

America’s First Playground

STRIKING LANDSCAPES AND BRILLIANT BLUE WATER await you at Lake Mead National Recreation Area. From the time Hoover Dam was completed in 1936, Lake Mead’s cool waters have drawn people looking for relaxation and fun in the desert. Lake Mohave joined the complex when Davis Dam was completed in 1951. And in 1964, both lakes became part of the first national recreation area in the National Park Service. Today 1.5 million acres attract over six million people each year.

MODERN EXPLORERS find solitude and beauty any time of year. Hot weather beckons you to the lakes, where you can fish, swim, and boat to less-visited sites. Cooler weather entices you to explore the Mojave Desert on foot, using established trails or traveling crosscountry. The park’s website (www.nps.gov/lake) offers many ideas for your adventures.



Nine wilderness areas await your exploration. Some, like Muddy Mountains Wilderness, extend beyond the park. This hiker is looking into the park’s “Bowl of Fire.” Lake Mead shimmers in the distance.

This fabulous playground spreads across a landscape exposing the geologic history of Earth. You can see billion-year-old rocks, lava that flowed millions of years ago, and the remains of ancient seas. Other national parks have some of these geologic features, but at Lake Mead National Recreation Area the rangers say you can see “millions of years in one place.”

Across it all lies the Mojave Desert, a dry land full of plants and animals that have adapted to thrive with little water. The desert makes up 87 percent of the park; the rest is water.

Lakes Mead and Mohave hold more than four trillion gallons of water, most of it coming from the Colorado River. Lake Mead is the largest and one of the cleanest reservoirs in North America. Over 25 million people depend on this lake for their drinking water.

FORTIFICATION HILL, a dark volcanic plateau, dominates many views from the shore of Boulder Basin. Behind it, Wilson Ridge rises to 5,455 feet. The light-colored “bathtub ring” marks Lake Mead’s historic high water level in 1983. The lake level continuously fluctuates.

This unusual combination of desert and water is home to 900 species of plants and 500 species of animals, including 24 that are rare and threatened. Plants of one kind or another bloom throughout the year. As you notice the diversity of life, think about how they manage to survive.

Eight developed visitor areas welcome you with a variety of services like marinas, docks, restaurants, and campgrounds. Enjoy ranger-led hikes and programs. Explore nine wilderness areas and miles of undeveloped lakeshore. They provide places of solitude, quiet, and beauty that will refresh and delight you.



COLLARED LIZARD

Life at Lake Mead



The ZEBRA-TAILED LIZARD (above) and collared lizard (above, far right) are among the 19 species of lizards living in the park. They are active when the temperature is above 70°F.



This COYOTE will likely wait for cooler evening temperatures to look for food. Desert coyotes are about half the size of other coyotes. Being smaller means needing less water—an advantage in the desert.



HEDGEHOG CACTUS forms barrels covered with spines. The flowers bloom in spring and vary from this magenta to a deep red. This cactus is often seen in the Mojave Desert.



Look for the GREAT EGRET standing in shallow water, waiting for a frog, fish, or other aquatic animal to move. When a prey moves, the egret stabs the water with its sharp beak and swallows a meal.



A GOLDEN EAGLE lifts off when BIGHORN RAMS clamber into sight. Like all bighorn sheep, desert bighorns have concave hooves that can grip rocks, allowing the sheep to scramble up steep terrain.



Watch out for NOTCH-LEAF PHACELIA. Its sticky hairs might give you a rash. Those hairs filter the intense desert sunlight, keeping the plant cooler and conserving its water.

A Hard Place with Soft Edges

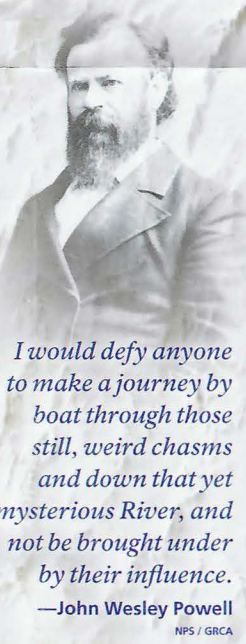
To describe the how and why of the rocks here, geologists use words like *crash, strike, smash, collide*. Massive blocks of Earth’s crust have broken apart, crashed together, slipped past each other, spread apart, and been forced up or down thousands of feet. The heat of magma (molten rock) deep below the surface powers this action, which has been ongoing for almost two billion years.

