Women and the site served as its national headquarters from 1943 to 1966.

The National Archives for Black Women's History, housed at the site, has materials pertaining to black women and their organizations and contains extensive correspondence, photographs, and memorabilia related to the National Council of Negro Women.

The site is open to the public Monday through Saturday from 9 am to 5 pm. The park is closed January 1, Thanksgiving Day, and December 25.

### Contact Information

1318 Vermont Avenue, NW  
Washington, DC 20005  
202-673-2402  
[www.nps.gov/mamc](http://www.nps.gov/mamc)

## Oxon Cove Park Oxon Hill Farm

Located in the District of Columbia and Prince George's County, Maryland, Oxon Cove Park features the 63-acre Oxon Hill Farm, a working historic farm. Visitors can explore the early 19th century farm house (Mount Welby) and other historic barns, stables, and outbuildings. Animals, crops, orchards, and gardens are also found on the farm site. The park's 485 acres provide recreational opportunities for hiking, biking, and picnicking, and are an excellent resource for environmental studies and wildlife observing.

The farm is open to the public daily from 8 am to 4:30 pm except January 1, Thanksgiving Day, and December 25. Reservations are required for special programs, education offerings, and popular activities such as milking cows, gathering eggs, and wagon rides.

### Contact Information

6411 Oxon Hill Road  
Oxon Hill, MD 20745  
301-839-1176  
[www.nps.gov/oxhi](http://www.nps.gov/oxhi)

## Piscataway Park

Situated along the Potomac River in Maryland, Piscataway Park was created to preserve the historic views from Mount Vernon, home to President George Washington, to Fort Washington. Piscataway Park is a natural area and is home to bald eagles, beavers, fox, osprey, and many other species. The forested coves and tidal marshes located along the Piscataway Park shoreline are a great place for exploring by canoe. Piscataway Park is a beautiful place for picnicking and fishing. National Colonial Farm, located in the park, is an outdoor living history museum founded by the Accokeek Foundation. The park offers a public fishing pier, two boardwalks over freshwater tidal wetlands, and a variety of nature trails.

The park is open from dawn to dusk.

### Contact Information

13511 Fort Washington Road  
Fort Washington, MD 20744  
301-763-4600  
[www.nps.gov/pisc](http://www.nps.gov/pisc)

## Sewall-Belmont House and Museum

The Sewall-Belmont House and Museum is the site where suffrage leader Alice Paul and the women of the National Woman's Party led the fight for equal rights for women in the United States and throughout the world. The National Woman's Party was instrumental in gaining the passage of the Nineteenth Amendment to the Constitution giving women the right to vote.

Alice Paul, the author of the Equal Rights Amendment, lived and worked in the house for many years. The library, which contains an unparalleled collection of suffrage and equal rights artifacts and documents, is dedicated to the history of the party and the history of the suffrage and equal rights movements. Please call for tour availability.

### Contact Information

144 Constitution Avenue, NE  
Washington, DC 20002  
202-546-1210  
[www.sewallbelmont.org](http://www.sewallbelmont.org)

# Parks of National Capital Parks-East

## Frederick Douglass NHS

The Frederick Douglass National Historic Site houses an impressive collection of original furnishing and artifacts from Frederick Douglass.

Visitors learn about the life of Frederick Douglass through exhibits, a film in the park's visitor center, and ranger-led tours of the home. Reservations are required for groups of more than 10, maximum of 60 persons per group. Groups of 10 or less are strongly encouraged to make reservations. Tickets are available on-site the day of the tour on a first-come, first-served basis.

The site is open to the public daily, except January 1, Thanksgiving Day, and December 25.

For further information, please call 1-877-444-6777 or visit [www.recreation.gov](http://www.recreation.gov). Tours are free; however, reservations require a service charge of \$1.50 per person. School groups pay a flat service fee of \$5.00 per reservation.

### Contact Information

1411 W Street, SE  
Washington, DC 20020  
202-426-5961  
[www.nps.gov/frdo](http://www.nps.gov/frdo)

## Greenbelt Park

Greenbelt Park is a natural oasis situated just 12 miles from Washington, D.C. and 23 miles from Baltimore, Maryland. The park's 1,100 acres of oak, maple, sweetgum, and old pine are a retreat from the pressures of city life and a forested refuge for native plants and animals.

A wide range of recreational opportunities and educational programs are available year-round, including facilities for picnicking, camping, backpacking, biking, bird watching, hiking, and wildlife viewing.

The park is open daily from dawn to dusk. The ranger station is open year-round from 8:00 a.m. to 3:45 p.m., except January 1, Thanksgiving Day, and December 25.

