Are you prepared for bear country?



BE ALERT for bears, watch for bear sign and scat.

MAKE NOISE in areas where visibility is limited.

CARRY BEAR SPRAY and know how to use it.

AVOID HIKING ALONE. Hike with three or more people.

DO NOT RUN. See the reverse of this card for what to do if you encounter a bear.

If you encounter a bear

- If you have a surprise encounter with a bear—slowly back away.
- If the bear charges—stand your ground & use bear spray.
- If the bear attacks—play dead.
- If the bear stalks you, then attacks fight back.
- If a bear attacks you in your tent fight back.



Bear spray is proven effective.