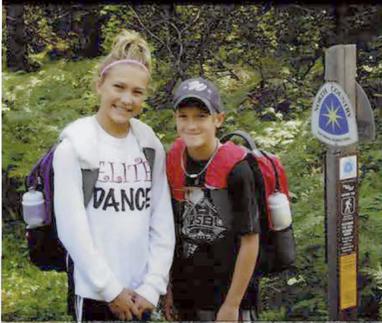


North Country Trail

National Scenic Trail
ND, MN, WI, MI, OH, PA, NY, VT

National Park Service
U.S. Department of the Interior



Hikers enjoying the trail near Solon Springs, Wisconsin

Michigan's Tahquamenon Falls is the largest waterfall along the trail (Photo by Sujit Kumar)

Nature's splendor awaits discovery along the trail, Brule Bog, Brule River State Forest, Wisconsin

The trail offers enjoyment and adventure in all seasons, Hiawatha National Forest, Michigan

Au Sable Point Light Station, Pictured Rocks National Lakeshore, Michigan

Backpacking along the Manistee River in Manistee National Forest, Michigan

Our northern tier of States offers some of the most outstanding scenic beauty to be found anywhere in America. The "North Country" is a land of diversity whose beauty is accentuated by its distinctly changing seasons. As you travel the North Country, the hills and valleys, lakes and streams, show how massive continental glaciers molded the landscape more than 10,000 years ago. Historic sites along the way tell the story of how America was settled and grew as a nation.

The North Country National Scenic Trail provides a way to enjoy these natural and cultural resources. Come to the land of clear-flowing streams . . . the red and gold display of autumn . . . winter's fairyland of snow-carpeted landscapes . . . to tallgrass prairies and distant horizons. Listen to the echoes of voyageurs' songs and watch for the northern lights as you lie in your tent beside a serene lake. As you enjoy each segment of the trail, you will take with you lasting memories of the North Country.

Your Adventure Starts Nearby

Threading its way across our landscape, the North Country National Scenic Trail (NST) links outstanding scenic, natural, recreational, historic, and cultural areas in eight of our northern States. Some portions of the trail invite easy walking, while others provide challenge, but everywhere the trail offers adventure.

Unlike the Appalachian, Pacific Crest, and Continental Divide NSTs, which follow mountain ranges, the North Country NST journeys through a variety of environments in the northeastern and north central United States. From a junction with the iconic Appalachian Trail in Vermont, the North Country Trail meanders westward across New York and the grandeur of the Adirondack Mountains, through the hardwood forests of Pennsylvania, through the countryside of Ohio and southern Michigan, along the shores of the Great Lakes, and through the glacier-carved forests, lakes, and streams of northern Wisconsin and Minnesota. Its western terminus lies in the vast plains of North Dakota.

The North Country NST answers the call of hikers for pathways on which to escape from hectic lives—for a chance to explore America at a walking pace, rather than at freeway speeds.

North Country Trail users are discovering places where they can look out over forested hills and valleys, places where the beautiful work of nature's hand appears undiminished, and places where our rich and diverse cultural heritage can be understood, enjoyed, and relived.

The North Country Trail exists as much for the enjoyment of the casual walker as it does for the challenge of those who will travel its entire length. Whether you use it for an afternoon of walking, a day of cross-country skiing, or a week or month of backpacking, you will find adventure as you encounter and explore forested pathways, marshes and bogs, waterfalls, sand dunes, tallgrass prairies, old logging railroad grades, lighthouses, Revolutionary War forts, and small rural communities. From the Missouri River in North Dakota to the Appalachian Mountains in Vermont, the diverse features along the trail will help users understand how the land was formed, how it has been settled, and how it has been used and altered by humans.

This diversity of landscapes and scenic and historic features along the North Country NST is perhaps its most appealing quality. Large areas of publicly owned lands, such as national forests, major State

parks and forests, and Adirondack Park in New York, offer wilderness and near-wilderness experiences. These remote sections of the trail will be especially enjoyable to those who value the solitude of such areas. A journey through these remote areas also rewards trail users with outstanding scenery, such as in Pictured Rocks National Lakeshore, Michigan, where 44 miles of the trail follow the Lake Superior shoreline with its Grand Sable Dunes, Twelvemile Beach, and Pictured Rocks cliffs.

