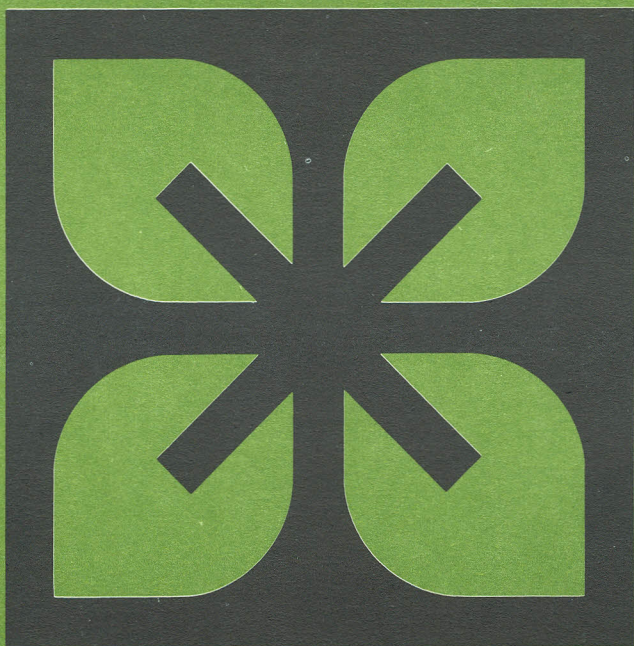


# Rock Creek Park



## Natural History

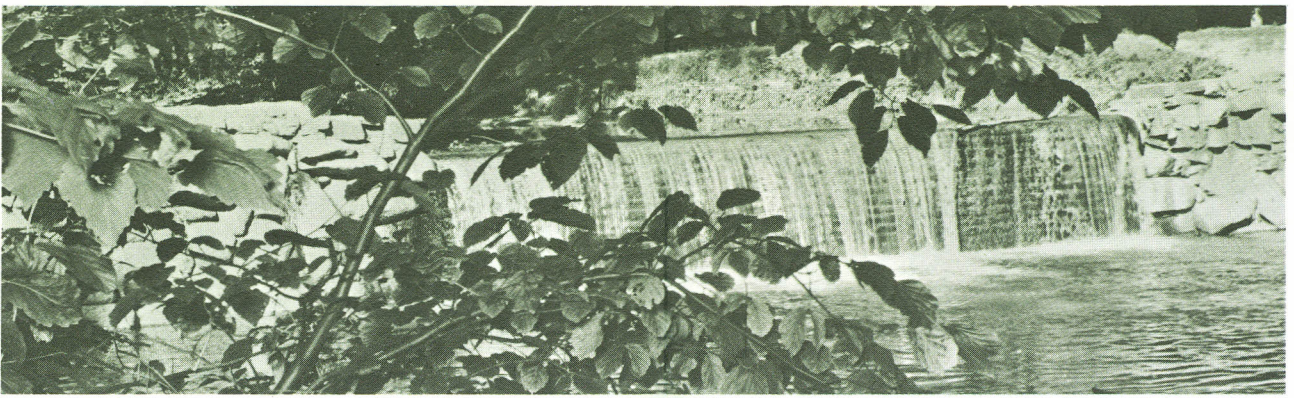
The jumbled mass of rocks and ledges along Rock Creek represents an ancient mountain range devoid of any significant forms of life.

In time, the rocks slowly decayed and were carried away by wind and water until only the roots of the ancient mountains remained. The broad, eroded surface that developed extended from what we now call the Blue Ridge Mountains eastward to the Atlantic. Crustal movements caused this relatively level surface to tilt, and the eastern part of it was submerged. A new cycle of erosion set in, and the clay, sand, and gravel carried from the higher western region were deposited on the submerged surface. These sediments built up to form the Coastal Plain, extending from Washington, D.C., to the Atlantic Ocean. The surface west of Washington, created by the removal of the material that formed the Coastal Plain, is called the Piedmont.

The boundary between Piedmont and Coastal Plain follows roughly the eastern side of Rock Creek Park, but both Piedmont rock and Coastal Plain deposits are within the park.

In Rock Creek Valley the forest was destroyed during the Civil War, when most of the trees were cut; but nature has a way of healing scars caused by man or fire. New trees grew to replace those lost. Once more a mature forest grows in the valley.

