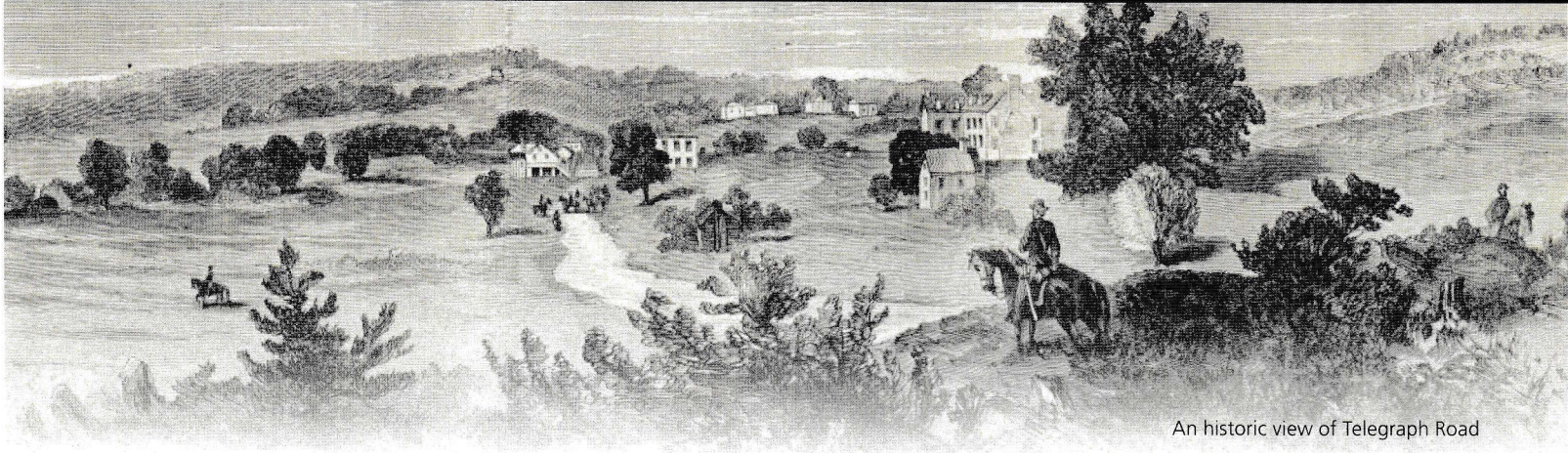


# Potomac Heritage Trail

Potomac Heritage National Scenic Trail

Southern Fairfax County  
Prince William County

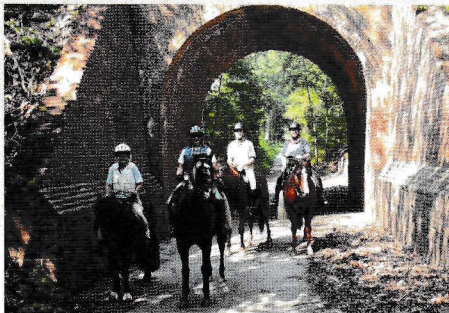


An historic view of Telegraph Road

## Explore the Unexpected

Between Mount Vernon and Locust Shade Park, opportunities abound for hikers and bicyclists. This section of the Potomac Heritage National Scenic Trail embraces existing trails, guiding you away from highways to peaceful woodlands, wildlife-filled wetlands, meandering creeks, and historic sites and towns.

The Trail traverses lands of the Dogue Indians, George Washington's beloved Mount Vernon, Woodlawn Historic District, wildlife areas, an exceptional Piedmont forest, and much more. Experience Northern Virginia through the evolving Potomac Heritage Trail network.



Riding on a multi-use trail in Laurel Hill Park



Kayaking is an increasingly popular activity.



Rippon Lodge, an historic site visited by George Washington, provides a unique view of the

## Urban Oasis

This growing section of the Potomac Heritage Trail network blends the heritage of the past with exceptional outdoor recreation. George Washington is central to this heritage, especially here—the place he called home. As the Trail network evolves, hikers and bicyclists will travel the places and routes that Washington knew well: Mount Vernon, Woodlawn and the route to Yorktown. Natural oases are

accessible too, like Accotink Bay Wildlife Preserve, Laurel Hill Park, and Mason Neck, offering access to foot and bicycle trails and to waterways for canoeing, kayaking, and fishing. The Trail corridor includes routes of the Washington-Rochambeau Revolutionary Route, U.S. Bicycle Route 1, and the East Coast Greenway.

The map on the reverse depicts the existing and planned pedestrian and bicycle facilities for the Trail. Part vision and part reality, the concept of the Trail network is emerging as a tool to connect people with historic landscapes, open spaces, and recreation and education opportunities in a developing region.



Eastern box turtle  
NPS



Virginia bluebells  
© HELEN HAMILTON



Common yellowthroat  
NPS



Largemouth Bass  
NPS



Gray tree frog  
NPS

## More information

### Fairfax County Visitors Center

[www.fxva.com](http://www.fxva.com)  
800-732-4732

### Discover Prince William

[www.discoverpwm.com](http://www.discoverpwm.com)  
800-432-1792

### Grist Mill Park & Laurel Hill Park

[www.fairfaxcounty.gov/parks/](http://www.fairfaxcounty.gov/parks/)

### Accotink Bay Wildlife Preserve

<http://www.belvoir.army.mil/>

### Pohick Bay & Occoquan regional parks

[www.nvrpa.org/](http://www.nvrpa.org/)

### Prince William County Parks

[www.pwcgov.org/government/dept/park](http://www.pwcgov.org/government/dept/park)

### Mount Vernon Estate & Gardens; Distillery & Gristmill

[www.mountvernon.org/](http://www.mountvernon.org/)

### National Museum of the Marine Corps

[www.usmcmuseum.org/](http://www.usmcmuseum.org/)

### Woodlawn & Pope-Leighey House

[www.savingplaces.org/woodlawn](http://www.savingplaces.org/woodlawn)

### Gunston Hall

[www.gunstonhall.org](http://www.gunstonhall.org)

### Meadowood SRMA

[www.blm.gov](http://www.blm.gov)

### Mason Neck & Leesylvania state parks

[www.dcr.virginia.gov/state-parks](http://www.dcr.virginia.gov/state-parks)

### National Park Service:

#### Mount Vernon Trail

[www.nps.gov/gwmp/planyourvisit/mtvernontrail.htm](http://www.nps.gov/gwmp/planyourvisit/mtvernontrail.htm)

#### Prince William Forest Park

[www.nps.gov/prwi](http://www.nps.gov/prwi)

#### Potomac Heritage NST

[www.nps.gov/pohe](http://www.nps.gov/pohe)

#### Captain John Smith Chesapeake NHT

[www.nps.gov/cajo](http://www.nps.gov/cajo)

#### Washington-Rochambeau Revolutionary Route NHT

[www.nps.gov/waro](http://www.nps.gov/waro)

### Volunteer:

#### Fairfax Trails and Streams

[www.fairfaxtrails.org/](http://www.fairfaxtrails.org/)

#### Prince William Trails & Streams Coalition

[www.pwtsco.org](http://www.pwtsco.org)

#### Potomac Heritage Trail Association

[www.potomactrail.org](http://www.potomactrail.org)

#### East Coast Greenway Alliance

<http://www.greenway.org>

#### Potomac Appalachian Trail Club

[www.patc.net](http://www.patc.net)

### Public Transportation:

#### Fairfax Connector (bus)

<http://www.fairfaxcounty.gov/connector>

#### Virginia Railway Express

<http://www.vre.org/>

#### Dash (bus)

<http://www.dashbus.com/>

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