The softer action of seas and lakes also has been changing the surface of this land. Vast, shallow seas moved in and away. Lakes rose and evaporated.

Each left behind layers of sediment that hardened into rock. The only lakes now are the two that humans have created.

These new lakes, Mead and Mohave, continue to change this landscape. As lake waters soften canyon walls, the rocks erode. Sediment drops to the bottoms of the lakes.

As you explore Lake Mead country, consider how rock and water have created this land of hard places and soft edges.



I would defy anyone to make a journey by boat through those still, weird chasms and down that yet mysterious River, and not be brought under by their influence.
—John Wesley Powell

COLORADO RIVER

HIDDEN RIVER From its snowy beginnings in the Rockies, the Colorado River runs more than 800 miles before flowing out of the Grand Canyon into lakes Mead and Mohave. The lakes rise hundreds of feet above the old riverbed, which is still the border between Arizona and Nevada. Davis Dam, at the park’s southern edge, releases the river to flow south toward Mexico.

SHARP TURN SOUTH Just above where Hoover Dam is today, the Colorado River took a sharp turn south. This marks a place where two massive faults meet. In five million years, which is a blip of geologic time, the Colorado cut through 1.3 billion years of rocks to expose the history of the Earth.

CHANGES Today the river is bringing less water into the park than in previous centuries. Less snow is falling in the mountains of Wyoming, Utah, and Colorado, which means less water flowing into the streams and rivers that feed the Colorado River. What this means for the Lake Mead area remains to be seen.

THE ROCKS

VOLCANICS The volcanic events that shape the present-day Lake Mead National Recreation Area began 18 million years ago. Great volcanoes formed during this time; their remains dominate the landscape.

ANCIENT SEAS Billions of tiny creatures, like trilobites (below), thrived in these shallow seas. As they died, their skeletons collected on the bottom, forming layers of sediment that hardened as limestone.

FAULT MOVEMENT In several places, blocks of mountains broke along faults in Earth’s crust and moved miles apart. Wilson Ridge (top photo) may have lost its top layer this way.

UPLIFT Over eons, geologic forces have pushed up rocks formed hundreds of millions of years ago. Look for steep cliffs of light-colored limestone from ancient seas and darker Precambrian rock from the beginning of time.



Trilobites lived in the ancient ocean that covered some of this area. They became extinct more than 250 million years ago.

In the American Southwest, I began a lifelong love affair with a pile of rock.

—Edward Abbey

LIVING HERE

One hundred miles west of Lake Mead National Recreation Area, the Sierra Nevada soars 14,000 feet above the MOJAVE DESERT. These massive mountains block moisture from the Pacific Ocean, creating a “Land of Little Rain.”

HOW PLANTS SURVIVE The Joshua tree is a kind of yucca living in higher elevations of the Mojave. Pollinated only by the yucca moth, it blooms after a wet winter with freezing temperatures. The creosote bush dominates the lowlands. Its leaves are coated with resin to hold in water; the resin gives off a scent like “rain in the desert.” Wildflower seeds rest in the soil until the next rainy season, then they grow fast and carpet the desert floor with color.

HOW ANIMALS SURVIVE During hot weather, desert tortises stay in burrows to stay cool. They emerge after a rain to drink at puddles. A jackrabbit’s blood cools off while circulating through its big ears.



Desert tortoise



Black-tailed jackrabbit



Yucca moths



Joshua tree

THE HUMAN STORY

Spirit Mountain, a sacred site to some Native Americans, rises in the southern part of Lake Mead National Recreation Area. Ten thousand years ago, people hunted and gathered food from the desert. Later people learned to use yucca to make baskets and ropes. They also learned to irrigate and grow crops.

NEW PEOPLE By the 1700s, native people began encountering European Americans when fur traders, explorers, and a few settlers came into the desert. In the mid-1800s, steamboats (right) traveled up the Colorado River from Mexico. They brought more settlers and supplies deep into the Mojave

Desert. Soon Mormons started towns along the Colorado, Virgin, and Muddy rivers.