When you explore this beautiful forest, notice the difference between the plants of the valley floor and those on the ridges. Plants needing much moisture live on the flood plain of Rock Creek. Sycamore, yellow-poplar, red maple, red ash, and river birch are the largest trees here. Smaller trees include American hornbeam and pawpaw. Shrubs such as witchhazel, alder, spicebush, and pinxterbloom azalea form an understory.



Wildflowers are most abundant on the flood plain, especially in the northern section of the park. Blooming starts in late winter with skunk cabbage, which grows in the wettest soil. Bloodroot, fawn-lily, toothwort, and springbeauty bloom in March or early April. In late April golden groundsel and Virginia bluebells appear. The flood plain in spring is a green carpet splashed with colorful flowers.

On the drier ridges, pignut and mockernut hickory, white ash, black cherry, black locust, yellow-poplar, beech, and several species of oak make up the forest canopy. The understory includes dogwood, mountain-laurel, pinxterbloom azalea, and sassafras. A few sucker sprouts and occasional graying stumps or logs are the only remnants of the American chestnut, formerly abundant and very useful to man and wildlife, but destroyed in the 1920's by disease. Groves of Virginia pine probably represent former pastures reclaimed when the park was created.

Wildflowers are not abundant on the ridges, but several kinds blossom during the early spring. Trailing arbutus, bloodroot, and hepatica bloom in late March or early April.

In earlier days, Eastern bison, black bear, deer, American elk (wapiti), and timber wolves roamed the valley of Rock Creek and nearby ridges. These large mammals are no longer here, but Rock Creek Park is still rich in wildlife, having probably the greatest variety in or around Washington.

Except for the abundant gray squirrels, mammals are not conspicuous in the park because they are active mainly at night. They include the raccoon, fox, opossum, flying squirrel, white-footed mouse, weasel, and muskrat. Look in wet sand along the streams for footprints of raccoons and muskrats.

Birds add their color and song to the forest scene. In spring and autumn the population swells as migrants rest briefly from their long journeys. In winter only hardy species such as the Carolina chickadee, white-throated sparrow, cardinal, crow, blue jay, woodpeckers, mallard, and nut-hatch remain. With the coming of warm weather, summer residents return and there is a flurry of activity as nests are built and families reared. A few common summer birds are the veery, wood-thrush, towhee, redstart, and cardinal. The pileated woodpecker is a year-round resident; but this shy bird prefers the more secluded parts of the park woodland.

Because of pollution, Rock Creek contains very little life. A few species of fish (including eels) swim in Rock Creek; crayfish and dusky salamanders are secretive dwellers of the tributaries.

## Indians and Settlers

Before white men settled this area, Algonquin Indians lived in villages along the Potomac and Anacostia Rivers. They fished in Rock Creek, raised crops, and hunted in the forest for bison, deer, bear, wild turkey, and smaller animals.

In the southern section of the park, along the shaded banks of Piney Branch, the Indians dug out rounded quartzite stones for making weapons and tools. The forests and passing time have nearly obliterated visual evidence of the quarries.

Early settlers built gristmills and a sawmill on the creek, using water to power the heavy machinery. Local farmers brought their corn, wheat, buckwheat, and rye to the gristmills to be ground into flour or meal.

## What to See and Do

*Park Headquarters and Visitor Information Center* is located south of Military Road on Beach Drive.

*Rock Creek Nature Center* will help you gain greater understanding and appreciation of the park's natural features. There is an exhibit hall, an auditorium, and a planetarium. Although exhibits and programs at the nature center are designed for young people, adults also find them stimulating. In the surrounding woodland are self-guiding nature trails and other interpretive aids.

*Pierce Mill* was built about 1820 by Isaac Pierce and his son Abner, and operated commercially as a gristmill until about 1900. It was restored in 1936, and is now open to the public.

*Conducted walks and hikes* start at the Rock Creek Nature Center on Glover Road and at other locations in the park. Information on each walk is included in the Rock Creek Nature Center seasonal schedule, and in the activities booklet published annually.

There are about 15 miles of trails, with footbridges across Rock Creek. Hikers may also use bridle trails.