### Contact Information

6565 Greenbelt Road  
Greenbelt, MD 20770  
301-344-3948  
[www.nps.gov/gree](http://www.nps.gov/gree)

## Kenilworth Aquatic Gardens

Kenilworth Aquatic Gardens is the only National Park Service site devoted to the cultivation of flowering aquatic plants. It is a 12-acre sanctuary that features serene ponds, flowering water lilies and lotus, as well as many species of birds and wildlife. The visitor center is open daily from 8 am to 4 pm except January 1, Thanksgiving Day, and December 25.

Kenilworth Marsh is a 77-acre freshwater tidal marsh that borders the Kenilworth Aquatic Gardens. The marsh includes 32 acres of marsh restored in the 1990s to provide habitat for a wide array of native wildlife and wetland plants. A boardwalk and trail from the Aquatic Gardens provide visitors access to various marsh zones and the Anacostia River.

### Contact Information

1550 Anacostia Avenue, NE  
Washington, DC 20019  
202-426-6905  
[www.nps.gov/keaq](http://www.nps.gov/keaq)

## Langston Golf Course

Named for John Mercer Langston, an African American elected to Congress in 1888, Langston Golf Course offers an 18-hole course, driving range, and clubhouse.

The course opened in 1939 as a 9-hole facility when very limited golfing facilities were available to African Americans. Nine additional holes were constructed in the 1950s. Although the layout and landscape has evolved over time, Langston Golf Course was placed on the National Register of Historic Places for its efforts to provide equal access during the era of racial segregation. Historically, it was a pioneer in establishing African American golf clubs and professional golfers.

Langston's Pro Shop and snack bar are open from dawn to dusk year round. The driving range is open from 9 am to 5 pm daily, except December 25.

### Contact Information

26th & Benning Road, NE  
Washington, DC 20019  
202-397-8638  
[www.golfdc.com](http://www.golfdc.com)

## Carter G. Woodson Home NHS

Imagine a world in which people like you have no written history, or that which has been written is incomplete or distorted. Before Dr. Carter Godwin Woodson (1875–1950) began his work, there was very little information, and much of that stereotypical misinformation, about the lives and history of Americans of African descent.

The Carter G. Woodson Home at 1538 9th Street, NW in Washington, DC, was Dr. Woodson's home from 1922 until his death in 1950. He directed the operations of the Association for the Study of Negro Life and History and pursued his own studies of African American history from there.

The home was acquired by the National Park Service in 2005. The site is closed to the public. The planning process is underway to restore the home and renovate the adjacent buildings into a visitor and research center.

### Contact Information

1318 Vermont Avenue, NW  
Washington, DC 20005  
202-673-2402  
[www.nps.gov/cawo](http://www.nps.gov/cawo)

## Baltimore-Washington Parkway

Enjoy our scenic gateway into the Nation's Capital! Opened in 1954, the parkway is a 29-mile scenic park highway that connects Baltimore, Maryland to Washington, D.C. The "parkway concept" involves preserving a wide, scenic, mostly natural corridor along a limited-access divided roadway, following the "lay of the land" allowing the visitor to experience the local topography and natural scenery, undistracted by billboards, traffic signals, and adjacent dense development.

The Baltimore-Washington Parkway is one of four parkways that provide scenic access between major points in the National Capital region. The National Park Service manages this parkway from Fort Meade south to the Nation's Capital.

### Contact Information

Baltimore Washington Parkway  
c/o Greenbelt Park  
6565 Greenbelt Road  
Greenbelt, MD 20770  
202-619-7105: U.S. Park Police Dispatch  
301-344-3948: Parkway Maintenance:  
[www.nps.gov/bawa](http://www.nps.gov/bawa)

## Suitland Parkway

Suitland Parkway extends from Andrews Air Force Base in Camp Springs, Maryland to the Martin Luther King, Jr. Bridge (South Capitol St.) in Washington, D.C. It is the scenic "gateway" that countless visiting dignitaries, royalty, world leaders, and Presidents have traveled on their route into the Nation's Capital.

Originally built as a wartime access road to Andrews Air Force Base, the parkway was redeveloped in the 1950s into the scenic, forested park roadway that it is today. It is one of four scenic parkways in the Washington, D.C. metropolitan area, providing an aesthetic access to important destination points. The portion within Maryland is managed by the National Park Service.

Today, the parkway is extensively used by thousands of visitors to the Nation's Capital arriving from the east. Notably, the parkway is often the first image that foreign heads of state get of the United States.

