

## Natural Area Cautions

Although we have made efforts to keep your visit enjoyable and safe, please understand that hazards exist and that you are also responsible for your personal safety.

- Supervise children under your care.
- Obey posted speed limits and be ready to pull to the side to allow passing.
- For personal safety and to protect the environment, stay on identified trails, walk with caution, and wear appropriate footwear.
- Several Park observation areas and trails are near steep cliffs and ledges. Keep to identified paths and observation areas.
- Banks close to the shore may be undermined.
- Algae or moss-covered, muddy, or wet logs, rocks, foot bridges, steps, walkways, and decks can be slippery.
- Foot bridges are narrow and may be uneven.
- Roots and rocks may make trail surfaces uneven.
- Mosquito and blackfly repellent are recommended. Be aware that wasps, hornets, and bees may build nests near trails, observation areas, and picnic sites.
- Do not approach any wild animal that appears tame or acts in an unusual manner.
- Do not eat berries you cannot identify—plants with poisonous berries are present.
- Strong winds, currents, and large waves and tidal ranges can make boating and swimming hazardous. The ocean is cold and can induce hypothermia rapidly.

## Roosevelt Campobello International Park

Campobello Island, Welshpool, NB E5E 1A4

# Trails

## of Roosevelt Campobello International Park



Roosevelt Campobello International Park is a combination indoor/outdoor site that includes the FDR summer home and a 1,133-hectare (2,800-acre) natural area.

Natural Area trails wind through and past varied habitats including spruce-fir and hardwood forests, sphagnum bogs, fields, and seashore. The trails are designed to offer short hikes, individually, or moderate-to-long hikes when traveled in combination. A short walk down a gravel road is sometimes necessary to travel trails in combination. Footwear for wet and slippery conditions is recommended.

Liberty Point



Friar's Head



Lower Duck Pond



Sunsweep Sculpture



Liberty Point



Cranberry Point

Views from the trails include shaded forests, marsh, bogs, small secluded coves, cobble, sand and gravel beaches, cliffs and headlands. Observation decks at Friar's Head, Eagle Hill Bog, Lower Duck Pond, and Liberty Point offer panoramic views.

Self-guiding tour handouts of the Friar's Head Trail and Eagle Hill Bog are available at the Visitor Centre.



The trails are reached from the Park's three drives. All trails are well cleared, clearly identified, and easy to follow. Difficulty varies with the trail.

## Easy

### 1. Duck Island View 0.1 km (0.06 mi)

Trail begins on the right at the small parking area just beyond Cranberry Point. A very short trail to a resting bench and scenic observation area overlooking the Duck Islands and the black and white Channel Lighthouse.

### 2. Lower Duck Pond to Raccoon Beach 1.8 km (1.1 mi)

Flat trail. From Lower Duck, walk the gravel drive to top of hill, turn left, and walk less than 0.3 km (0.2 mi) to the Raccoon Beach Trail on the left. Follow the blazed, flat, easy trail 1.5 km (0.9 mi) through mostly open hardwoods to the gravel road. Raccoon Beach is just within sight to your left.

## Relatively Easy

### 3. Visitor Centre to Friar's Head 1.3 km (0.8 mi)

A relatively easy, pleasant walk to the observation deck atop Friar's Head. Begins at end of Visitor Centre parking lot. The trail is flat for most of its length, with a final leg up a short, steep incline. Passing through mixed woods, fields and regenerating fields, the trail is seasonally good for birds.

Depending on the tide the return trip may be made along the beach to the pier below Roosevelt Cottage. Distances given above are one-way, to the observation deck from the Visitor Centre.

### 4. Eagle Hill Bog .5 km (0.3 mi)

A wooden pathway offers an excellent "dry" opportunity to explore the bog and view the vegetation. Resting benches and interpretative panels make the walk more enjoyable. An observation deck, connected to the wooden pathway by a short section of trail, offers a scenic overview from Eagle Hill.

### 5. Fox Farm to Upper Duck Pond 1.5 km (0.9 mi)

Begin at the gravel Glensevern Road across from Park entrance and drive less than 0.2 km (0.1 mi) to the Cranberry Point Drive. Take Cranberry Point Drive 3.0 km (1.9 mi) to Fox Farm. Park and take the Upper Duck Pond Trail on your left. The trail weaves 1.5 km (0.9 mi) between spruce-fir forest and a small estuary (views of marsh) to Upper Duck Pond.



### 6. Cranberry Point to Fox Farm 1.1 km (0.7 mi)

At Cranberry Point, walk uphill along the gravel road to the Fox Farm Trail trailhead on your left. Follow the Fox Farm trail 1.1 km (0.7 mi) past lighthouse and coastal views and along the shore to the road near Fox Farm. Walk to your left, uphill, to Fox Farm.

## Moderately Difficult

### 7. Campobello Island Tourist Information Centre to Fox Farm 1.8 km (1.1 mi)

Trail begins near Tourist Information Centre (uphill from Canadian Customs). If parked at tourism information centre, trail sign is toward highway and to left. Trail connects to Fox Farm trails by way of hills and gullies and limited views. Forest regenerating after logging in the mid-1960s.

## Most Difficult

### 8. Raccoon Beach to Sunswep Sculpture and Liberty Point 3.9 km (2.4 mi)

Take the Glensevern Road 3.5 km (2.2 mi) to the Liberty Point Drive, then follow Liberty Point Drive 0.8 km (0.5 mi) to the Raccoon Beach field. Park at the far end of the field and begin your walk at the Liberty Point Trail sign on the left. The trail weaves in and out between the forest and shore, offering many nice views of cliffs, coves, and offshore waters.

Follow the up-and-down trail about 2.7 km (1.7 mi) to the Sunswep branch, and 0.2 km (0.1 mi) through the open area to the Sunswep Sculpture. Return by the same route to the main trail. Follow the main trail left (numerous narrow foot bridges) 1 km (0.6 mi) to the Liberty Point parking area.

### 9. Liberty Point to Lower Duck Pond 1.8 km (1.1 mi)

After enjoying the views from the Liberty Point observation decks, follow the road 0.2 km (0.1 mi) to the Lower Duck Pond trail on the left. This trail also weaves back and forth between interesting, pleasant forest and shore. Follow the trail 1.8 km (1.1 mi) through the Yellow Bank picnic site to Lower Duck Pond.