*Horseback riding* can be enjoyed on 14 miles of wide, graveled bridle trails traversing a varied park landscape. Riders can also use the jumps at the Equitation Field on Glover Road.

Rock Creek Stables, offering rental horses and riding instructions, are near the Nature Center on Glover Road. Rock Creek Valley (Edgewater) Stables are just south of the zoo by-pass tunnel; other stables are north of the District line in Maryland.

*Brightwood Recreation Area* has facilities for tennis, football, baseball, softball, volleyball, horseshoes, and archery. Reservations should be made for use of these facilities.

Other tennis courts, all clay-surfaced, are on Park Road.

*Carter Barron Amphitheatre.* Summer-evening programs at this outdoor theater in a woodland setting include musicals, operas, folk music, and ballets with international artists. Ample parking is available.

*Picnicking.* There are about 70 picnic groves, with tables, benches, and usually a fireplace. Bring your own fuel. Small shelters are provided at several groves. From March through October, reserve picnic sites in advance.

*Rock Creek Golf Course.* The clubhouse for this 18-hole course includes locker rooms, pro shop, lounge, and refreshment bar. There is a greens fee.

*A dog-training area* is located on Glover Road near Military Road. A use permit is required.

## Regulations

*U.S. Park Police* protect and assist visitors. You can help by observing the following regulations:

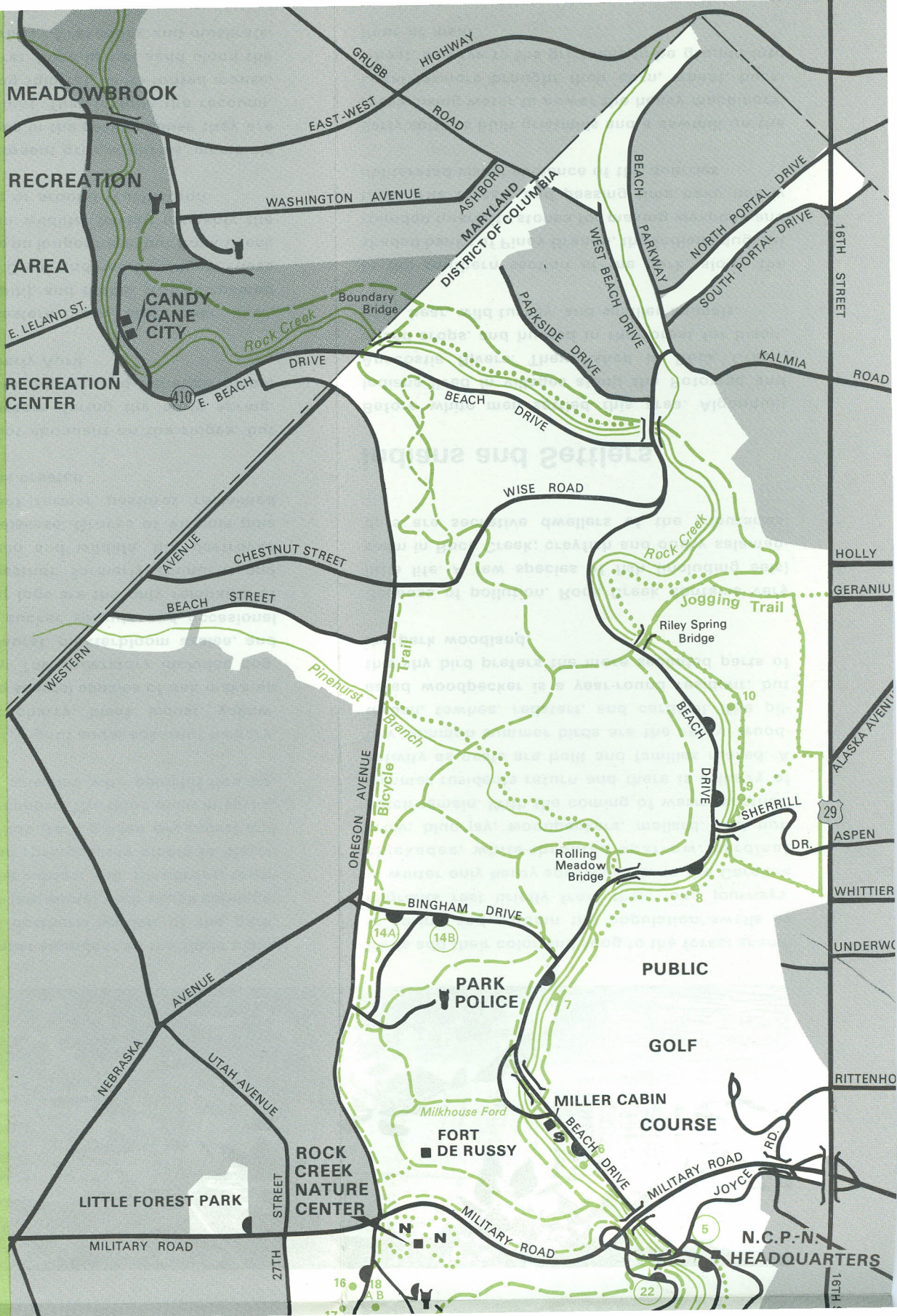
*Natural features.* Please do not destroy, injure, or remove trees, shrubs, flowers, birds or other animals, rocks, or other objects in the park. No collecting is permitted.

