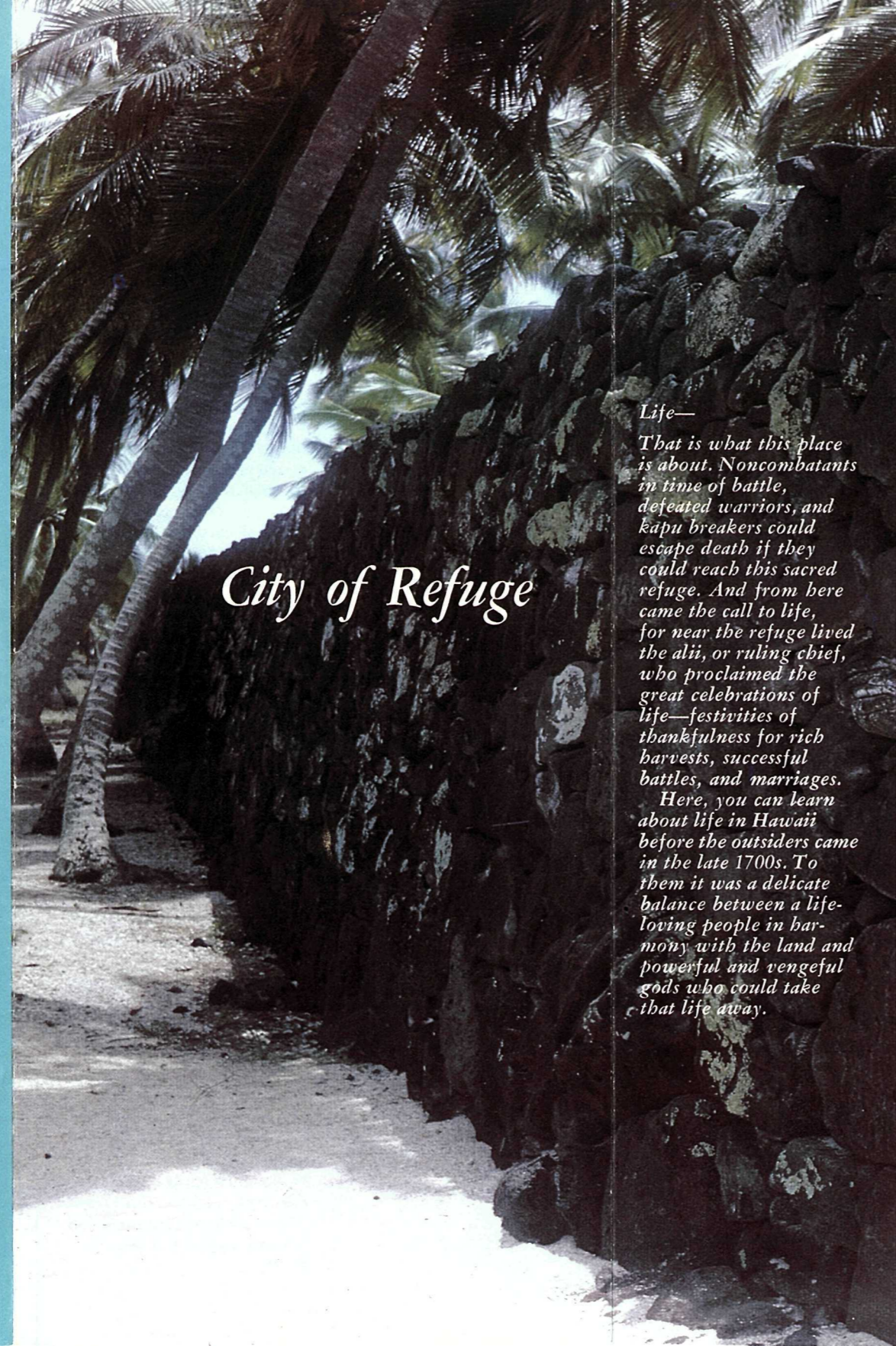


As the Nation's principal conservation agency, the Department of the Interior has responsibility for most of our nationally owned public lands and natural resources. This includes fostering the wisest use of our land and water resources, protecting our fish and wildlife, preserving the environmental and cultural values of our national parks and historical places, and providing for the enjoyment of life through outdoor recreation. The Department assesses our energy and mineral resources and works to assure that their development is in the best interests of all our people. The Department also has a major responsibility for American Indian reservation communities and for people who live in Island Territories under U.S. administration.



