



Volunteer with Us

Volunteers are essential at the US Forest Service and Timpanogos Cave National Monument. We simply couldn't do it without you! There are numerous opportunities for those wishing to volunteer, including trail patrol and volunteer docents at Timpanogos Cave National Monument, adopt-a-trail on the Forest, or helping with individual improvement projects in the canyon. If you are interested in helping out, contact the volunteer coordinator at:



Pleasant Grove Ranger District
(US Forest Service) (801) 785-3563

Timpanogos Cave National Monument
(National Park Service)
(801) 756-5239 ext. 212.

America the Beautiful Passes

Passes are available at the information contact stations, and U.S. Forest Service and National Park Service offices. Canyon Passes may be purchased in advance at www.recreation.gov. Valid pass must be displayed in your vehicle.

Canyon Recreation Annual Pass



Allows recreating and use of facilities in American Fork Canyon, along the Alpine Loop and at Mirror Lake Highway. May be purchased at the information contact stations, the Pleasant Grove Ranger District Office, or at www.recreation.gov. Non-transferable.

Three-day pass - \$6.00
Seven-day pass - \$12.00
Annual Pass - \$45.00

America the Beautiful annual passes, annual or lifetime Senior passes, Access pass, 4th grade pass, or Military pass (for active military) are also available. For information about these passes, visit a USFS information booth or the Timpanogos Cave Visitor Center. Information and passes are also available online <http://store.usgs.gov/pass>.



Share the Trail

All of the trails in this area are heavily utilized. Be a courteous trail user by yielding the right of way to others, and by showing respect to everyone you meet on the trail.



Wet Trail Closure



This trail is too wet to ride.

Each spring certain trails in American Fork Canyon are open to hikers only, until they dry out. Watch for the bright green signs located at the beginning of the trails.

Riding wet trails causes short and long-term damage. This damage is costly to repair, and in some cases may change the trail permanently.

Please respect the wet trail closure while it is in effect. Even after the wet trail closure is lifted, please remember to wait a day or two after rainstorms to allow trails to dry.

Important Contacts

Emergency: 911

Utah County Sheriff Dispatch (801) 794-3970
Wasatch County Sheriff Dispatch (435) 654-1411

USFS Pleasant Grove Ranger District (801) 785-3563
www.fs.usda.gov/uwcnf

NPS Timpanogos Cave National Monument (801) 756-5239
www.nps.gov/tica

Utah State Division of Wildlife Resources (801) 491-5678

Avalanche Information (801) 999-4019

Campground Reservations and Cave Tour tickets through www.recreation.gov, or call 877-444-6777. 50% off with America the Beautiful /Senior/Access pass.

Areas where a Canyon Pass is NOT required:	Other Tickets or Reservations?	Plan ahead! Purchase your 3 day or 7 day pass online at www.recreation.gov . You must display a valid pass in your vehicle at recreation sites.		
Timpanogos Cave Nat'l. Monument	Yes (For more information see page 4)	Cave tour tickets may be purchased up to 30 days in advance. Senior and Access pass honored.		
Little Mill campground	Yes	Camp Season	Start	End
Granite Flat campground	50% off with America the Beautiful Senior/ Access Pass (for single sites) www.recreation.gov or call 877-444-6777	Walk In Only:	Saturday May 9, 2020	Thursday May 21, 2020
Timpooneke campground		Peak Season: Reservations recommended for these dates; first come, first serve spots may available.	Friday May 22, 2020	Sunday September 6, 2020
Mt. Timpanogos campground		Walk In Only:	Monday September 7, 2020	October 24, 2020
Driving through on State Road 92		Please do not stop in roadway to take photos; use the gravel turnouts along the way for everyone's safety. Information: 801-785-3563		
Primitive/Dispersed Camping	No	You may bypass the information station using the outer lane if you are visiting any site on this table.		
Driving through Mineral Basin 085		Information: 801-851-2888		
Mutual Dell Organizational Camp	Yes			