After gold and silver were found in 1867, people crowded the towns. They also established ferry crossings at Temple Bar and Pearce Ferry on the Colorado River.



NPS / USBR

BOULDER DAM By the early 1900s, people wanted protection from Colorado River floods. A dam was the solution. It could regulate river flow, generate electricity, and provide water for drinking and irrigation. Each month, over 3,500 people worked on the dam. Tourists also came to see the

world’s tallest dam being built. By 1936, the Boulder Dam was done. Now called Hoover Dam, it is not the tallest in the world anymore. But it still draws visitors.

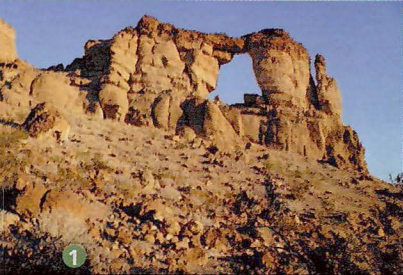
AFTER THE DAM Now people had a cool lake to enjoy in the middle of the hot desert. Over

two million flocked to Boulder Basin each summer. Tourism grew when Lake Mohave formed after Davis Dam was finished in 1951.

TODAY Lake Mead National Recreation Area continues to draw people from around the world. They come to see

Hoover Dam, play in the two lakes, and hike the many desert trails. Spirit Mountain still draws native people seeking connection to their ancestors. This sacred mountain is in one of the nine wilderness areas offering solitude and beauty to those who take the less-traveled routes.

Exploring Lake Mead National Recreation Area



LIBERTY BELL ARCH Lace up your boots for a walk into the wild country on the rim of the Black Canyon. This arch formed when a stream cut through the softer rock beneath a hard volcanic layer. Explore geologic history by hiking other areas of the park.

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REDSTONE Walk among spectacular red rocks, which are sand dunes formed about 200 million years ago. At that time this area would have looked like the Sahara Desert. Iron particles held the sand together and oxidized over time to turn the rocks red.

NPS / KAREN JOHNSON



GRAPEVINE CANYON Look for petroglyphs as you enjoy a short walk into Bridge Canyon Wilderness. A seasonal spring near this petroglyph probably attracted early native people to the site. Perhaps you will see desert bighorn sheep on the rocks.

NPS / ANDREW J. CATTOIR



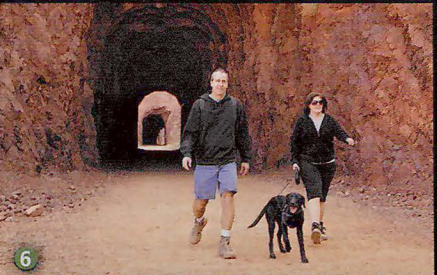
WILLOW BEACH Come to this secluded visitor area to explore the Black Canyon. The canyon is named for the dark volcanic rock that flowed and cooled 13 to 16 million years ago. The Colorado River cut through the rocks, revealing the geologic history of this area.

NPS / ANDREW J. CATTOIR



TEMPLE BAR Launch your boat in the shadow of The Temple, rising high above the water. Its golden layers are solidified sediments from ancient seas. Far from the crowds of Boulder Basin, this area provides access to the remote eastern reaches of Lake Mead.