## City of Refuge

### Life—

That is what this place is about. Noncombatants in time of battle, defeated warriors, and kapu breakers could escape death if they could reach this sacred refuge. And from here came the call to life, for near the refuge lived the alii, or ruling chief, who proclaimed the great celebrations of life—festivities of thankfulness for rich harvests, successful battles, and marriages.

Here, you can learn about life in Hawaii before the outsiders came in the late 1700s. To them it was a delicate balance between a life-loving people in harmony with the land and powerful and vengeful gods who could take that life away.

### PU'UHONUA-O-HONAUNAU: Place of Refuge of Honaunau

To the people who lived here in days gone by, the City of Refuge was known as Pu'uhonua-o-Honaunau, place of refuge of Honaunau. By either name, it was a sanctuary that provided the people with a second chance—a second chance

them. And to promote life, the seasons for fishing, for taking animals, and for gathering timber were all strictly controlled by the kapu to provide for all.

When a kapu was broken, whether it was the kapu of getting too close to the chief or of

Others who sought refuge here were the *noncombatants* during a battle. The object of war in those days was the extermination of the enemy, which included anyone who belonged to the opposing side. Those too old, too young, or



for life itself. Who sought new life here and what had they done?

Some were *kapu breakers*—those who had broken the sacred laws, or kapu. The system of kapu in old Hawaii embodied the rules of life for the people. Under these rules a common person couldn't get close to the chief; couldn't walk in the chief's footsteps, touch the chief's possessions, or let his shadow fall on the chief's palace grounds. Everyday activities, too, were regulated by the kapu. Women couldn't eat the foods reserved for offerings to the gods; they couldn't prepare meals for men or even eat with



fishing at the wrong time, the penalty was the same—death. To break the sacred kapu was to offend the gods, and the people believed that the gods reacted violently toward an offender, most frequently with lava flows, tidal waves, famine, or earthquakes. So, to protect themselves from these catastrophes, the people pursued a kapu breaker until he was caught and put to death—or until he reached a pu'uhonua.

If he did reach a pu'uhonua, a ceremony of absolution was performed by the kahuna (priest), and the offender could then return home safely, usually within a few hours or by the next morning.

unable to fight could find safety in the sanctuary, for even in brutal war, life was preserved here.

Defeated warriors also came to the pu'uhonua, where they could wait in safety until the battle was over. Their allegiance would then be to the victor, and their life could go on.

No matter who came here or why, this was a place of sanctuary where all was forgiven. It was not a city of criminals as the name City of Refuge might suggest. It was sacred ground on which life began anew in ancient Hawaii.



Here at City of Refuge, you can find many reminders of the past. Images of ancient gods (left), which once warned the people against intrusion on sacred ground, glare down from the courtyard of Hale-o-Keawe heiau (center). Here, too, you might see Hawaiians demonstrating skills of their ancestors—weaving mats, making nets, and fishing (above). Or maybe you'll see shellfish (right) harvested from the sea today as they were long ago.

### PALACE GROUNDS

This place at Honaunau was also the home of the ruling chief, the source not only of the kapus that regulated life but of the celebrations that enriched life.

His courtyard adjoined the pu'uhonua, and the ten or more thatched buildings that formed his palace were in the coconut palm grove. Lesser chiefs hurried from one hut to another waiting upon the chief, perhaps preparing fish taken from the royal fishponds nearby. The small beach was reserved as a royal canoe landing for the chief and his attendants, and the wooden image in the water warned others that it was for the use of royalty only.



### THE GREAT WALL

A massive stone wall, which is still standing, separated the palace grounds from the pu'uhonua. It was built of stones formed from lava that once flowed here, and each stone was carefully laid, with no mortar to hold it in place. Altogether, it measures about 305 meters (1,000 feet) long, in the shape of an "L", 3 meters (10

feet) high, and 5.25 meters (17 feet) wide.

Stone by stone: the people worked to build this wall, perhaps as a monument to Keawe-ku-i-ke-ka'ai, the ruling chief at that time—about 1550. They must have been a determined people to have moved stones weighing several tons.

In a way, the surface of the wall reflects life as it was when the wall was built. Just as life then was joyous, yet demanding, the wall of carefully fitted stones has some smooth and some rough places. Both ends reach for the sea, just as life, then, was tied to the sea for food and travel.

The Great Wall was both a barrier and a link. It separated the palace grounds from the pu'uhonua, the royalty from the commoners. But it joined the people together in the belief that there was hope for life in that place set apart by the wall—the pu'uhonua.

It was not the stone wall, however, that gave sanctity to the area, but the heiau, or temple, that housed the sacred bones of the dead chiefs.