Camping

Developed Camp Sites	Single Sites	Groups Sites	Potable Water?	Toilet Type
Little Mill	27	1	Yes	Vault
Granite Flat	52	3	Yes	Vault
Altamont	0	1	Yes	Flushing
Timpooneke	29	1	Yes	Vault
Mount Timpanogos	24	0	Yes	Flushing
Theater in the Pines	0	1	Yes	Vault
Hope	24	0	No	Vault
Rock Canyon	0	4	No	Vault

All developed campgrounds are maintained by Utah Recreation Company. Trucks and trailers combined longer than 30 ft are NOT recommended. The maximum stay limit is 14 days. RV hookups and showers are NOT available. To reserve sites call 1-877-444-6777 or visit www.recreation.gov.



Picnicking

Picnic Sites	Number of Sites	Group Sites	Water
Saw Mill	5	0	No
Grey Cliffs	12	0	No
Echo	4	0	Yes
Road House	5	0	Yes
Martin	6	0	Yes
Warnick	1	1	Yes
Mile Rock	5	0	Yes
Theater in the Pine	2	0	Yes
Upper Falls	9	0	No



Hiking

If you are planning to hike Mount Timpanogos, you can avoid trail and parking congestion by planning your hike Sunday-Friday and by avoiding holidays.

Walking around wet or muddy areas creates unwanted parallel trails. Stick to the main trail to avoid damaging the surrounding vegetation.

Shortcutting switchbacks leads to extensive erosion, trail damage, injuries, and rarely saves time. Stay on the trail. Remember, you are responsible for your own safety.

When encountering equestrian users, you should stop and move to the downhill side, and talk to the rider as they pass.

Popular Hiking Trails in the Area

Trail	# on map	Distance one-way	Short description
Cascade Springs	#148	1 mile	Paved/boardwalk over and around springs
Mill Canyon Trail	#040	3.5 miles	Streams, wooded, excellent for fall color
Pine Hollow Trail	#047	1.3 miles	Streams, meadows, scenic views
Salamander Flat Trail	#150	1.6 miles	Streams; meadows, connects w/ Pine Hollow and Timpooneke
Silver Lake Flat Connector Trail	#045	1.8 miles	Leads to Silver Lake Flat and next trailhead
Silver Lake	#036	2.3 miles	Dirt road access; aspen trees, mountain lake
Stewart Falls	#56	1.9 miles	Scenic waterfall
Tibble Fork Trail	#041	1.7 miles	Excellent views
Timpanogos Cave Canyon Nature Trail	across and down from visitor center	.25 mile	Paved nature walk; signs and benches
Timpanogos Cave Trail	by visitor center	1.5 miles	Paved, canyon views, signs and benches
Timpooneke Trail	#053	1.5 miles to Scout Falls 7.5 miles to Summit	Waterfalls, aspen forest, meadows, wildflowers
Willow Hollow Trail	#159	1.1 miles	Meadow and stands of aspen; connects to Salamander Flat Trail

For more specific directions, descriptions, and information on hiking trails on the Pleasant Grove Ranger District, visit <https://www.fs.usda.gov/recarea/uwcnf/recarea/?recid=8988> and click on "Hiking".

American Fork Canyon

Recreation Map

Land Management

- Forest Service Admin Boundary
- Uinta-Wasatch-Cache National Forest
- Wilderness Area
- Timpanogos Cave National Monument
- Wildlife Management Area
- State Park
- No Campfire Area

Recreation Sites

- Campground
- Dispersed Camping
- Trailhead
- Picnic Site
- Lodging
- Ski Resort
- Information

Trails

- Hike, horse, bicycle, motorcycle, or as signed
- Hike, horse, bicycle, or as signed
- Hike, horse, or as signed
- Trail Number

