

## TUTUILA ISLAND

## Easy

## 1 Pola Island Trail

This short, fairly flat trail leads to a rough and rocky beach with views of the coastline and Pola Island.

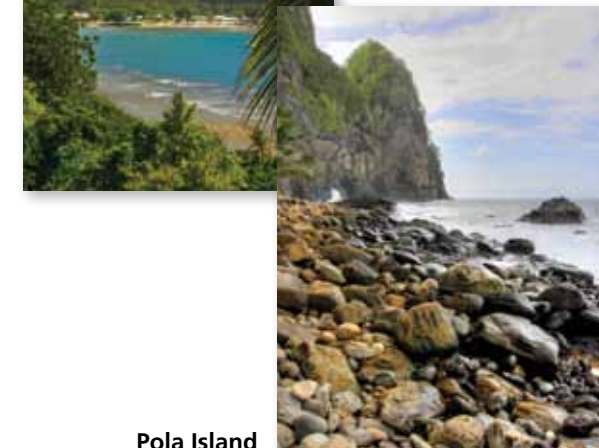
■ **Distance:** 0.1 mi / 0.2 km roundtrip

Due to unfriendly dogs, **please drive past the last house at the end of the paved road in Vatia Village.**

This rough section of road will lead you to three exhibits and the trailhead.



Vatia Village



Pola Island



**National Park of American Samoa**  
Pago Pago, AS 96799  
684-633-7082  
npsa\_info@nps.gov  
www.nps.gov/npsa

All trails listed in this brochure are maintained by the National Park of American Samoa, except as noted.

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**Please Note:** The colored circles with numbers refer to the trail location on the backside map.

## Moderate

## 2 Lower Sauma Ridge Trail

This interpretive trail takes you to an archeological site of an ancient star mound. Along the trail are exhibits and spectacular views of the northeast coastline of the island and the Vai'ava Strait National Natural Landmark. Visible looking north is the tall and skinny Pola Island, a nesting area for seabirds.

■ **Distance:** 0.4 mi / 0.6 km roundtrip



## 3 Fagatele Bay Trail

This trail is located outside of the national park, on private land, and provides access to the Fagatele Bay National Marine Sanctuary.

Turtles, whales, sharks, and giant clams all find refuge in this protected area.

■ **Distance:** 1 mi / 1.6 km roundtrip

Travel west on Route 001 to Futiga Village and turn left just before the US Mart. Follow the road past the landfill until you reach a locked gate. **Ask for permission from the family at the end of the road to hike past the gate.** The family might charge a fee. Follow the trail to a small beach. For more information call 684-633-5155.

## 4 Le'ala Shoreline Trail

This trail is located outside of the national park, on private land, and provides access to the Le'ala Shoreline National Natural Landmark.

Beginning in the village of Vailoatai, this trail follows the coastline through thick vegetation with periodic views of the Le'ala Shoreline. The steep trail travels in and out of ancient volcanic craters and comes to an end at the junction with the Fagatele Bay National Marine Sanctuary Trail.

■ **Distance:** 3.2 mi / 5.2 km roundtrip

## 5 Fogama'a Crater Trail

This trail is located outside of the national park, on private land, and provides access to the Fogama'a National Natural Landmark.

There are two picturesque beaches along the trail before it comes to an end at the junction with the Fagatele Bay National Marine Sanctuary Trail.

■ **Distance:** 3 mi / 4.8 km roundtrip

The trail begins as a drive from the village of Vaitogi towards the Turtle and Shark Lodge. Take the last right turn before the lodge and ask permission to park as the road becomes impassible. Continue on the old road into the Fogama'a Crater (currently planted as a traditional plantation. Turn right on a trail to access Fogama'a Cove (Larson's Bay).

## 6 Tuafanua Trail

Hike up switchbacks from Vatia Village through lush tropical rainforest to a hidden coastline. At the ridge-top, enjoy ocean views before a steep descent on several ladders with ropes to a quiet, rocky beach and view of Pola Island. The trailhead can be found just before the Vatia School (Mount 'Alava Elementary).