### Contact Information

1900 Anacostia Drive, SE  
Washington, DC 20020  
202-472-3884  
[www.nps.gov/nace](http://www.nps.gov/nace)

## Shepherd Parkway

Shepherd Parkway is actually not a roadway, but a "corridor park" encompassing a forested ridgeline overlooking the Potomac River in southeast Washington, D.C. It forms the forested backdrop along the eastern side of Interstate 295, and also contains multiple historical Civil War defenses sites within its predominantly wooded, natural scenery. It contributes greatly to the "greenness" of our Capital City, as well as to our oxygen supply!

Shepherd Parkway is managed as a natural area by National Capital Parks-East.

### Contact Information

1900 Anacostia Drive, SE  
Washington, DC 20020  
202-472-3884  
[www.nps.gov/nace](http://www.nps.gov/nace)

# Events

## Recurring Events

### BIRD WALKS

*Kenilworth Aquatic Gardens—Visitor Center*  
Saturdays—October 9, 16, 23 & 30  
8:00 a.m. to 9:00 p.m.  
202-426-6905  
All ages

Meet the park ranger at the visitor center and learn how to identify birds on a 3/4 mile walk on the boardwalk. For additional information, contact the site.

### FRIENDS OF STILL CREEK MEETING

*Greenbelt Park—Ranger Station*  
Mondays—November 1, January 3, February 7 and March 7  
7:00 p.m. to 9:00 p.m.  
301-345-6515  
Ages 16 and up

The Friends of Still Creek invite you to discover Greenbelt Park and the Still Creek Watershed. Contact Bill Duncan at the number listed above for more information.

### INVASIVE PLANT REMOVAL

*Greenbelt Park—Sweetgum Picnic Area*  
Saturdays—November 6, December 4, February 5 and March 5  
11:00 a.m.  
301-344-3944  
Ages 8 to Adult  
Reservations required

Join in a hands-on preservation activity as we pull non-native plants and help preserve Greenbelt Park for future generations. Please RSVP at the number listed above.

### WEEKLY JUNIOR RANGER PROGRAMS

*Fort Dupont Park—Activity Center*  
Thursdays  
4:00pm to 5:30pm  
Ages 5 to 12  
202-426-7723

Every Thursday children have the opportunity to Explore, Learn and Protect the Park resources with a Ranger led program. Weekly programs involve children actively learning how to protect and preserve the Natural, Cultural and Historic resources of Fort Dupont and the Civil War Defenses of Washington. Our Junior Ranger booklet invites children to complete activities for points that will earn a Junior Ranger badge and certificate. Fort Dupont Drive SE Washington, DC 20019

### CURRICULUM PROGRAMS

The Civil War Defenses of Washington currently is offering curriculum-based programs for 8th grade classes. “Experience your America” with the National Park Service through themed resources that connect to your local National Park Sites and education standards. The Civil War Defenses of Washington sites offer a unique peek in to the History and Culture of Washington D.C. The resources available will help provide students with a tangible history of their community by building upon local contexts and personal experiences. Contact Fort Dupont rangers for more information at 202-426-7723 or on-line at <http://www.nps.gov/fodu>.

## October

### IS THAT A TREE I SEE?

*Oxon Cove Park—Visitor Barn*  
Sunday, October 10  
12:00 p.m.  
301-839-1176  
Ages 9 and up

Join the ranger on a short walk around Oxon Cove Visitor Barn to talk about the life of a tree. You will learn what you should be looking for to identify some of the trees found along the way. The hike will begin in front of the Visitor Barn. Please wear comfortable shoes and appropriate clothes for the weather.

### RANGER DISCUSSION

*Fort Foote Park*  
Sunday, October 10  
202-426-7723  
1:00 p.m.  
Free

How does Fort Foote relate to Baltimore, San Francisco, and South Carolina? Learn the role of Fort Foote (located at 8915 Fort Foote Road, Fort Washington, Maryland 20744) and other regional forts in the nationwide network of seacoast fortifications. Parking lot is available on site.

### MARIGOLD COLORS NATURAL DYE

*Kenilworth Aquatic Gardens—Visitor Center*  
Saturday, October 16  
202-426-6905  
1:00 p.m.  
Free

Join a demonstration of natural dye techniques using petals of marigold flowers. This event is for kids of all ages! Need more info, contact the site.

### BIKE HIKE

*Fort Dupont Activity Center*  
Saturday, October 16  
202-426-7723  
1:00 p.m.  
Free

Learn about the Civil War Defenses of Washington on this 5-mile mountain bike ride and see how land that once defended our nation’s capital is now natural forest areas. Fort Dupont Activity Center is located on Fort Dupont Drive, off of Minnesota Avenue and Randle Circle, SE, Washington,

DC, 20019. Parking lot is available on site. For more information, contact the site.