Somewhat in contrast to the remote sections are the portions of the trail which pass through or near many small villages and towns and a few large cities. These communities offer access to the trail, lodging and other accommodations, opportunities for resupply for long-distance users, and interesting cultural features associated with their history.

Water has left a spectacular imprint on the North Country. Glacial ice sculpted the basins of our Great Lakes, cut valleys, and left behind numerous rivers and lakes. Today, water is still at work carving our landscape. The North Country Trail takes hikers to scenic gorges such as Watkins Glen in New York, Slippery Rock Creek in Pennsylvania,

Old Man's Cave in Ohio, and the St. Louis River in Minnesota. The sight and sound of waterfalls will be a frequent greeting to trail users, particularly in Upper Michigan, Wisconsin, and Minnesota. The North Country's rivers and lakes will become

favorite companions, especially at the end of a day when camp is made.

The scenic beauty of the natural resources along the trail is complemented by the many cultural

features. Trail users can pause and marvel at the prehistoric Indian earthworks along the trail in Ohio. All along the trail, North Country NST travelers are reminded of the original inhabitants of this region by the many locations that still carry names given to them by American Indians and recorded by European explorers and traders.

No less marvelous than the ancient Indian earthworks are marvels of modern engineering to be encountered along the trail, such as Michigan's 5-mile-long Mackinac Bridge, spanning the waters between its two peninsulas, or North Dakota's Garrison Dam near the western terminus of the North Country NST. In between our ancient yesterdays and the present is a spectrum of history that can be enjoyed along the North Country Trail through visible remnants and interpretive facilities—historic forts, canals, lighthouses, grist mills, logging and mining camps, portage routes of the voyageurs, and much more. All are waiting to be explored and to tell their story to trail users.

The North Country NST is becoming one of our country's major trails, offering unparalleled opportunities to enjoy a cross-section of America's rich natural and cultural heritage. Come visit the North Country . . . by trail. Whether on foot, snowshoes, or skis, great adventure lies just ahead.



Fort Stanwix National Monument, Rome, New York

The Mississippi River has its small beginnings in Lake Itasca State Park, Minnesota

The trail follows the shore of Lake Ashtabula, North Dakota

Upper Falls, Old Man's Cave, Hocking Hills State Park, Ohio

Grist mill and covered bridge in McConnells Mill State Park, Pennsylvania

The Temperance River rages as it descends to Lake Superior in Temperance River State Park, Minnesota

Augusta Prairie, Michigan, the first property purchased by NPS to protect the trail

Hikers will enjoy many scenic views in New York's Finger Lakes Region

Creating and Completing the Trail

Through the combined efforts of many people, the 4,600-mile North Country National Scenic Trail (NST) will become the longest continuous hiking trail in the United States. Although it will take many years to complete, trail users are already enjoying over 3,000 miles open to public use. Continuous segments vary in length from 1 mile to over 300 miles.

The North Country Trail began as a U.S. Forest Service proposal in the mid-1960's. In 1968, Congress passed the National Trails System Act designating the Appalachian and the Pacific Crest Trails as the first national scenic trails. The Department of the Interior was directed to study other proposed routes, including the North Country Trail, as potential national scenic trails. The 1975 study report recommended creation of the North Country NST as a component of the National Trails System.

In March 1980, Congress passed the necessary legislation and brought national attention to the outstanding scenic and recreational values of the trail and its route. The National Park Service administers the trail in cooperation with other Federal, State, and local agencies, private organizations, and individuals, including many generous landowners. Its administrative responsibilities include overseeing the planning, development, protection, and maintenance of the trail; coordinating and assisting the activities of the many public and private partners; and providing technical and financial assistance to cooperating interests.

The National Trails System Act requires that the actual work of developing, managing, and protecting the various segments of the trail be a cooperative effort involving many agencies at all levels of government as well as private interests.

Private volunteer trail organizations and individuals will have to accomplish most, if not all, of the work of developing and maintaining segments of the trail.

Over 2,300 miles of trail have been certified by the National Park Service as official segments of the North Country NST. Certification indicates the segment is developed and managed in accordance with approved plans and trail standards, and entitles the segment to be marked with the official trail emblem. Several hundred additional miles of uncertified segments are open to public use.

Your Help Is Needed

The story of the North Country Trail is being written by dedicated public officials, citizen volunteers, and private landowners captivated by

the vision of the trail and the many experiences it will offer to those who follow it in quest of the North Country's scenic treasures. You can help write that story by becoming involved as a volunteer, joining in the effort to build, promote, and maintain sections of the trail.

