Welcome to Kings Mountain hiking and horse trails. Hiking trails are visibly marked by blue paint on trees along the way. Horse trails are recognizable by either wooden horseshoe plaques or 'man-on-horse' signs. We hope that the following safety tips and park regulations will be helpful.

SAFETY TIPS

- Be watchful of poisonous snakes, yellow jackets, ticks, chiggers and poison ivy.
- Purify (by boiling or by adding tablets) all drinking water.
- Know the symptoms and treatment of hypothermia.
- Please let someone know where you are going and when you plan to return. It would be appreciated if you would record your destination and departure time with a park ranger and notify him upon your return.

PARK REGULATIONS

- Swimming in streams or creeks (other than Lake Crawford) is prohibited.
- Overnight trail users must register with park rangers.
- Register with park rangers for overnight visitor center parking.
- Pets, bicycles and motorized equipment (trail bikes and off the road vehicles) are prohibited on trails.
- Horses and pedestrians are restricted to designated trails.
- Camping and campfires prohibited except at designated campsites.
- Make toilets (100 feet or more from nearest water) in shallow pits and cover.
- Plants and animals may not be removed from the park or molested. These are a natural part of the environment and should be left in tact for others to enjoy.
- All non-burnable trash packed in must be packed out. Please do not leave polaroid papers, wrappers, etc. along trails. This is a form of littering and is prohibited in an effort to protect the natural areas of the park for their enjoyment by others.
- Firearms are prohibited (including airguns and fireworks.)

Study the trail guide before embarking on your journey. Legends will enable you to determine mileages and type of trail. If you need further information, please feel free to inquire of park personnel. Your respect of the above park regulations and of the natural environment of the parks will be appreciated.

HIKING &HORSE TRAILS

THE

KINGS MOUNTAIN HIKING TRAIL

was officially designated as a

NATIONAL RECREATION TRAIL

on June 8, 1981 and dedicated on July 28, 1981.