### IS THAT A BIRD I SEE?

*Oxon Cove Park—Visitor Barn*  
Sunday, October 17  
12:00 p.m.  
301-839-1176  
Ages 9 and up

Join the park ranger on a one-mile walk along the Woodlot Trail. We will explore the woods and fields in an effort to identify the birds by sight and sound.

### BE AN ARCHITECT SLEUTH

*Oxon Cove Park—Visitor Barn*  
Saturday, October 16  
12:30 p.m. to 2:00 p.m.  
301-839-1176  
Ages 9 and above  
Reservations required

Join architect designers for a fun-filled, hands-on, and educational program that will show you how to become an architect sleuth. As an architect sleuth, you will search for clues in the many historic buildings of Oxon Cove Park and learn how to use these clues to unravel the mysteries of the past. We will conclude with a discussion on architecture as a career, preservation and stewardship, and any other pertinent topics you may like to discuss. This program is recommended for ages 7 and up, but all are invited.

### “HISTORICAL FARM EQUIPMENT”

*Oxon Cove Park—Visitor Barn*  
Sunday, October 17  
12:30 p.m.  
301-839-1176  
All ages

Have you ever wondered what a strange-looking piece of equipment was used for? Take a walking tour and learn how technology has changed from horse to machine power.

# Events

## READING RANGER

*Greenbelt Park—Ranger Station*  
Saturday, October 30  
11:00-12:00  
301-344-3944  
Ages 5-10

Share your favorite nature books with the group at “Reading Ranger,” a reading hour that develops a love of the outdoors through nature books. Contact Ranger Eli Alford.

## RANGER LED TOUR

*Fort Stanton*  
Saturday, October 23  
10:00 a.m.  
202-426-7723  
Free

Come experience the season and see the fall leaves on a ranger led nature hike. You will truly enjoy the experience of viewing the natural landscape of our nation’s capital. Fort Stanton is located at 1800 Erie Street, SE, Washington, DC, 20020. For further information, contact the site.

## POST REVOLUTIONARY SLAVERY ALONG THE TIDEWATER

*Oxon Cove Park—Visitor Barn*  
Sunday, October 24  
12:00 p.m.  
301-839-1176  
Ages 9 and up

Come out to the park and discover this chapter in American history. The ranger will discuss and compare the Artisan slavery found in the cities with the Agricultural slavery found on the farms and plantations of the area.

## BIKE HIKE

*Fort Ricketts—Anacostia Museum*  
Saturday, October 30  
10:00 a.m.  
202-426-7723  
Free

Enjoy the scenic views of Washington on this challenging 5-mile mountain

bike ride and learn how the Civil War Defenses of Washington formed a shield for the Union Capital during the Civil War. Fort Ricketts is located at 1901 Fort Place, SE, Washington, DC 20020. Street parking is available. For more information, contact the site.

## THE FALL HARVEST AND NUTRITION

*Oxon Cove Park—Visitor Barn*  
Sunday, October 31  
12:30 p.m.  
301-839-1176  
All ages

Join a ranger in collecting pumpkins, squash, and corn from our park garden. We will talk about some of the traditions which have evolved from celebrating the fall harvest to Halloween.

## HALLOWEEN SKATE

*Anacostia Park—Pavilion*  
Sunday, October 31  
11:00 a.m. to 3:00 p.m.  
202-472-3873 or 202-426-6905  
Free

Come to Anacostia Park, north of the Sousa Bridge on Anacostia Drive, SE in Washington, D.C., and skate while you show off your Halloween costume. Contact the site for additional information.

## GRIZZLY TALES FROM CIVIL WAR IN WASHINGTON

*Fort Dupont Park—Activity Center*  
Sunday, October 31  
1:00 p.m.  
202-426-7723  
Free

On Halloween, come and learn about medicine during the Civil War at different forts around Washington. This program is not for those with a weak stomach. Fort Dupont Activity Center is located in SE Washington off of Minnesota Avenue and Randle Circle. The zip code is 20019. Parking lot is available on site. Contact the site for additional information.