Several major trail organizations assist the National Park Service and other public land managing agencies in developing, protecting, and maintaining the trail. The North Country Trail Association was formed in 1981 to organize and coordinate the massive volunteer effort necessary to establish and maintain segments across private lands, as well as assist public agencies in establishing segments on their lands. The association works closely with the National Park Service in promoting development, protection, and use of the trail.

The National Park Service and the association work closely with other organizations dedicated to building and maintaining the North Country Trail in their States: the Border Route Trail Association and Superior Hiking Trail Association in Minnesota, the Buckeye Trail Association in Ohio, the Finger Lakes Trail Conference in New York, and the Middlebury Area Land Trust in Vermont. Contact information for each of these groups is on the reverse side of this brochure.

You can help establish, promote, and protect the North Country NST by joining or supporting the efforts of these organizations or other local groups working on the trail. Membership and other information can be obtained by going to their websites or calling the numbers listed. Landowners along the route of the trail can make a significant contribution by giving permission for the trail to cross their lands or by donating or

selling lands or easements for the trail. Financial contributions can help support and accelerate the activities associated with establishing and maintaining the trail. Donations of money, land, and easements may qualify as tax-deductible gifts. For more information, contact the National Park Service or the cooperating organizations.



Volunteers build a boardwalk section of trail in Wisconsin

Footprints of History in the North Country



Blocks of sod cut from the deep topsoil of the grasslands were used by settlers to build temporary homes on the treeless plains of America's heartland. These "soddies" offered shelter from the intense heat or bitter cold until lumber could be imported from the



flourishing mills around the Great Lakes. (Source: State Historical Society of North Dakota)

Logging was winter work as lumber crews cut the great pines and loaded them onto sleds. The trail was iced with water to enable horses to pull immense loads to staging areas along rivers for the spring log drives. Contests developed between crews to see which camp could stack and haul the heaviest load. One prize load weighed over 50 tons. (Source: Wisconsin Historical Society)



As the twentieth century was dawning, the booming lumber industry in the Great Lakes area was beginning to die out. Cutover lands and remaining timberlands were promoted and sold as high quality farmlands. Many heartbroken families abandoned their land when their persistent efforts to farm these sandy soils proved fruitless. (Source: Wisconsin Historical Society)



Immigrants from Cornwall, England, and other areas of Europe brought their mining knowledge to America. Their skills found ready employment underground, such as in the iron and copper mines of northern Michigan, Wisconsin, and Minnesota. In mining and other



fields of employment, the wages earned by the immigrants enabled them to send passage for numerous relatives to join them. (Source: University of Michigan)



The opening of New York's Erie Canal in 1825 spurred the development of vast networks of canals in the Northeast, Mid-Atlantic, and Great Lakes regions. Marvelous feats of engineering, they flourished as water highways to carry immigrants westward and goods to

Enjoying the Trail

Over 200 public agencies and private interests are participating in the development and management of the North Country National Scenic Trail (NST). Trail widths and surfaces, campsites and other support facilities, and regulations for using the trail vary from one trail segment to the other.

Trail Marking. Official segments of the North Country NST are signed with the marker shown on the map side of this brochure. These are supplemented by other types of markings, such as paint blazes and routed wooden signs that provide distance and directional information. Other segments are marked similarly, but lack the official North Country NST symbol.

Permitted Uses. All segments of the North Country NST are open to travel by foot for walking, hiking, and backpacking. Other non-motorized uses,

including cross-country skiing, snowshoeing, and jogging, are generally permitted. On a few segments, bicycling or horseback riding is allowed where the trail has been specifically designed to withstand such use. For information on which segments are open to other uses besides foot travel, contact the National Park Service or the local managing authority.

Fees and Permits. Hiking on the North Country NST is free and requires no permit. However, there may be fees and/or permits in connection with accessing the trail, such as state park entrance fees, or using certain facilities, such as developed campsites in public parks and forests. Some backcountry campsites may also require a permit, such as those along the North Country Trail in Pictured Rocks National Lakeshore in Michigan's Upper Peninsula. Users should check with

managing authorities in advance to determine if permits and/or fees are required.

