



NEWSLETTER



U. S. Department of the Interior National Park Service

VOL. 4

NO. 3

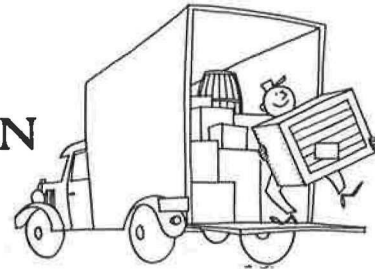
A SERVICE PUBLICATION FOR SERVICE PERSONNEL

FEBRUARY 6, 1969

It all depends on your attitude and how much can be stuffed into your refrigerator!

MOVING CAN BE FUN

by - G. M. White



It is not often I wish my wife had the muscles of a man. I don't often wish I had — only on moving days. Moving gives a husband a chance to throw his weight around, as well as the weight of everything else in the house. Moving reveals character and many other small items that have been missing for months. Moving can be fun. You will enjoy it if you approach it in the right way — preferably in a coma.

As my darling wife and I hold hands, firmly, in this, the twilight of moving day XVI, it seems to us some dull, helpful remarks should be made in addition to the pointed ones we have been making all day. After a move many couples wonder if their organization was faulty. This is a normal reaction. Generally speaking, it was a successful move if afterward you find yourself in a different location and still married.

In fourteen years of married life, we have moved sixteen times, which is no record, but it adds up to quite a moving experience. Our many early moves were made on orders of the U.S. Navy. I want to make it clear that no landlord has ever given us orders to move. Only hints. In sixteen moves I have gathered a lot of advice about moving, some of which is printable and may be of use to others.

Rule one is simple, old-fashioned patience. Take it easy. Be gay. Don't think of tomorrow. It is impossible to foresee all the frustrations you are going to have. Think of today. Isn't it awful? Rule two is a little more difficult to follow. On moving day, Don't be yourself. Be somebody else. Anybody else.

Over the years, our moving techniques have followed a clear line of development. We have changed gradually from tight packers to loose packers. Though on first glance this type of packing looks untidy (as it does on second glance), experience has proved to us that tight packing is a waste of time. Loose packers have a relaxed attitude toward everything, which is good. We do not get tense about moving any more. We start limp and stay limp.

Something always gets broken, besides my back, in every move we make. Fragile glasses and goblets break whether one moves or not. We have almost none of those. But peanutbutter and cheese glasses are

sturdy things and we have moved four times without breaking any. We have barrels of peanutbutter and cheese glasses without a chip in them (some contain rare old peanutbutter cheese).

There is nothing like the shock of finding a baby in the debris, which is where we find all our babies. The complete details of moving with children are endlessly varied and must be left for each couple to discover for themselves. Only a few suggestions can be offered here: the best one—lend the kids to a neighbor on moving day. Never put a baby at the bottom of a pile of anything. Never kick any box or sack that moves of its own accord.

Moving family pets poses a similar problem. Cats and dogs are dangerous hurdles in an upset house. While the furniture is being carried out, it is advisable to keep them locked in a closet, although you will be sorry. By far the least demanding pet, and the easiest to move, is a turtle. Fish slop out. Next time, get a turtle for your children.

During any move small essentials always get lost, such as the springs that fit on the sliding side of the baby's bed, casters, towel, tie and soap racks, the screws that hold them, extension cords and curtain-rod fixtures. The place to put all these is in the refrigerator. There is room there, the door shuts tightly, and there they will surely be found like a delightful surprise. This worked much better for me before my wife discovered that the refrigerator is a good place to pack her hats and the smaller lamp shades.

Food is necessary for both children and adults on moving day, and too often it is forgotten until they find themselves gnawing on one another. We keep hot coffee handy in a vacuum bottle and soup in a pressure cooker, with the lid locked so the baby won't get in it. Remember, you will not find all the kitchen utensils for several days. On one occasion, using only the baby's bottle warmer and a rusty beer-can opener, I prepared a complete hot meal. But it was not fit to eat.

Movers never arrive at the appointed hour, but show up an hour or two early or an hour or two late. We always have everything ready to go at least an hour ahead of time, and spend those last precious moments

MOVING cont'd on page 4.

Profile— Joseph V. Foley, Sr.