# November

## SECESSIONISTS, SMUGGLERS, AND SPIES! THE CIVIL WAR IN SOUTHERN MARYLAND

*Oxon Cove Park—Visitor Barn*  
Sunday, November 7  
12:30 p.m. to 2 p.m.  
301-839-1176  
All ages  
Reservations required

What was it like to live on a farm in southern Maryland in 1863? Of course, it would depend on who you were—and your place in society. Step back in time as we introduce you to characters whose lives were changed by the Civil War. Through dramatic vignettes, you will meet a runaway slave, a landowner and his family, a spy, a smuggler, a squad of uniformed Union soldiers, and armed African American Union troops. This program is 1 hour long. Wear comfortable shoes because we will walk about 1/4 of a mile. \*\*Space is limited, so please call to make your reservation\*\*

## A HOUSE DIVIDED

*Fort Dupont Park—Earthworks*  
Sunday, November 7  
1:00 p.m.  
202-426-7723  
Free

Come to an original Civil War site (4160 Alabama Avenue, SE, Washington, DC 20019) and learn about the momentous election of 1860 on the Sesquicentennial of this country’s most controversial president, Abraham Lincoln. Parking is available on site. For more information, contact the site.

## LET THE GAMES BEGIN!

*Oxon Cove Park—Visitor Barn*  
Saturday, November 13  
12:00 p.m.  
301-839-1176  
All ages

Learn how to build and play with 19th century yard games by joining the park

ranger in a hunt to find materials that can be used in the making of these games.

## PINE CONE BIRD FEEDER CRAFTS

*Greenbelt Park—Ranger Station*  
Sunday, November 14  
11:00 a.m. to 12:00 p.m.  
301-344-3944  
Ages 5 to 12

Join a ranger in fun as we make take home natural bird feeders for our feathered friends.

## NATIVE AMERICANS OF THE POTOMAC VALLEY

*Oxon Cove Park—Visitor Barn*  
Sunday, November 14  
12:00 p.m.  
301-839-1176  
Ages 9 and up

Take a mile long walk on this ranger led discovery of the American Indians of the Potomac Valley. Listen as the ranger describes how the American Indians survived off the land for thousands of years before the arrival of Europeans. Please meet in front of the Oxon Cove Park Visitor Barn.

## AMERICAN INDIANS AND THE HARVEST CELEBRATION

*Oxon Cove Park—Visitor Barn*  
Saturday, November 20  
12:30 p.m. to 1:30 p.m.  
301-839-1176  
All Ages  
Reservations Required

All cultures celebrate fall harvest. It is a time to time to offer thanks for a successful growing season and for the sustenance to get through the winter. American Indians celebrated harvest long before the arrival of the Europeans. Through song, dance, and storytelling we will look at the harvest traditions of the American Indians and discover why this time of year is more than an American Thanksgiving story.

# Events

## RANGER LED HIKE

*Fort Chaplin*  
Saturday, November 20  
10:00 a.m.  
202-426-7723  
Free

Join a ranger on a nature hike through the Civil War Defenses of Washington (4648 Texas Avenue, SE, Washington, DC 20019). Experience the sights and sounds of nature with the Capitol Dome as the backdrop. Street parking is available. Contact the site for additional information.

## RANGER FOOTSTEPS

*Greenbelt Park—Ranger Station*  
Saturday, November 20  
11:00 p.m. to 1:00 pm  
301-344-3944  
Ages 8-Adult

Join Park Ranger Eli on the Perimeter Trail to learn about the flora and fauna of Greenbelt Park. Come find out what it is like to be a park ranger.

## ST. ELIZABETH HOSPITAL ERA

*Oxon Cove Park—Visitor Barn*  
Sunday, November 21  
12:30 p.m.  
301-839-1176  
All ages

Learn the history of the farm from 1891 to 1967 when Oxon Cove Park was the Saint Elizabeth Farm of Washington, D.C.

## THROUGH THE AGES

*Fort Foote*  
Sunday, November 28  
1:00 p.m.  
202-426-7723  
Free

Learn about the continuing evolution of defending the capital city of Washington, DC from the War of 1812 to present day. Fort Foote is located at 8915 Fort Foote Road, Fort Washington, Maryland 20744. Parking lot is avail-

able on site. For additional information, contact the site.

# December

## WASHINGTONIANS IN THE CIVIL WAR

*Fort Greble*  
Sunday, December 5  
1:00 p.m.  
202-426-7723  
Free

Explore the lives of the civilians around Washington who were directly affected by the war and the construction of forts on their property. Fort Greble is located at 298 Elmira Street, SE Washington, DC 20032. Street parking is available. For additional information, contact the site.

## MEET THE BEAVER

*Greenbelt Park—Ranger Station*  
Sunday, December 12  
11:00 a.m.  
301-344-3944  
Ages 5 to adult

Join a Park Ranger as we learn about beavers and their habitats. Please RSVP.

## THE SECESSION WINTER OF 1860

*Fort Davis*  
Sunday, December 19  
1:00 p.m.  
202-426-7723  
Free

Discover Fort Davis (located at Pennsylvania Avenue and Fort Davis Drive, SE, Washington, DC 20020) while learning about the winter leading up to the Civil War and the difficult problems facing the nation with South Carolina leaving the Union on the Sesquicentennial. Street parking is available. For more information, contact the site.