### HALE-O-KEAWE HEIAU

The religion of the people included the belief that the royal line of high chiefs had a special power—*mana*. It was a spiritual power found not only in their person but in their possessions and in the ground they walked on. Mana was determined by ancestry and rank, and after death it remained in the possessions of the chiefs and in their bones.

The Hale-o-Keawe heiau was built in honor of Keawe-i-keka-hi-alii-o-ka-moku, and his mana was in the heiau and protected

the pu'uhonua. After his death, his bones were placed in the temple, and the sacredness of the pu'uhonua increased, for by 1818 the bones of at least 23 chiefs had been placed there. The last deification was for a son of Kamehameha the Great.

This heiau, added at the end of the Great Wall in 1650, was the third one built here; the other two are within the walls of the pu'uhonua. The first must be studied further to determine its size and age; the second, 'A-le-ale'a, was built before 1550. Its huge stone platform was the foundation for thatched buildings and wooden images.

In 1819, Kamehameha II defied the kapu and abolished that system of religion, and the



heiaus and the pu'uhonuas they protected ceased to function. The people were confused and uncertain about their future; and gone was the balance between life-loving people and the power and vengeance of gods who could take away life. Changes came quickly. People and ideas from outside this island world altered forever the old way of life.

## A WALK THROUGH THE PARK

Here is a guide for a walking tour of the park. The numbers correspond to the numbered coconut markers you will find along the trail. Your path over the ground ahead is yours to choose. You need not stop at all markers or follow them in sequence. You need not go far or fast to experience and "feel" the land of the Hawaiians who lived here.

Their lifestyle before 1819 was rigidly controlled by the *mana* (spiritual power) and *kapu* (sacred rules of life). Interwoven with these beliefs was the promise of sanctuary, which was fulfilled in the pu'uhonua—a place of refuge set aside by the alii, or chief. Keep these things in mind and you will begin to understand the Hawaiian way of life as it used to be.

As you leave the visitor center, prepare to step back over 200 years. Relax, enjoy the breeze, the sun or rain, the sound of the waves, and the charm of the area. Look around you. Perhaps you will see Hawaiians dyeing their fishnets, pounding poi, catching crabs, gathering sea urchins and preparing them for eating, fishing, carving, or weaving. Stop and chat with them. Learn of their feelings for this land and their ancestors.

To begin your tour, we invite you to listen to the three taped messages located on the rail along the walkway. Look at the tile murals as you listen to the recordings. The chant you will first hear is the *kumulipo* or creation chant.

**1** Palace Grounds. Imagine the palace grounds with several grass huts scattered here and

there; the chiefs, hurrying about, waiting on the high chief; the warriors, clad in *malo* (loincloths), guarding the royal grounds. Because the chief lived here, this area was sacred, and commoners were not allowed to walk on or even cast their shadows upon these grounds—the penalty was death!

Look up and around you. Are these trees and shrubs familiar? Most native plants served more than one purpose. For example, the coconut was used for eating, fibers of the coconut husk were used to make rope, and the leaves were used for shade. Notice, too, that most of the coconut trees have been trimmed; however, people have asked that we leave some trees in their natural state, and this we have done. So, if you walk off the beaten trail, please be on the watch for falling coconuts and coconut fronds.

**2** House Models. These models represent the different types of houses and show how they were built. The larger structure is the type used by the high chiefs, and the smaller is the kind used by the commoners for storage. *Obi'a* wood was used for the framework. *Ti* leaves and *pili* grass were used for thatching.

**3** Kōnane (Pronounced kō-nāh-nay). This stone was specially made so that you can sit and play a game of kōnane, an old Hawaiian "checker" game still played by many. (Rules of the game are available at the visitor center information counter.)

**4** Kanoa. These stone bowls were carved out with stone tools. What were they used for? Maybe to hold the dye for dyeing nets and clothing; perhaps as a place to make salt or

to mash the 'awa root in preparing a ceremonial drink.

**5** Tree Mold. As the lava flowed to build this land on which you're standing, a tree fell and left a mold in the cooling lava. We do not know when this happened, but because everything has been built directly over the lava, it must have been long ago.

**6** Keone'ele. This cove was the royal canoe landing. Thus, it was *kapu* (forbidden) to all commoners. The *kī'i* (image) standing in the water might have marked a kapu boundary. Today swimming is permitted here. However, because of the area's historical importance, we ask you not to sunbathe on this beach.

Nearby are Hawaiian canoes built in the old way; they're probably the only ones in existence. As in ancient times, the canoes are made of koa wood, with lashings of coconut fibers. No metal was used.

**7** He-lei-pālala. This fishpond served only the royalty. Certain types of fish reserved for the chiefs were caught in the sea and placed in this royal fishpond for their use.