■ **Distance:** 2.2 mi / 3.5 km roundtrip

**WARNING: Do not to enter the ocean at the beach due to dangerous waves and currents.**



## Blunts and Breakers Point Trails

These trails are located outside of the national park.

Located at the top of these points are gun batteries that protected Pago Pago Harbor after the bombing of Pearl Harbor in 1941. They symbolize American Samoa's importance as a route from the United States to Australia and New Zealand.



## 7 Blunts Point Trail

■ **Distance:** 0.6 mi / 1 km roundtrip

Located between Faga'alu and Utulei on the coast road. Look for the sign next to the IBM Laundromat marking the path to this site. Park at the public parking lot on the harbor side, 100 yards from the trailhead. When the trail reaches the water tank, continue past it on the left.

## 8 Breakers Point Trail

■ **Distance:** 0.3 mi / 0.5 km roundtrip

From Pago Pago, drive toward Aua on Route 001. Continue 1.1 miles / 1.8 km past the intersection with Route 006 in Aua to a sign on the left marking the trailhead next to a house. Park at the private house without blocking driveway access. **Ask for permission from the house owner to hike the trail.** This site is closed to the public on Sunday.

## Challenging

## 9 Mount 'Alava Trail

Enjoy hiking through a tropical Samoan rainforest with fruit bats and many types of birds. Along the trail you'll see the park's efforts to remove invasive trees and plant native species. About halfway up the trail is a banana and coconut plantation. Great views of the northwest side of the island along the way lead you to panoramics of the central areas of Tutuila Island. See cover photo for view from the summit.

■ **Distance:** 7 mi / 11.3 km roundtrip

The trailhead is located at Fagasa Pass, 1.2 miles from Route 001 in Pago Pago.

## MANU'A ISLANDS

There are other trails, minimally maintained and challenging, including Luatele Crater, Laufuti Falls, and Piumafua Mountain trails. Local park guides are often available for all Manu'a trails. Contact the national park for more information.

## Moderate

## 11 Si'u Point Trail

This trail follows an old road in the coastal forest past the culturally important Saua site to the southeast tip of Ta'u.

■ **Distance:** 5.7 mi / 9.2 km roundtrip

The trailhead is actually a continuation of the main road in Fiti'uta. As you pass the last houses, the road becomes dirt.

## 12 Oge Beach Trail

This trail traverses the shoulder between Mata'ala Ridge and Maga Point, where boobies and frigate birds are often seen. Follow the trail down slope past Maga Point to emerge at Oge, a remote coral rubble beach that faces Ta'u. The hike continues as a beach walk to Leala Point. This trail is maintained in partnership with the village of Olosega.

■ **Distance:** 2.7 mi / 4.3 km roundtrip

The trailhead starts by the landfill where the Olosega village road ends and continues eastward.

## 10 Mount 'Alava Adventure Trail

This challenging loop trail takes you along ridgelines with views of the north and central parts of the national park and island. Hike up and down "ladders" or steps with ropes for balance. There are a total of 56 ladders and 783 steps! The trail leads to the Mount 'Alava Summit, returning down another steep section of trail to Vatia Village, and loops back along the road to the trailhead.

■ **Distance:** 5.6 mi / 9 km roundtrip

The trail begins across the road from the national park fale'o and trailhead for the Lower Sauma Ridge Trail.

## Challenging

## 13 Tumu Mountain Trail

This trail is located outside of the national park.

Enjoy tropical rainforest and views from Ofu's highest point at 1,621 ft / 494 m. From the top, continue another ¼ mile on the new Tumu Mountain Trail extension to a rock outcropping on the Leolo Ridge with stunning views of three Manu'a islands and the coral lagoons in the national park.