## WINTER EVERGREEN WALK

*Greenbelt Park—Ranger Station*  
Sunday, December 19  
11:00 a.m. to 12:00 p.m.  
301-344-3944  
Ages 8 to adult

Meet a park ranger at Greenbelt Ranger Station to hike the blueberry trail and discover various evergreen plants which contribute to the diversity of plant life in winter.

# January

## RESERVATIONS TAKING FOR THE SCOUT LOOP PORTION OF THE CAMPGROUND BEGINS MONDAY JANUARY 4

*Greenbelt Park—Headquarters*  
Monday, January 4

All Scout Troops are required to call 301-344-3948 and reserve space in the campground. Scouts must have a tour permit and proof of insurance. Reservations are taken over the phone. All campground rules are in effect for the Scout Loop.

## WINTER WALK

*Greenbelt Park—Sweetgum Picnic Area*  
Sunday, January 9  
11:00 a.m.  
301-344-3944  
All ages

Join a park ranger to discover the forest in winter. Please RSVP.

# February

## GREENBELT PARK CELEBRATES BLACK HISTORY MONTH

*Greenbelt Park—Ranger Station*  
Sunday, February 13  
2:00 p.m.  
301-344-3944  
All ages

Discover Charles Young, the first African American superintendent, and his contributions to the National Park Service.

## MATTHEW HENSON AT THE NORTH POLE

*Greenbelt Park—Ranger Station*  
Sunday, February 20  
1:00 a.m.—12:00 p.m.  
301-344-3944  
All ages

Join a park ranger as we discover how misfortune and endless jobs landed Matthew Henson on the North Pole.

## STILL CREEK VOLUNTEER CLEANUP DAY

*Greenbelt Park—Ranger Station*  
Sunday, February 27  
1:00 p.m.—3:00 p.m.  
301-344-3944  
Ages 16 and up

Greenbelt Park and the Friends of Still Creek invite you to join this dynamic group to clean the Still Creek watershed. RSVP please.

# March

## THE STORY OF WILMA RUDOLPH

*Greenbelt Park—Ranger Station*  
Sunday, March 6  
11:00 a.m.  
301-344-3944  
All ages

Join a park ranger as Greenbelt Park celebrates Women's History Month and discover the inspiring story of Wilma Rudolph. RSVP requested.

# Events

## READING RANGER WOMEN'S HISTORY MONTH 2011: HISTORY IS OUR STRENGTH

*Greenbelt Park Ranger Station*  
*Sunday, March 20, 2011*  
*11:00am—12:00pm*  
*301-344-3944*  
*Ages 5 to 12*

Join a reading ranger as we read about women's tenacity, courage, and creativity throughout the centuries.

## NATIONAL AGRICULTURE DAY

*Oxon Cove Park—Visitor Barn*  
*Sunday, March 20*  
*12:30p.m.—1:30 p.m.*  
*All Ages*

A few generations ago, most Americans were directly involved in—or had relatives or friends involved in—agricultural-related endeavors. Today, that is no longer the case. Come out to the farm and learn how agriculture still impacts our lives, today. We will cook a meal the old-fashioned way and compare it to today's food preparations. Wear comfortable clothes because we will work hard to "fix a meal."

## MAKING PLANS FOR THE SUMMER?

Reservations are available starting in March for the Greenbelt Park campground from Thursday, May 26 through Tuesday, September 6, 2011. Call 1-888-444-6777 or online at <http://www.recreation.gov>. Make plans to visit Washington, D.C. and stay at the campground at Greenbelt Park, which is known for its safety, affordability, peaceful surroundings and National Park Service hospitality.

## Winter Safety Tips

Continued from Page 3

### HYPOTHERMIA (CONTINUED)

- Hypothermia is most likely at very cold temperatures, but it can occur even at cool temperatures (above 40° F, 4° C) if a person becomes chilled from rain, sweat, or submersion in cold water.
- Victims of hypothermia are often: (1) elderly people with inadequate food, clothing or heating; (2) babies sleeping in cold bedrooms; (3) people who remain outdoors for long periods—the homeless, hikers, hunter, etc.; and (4) people who drink alcohol or use illicit drugs.

### WARNING SIGNS OF HYPOTHERMIA

#### Adults:

- Shivering, exhaustion
- Confusion, fumbling hands
- Memory loss, slurred speech
- Drowsiness

#### Infants:

- Bright red, cold skin
- Very low energy

### WHAT TO DO:

If you notice any of these signs, take the person's temperature. If it is below 95° F (35° C), the situation is an emergency—get medical attention immediately.