Camping. For day-hikers, there are many campgrounds located along and near the North Country NST. For multi-day backpackers, these same campgrounds can be used. Additionally, some managing authorities permit camping anywhere along the trail. As the trail is being developed, there are completed segments which as yet have no places to camp legally. All users are urged to plan their trip in advance to assure themselves proper overnight accommodations. Above all, avoid trespassing and violating private property rights.

Interpretive Facilities. Various types of interpretive facilities—visitor centers, museums, exhibits, signs, etc.—are located at scenic and historic sites along the trail.

Fishing. A State fishing license is required in each State for fishing in lakes and streams along the trail.

Hunting. Many public and private lands through which the North Country Trail passes are legally open to hunting during the proper seasons. It is not intended that passage of the trail through these lands should in any way lead to their closure to hunting. Similarly, passage of the trail through lands closed to hunting does not open them in any way to hunting. In general, the trail will remain open to use during hunting seasons. However, some segments of the trail may be closed to use during some hunting seasons by the managing authorities responsible for those segments. Trail users should check in advance with the managing authority regarding use of specific trail segments during hunting seasons. Trail users are encouraged

to wear "blaze orange" while using segments open to hunting.

Trail Courtesy. North Country Trail users are urged to show their appreciation for the voluntary public and private efforts to develop and manage the trail by using it and related facilities properly and complying with any applicable rules and regulations. Users should be especially careful to respect the rights of private property owners—those who have generously allowed the trail to cross their land and those who live adjacent to publicly owned segments. Please stay on the trail, especially when crossing private lands.

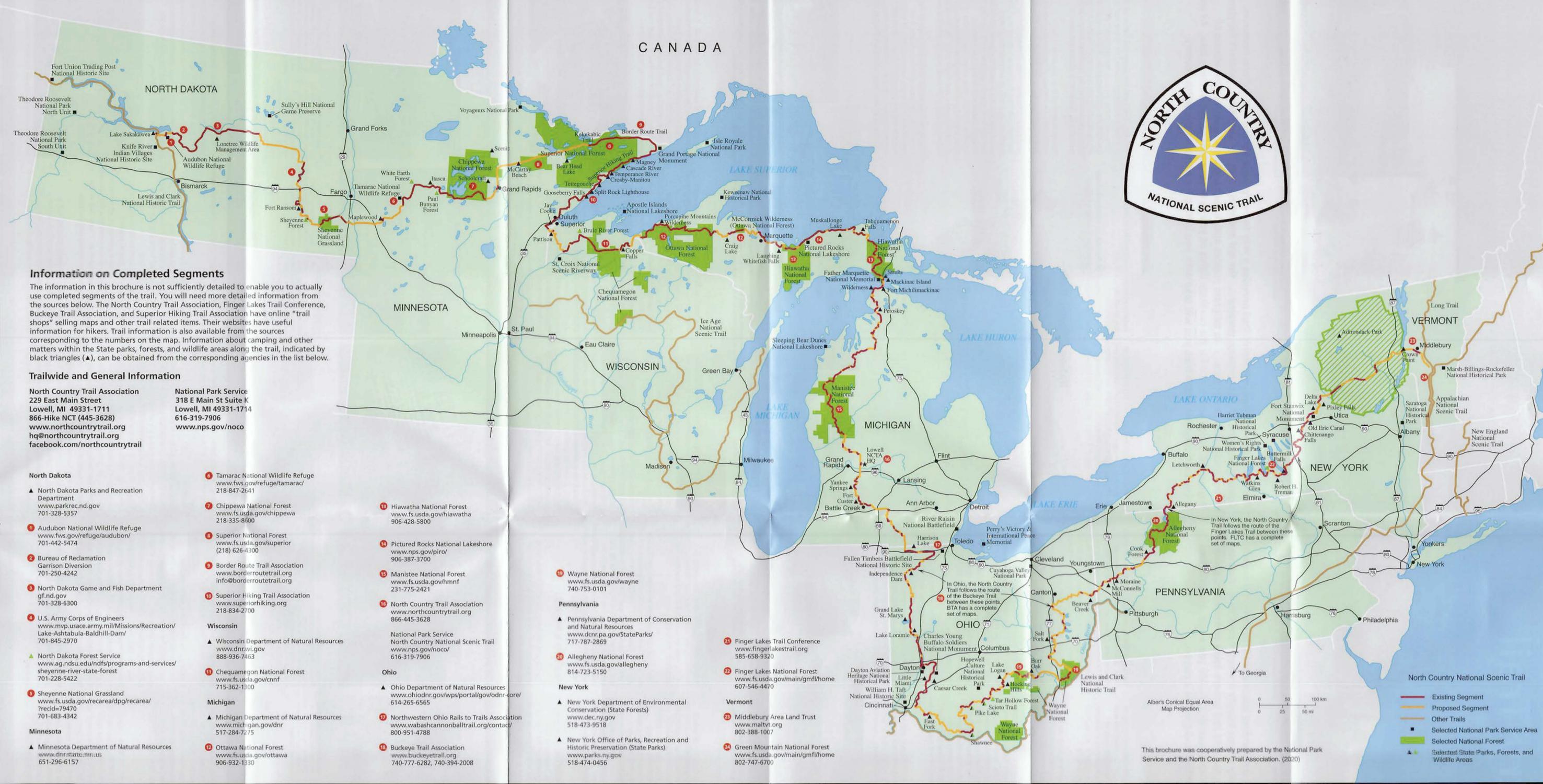
Administration. The North Country NST is administered by the National Park Service in cooperation with many other public agencies, private organizations, and landowners. Additional

