



HIKES

IN NORTH DAKOTA

Your Adventure Starts Nearby

The North Country National Scenic Trail (NCT) is a footpath that extends 4,700 miles from Lake Sakawewa State Park in North Dakota east to the Appalachian Trail in Vermont. The 450 miles of the NCT in North Dakota generally follow the route of the state's longest river, the Shyenne River.

The NCT is administered by the National Park Service but is built and maintained primarily by local volunteers of the North Country Trail Association (NCTA).



Looking for a Hike?

Scan the QR code for a map with suggested hikes in ND. More detailed maps can be downloaded for free to your smartphone via the Avenue Maps app or to your computer to be printed out.

See northcountrytrail.org/trail/maps



SCAN ME

Follow the Trail

The NCT is marked with blue blazes on signposts or trees. The Trail is not open to motorized vehicles except where it follows a public road or multi-use corridor. Some sections are closed to dogs; pets should be kept on a leash where allowed.



northcountrytrail.org

Local NCTA Chapters

In North Dakota, three local Chapters maintain segments of the Trail:

Central Flyway (CFW), Sheyenne River Valley (SRV), and Dakota Prairie (DPC). They build the Trail, organize hikes and have regular meetings. Fellow hikers are welcome at all activities.



Central Flyway Chapter Named after the vast migrating flocks of waterfowl common every spring and fall, this is the home of the NCT's western terminus at Lake Sakakawea State Park. Each spring, many hopeful thru-hikers start their hike of the entire 4,700-mile trail here. This Chapter maintains 135 miles of Trail. Email us at fly@northcountrytrail.org

Sheyenne River Valley Chapter Based in Valley City, SRV is responsible for 93 miles of the NCT from the north end of Lake Ashland to the Sheyenne River State Forest's eastern boundary. The SRV section traverses the Sheyenne River Valley, a deep glacial meltwater trench carved by waters that drained glacial Lake Souris into Lake Agassiz. Email us at shv@northcountrytrail.org

Dakota Prairie Chapter DPC's Trail segment ranges 100+ miles from the Sheyenne River State Forest east to Fort Abercrombie. It includes the Sheyenne National Grassland and NCT's Trail Towns Union and Abercrombie. Email us at dpc@northcountrytrail.org



Meet Us on Meetup! North Country Trail events from all Chapters are posted at [Meetup.com/NCTInND](https://www.meetup.com/NCTInND)



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Learn more about getting involved with your local Chapter at
northcountrytrail.org/volunteer



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