Joseph V. Foley, Sr., Shenandoah National Park foreman II (plumber) will retire on January 24, Superintendent R. Taylor Hoskins announced this week.

With more than 29 years of Federal Government service, Foley's career dates back to the mid 30's when he quarried stone for the guardwalls along Skyline Drive for the Bureau of Public Roads.



Foley and his wife, Gaynelle Stombock Foley, reside at R.F.D. 4, Luray. He was born in nearby Kimball.

Hoskins highly praised Foley's contribution to the successful maintenance operation in Shenandoah. "During his long tenure, Joe Foley has been one of those loyal co-workers on whom we always could depend to get the job done, and there have been many occasions when his ability and desire have contributed greatly to the enjoyment of Park visitors," Hoskins said. He also took the occasion to point out that while maintenance crews are not assigned the more glamorous tasks in park work, any successful operation of this nature is most dependent on a loyal and competent maintenance force. He said Shenandoah has been fortunate through the years that its maintenance people have been conscientious workers with a desire to do more than an adequate job with a full realization that much depended on them if visitors were to get the most beneficial park experience.

Foley joined the Shenandoah maintenance force in 1938, working intermittently until receiving his permanent appointment in 1940. He was promoted to plumber in 1945 and received two subsequent promotions, to foreman I (plumber) in 1959 and to his present position in 1963.

The Foleys have three sons, all of whom are following their respective careers in Virginia communities. They are Joseph V., Jr., fieldman for the Agricultural Stabilization and Conservation Service at Wytheville; Charles E., who is with the Newport News Shipbuilding and Drydock Company at Hampton; and Roland S., a postal employee at Vienna.

See Here,

DUTCH TREAT LUNCHEON

A "first" in the annals of the Southeast Regional Office was achieved January 9, when the Southeast Regional Office Wives' Association invited the "girls" in the office to a joint dutch-treat luncheon. Twenty wives and thirty-four office personnel attended, and reported it to be a most enjoyable affair. All in attendance agreed that a repeat performance is desired in the near future.

According to Mrs. T. K. Leary, one of the office "girls" said, "It was a real treat to meet and chat informally with the wives of our 'men'. I know our efficiency increased one hundred percent when we returned to our desk!"

CATOCTIN MOUNTAIN PARK

Women at Catoctin Mountain Park have organized into an informal organization. Participating in the activities of the group are women from the Park staff, Catoctin Job Corps, wives of NPS personnel, and spouses of seasonal employees.

Among the special projects of the Women's Organization, is the monthly cake-bake to help corpsmen at the Catoctin Job Corps Center observe their day with very special recognition.

The group, chaired by Mrs. Frank Mentzer, hosted a reception for guests of the Charcoal Hearth dedication and first "Colorfest" celebration here in October. A Christmas party for the children provided the special activity for December.

Families from Harpers Ferry, Antietam, C & O Canal, and Baltimore-Washington Parkway-Greenbelt Park were entertained at a pot luck at Catoctin in September.

November brought an interest in the craft of candle making and exchange of Christmas ideas.

A tentative agenda for the remainder of the year includes a husband-wife party, preparing Easter favors for a near-by orphans' home, making of paper flowers, and a spring tour.

SHENANDOAH NATIONAL PARK

Shenandoah National Park wives were hostesses to their husbands at a buffet turkey dinner on Thursday, December 12. The food was prepared at home and transferred to the Conference Room in the Administration Building. Candle lighted tables bedecked with silver were set up in the lobby. The new slate of officers was presented and afterwards games were enjoyed by all attending.

Newly elected officers who took up the reins, December 1, are: Mrs. Sybil Lowe, President; Mrs. Vi House, First Vice President; Mrs. Phyllis Wiley, Second Vice President; Mrs. Stanley Davis, Secretary, and Mrs. Toni Wilson, Treasurer.

The annual Park Children's Christmas Party was held Saturday, December 21, at the local VFW Home. There were games, singing, and stunts, and Santa distributed gifts of handmade Indian drums made by the Park Women's Club. Each mother furnished home-baked cookies and the Employees' Association furnished soft drinks.

