



## Exercise Can Be Hazardous to Your Health!



Vicksburg National Military Park takes pride in ensuring the safety of all our visitors in many different ways. One way is by providing a white line around the 16-mile Tour Road. The white line is intended to limit the conflict between motor vehicles, pedestrians and bicyclists by providing a safety zone for pedestrians.

When you walk/jog outside the line, or travel two or more abreast, there is an increased chance of accident, particularly on a blind curve. A useful reference is, an average car is 3 m (12 ft) long, so at 25 mph, requires around 4 car lengths to stop.



Please help us keep you and your fellow recreationalists safe by following these simple rules:

- ❖ While walking and running stay behind the white line.
- ❖ Never walk around a blind curve. Always stay to the outside so others can see you.
- ❖ Single file is best, especially when a vehicle approaches.
- ❖ At night wear light colored clothing and carry or wear some type of lighting device.
- ❖ Bicycles are a vehicle and must travel in the direction of traffic.

We thank you for your cooperation and be safe!