If medical attention is not available, begin warming the person, as follows:

- Get the victim into a warm room or shelter.
- If the victim has on any wet clothing, remove it
- Warm the center of the body first—chest, neck head and groin—using an electric blanket, if available, or use skin-to-skin contact under loose, dry layers of blanket, clothing, towels, or sheets.
- Warm beverages can help increase the body temperature, but do not give alcoholic beverages. Do not try to give beverages to an unconscious person.
- After body temperature has increased, keep the person dry and wrapped in a warm blanket, including the head and neck.
- Get medical attention as soon as possible.

# Anacostia Riverwalk Trail through Kenilworth Park.

Washington D.C.—The National Park Service (NPS), National Capital Parks-East, in collaboration with the District of Columbia Department of Transportation (DDOT), is proposing to construct a portion of the Anacostia Riverwalk Trail through Kenilworth Park. The proposed section of trail is located east of the Anacostia River in the northeast section of the District and extends into Maryland along the Anacostia River, connecting to the existing MD-NCPC trail from historic Bladensburg Waterfront. This trail would link with other sections of the Anacostia Riverwalk Trail, as well as the Maryland-National Capital Park and Planning Commission's Bladensburg Waterfront trail, and points beyond. The proposed trail is a key component of the Anacostia Waterfront Initiative (AWI), which is the Framework Plan for revitalizing the District's waterfront areas. The AWI is the product of the commitment made by twenty Federal and local agencies to cooperatively develop a vision for the waterfront.

In 2004, NPS completed an Environmental Assessment that analyzed all three sections of the proposed Anacostia Riverwalk Trail. Since 2004, the proposed trails for sections one and two have moved forward. The alignment of this third section of the trail has since been revised, offering an additional trail alignment option. The proposed alignment is the result of an effort to provide a better visitor experience by reducing trail alignments on city streets and directing more of the trail through parkland.



# Events

## The Youth Conservation Corps at National Capital Parks-East Invites You to Participate!

Each summer, youth from around the Washington, D.C. metropolitan area can participate in making their national parks shine.

### The Program

The Youth Conservation Corps (YCC) is a well-balanced work-learn-earn program that develops understanding and appreciation in participating youth of the nation's environment and heritage. YCC offers gainful employment to youth for approximately eight weeks, in a healthful outdoor atmosphere.

### Eligibility Requirements

Young men and women, 15 through 18 years of age who are permanent residents of the United States, its Territories or possessions, are eligible for employment without regard to social, economic, racial or ethnic backgrounds. Handicapped youth who can effectively participate in most YCC activities are eligible. Youth must have no history of serious criminal or other antisocial behavior, have or be able to obtain a work permit as required under the law of their State, have a Social Security number or have made application for one, be willing and able to work hard and participate in most work projects. Projects include building trails, maintaining fences, cleaning up campgrounds, improving wildlife habitat and thinning timber stands.

### How can You Enroll

Eligible youth can send in their application beginning in January 2011 for the next summer season. The deadline for the coming summer is April 15th. Click on "How can You Enroll" to download an application form on our web site under Youth Conservation Corps at [www.nps.gov/nace](http://www.nps.gov/nace).



## Weekly Events on the Farm at Oxon Cove Park



*Group reservations required, 301-839-1176*

### MEET THE DAIRY COW

*Wednesdays and Fridays, 10:00 a.m.; Monday through Friday, 11:30 a.m.; Saturdays and Sundays, 10:00 a.m.*

Watch the park ranger demonstrate milking the cow and learn about cows and dairy products.

### CHICKEN PROGRAM

*Saturday through Thursday, 11:00 a.m.*

Learn about chickens and their life on the farm. Help with the chores and feed the chickens.

### WAGON RIDE

*Saturday through Thursday, 1:30 p.m.; Fridays, 11:00 a.m.*

Take a scenic ride through the park and learn about the environment and the park's history.