general information about the trail can be obtained by contacting the North Country National Scenic Trail, National Park Service, 318 E Main St Suite K, Lowell, MI 49331-1714; www.nps.gov/noco. Detailed information about specific segments can be obtained by contacting the sources on the reverse side of this brochure.



Volunteers building trail in Valley City, North Dakota

North Country National Scenic Trail



Information on Completed Segments

The information in this brochure is not sufficiently detailed to enable you to actually use completed segments of the trail. You will need more detailed information from the sources below. The North Country Trail Association, Finger Lakes Trail Conference, Buckeye Trail Association, and Superior Hiking Trail Association have online "trail shops" selling maps and other trail related items. Their websites have useful information for hikers. Trail information is also available from the sources corresponding to the numbers on the map. Information about camping and other matters within the State parks, forests, and wildlife areas along the trail, indicated by black triangles (▲), can be obtained from the corresponding agencies in the list below.

Trailwide and General Information

North Country Trail Association
 229 East Main Street
 Lowell, MI 49331-1711
 866-Hike NCT (445-3628)
www.northcountrytrail.org
hq@northcountrytrail.org
[facebook.com/northcountrytrail](https://www.facebook.com/northcountrytrail)

National Park Service
 318 E Main St Suite K
 Lowell, MI 49331-1714
 616-319-7906
www.nps.gov/noco

- North Dakota**
- ▲ North Dakota Parks and Recreation Department
www.parkrec.nd.gov
701-328-5357
 - 1 Audubon National Wildlife Refuge
www.fws.gov/refuge/audubon/
701-442-5474
 - 2 Bureau of Reclamation Garrison Diversion
701-250-4242
 - 3 North Dakota Game and Fish Department
gf.nd.gov
701-328-6300
 - 4 U.S. Army Corps of Engineers
www.mvp.usace.army.mil/Missions/Recreation/Lake-Ashtabula-Baldhill-Dam/
701-845-2970
 - ▲ North Dakota Forest Service
www.ag.ndsu.edu/ndfs/programs-and-services/sheyenne-river-state-forest
701-228-5422
 - 5 Sheyenne National Grassland
www.fs.usda.gov/recarea/dpg/recarea/
?recid=79470
701-683-4342
- Minnesota**
- ▲ Minnesota Department of Natural Resources
www.dnr.state.mn.us
651-296-6157

- 1 Tamarac National Wildlife Refuge
www.fws.gov/refuge/tamarac/
218-847-2641
 - 2 Chippewa National Forest
www.fs.usda.gov/chippewa
218-335-8600
 - 3 Superior National Forest
www.fs.usda.gov/superior
(218) 626-4300
 - 4 Border Route Trail Association
www.borderroutetrail.org
info@borderroutetrail.org
 - 5 Superior Hiking Trail Association
www.superiorhiking.org
218-834-2700
- Wisconsin**
- ▲ Wisconsin Department of Natural Resources
www.dnr.wis.gov
888-936-7463
 - 6 Chequamegon National Forest
www.fs.usda.gov/cnff
715-362-1300
- Michigan**
- ▲ Michigan Department of Natural Resources
www.michigan.gov/dnr
517-284-7275
 - 7 Ottawa National Forest
www.fs.usda.gov/ottawa
906-932-1330