© KAREN KISER



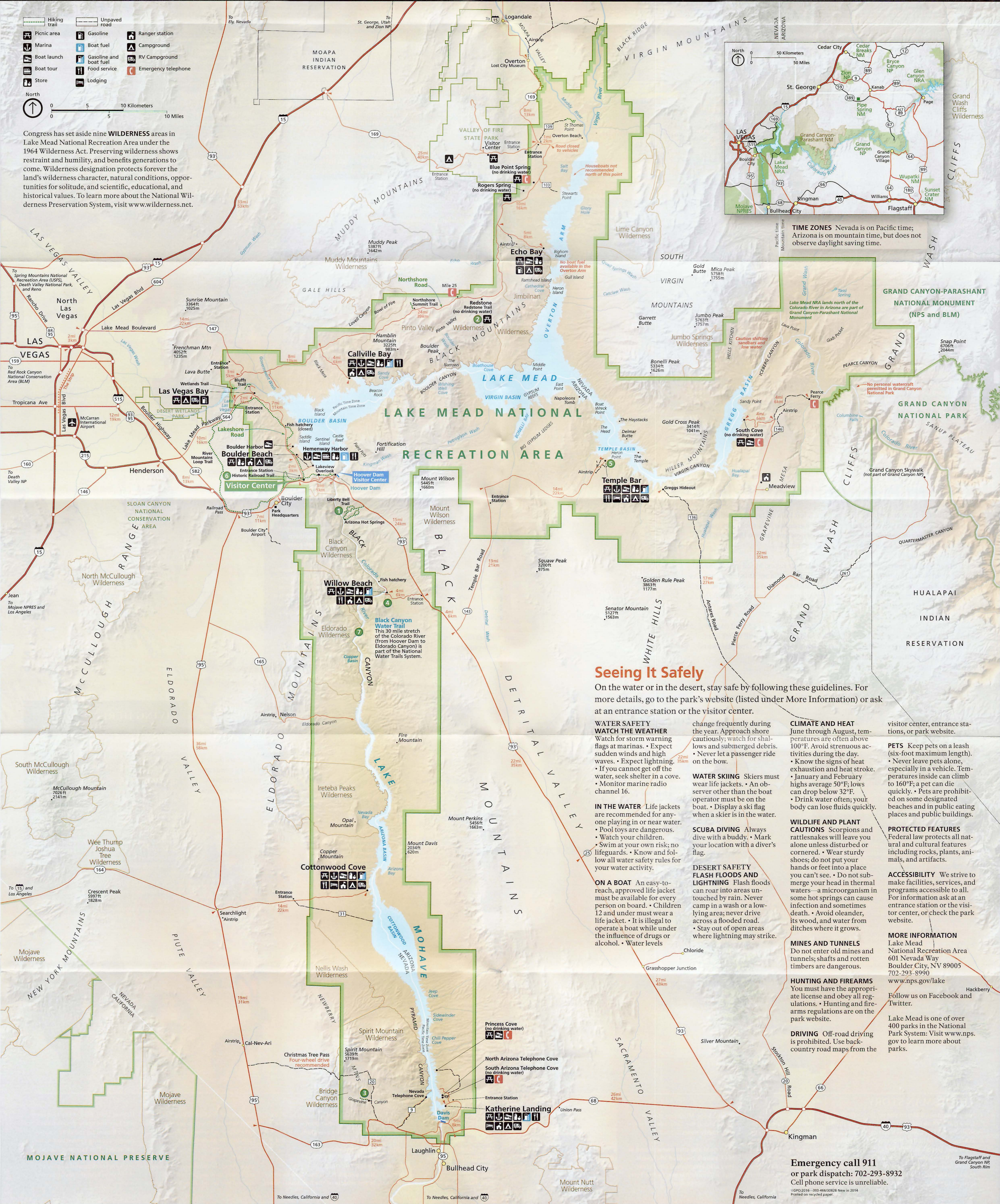
HISTORIC RAILROAD TRAIL Follow the route of trains that hauled supplies to build Hoover Dam. Enjoy spectacular views of Boulder Basin.

NPS / ANDREW J. CATTOIR

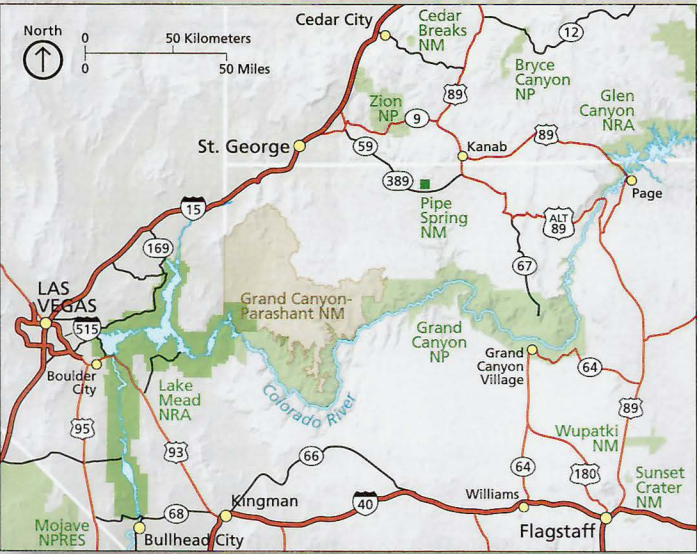


BLACK CANYON This steep-walled canyon begins below Hoover Dam. You can launch a water-based exploration from several sites around Lake Mohave. With its cold moving water and steep walls, the Black Canyon retains a feel of the old Colorado River.