Roads

- Freeway
- State Hwy
- Other State
- USFS Paved
- USFS Gravel
- USFS Dirt
- USFS Road Number

QR Code - Information

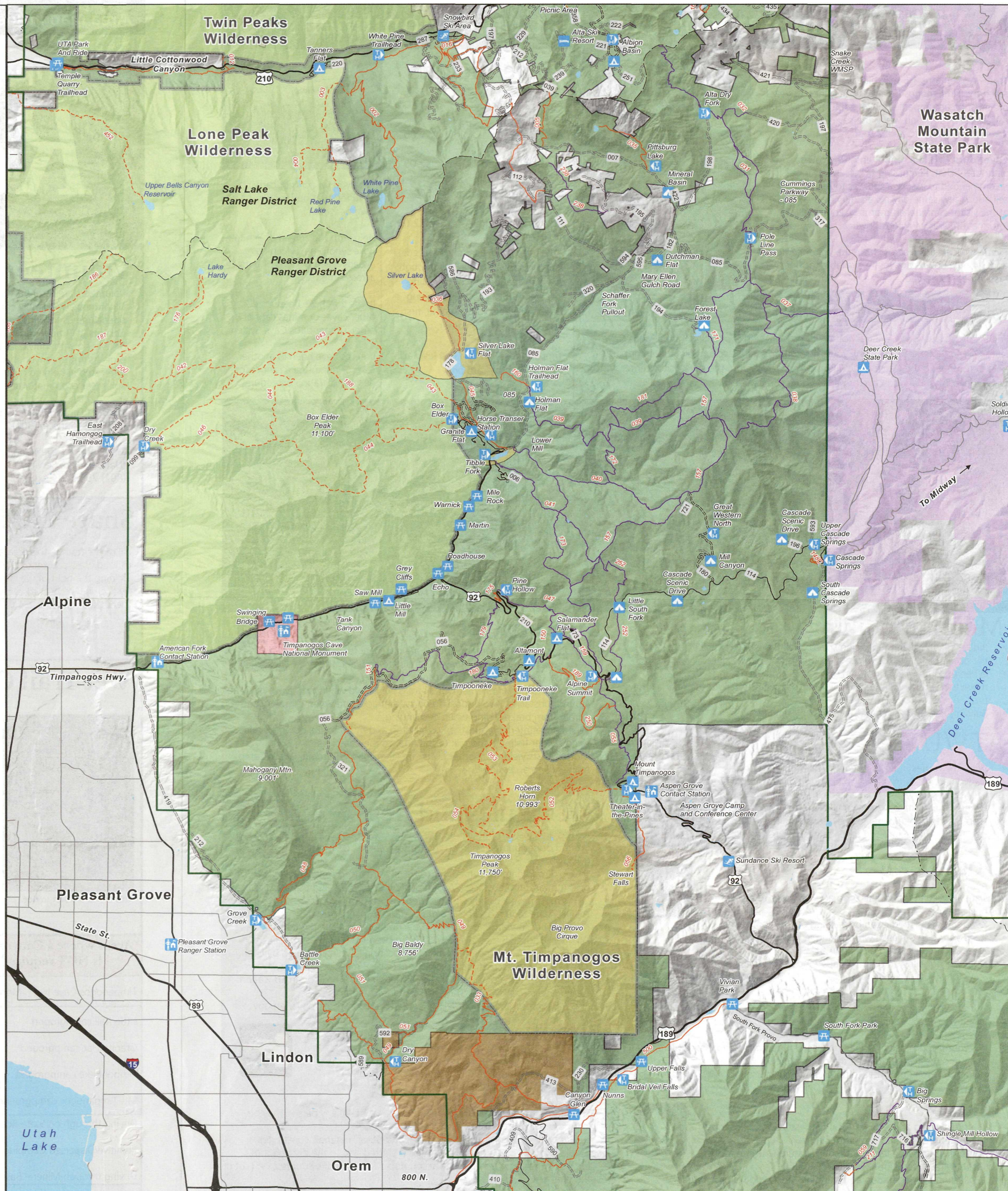


QR Code - Motor Vehicle Use



0 1 2 Miles

Original data was compiled from multiple source data and may not meet the U.S. National Mapping Accuracy Standard of the Office of Management and Budget. For specific data source dates and/or additional digital information contact the Forest Supervisor, Uinta-Wasatch-Cache National Forest, South Jordan, UT. This map has no warranties to its contents or its accuracy.



