

Pow Wow



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Pow Wow

Pow Wows are large festivals held by American Indians across the United States. Pow Wows are occasions to gather with family and celebrate together. Like any good celebration, traditional foods are served. But the main event of a Pow Wow is a performance that combines music, song, dance, and regalia. Regalia is ceremonial clothing, and its design reflects the ancestry and personal artistry of the dancer that wears it. One example is a jingle dress, which has hundreds of small metal cones which make a beautiful sound when the dancer moves. The song and dance are all organized around the beat of a drum. The drummers and dancers respond to one another, creating an energetic and dynamic performance.