NPS / ANDREW J. CATTOIR



Congress has set aside nine **WILDERNESS** areas in Lake Mead National Recreation Area under the 1964 Wilderness Act. Preserving wilderness shows restraint and humility, and benefits generations to come. Wilderness designation protects forever the land's wilderness character, natural conditions, opportunities for solitude, and scientific, educational, and historical values. To learn more about the National Wilderness Preservation System, visit www.wilderness.net.



TIME ZONES Nevada is on Pacific time; Arizona is on mountain time, but does not observe daylight saving time.

Seeing It Safely

On the water or in the desert, stay safe by following these guidelines. For more details, go to the park's website (listed under More Information) or ask at an entrance station or the visitor center.

WATER SAFETY

WATCH THE WEATHER

Watch for storm warning flags at marinas. • Expect sudden winds and high waves. • Expect lightning. • If you cannot get off the water, seek shelter in a cave. • Monitor marine radio channel 16.

IN THE WATER

Life jackets are recommended for anyone playing in or near water. • Pool toys are dangerous. • Watch your children. • Swim at your own risk; no lifeguards. • Know and follow all water safety rules for your water activity.

ON A BOAT

An easy-to-reach, approved life jacket must be available for every person on board. • Children 12 and under must wear a life jacket. • It is illegal to operate a boat while under the influence of drugs or alcohol. • Water levels

change frequently during the year. Approach shore cautiously; watch for shallows and submerged debris. • Never let a passenger ride on the bow.

WATER SKIING Skiers must wear life jackets. • An observer other than the boat operator must be on the boat. • Display a ski flag when a skier is in the water.

SCUBA DIVING Always dive with a buddy. • Mark your location with a diver's flag.

DESERT SAFETY FLASH FLOODS AND LIGHTNING Flash floods can roar into areas untouched by rain. Never camp in a wash or a low-lying area; never drive across a flooded road. • Stay out of open areas where lightning may strike.

CLIMATE AND HEAT June through August, temperatures are often above 100°F. Avoid strenuous activities during the day. • Know the signs of heat exhaustion and heat stroke. • January and February highs average 50°F; lows can drop below 32°F. • Drink water often; your body can lose fluids quickly.

WILDLIFE AND PLANT CAUTIONS Scorpions and rattlesnakes will leave you alone unless disturbed or cornered. • Wear sturdy shoes; do not put your hands or feet into a place you can't see. • Do not submerge your head in thermal waters—a microorganism in some hot springs can cause infection and sometimes death. • Avoid oleander, its wood, and water from ditches where it grows.

MINES AND TUNNELS Do not enter old mines and tunnels; shafts and rotten timbers are dangerous.

HUNTING AND FIREARMS You must have the appropriate license and obey all regulations. • Hunting and firearms regulations are on the park website.

DRIVING Off-road driving is prohibited. Use back-country road maps from the

visitor center, entrance stations, or park website.

PETS Keep pets on a leash (six-foot maximum length). • Never leave pets alone, especially in a vehicle. Temperatures inside can climb to 160°F; a pet can die quickly. • Pets are prohibited on some designated beaches and in public eating places and public buildings.

PROTECTED FEATURES Federal law protects all natural and cultural features including rocks, plants, animals, and artifacts.

ACCESSIBILITY We strive to make facilities, services, and programs accessible to all. For information ask at an entrance station or the visitor center, or check the park website.

MORE INFORMATION Lake Mead National Recreation Area 601 Nevada Way Boulder City, NV 89005 702-293-8990 www.nps.gov/lake

Follow us on Facebook and Twitter.

Lake Mead is one of over 400 parks in the National Park System. Visit www.nps.gov to learn more about parks.

Emergency call 911 or park dispatch: 702-293-8932 Cell phone service is unreliable.

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