**8** The Great Wall. Notice the large stones fitted together like a jig-saw puzzle in the dry masonry work. Also notice the height, length, and width of the wall. The Hawaiians probably used wooden rollers and levers of logs to get the stones in position. Built sometime in the mid-1500s, this wall separates the palace grounds from the pu'uhonua (sanctuary). Although repaired twice, for the most part, this is the original wall. Please do not climb on the wall—we would like to save the wall and save you from getting hurt.

*We're Joining the Metric World*  
The National Park Service is introducing metric measurements in its publications to help Americans become acquainted with the metric system and to make interpretation more meaningful for park visitors from other nations.



As you make your way through the park, take time to look around. Stop by a tide pool—maybe you'll see live coral (above) or other living creatures. Or try your hand at a game of kōnane (left). Rules for this old Hawaiian checker game are at the visitor center. And be sure to notice the different kinds of plants and trees here, such as the milo (right).

**9** Hale-o-Keawe Heiau (Temple). [Reconstructed] The original Hale-o-Keawe heiau served as a temple mausoleum and housed the bones of 23 chiefs. It is believed that the *mana* (spiritual power) in the chiefs' bones gave additional protection to the place of refuge. The little wooden door at ground level is the only opening into this reconstruction. Food offerings were placed on the *lele* (raised platform).

**10** Pu'uhonua. Now that you have entered the refuge area, what do you think it would be like to live here? To this sacred place came women and children, the aged and maimed fleeing the ravages of battle; defeated warriors and *kapu* breakers came seeking refuge. If you had broken a kapu, you would probably have had to swim from across the bay to get here. Once inside the pu'uhonua you would have been absolved by the *kahuna* (priest) and released—perhaps within a few hours—and free to resume a normal life outside the refuge walls.

The people in the pu'uhonua obtained food from the tidepools. Look into them to see the many types of aquatic life.

**11** 'A-le'ale'a Heiau (Temple). At one time this temple platform probably had one or several grass houses on it. After the construction of Hale-o-Keawe heiau it may have been used as a recreation area. If you walk across the top of this heiau and look down you will see No. 12.

**12** Keoua Stone. A legend, retold by Mark Twain, says that this stone was the favorite resting place of Keoua, high chief of Kona. Note the six holes in the rock around this stone. They may have been made for posts to support a canopy for shade.

**13** Ka'ahumanu Stone. As the legend goes, Queen Ka'ahumanu, favorite wife of King Kamehameha I, left him after a lovers' quarrel and swam for many kilometers to hide under this stone. Her little pet dog barked until Ka'ahumanu was found. It is said that the king and queen made up and "lived happily ever after."

**14** Papamu (Same as No. 3). This is an original stone used in the game of *konane*, played with black and white pebbles. The object of the game is to be able to make the last move.

**15** Old Heiau (Temple) Site. We believe this pile of stones marks the spot of the original heiau, which was abandoned after 'A-le'ale'a heiau was constructed. Further archeological investigation is necessary.

**16** Petroglyph. There is a picture carved in the rock here. Can you find it? Perhaps it is the work of one who lived and served the kahuna within these walls, a kapu breaker, or one escaping the fury of battle.

We hope you have enjoyed your visit. You may return to the visitor center through the opening in the Great Wall. Please be careful of loose stones and rocks on your walk back.  
Mahalo a nui loa!

## NATIVE HAWAIIAN PLANTS

**Wauke.** The sound of wooden mallets pounding the wauke bark on the wooden anvils echoed throughout the villages. Some say the women beating the bark into tapa cloth sent messages with the rhythm of the mallet. This plant is also known as the paper mulberry. Cloth beaten from its bark was

the finest in the Pacific islands.  
**Noni.** This plant was used to treat a host of ailments. Its roots, bark, leaves and fruit were used for healing cuts, broken bones, and reducing fever, and for treating diabetes, heart trouble, and high blood pressure. Carefully smell a ripe fruit.

**Milo.** The wood from this tree was carved into vessels in the shape of calabashes for carrying, storing, and mixing things.



**Niu.** Every part of the coconut tree was used in the old days. From the husk came cord, mats, and brushes; from the leaves, thatch, baskets, and fans; and from the trunk, spears, posts, and drums. And the coconuts gave food and oil!

**Hala.** This unusual tree is also known as pandanus, screw-pine, or walking tree. Its thorny leaves were cleaned and softened for weaving. Skilled hands then made mats, sails for canoes, pillows, sandals, and balls. The fruit from the female tree, which is fibrous, made good brushes for decorating tapa cloth with natural dyes.