

# Timpanogos Cave National Monument

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Utah 84003  
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## Planning Your Visit

### CAVE TOUR

The Timpanogos Cave system is three small, but highly decorated, limestone caves. Guided tours thru the three interconnected caves are provided by National Park Service Rangers. Since the average cave temperature is 43° F (6° C), a light jacket or sweater is advisable.

Tours are provided on a first-

come, first-served basis with a limit of 20 people per tour. Tour tickets must be purchased at the visitor center before starting to the caves. Prices are: Adults (16-61) \$3.00  
Children (6-15) \$2.00  
Children (under 6) FREE  
Senior Citizens \$1.50  
w/Golden Age Passport.

### CAVE TRAIL

To reach Timpanogos Cave, visitors must hike the 1½ mile cave trail. This hard surfaced trail, rising 1,065', is considered a strenuous hike and should not be attempted by anyone with heart trouble,

walking or breathing problems. Allow 3 hours for the round trip. For safety reasons, pets and wheeled vehicles, including baby strollers, are not allowed on the trail.

### CAVE SEASON

The cave operating season is largely determined by snowfall. Generally the caves are open to the public from mid-

May thru September. In extremely mild years, the caves may remain open as late as early November.

Cave tour tickets may be purchased:

May through early June	8:00 a.m. - 3:30 p.m.
June thru Labor Day	8:00 a.m. - 5:00 p.m.
Labor Day thru September 30	8:00 a.m. - 4:30 p.m.
October thru closing	9:00 a.m. - 3:30 p.m. Daylight 9:00 a.m. - 2:30 p.m. Standard

Most Saturdays and Holidays more visitors want cave tours than the cave will hold. Often all available tour tickets are sold by early afternoon and some visitors

must be turned away. Even those visitors who are able to buy a ticket often wait several hours before they can start to the caves. We recommend an early arrival.

### SAFETY

Rockfall is a hazard at any point on the cave trail. The areas of greatest hazard are marked with a blue stripe. Please do not stop to rest in these areas and exercise caution while hiking the blue striped areas.

cutting not only damages the natural resource, but also causes a very real hazard to visitors below. Remember, if you are shortcutting or throwing rocks, you will be held responsible for injuries to those below you!

Stay on the trail! Short-

## ACCESS

Because of the steepness of the cave trail and the narrow passages in the cave, wheelchair access to the cave is

not possible. The visitor center and picnic area are accessible.

## GETTING HERE

From Salt Lake City:

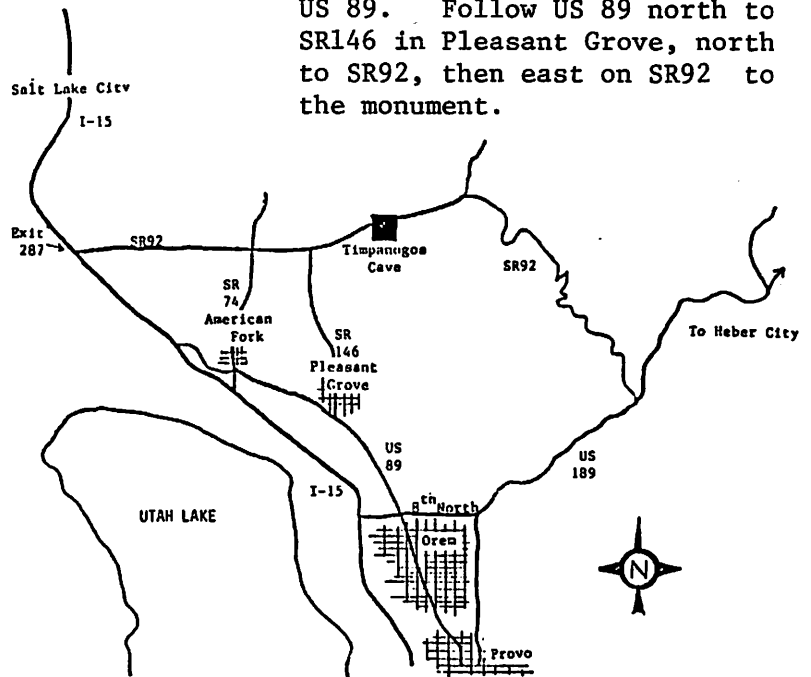
Visitors arriving from Salt Lake City travel south on I-15 to exit 287 (Alpine Exit) then turn east on SR92 and proceed 10 miles to the monument.

From Provo:

Travelers driving north on I-15 are advised to exit at American Fork. At the first light make a left turn on State Street. At the second light, make a right turn on SR74. At the first 4-way stop sign, make a right turn on SR92, heading east to the monument in American Fork Canyon.

From Heber City/Provo Canyon:

Those arriving from the east via US 40 or US 189 may take SR92 west, passing over the mountainous scenic route known as the Alpine Scenic Loop Highway. Buses and vehicles over 30 feet are advised to travel US 189 through Provo Canyon to 8th North (SR52), then west to US 89. Follow US 89 north to SR146 in Pleasant Grove, north to SR92, then east on SR92 to the monument.



## VISITOR SERVICES

Visitor Center -

Cave tour ticket sales, information, exhibits, 12 minute slide program, and book sales.

Snack bar & Gifts -

Located at the west end of the visitor center provides food, beverages, film, sweatshirts and souvenirs.

Picnic Area -

Located 1/4 mile west of the visitor center, 16 sites, fire grills, water and restrooms.

Campgrounds -

No campgrounds are located in the National Monument; however, there are several campgrounds in the adjacent Uinta National Forest.