

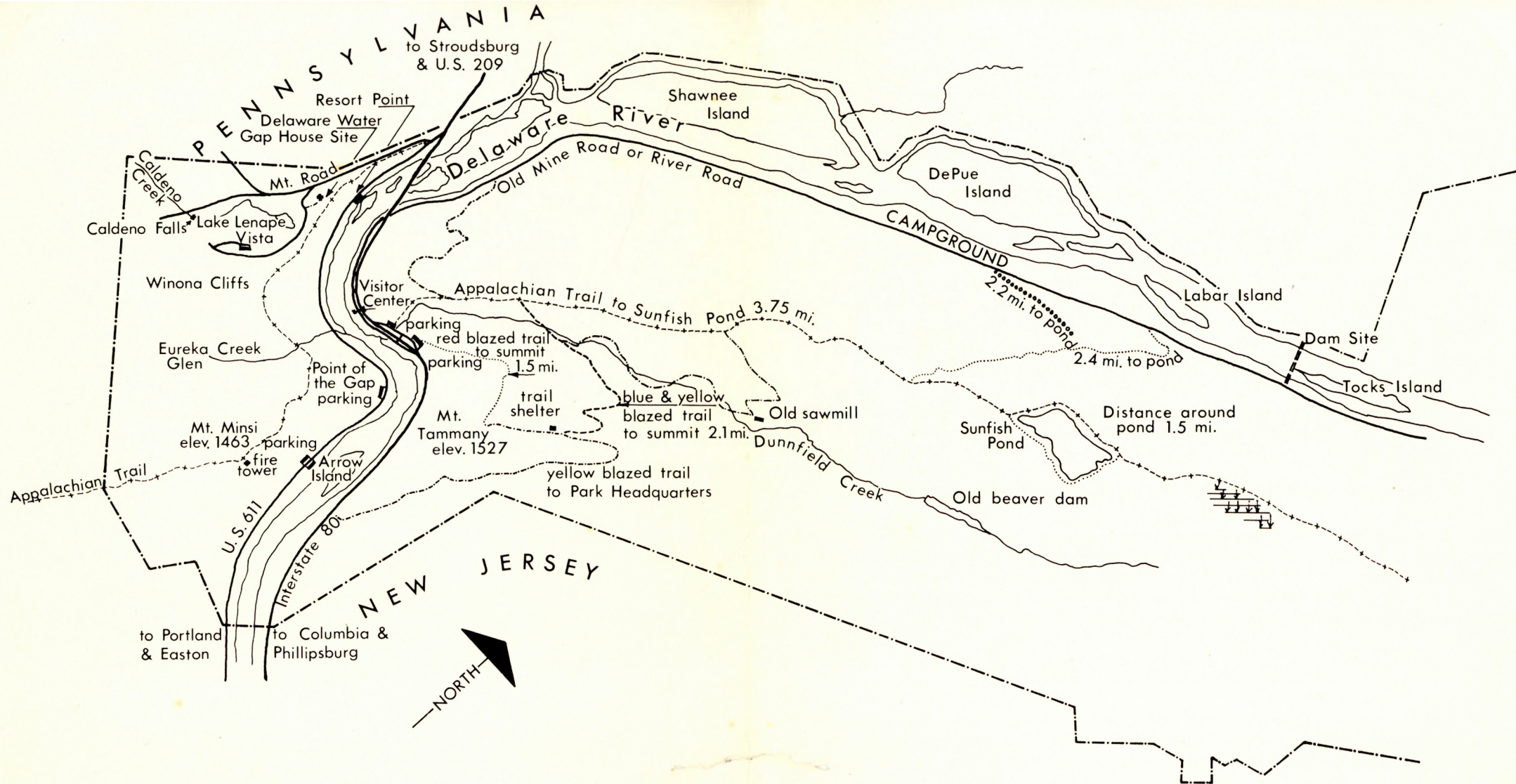
HIKING TRAILS

Delaware Water Gap
National Recreation Area

Pennsylvania – New Jersey

1969





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Columbia, New Jersey 07832

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APPALACHIAN TRAIL SOUTH – 2.7 MILES TO MT. MINSI

This is a fairly steep trail, offering excellent views of the Gap and River. The trail passes through open woodland as well as rhododendron thickets. This hike is particularly enjoyable during late spring. From the fire tower at the crest of Mt. Minsi, the Appalachian Trail follows the secondary road south along the ridge top to Tott's Gap.

DUNNFIELD HOLLOW TRAIL – 2.8 MILES

From the junction of the Appalachian Trail and the Blue Blaze Trail, an old log road follows the stream to its headwaters. This road crosses the stream several times and winds through groves of large hemlock. The trail terminates at an interesting marsh called the Old Beaver Pond. From the old sawmill site a secondary trail climbs the western ridge to the Appalachian Trail.

APPALACHIAN TRAIL NORTH – 3.8 MILES

An easy trail follows along Dunnfield Creek for 0.6 miles, then climbs gradually to the crest of the Kittatinny Ridge and Sunfish Pond. This trail has an extensive variety of tree and plant life.

WORTHINGTON TRAILS – 2.4 MILES

A shorter, steeper trail to Sunfish Pond has two starting points along the River Road. The access closest to the Water Gap is in the vicinity of the Worthington State Forest headquarters. A somewhat easier access is a mile further up the road in the vicinity of the picnic area. These join near the site of the old Worthington Lodge. From this junction the trail follows a fire road to the Appalachian Trail. A left turn along the trail leads to Sunfish Pond.

MT. TAMMANY TRAIL – 2.4 MILES

The Blue Blaze Trail is a steep rocky trail through oak and hickory forest terminating at the trail shelter on top of Mt. Tammany. It then follows the Red Dot Trail along the crest to the face of the escarpment. This trail offers excellent views of the Water Gap, Portland, Columbia and the Big Pocono section of Pennsylvania. The Red Dot trail descends Mt. Tammany to Kittatinny Overlook on I-80. This trail is very steep and not recommended as an ascending route.

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