- 8 Hiawatha National Forest
www.fs.usda.gov/hiawatha
906-428-5800
 - 9 Pictured Rocks National Lakeshore
www.nps.gov/piro/
906-387-3700
 - 10 Manistee National Forest
www.fs.usda.gov/hmmf
231-775-2421
 - 11 North Country Trail Association
www.northcountrytrail.org
866-445-3628
- National Park Service**
 North Country National Scenic Trail
www.nps.gov/noco/
 616-319-7906
- Ohio**
- ▲ Ohio Department of Natural Resources
www.ohiodnr.gov/wps/portal/gov/odnr-core/
614-265-6565
 - 12 Northwestern Ohio Rails to Trails Association
www.wabashannonballtrail.org/contact/
800-951-4788
 - 13 Buckeye Trail Association
www.buckeyetrail.org
740-777-6282, 740-394-2008

- 14 Wayne National Forest
www.fs.usda.gov/wayne
740-753-0101
- Pennsylvania**
- ▲ Pennsylvania Department of Conservation and Natural Resources
www.dcnr.pa.gov/StateParks/
717-787-2869
 - 15 Allegheny National Forest
www.fs.usda.gov/allegheny
814-723-5150
- New York**
- ▲ New York Department of Environmental Conservation (State Forests)
www.dec.ny.gov
518-473-9518
 - ▲ New York Office of Parks, Recreation and Historic Preservation (State Parks)
www.parks.ny.gov
518-474-0456

- 16 Finger Lakes Trail Conference
www.fingerlakestrail.org
585-658-9320
- 17 Finger Lakes National Forest
www.fs.usda.gov/main/gmf/home
607-546-4470
- 18 Middlebury Area Land Trust
www.maltvt.org
802-388-1007
- 19 Green Mountain National Forest
www.fs.usda.gov/main/gmf/home
802-747-6700

Description of the Trail Route

North Dakota 475 miles

The Missouri River and Lake Sakakawea State Park mark the western end of the North Country National Scenic Trail. The river was the route of the Lewis and Clark expedition of 1804-1806 and today is a National Historic Trail. The North Country Trail follows the shores of Lake Sakakawea and then continues along the Garrison Diversion Project canals and through Lonetree Wildlife Management Area. Reaching the Sheyenne River the trail follows the western shore of Lake Ashtabula with its myriad waterfall and follows the scenic forested river valley to Fort Ransom State Park and Sheyenne State Forest. Hikers will enjoy the segment in Sheyenne National Grassland, a remnant of tall grass prairie and oak savanna. The trail route continues east to the Red River and Fort Abercrombie at the Minnesota State Line. As trail users traverse the scenery of our northern prairies they will thrill to the sight of great flocks of geese, ducks and sandhill cranes.

Minnesota 870 miles

Rivers, lakes and forests characterize the North Country Trail in Minnesota. From North Dakota it extends east across the last stretches of open prairie and farmland before heading northeast into the great north woods, passing through places like Maplewood State Park and Tamarac National Wildlife Refuge. At Itasca State Park trail users can take a side trip to confront the mighty Mississippi River at its source as it flows out of Lake Itasca. From here hikers will enjoy an uninterrupted stretch of trail through the entirety of the Chippewa National Forest. Hikers will enjoy the remote solitude of the Boundary Waters Canoe Area Wilderness along the Kekekabic and Border Route Trails, and the spectacular views and scenery of the Superior Hiking Trail along Lake Superior's North Shore. At Jay Cooke State Park the trail crosses the St. Louis River as it plunges over exposed bedrock on an impressive suspension bridge.

Wisconsin 210 miles

The North Country Trail enters Wisconsin through a diverse landscape of wetlands and wooded ridges before reaching the St. Croix River, a National Scenic River. Near the village of Solon Springs hikers will experience the "pine barrens" being managed for prairie wildlife, the historic Brule-St. Croix portage and an impressive boardwalk traverse of a white cedar bog known as the Brule Bog. Continuing east the trail passes through the Chequamegon National Forest, the segment that helped give birth to the concept of the North Country Trail. East of the Forest the trail passes through Copper Falls State Park with many waterfalls and meanders north again to the shore of Lake Superior and crosses into Michigan.