FORT LARAMIE WAS ANOTHER FIRST OF SORTS

A team from KRMA-TV, Denver, asked for and received permission to film a segment of one of its FRYINGPANS WEST programs at Fort Laramie. The sequences were shot in the historic Burt kitchen and also in the dining room where Superintendent Sharp and Ranger Shay sampled the chicken salad and potato bread prepared from Elizabeth Burt's recipes. The food was pronounced delicious, although Beth Eaton, Fort Laramie's clerk typist when not performing as chef de cuisine, lamented the bread was heavy.

Mr. Samuel Arnold, owner and operator of the Fort, a restaurant built along the architectural lines of historic Bent's Old Fort, used Mrs. Burt's kitchen to show preparations for her Baked Indian Pudding.

That the project was a success is evidenced by a letter received by the Superintendent and Mr. Shay from Producer Pamela Fraser: "Our most recent FRYINGPANS WEST featured Fort Laramie, The Burts' House and your historic recipes . . . and was, needless to say, a major success. The film is excellent and the commentary by Mr. Shay fits nicely as an introduction. We will need to keep the film and audio tape until 'dubs' are made for syndicated distribution of the series; however, after that time (about the first of the year) we will send the film and audio tape to you for use at Fort Laramie. Again, thank you both and also please thank the women for the delicious food."

Mrs. Burt's chicken salad, anyone?

Bean Recipe

6 slices bacon, diced to 1/2" pieces
3 tablespoons fat
1 cup chopped onion
1 clove garlic (or equivalent amount of powder)
1/2 cup catsup
1 tablespoon brown sugar
1 teaspoon dried mustard
1 tablespoon salt
2 tablespoons vinegar
1 #1 can kidney beans
1 #2 can pork and beans
2 #1 cans butter beans

Brown bacon and remove from skillet. Cook garlic and onion until tender but not brown. Add other ingredients except beans. Mix beans together. Alternate layers of beans with first mixture. Bake 30 minutes at 350 degrees.



Silhouette— Clara Shimoda

by - Margaret Maule

There's an old adage that says if you want a job well done, give it to the busiest person you know. To us, here at Roosevelt-Vanderbilt, this describes no one more appropriately than Clara Shimoda, the new chairman of our Ladies' Organization.

Clara was born and raised in Hawaii where she went to school and started studying nursing at St. Francis Hospital. There she met and married Jerry who is presently chief historian at Roosevelt-Vanderbilt National Historic Sites.

Clara, Jerry, and their first child, left Hawaii in 1956 and moved to St. Louis, where Jerry began his career with the National Park Service at JNEM and Clara finished up her nursing degree at St. Louis University, and worked as a nurse in a nearby hospital. From St. Louis, they went to Saratoga Battlefield where they stayed five years. It was there that Clara pursued one of her hobbies—attending auctions—always on the lookout for interesting antiques. At Hyde Park, Clara continues her hobby and presently boasts an attic full of antiques.

This energetic little gal is a bundle of varied interests and activities—almost too many to enumerate—sewing, knitting, crocheting, gardening, corsage making, bowling, hiking, swimming, photography, cooking and collecting cookbooks. When you ask how many cookbooks she now has, she hesitates and says, "Well, about 500, I guess." Words like "namasu,"

"kim shee" and "sukiyaki" are mentioned frequently, and friends all over the Park Service acknowledge her as absolutely the best sukiyaki cook anywhere. Infact, she says she is getting sick of sukiyaki because when friends come they won't let her cook anything else.



The Shimodas have six children ranging in age from 13 down to almost one. This should be enough to keep anyone busy, but Clara is active in her church, and this year is very busy as chairman of the Ladies' Organization where she is getting interesting programs started. Topping off these activities, she is also constantly playing hostess to a stream of company which always goes away stuffed with scrumptious goodies that Clara has created.