■ **Distance:** 5.5 mi / 8.9 km roundtrip

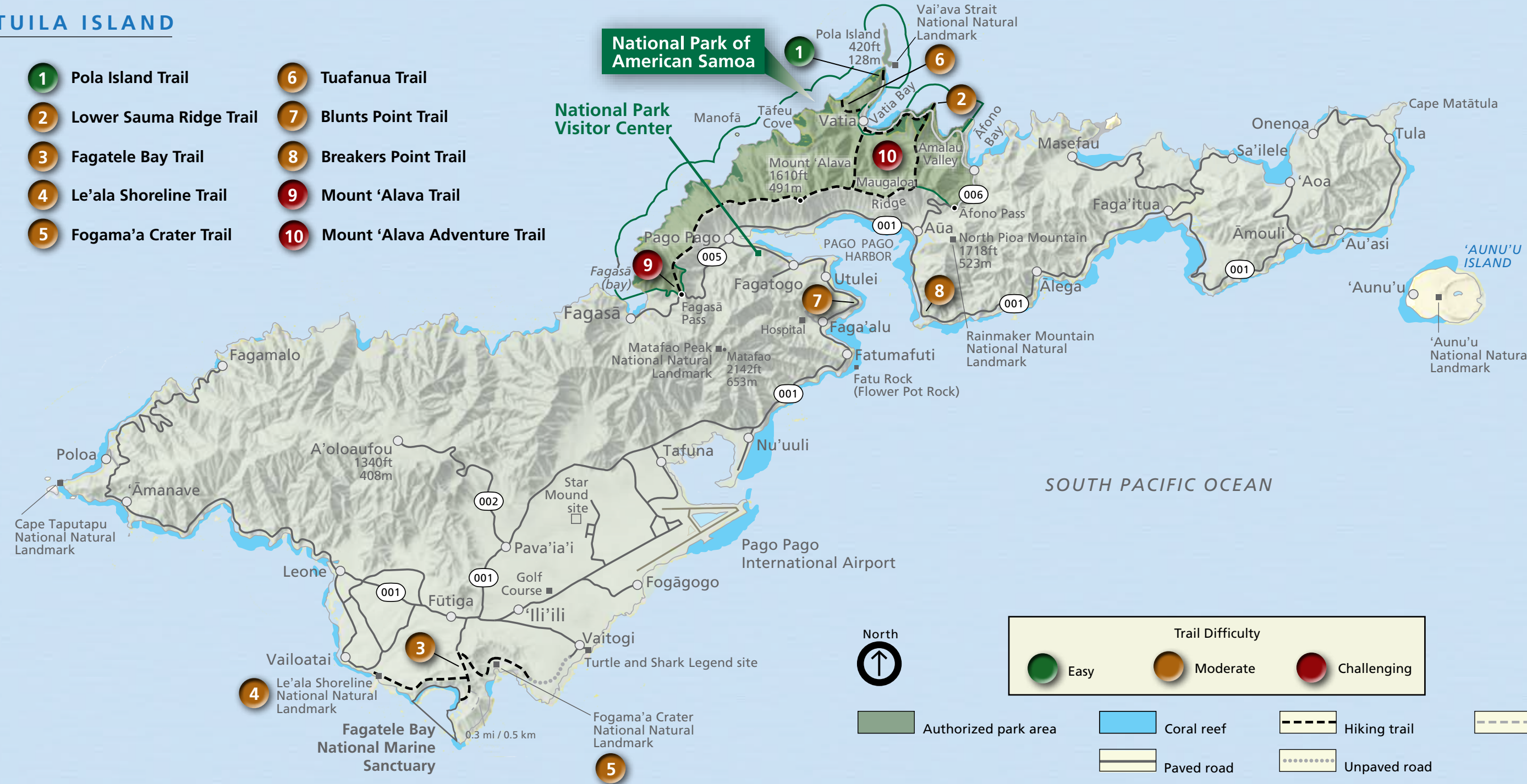
This trail starts near the Ofu Harbor and follows an old road to the summit.



www.nps.gov/npsa

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- 2** Lower Sauma Ridge Trail
- 3** Fagatele Bay Trail
- 4** Le'ala Shoreline Trail
- 5** Fogama'a Crater Trail
- 6** Tuafanua Trail
- 7** Blunts Point Trail
- 8** Breakers Point Trail
- 9** Mount 'Alava Trail
- 10** Mount 'Alava Adventure Trail