*Fires* are permitted only in designated picnic areas.

*Pets* are allowed in the park only under physical restraint.

*Refuse* should be deposited in the receptacles provided to keep the park clean.

*Wading, swimming, and fishing* are not permitted in Rock Creek or its tributaries because of the polluted water.



MEADOWBROOK

RECREATION

AREA

RECREATION CENTER

E. LELAND ST.  
CANDY CANE CITY

WASHINGTON AVENUE

GRUBB HIGHWAY  
EAST-WEST ROAD

ASHBORO MARYLAND DISTRICT OF COLUMBIA

BEACH PARKWAY

NORTH PORTAL DRIVE  
SOUTH PORTAL DRIVE

16TH STREET

DRIVE

E. BEACH DRIVE

BEACH STREET

CHESTNUT STREET

WESTERN AVENUE

OREGON AVENUE

Pinehurst Branch

Bicycle Trail

WISE ROAD

Rock Creek

Jogging Trail

Riley Spring Bridge

BEACH DRIVE

SHERRILL DR.

HOLLY GERANIUM

ALASKA AVENUE

29 ASPEN DR.

WHITTIER

UNDERWOOD

BINGHAM DRIVE

14A

14B

PARK POLICE

PUBLIC

GOLF

MILLER CABIN COURSE

FORT DE RUSSY

Milkhouse Ford

ROCK CREEK NATURE CENTER

LITTLE FOREST PARK

MILITARY ROAD

27TH STREET

MILITARY ROAD

MILITARY ROAD

JOYCE RD.