Summer events at Timpanogos Cave

Free Family Programs Saturday at 6:30 p.m.

- June 3 Hike with a Ranger
- June 10 Raptors of American Fork Canyon
with Hawkwatch International
- June 17 Built-A-Bat Workshop
- July 1 Hike with a Ranger
- July 15 Owls of the Canyon
with Hawkwatch International
- July 29 Family Fishing
- Aug 5 Build-A-Bat Workshop
- Aug 26 Family Fishing
- Sept 2 Raptors of American Fork Canyon
with Hawkwatch International



TIMPANOGOS CAVE

Music on the Mountain

Come enjoy free music in the park and on the trail!

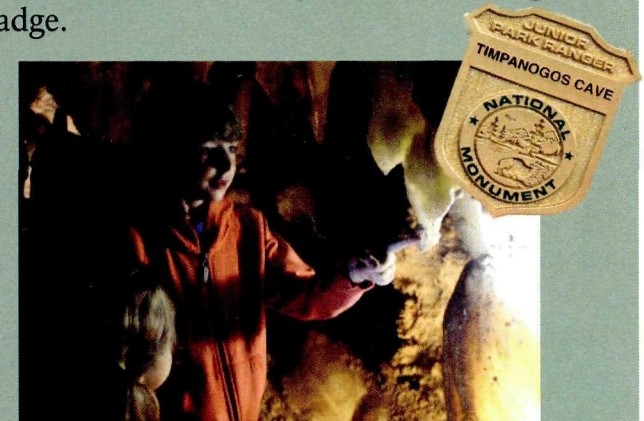
Evenings at the Visitor Center 6:30 pm
July 8 August 12

Trail music and art on the trail
9 am - 12 pm

June 7 June 22
July 5 July 17
August 10

Are you a Junior Ranger?

Junior Ranger booklets and programs are available at the visitor center. Pick up the book for Timpanogos Cave, or one of the many other topics (Fishing, Cave Scientist, and more). Ask a ranger for more information for a book to earn your own Jr Ranger badge.



Join us for Free Programs and Activities
Swinging Bridge Picnic Area 10 a.m.

- June 3 Explorer hike
- June 10 Build-A-Bat
- June 17 Canyon Raptors
- June 24 Brightest Star
- July 1 Explorer hike
- July 8 Fires with Smokey Bear
- July 15 Build-A-Bat
- July 22 Brightest Star
- July 29 Family Fishing
- Aug 5 Owls of the Canyon
- Aug 12 Fires with Smokey Bear
- Aug 19 Brightest Star
- Aug 26 Family Fishing
- Sept 2 Build-A-Bat

Star Party!

Come get a closer look at the
night sky with the National Park
Service, US Forest Service and the
Utah Valley Astronomy Club