To Manu'a Islands  
60mi  
96km

SOUTH PACIFIC OCEAN

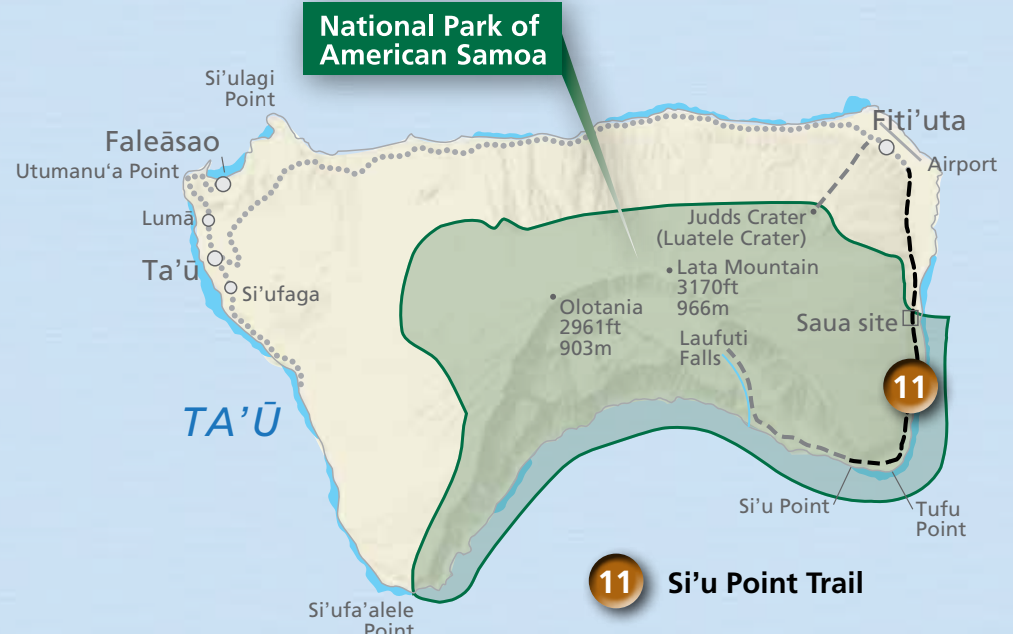


**Trail Difficulty**

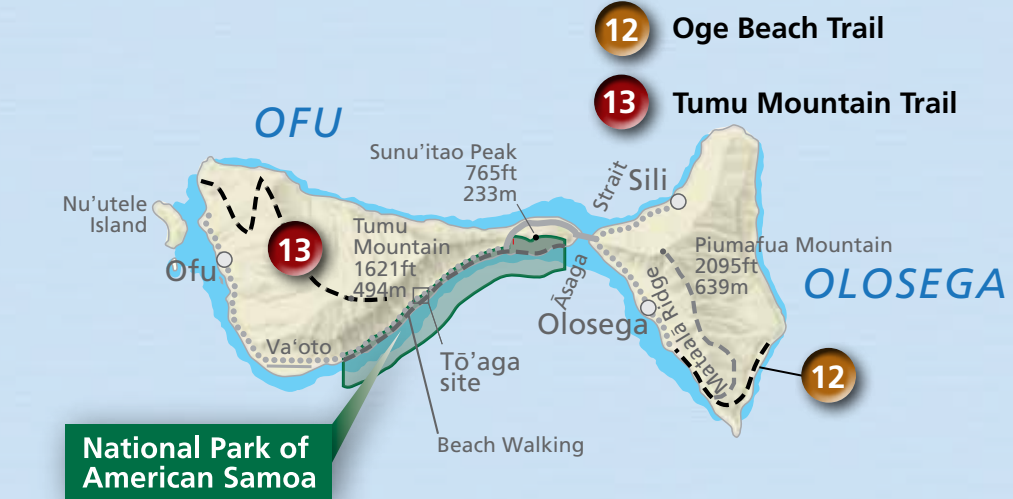
- Easy
- Moderate
- Challenging

- Authorized park area
- Coral reef
- Hiking trail
- Paved road
- Unpaved road
- Unmaintained Hiking trail

# MANU'A ISLANDS



- 11** Si'u Point Trail



- 12** Oge Beach Trail
- 13** Tumu Mountain Trail