



Forest Breeding Birds

Echo Bay Trail



Echo Bay Trail Overlook

The Echo Bay Trail has many birds for viewing – usually in June. The species listed in this brochure have been heard or spotted since 2001.

When hiking this trail visitors should remember the area is covered in vegetation and be prepared for ticks, mosquitoes, and wet areas.

To get to the Echo Bay Trail follow St. Louis County Road 122 North from U.S. Highway 53 to the Echo Bay trailhead signs.

The Echo Bay Trail is a wide hiking and ski trail that crosses through aspen, birch, mature red and white pine, lowland hard wood, and mixed upland spruce and fir forest types. A large wetland was created by beavers in a live lowland ash stand that now has standing dead snags which support the park's largest great blue heron rookery and some years an osprey nest. Heron nests can be seen from a high rocky overlook north of the pond and the trails edge northeast of the pond.



A large bridge crosses a stream where one can hear northern water thrushes, brown

creepers, Canada warblers, winter wrens and magnolia warblers. Least flycatchers are “chebeking” in the open understory The hammering voice of the swamp sparrow rings from the marsh while the rising raspy song of the northern parula emanates from the tree tops.

A mature pine forest with rock outcrops and shallow soils occurs north of the bridge. Ruby and golden-crowned kinglets, Swainson’s and hermit thrushes, red-breasted nuthatches, yellow-rumped, Blackburnian, black-throated green, ovenbird, and more parula warblers sing here. Pileated woodpeckers frequent the dead snags throughout the area.

A wet lowland hardwood forest skirts the west side of the beaver pond. On the southwest side of the trail the forest changes to upland hardwoods. Great-crested and least flycatchers, Baltimore orioles, scarlet tanagers, eastern wood pewees, American redstarts, red-eyed vireos, veery and chestnut-sided and morning warblers sing here.

Bird rank indicates their abundance during all years of monitoring on this scale:

- A = abundant to most abundant
- C = common
- U = uncommon
- R = rare to least abundant

Echo Bay Trail Checklist

<u>GROUP</u>	<u>SPECIES NAME</u>	<u>RANK</u>
Grebes		
○	Pied-billed Grebe	R
○	Red-necked Grebe	R
Cormorants		
○	Double-crested Cormorant	R
Hérons, Bitterns, & Allies		
○	American Bittern	R
○	Great Blue Heron	U
New World Vultures		
○	Turkey Vulture	R
Ducks, Geese, and Swans		
○	Canada Goose	R
○	Common Goldeneye	R
○	Common Merganser	R
○	Mallard	R
○	Ring-necked Duck	R
Hawks & Eagles		
○	Broad-winged Hawk	U
Partridge, Grouse, and Turkey		
○	Ruffed Grouse	U
Rails & Coots		
○	Virginia Rail	R
Gulls & Terns		
○	Ring-billed Gull	R
Hummingbirds		
○	Ruby-throated Hummingbird	U
Woodpeckers		
○	Downy Woodpecker	U
○	Hairy Woodpecker	U
○	Northern Flicker	U
○	Pileated Woodpecker	U
○	Yellow-bellied Sapsucker	U

<u>GROUP</u>	<u>SPECIES NAME</u>	<u>RANK</u>
Tyrant Flycatcher		
○	Eastern Kingbird	R
○	Eastern Phoebe	U
○	Eastern Wood Pewee	U
○	Great-crested Flycatcher	C
○	Least Flycatcher	C
Vireos		
○	Blue-headed Vireo	R
○	Red-eyed Vireo	A
Jays & Crows		
○	American Crow	U
○	Blue Jay	U
○	Common Raven	R
○	Gray Jay	U
Swallows		
○	Tree Swallow	U
Chickadees		
○	Black-capped Chickadee	U
Nuthatches		
○	Red-breasted Nuthatch	C
○	White-breasted Nuthatch	U
Creepers		
○	Brown Creeper	U
Wrens		
○	Winter Wren	U
Kinglets		
○	Golden-crowned Kinglet	R
○	Ruby-crowned Kinglet	U
Thrushes		
○	American Robin	U
○	Hermit Thrush	U
○	Swainson's Thrush	U
○	Veery	C
Starlings		
○	European Starling	R
Waxwings		
○	Cedar Waxwing	U
Sparrows & Allies		
○	Chipping Sparrow	C
○	Song Sparrow	U
○	Swamp Sparrow	U
○	White-throated Sparrow	A

<u>GROUP</u>	<u>SPECIES NAME</u>	<u>RANK</u>
Cardinals & Allies		
○	Rose-breasted Grosbeak	U
Wood-Warblers		
○	American Redstart	U
○	Black and White Warbler	C
○	Blackburnian Warbler	C
○	Black-throated Green Warbler	C
○	Canada Warbler	U
○	Chestnut-sided Warbler	C
○	Common Yellowthroat	U
○	Magnolia Warbler	C
○	Morning Warbler	C
○	Nashville Warbler	A
○	Northern Parula	C
○	Northern Waterthrush	U
○	Ovenbird	A
○	Pine Warbler	R
○	Tennessee Warbler	R
○	Yellow Warbler	R
○	Yellow-rumped Warbler	U
Blackbirds		
○	Baltimore Oriole	U
○	Brown-headed Cowbird	U
○	Common Grackle	C
○	Red-winged Blackbird	U
Finches		
○	American Goldfinch	U
○	Evening Grosbeak	U
○	Purple Finch	U
○	Red Crossbill	U