June 24 Aug 19
July 22 Sept 16

Your Fees at Work - A Snapshot

Summer 2023

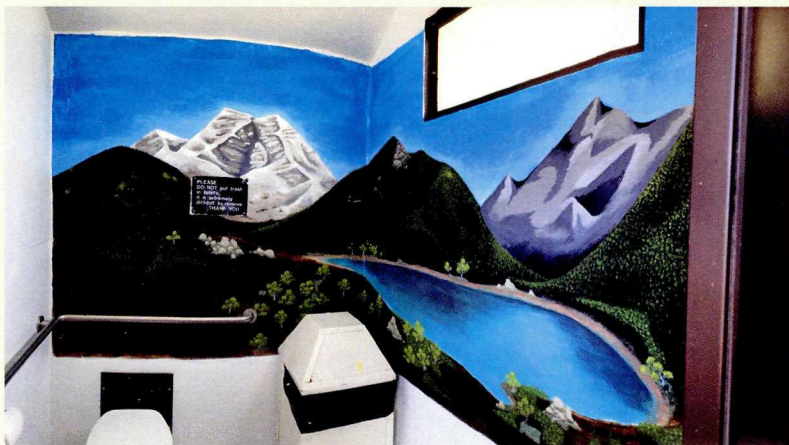
Theater-in-the Pines historic amphitheater received a face-lift with installation of information kiosks, split bench seating, and repairs to the existing staircase that leads to the stage.

An increase in graffiti throughout American Fork Canyon led to a creative solution to deter this type of vandalism. Forest Service personnel worked with a local artist who painted a beautiful mural in the restroom at the popular Pine Hollow trailhead. Watch for additional murals in other restrooms.

Forest Service personnel along with volunteers removed several truckloads of water cress from Cascade Springs. Watercress is an invasive species that chokes out native plants and reduces habitat for the reintroduced, native Bonneville Cutthroat Trout. Removal of this plant helps to restore balance to this unique ecosystem.

Personnel at information stations, located in American Fork Canyon and Aspen Grove along the Alpine Scenic Backway, provide visitors maps, information, and a variety of recreation passes. As you approach the stations, avoid blocking the through lane, continue to your destination, and self-pay. Enjoy your experience on the national forest!

Pine Hollow Restroom Mural



Top right and left image: New signage kiosk at Theater-In-The-Pines

Left middle image: Completed repairs with new bench seating at Theater-In-The-Pines

Bottom middle image: Cascade Springs before watercress removal

Bottom Left image: Cascade Springs after watercress removal



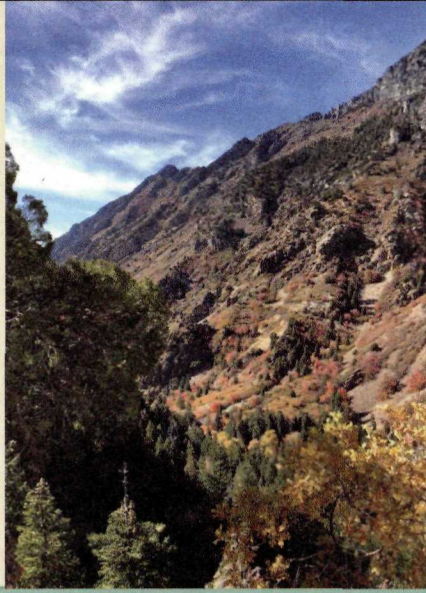


Visiting Timpanogos Cave National Monument

Trail - A strenuous 1.5 mile hike is necessary to reach the Timpanogos Caves. Those under 16 years old must be accompanied by an adult. The cave trail can be used for hiking when the cave is open, even if you don't intend to take a tour.

Cave tours - Visitors cannot enter the caves without a ticket. Purchasing tickets in advance is recommended to assure a spot, as tours regularly sell out. A few same-day tickets may be available at the visitor center each morning. For more information, visit www.nps.gov/tica.

Picnics - Picnic areas across from the visitor center and 1/4 mile down canyon are available for free; first come, first served.



Cave Tickets

- Ages 12 & older \$12.00
- Ages 2 to 11. \$7.00
- Ages newborn to 1. \$2.00
- Senior/Access Pass 50%
- Intro to Caving Tour \$22.00

Advanced tickets are encouraged. Purchase advanced tickets through www.recreation.gov or by calling 1-877-444-6777. Any remaining tickets will be sold first come, first served at the visitor center.

Timpanogos Cave is a cashless facility; payment by card only.