People on the move—

NEW FACES

Blackwell, Richard A., to Computer Programmer, WASO
Burns, James E., to Realty Spec., WSC
Carguil, R. Donald, to Supv. Visual Info. Spec., WASO
Westmoreland, Thomas E., to Counselor, Catoctin Mtn. Park, JCCCC

NEW PLACES

Adams, Charles F., Jr., from Supv. Pk. Nat., National Capital Parks-North, to Ch. Interp. & Resources, Virgin Islands NP
Brooks, Chester L., from Pk. Planner, WSC, to Supt., Independence NHP
Bucknall, Edmund J., from Pk. Ranger, Rocky Mtn. NP & Shadow Mtn. NRA, to Staff Pk. Ranger, Yellowstone NP
Cooper, Frederick L., Jr., from Training Instr., Mammoth Cave NP, Great Onyx JCCCC, to same, Cumberland Gap NHP, Cumberland Gap JCCCC
Ernst, Mary, from Pk. Guide, Jefferson NEM, to same, National Capital Parks-Central
Flickinger, Bobby L., from Exhibits Spec., WASO: D.S. Baltimore, Md., to same, WASO: D.S. West Orange, N.J.
Graybill, Roy M., from Supv. Pk. Nat., Lehman Caves NM, to Pk. Nat., NW Dist. Off.
Hankins, James D., from Pk. Ranger, Blue Ridge Pkwy., to Supv. Pk. Ranger, Antietam-C&O Canal NPS Group
Loper, Betty J., from Pers. Staffing Spec., WASO, to Admin. Off., Amistad RA
Miller, Bruce J., from Supt., Isle Royale NP, to Asst. to the Reg. Dir., Great Lakes Field Off.
Thompson, Harold E., from Supv. Pk. Ranger, Bryce Canyon NP, to same, National Capital Parks-Central

JOINING THE ALUMNI

Broadbent, John M., from Supt., Tonto NM
Coates, Robert M., from Policy Analysis Off., WASO (9-20-68)
Ellis, Sydney B., from Admin. Off., Zion NP
Hanson, Hodge J., from Supv. Landscape Arch., PSC
Price, Jackson E., from Spec. Asst. to the Dir., WASO
Smith, Percy E., from Supv. Civil Engr., Ch., Div. Contract Admin. & Const., SFSC

MOVING CAN BE FUN

Cont'd from page 1.

in silent meditation or idle courtship. When the movers finally arrive, we don't lift a thing. We know our turn will come later. We just stand at the door and smile as they grimly point out every scratch, dent, rip and tear in each piece of furniture before they carry it out. Movers are dour, slow-moving men who charge \$5 an hour. But do not begrudge them their fee — it is nothing, really. The real expense is incalculable, including, as it does, blood, sweat and tears. Here are five more "don'ts" that will help you in eliminating the expense of moving: don't, don't, don't, don't, don't.

Safety Career ?

"SCOPE," Safety Career Opportunity Plan for Employees, is a new career opportunity plan for safety managers in the Department of the Interior. The plan is open to all full and part-time safety personnel in the Department at grade GS-7 and above. SCOPE is not limited to full-time safety officers or safety engineers in series 018 and 803. Collateral duty safety personnel in other series who desire a career in safety management and employees who have had some background in safety and who are willing to satisfy prescribed educational and training requirements forthcoming as a part of SCOPE development, are encouraged to register in this inventory.

The SCOPE inventory file, once automated, will provide a rapid means for:

1. Making a greater number of qualified and experienced field candidates available when vacancies occur;
2. Furnishing employees wider opportunities for development and advancement in safety management;
3. Identifying safety officers available for immediate reassignment to meet emergency requirements;
4. Facilitating placement of safety officers who desire to move from one location to another;
5. Making periodic occupational analysis of the safety management career field, evaluation of staff qualifications, and identification of individual and collective training needs.

Training and Education Plan

A Training and Education Plan for safety managers GS-9 through GS-15 is being developed under provisions of the Department's Executive Training Agreement. Bureau safety officers will have an opportunity to comment on the plan before it is finalized.

The T & E Plan when approved by the bureaus, will serve as a framework for all safety officers desiring further instruction, either on-the-job or in the classroom. Each bureau will be responsible for carrying out the T & E Plan.

Employees GS-9 through GS-15 not presently in safety management who desire to be assigned to such positions and show potential for such an assignment may be able to do so under the provisions of the Department's Executive Training Agreement.

Administration of SCOPE

SCOPE is a part of the Career Management Program of the Department and will be subject to review by the Department Safety Council. A special task group will be formed to develop the T & E Plan composed of professionally qualified safety officers.

How to Register

For additional information about SCOPE, refer to Personnel Management Bulletin No. 68-300 (395 DM Safety), dated November 27, 1968, or contact your personnel officer.