

# Beaches & Trails for ALL!



## Friends of Sleeping Bear Dunes

### Friends of Sleeping Bear Dunes Accessibility Programs

**Track Chair –**  
All terrain hiking  
wheelchair – a  
first-of-its-kind  
program in a  
National Park!  
(see reverse side  
for details)



**Sleeping Bear Heritage Trail –**  
20 miles of multi-use accessible trail

Go to  
**SBHTmap.org**  
for trail  
map

**Fishing Piers, Kayak Launch, Campsites**



**Accessible beach  
boardwalk at the Cannery**

**Beach Wheelchairs** at the  
Cannery & Maritime Beach

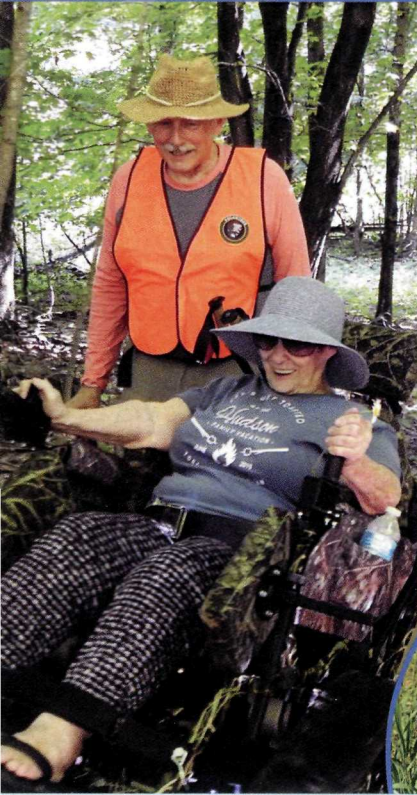
**Trail Maps** fully enhanced  
with accessibility information:  
[friendsofsleepingbear.org/trails](http://friendsofsleepingbear.org/trails)

For over 25 years, Friends of Sleeping Bear Dunes Nonprofit has worked in partnership with the National Park Service to enhance the visitor experience and accessibility for everyone.

Volunteers and private donations both create AND MAINTAIN all of the above accessibility programs. We need your help and support to continue to provide these programs free to all.

Visit [friendsofsleepingbear.org](http://friendsofsleepingbear.org)  
**DONATE! VOLUNTEER!**

# Reservations are OPEN for New Track Chair Program!



Friends of Sleeping Bear Dunes wishes to provide the opportunity for each visitor to experience our Park's natural beauty.

Visitors who would like hiking mobility assistance to explore designated trails in the Park, can now experience unparalleled access with the free use of our new, all-terrain Track Chair.



Visit **TRACKCHAIR.ORG** to learn more about the Track Chair Program and to make a reservation.



Volunteer opportunities are open now for those who would like to accompany our track chair patrons on their hikes. Please visit our website's volunteer page to learn more!

*The Friends of Sleeping Bear Dunes is an Official Nonprofit Partner of Sleeping Bear Dunes National Lakeshore. We are an all-volunteer organization founded in 1994 as a 501(c)(3) charitable, tax exempt, non-advocacy organization. Our mission is to protect resources and heighten visitor experiences in partnership with the Sleeping Bear Dunes National Lakeshore.*

**Info & Reservations:  
TrackChair.org**