N.C.P.-N. HEADQUARTERS

16TH STREET

16

18

AB

22

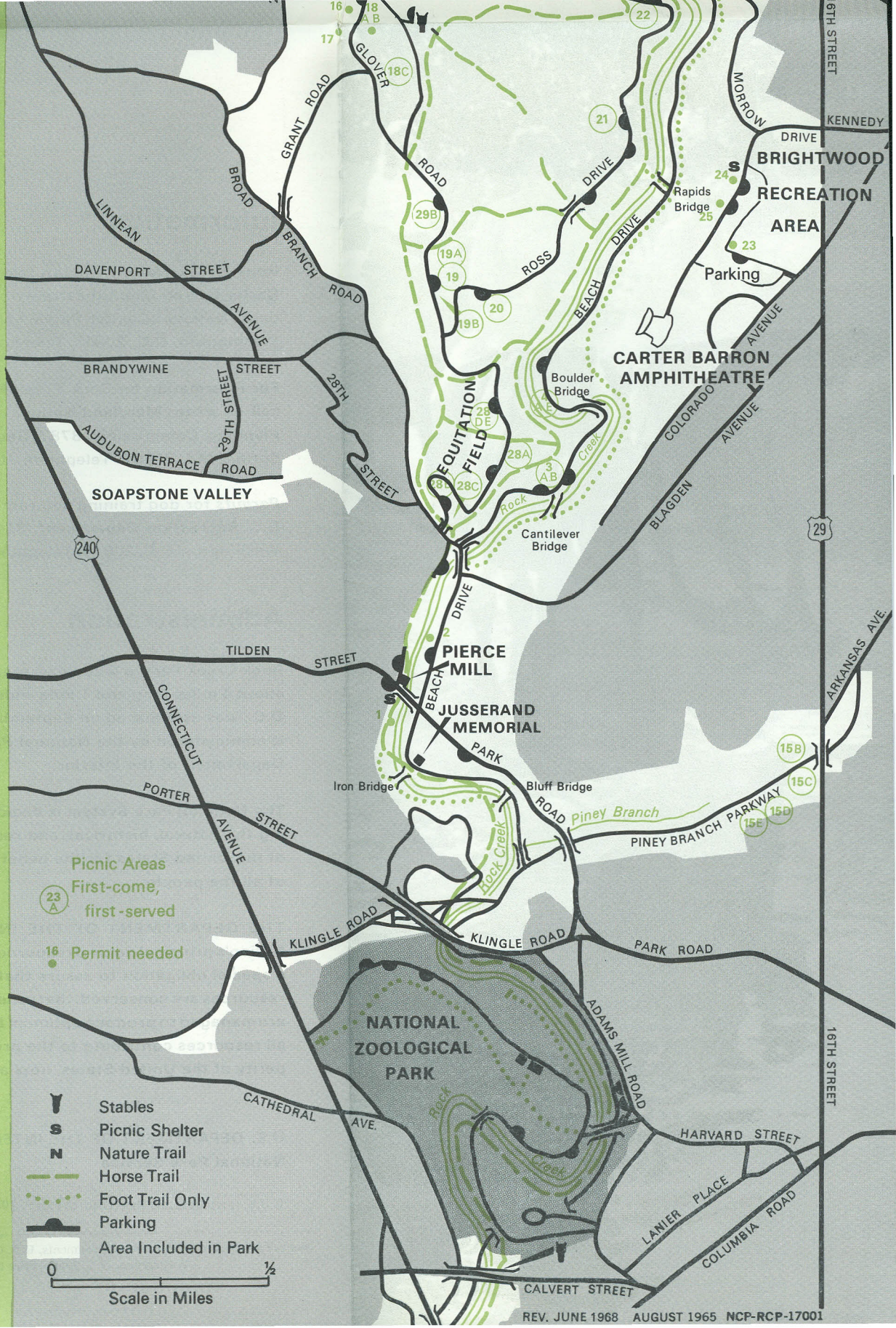
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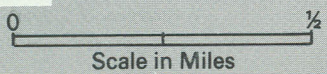
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- Picnic Areas  
23 A First-come, first-served  
● 16 Permit needed

-  Stables
-  Picnic Shelter
-  Nature Trail
-  Horse Trail
-  Foot Trail Only
-  Parking
-  Area Included in Park



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NATIONAL MILITARY PARK  
FREDERICKSBURG, VIRGINIA

## Information

Rock Creek Nature Center folder and schedule; Carter Barron Amphitheatre—write to Superintendent, National Capital Parks—North, Box 8758, Washington, D.C. 20011. Telephone 381-7282.

For information on Rock Creek Park in Maryland, call or write: Maryland-National Capital Park and Planning Commission, 8787 Georgia Ave., Silver Spring, Md. 20907. Telephone JU 9-1480.

*Permits* for dog training and recreation facilities—D.C. Recreation Department, 3149 16th St. N.W., Washington, D.C. 20010. Telephone ADams 4-2050.

## Administration

Rock Creek Park, a woodland area of 1,754 acres, about 4 miles long and 1 mile wide, in Washington, D.C., was established on September 27, 1890, and is administered by the National Park Service, U.S. Department of the Interior.

The National Park System is dedicated to conserving the natural, historical, and recreational places of the United States for the benefit and enjoyment of all the people.

THE DEPARTMENT OF THE INTERIOR — the Nation's principal natural resources agency—bears a special obligation to assure that our expendable resources are conserved, that renewable resources are managed to produce optimum benefits, and that all resources contribute to the progress and prosperity of the United States, now and in the future.

U.S. DEPARTMENT OF THE INTERIOR  
National Park Service



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