"Are you wearing or carrying anything that has been in ANY cave or mine?"

Help stop the spread of White-nose syndrome, which has already killed millions of bats across America.

Items that have been inside other caves or mines cannot enter Timpanogos Cave System.

If items have been in another cave or mine, see a ranger for decontamination procedures.

Friends of Timpanogos Cave-Make a Difference Today!

Friends of Timpanogos Cave is a non-profit organization supporting Timpanogos Cave National Monument. Donate, link your Amazon or Smiths account, volunteer, or participate in renovating the Canyon View Picnic Area across from the cave visitor center. Visit www.friendsoftimpanogoscave.org to see how you can help.



Mountain Biking



- Riding in control and managing speed at all times will reduce the potential for trail conflicts. Alert others to your presence.
- When encountering equestrian users, you should stop and move to the downhill side, remove your helmet, and talk to the rider as they pass.
- Building new trails or trail structures is prohibited.

Motorcycles



- Motorcycles geared for high speeds are not ideal for single track use. Reducing speed prevents trail damage, and the potential for conflict with other users.
- To avoid trail damage remember all trails are closed when wet. Drive over (not around) obstacles. Avoid roosting on switchbacks and when climbing, and refrain from brake sliding when descending.
- When encountering equestrian users, stop and move to the downhill side, remove your helmet, and talk to the rider as they pass.
- Motorcyclists yield to all other users. Try Pine Hollow, Summit, or Elk Camp trailheads to access trails.

ATV/UTV



- All of the routes open to ATV/UTVs in American Fork Canyon are roads that are also open to full size vehicles. For everyone's safety keep your speeds low and stay in control.
- Riding off designated roads on OHVs to retrieve game is not allowed.
- Help maintain road conditions by not spinning circles on roads and in parking lots. Repairs are costly and damage is often irreversible.

OHV Rules and Regs



- Routes are closed to motorized use unless posted open on the ground or designated open on the Motor Vehicle Use Map (MVUM).
- To avoid road damage remember to travel at reduced speeds when wet. Drive over (not around) obstacles. Avoid roosting on corners and fishtailing.
- OHVs must have a clearly visible current registration sticker.
- All OHVs are required to have a muffler and a spark arrester.
- Keep speeds low around crowds, in parking lots, and camping areas.
- All riders under 18 must wear a DOT approved helmet.
- Riders age 8-15 may operate with an Education Certificate issued by Utah State Parks and Recreation. No one under age 8 may operate an OHV.
- Operators 16 years or older may use a valid drivers license or an Education Certificate issued by Utah State Parks and Recreation.
- For more information about OHV Regulations go to <http://ohv.utah.gov>

Dogs



Dogs are allowed in the Alpine Loop area. In order to protect this privilege:

- Keep this watershed clean by packing out all dog waste.
- Keep your dog on leash while hiking in highly trafficked areas and in developed recreation sites.
- Dogs are not allowed on the Timpanogos Cave Trail.

Equestrian Users



- Weed-free hay is required to reduce the spread of noxious weeds.
- It is your responsibility to clean up after your animal at trailheads by removing manure or by scattering it off the parking area.
- Help others to know what to do around your horse, and how to pass to keep everyone safe.

Shooting



- Shooting is not allowed within 150 yards of a residence, building, campsite, developed recreation site, trail, or occupied area, or shooting across or on a road or body of water.
- Shooting is not allowed in any circumstance whereby any person may be injured or property damaged.
- Failing to dispose of all garbage, shells, and other materials constitutes a violation of the law. If a wildland fire is started due to the discharge of firearms, individual may be held accountable for the entire suppression cost of the fire.

Fire



- Before starting a fire, check local fire restrictions. Fires must be in designated fire rings or rock rings.
- Fires must never be left unattended. Assure your fire is out cold to the touch before you leave it.
- Collecting live vegetation and standing dead wood is prohibited.