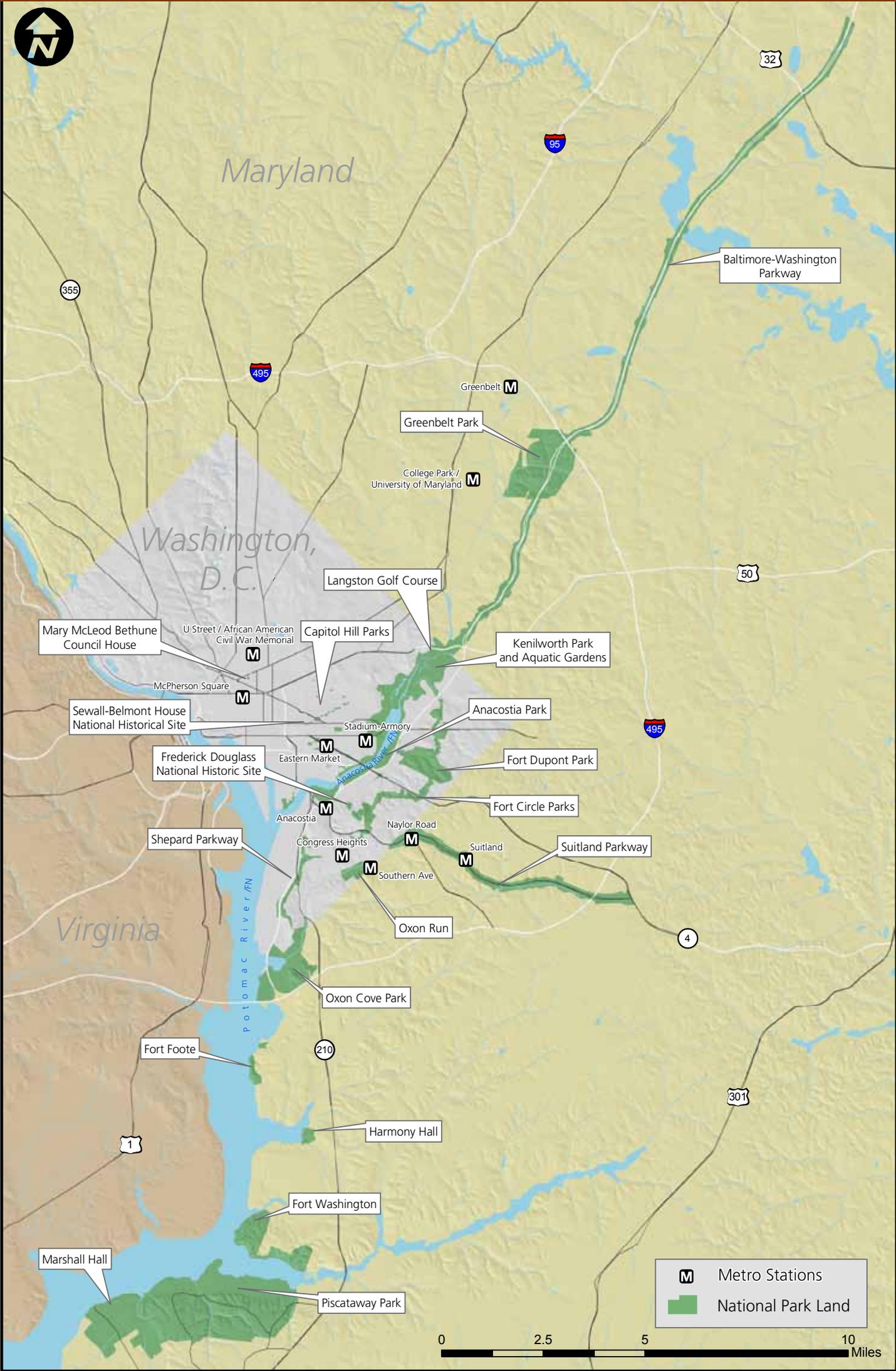
### THE PARK'S PAST—AN INVITATION TO LEARN THE STORY OF OXON COVE PARK

*Saturdays and Sundays, 1:00 p.m. to 3:00 p.m.*

Explore the park's past and find out some of the fascinating stories that have occurred on the park property over time.

- Note: On holidays, follow Saturday and Sunday schedule. Programs may be cancelled without prior notice.

# Park Map





National Park Service  
U.S. Department of the Interior

National Capital Parks-East  
1900 Anacostia Drive, SE  
Washington, DC 20020-6722

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# Activities at Your Fingertips

	Anacostia Park	Fort Dupont Park	Fort Washington Park	Frederick Douglass NHS	Greenbelt Park	Kenilworth Aquatic Gardens	Mary McLeod Bethune Council House NHS	Oxon Cove Park	Piscataway Park
Biking	*	*	*		*			*	*
Birding	*	*	*	*	*	*		*	*
Camping					*				
Education Programs	*		*	*	*	*	*	*	*
Hiking	*	*	*	*	*	*		*	*
Live Music		*							
On-Site Parking	*	*	*	*	*	*		*	*
Picnicking	*	*	*	*	*	*		*	*
Ranger-led Programs	*	*	*	*	*	*	*	*	*
Sports Fields	*		*		*				
Visitor Center			*	*	*	*	*	*	*