Michigan 1150 miles

Rivers, forested hills, ridges and numerous waterfalls provide outstanding scenery in the Upper Peninsula of Michigan. Hikers will experience a

remote wilderness journey through the Porcupine Mountains and Ottawa National Forest before approaching the city of Marquette. Near Munising the trail follows along the rock bluffs and sandy shores of Lake Superior within Pictured Rocks National Lakeshore for more than 40 miles of world class scenery. The trail continues along the Lake to Muskallonge Lake State Park before heading south to Tahquamenon Falls State Park, where the second largest waterfall east of the Mississippi River awaits. South of the park hikers will get their last look at Lake Superior and head south through the Hiawatha National Forest to the Straights of Mackinac.

Crossing the Mackinac Bridge is part of the trail experience and a shuttle is needed to cross to the Lower Peninsula. The stockades at Fort Michilimackinac stand guard at the tip of the Lower Peninsula as a living history display of French and British history in the region. From the fort, the trail heads down the western side of the peninsula passing through Wilderness State Park, several State Forests and the scenic Jordan River valley. Continuing southward the trail enters the Manistee

National Forest and passes the physical halfway point of the trail. The sandy floor of the Manistee provides easy walking southward toward Lowell, headquarters of both the North Country Trail Association and the National Park Service. After passing through Lowell the trail continues south through Yankee Springs Recreation Area, the Augusta Prairie (NPS) and follows the Battle Creek Linear Parkway. From there the trail heads southeast to Ohio.

Ohio 1050 miles

The North Country Trail makes a U-shaped sweep through Ohio. For most of its route through the state it follows the Buckeye Trail. Along the western side of the state the trail follows the scenic Maumee River and remnants of the old Miami and Erie Canal. Passing through the heart of Dayton, trail users will enjoy access to a variety of services and Five Rivers Metroparks. Around the village of Yellow Springs the Little Miami Scenic Trail provides the route south to the outskirts of Cincinnati. Continuing eastward the trail enters the Appalachian foothills

through a succession of state and national forest lands. Along the way are state parks, memorials commemorating prehistoric Indian cultures and the bluffs and caves of the scenic Hocking Hills region. After passing through the Wayne National Forest the trail turns back north connecting a series of reservoirs and recreation sites to the historic village of Zoar. From here the North Country Trail diverges from the Buckeye Trail and heads east to Pennsylvania.

Pennsylvania 265 miles

Natural features are blended together along the trail as it crosses northwestern Pennsylvania. The gorge of Slippery Rock Creek provides a scenic setting for the trail and a historic grist mill in McConnell's Mill State Park and the trail segments in nearby Moraine State Park reminds users of the origin of the surrounding landscape. From these parks, the trail route heads northeastward, paralleling portions of the Allegheny and Clarion Rivers. The route intersects the Baker Trail and follows it through Cook Forest State Park to the

southern edge of the Allegheny National Forest. The 100-mile segment in the Allegheny National Forest meanders northward through scenic rolling hills and stream valleys, eventually reaching the New York state line.

New York 650 miles

The trail enters New York in Allegheny State Park and begins its eastward course following 420 miles of the Finger Lakes Trail. The rolling glacial topography of the Finger Lakes region provides numerous scenic vistas of distant hills, valleys, and lakes. Along the trail are the scenic patches of state forest lands and the colorful gorges and plunging waterfalls of Watkins Glen State Park. Near Cortland, the trail turns northward, eventually intersecting the towpath in Old Erie Canal State Park. It follows the towpath to the city of Rome and Fort Stanwix National Monument, a reconstructed Revolutionary War fort. From Rome, the trail route follows the course of the Old Black River Canal and then enters the 6 million acre Adirondack Park with its lakes and streams nestled among forested

mountains. Outstanding experiences await the hiker in this remote and primitive region. The trail reaches Crown Point State Historic Site nestled on a peninsula on the shore of Lake Champlain, and the former eastern terminus of the North Country Trail.

Vermont 60 miles

The trail enters Vermont across Lake Champlain from Crown Point and passes near Snake Mountain before connecting to the Trail Around Middlebury. The North Country Trail follows the northern half of this 16 mile loop trail around the village of Middlebury and continues east into the Green Mountain National Forest. It is here the North Country Trail joins up with the Long Trail, America's original long-distance trail. For over 30 miles the NCT follows this famous footpath to Maine Junction, where it connects to the Appalachian National Scenic Trail.

This brochure was cooperatively prepared by the National Park Service and the North Country Trail Association. (2020)